

# East Shore Specialty Foods

## Nutritional Information

### 8oz Garlic and Pepper Pretzels

#### Nutrition Facts

About 8 servings per container

Serving Size 18 pretzels (30g)

Amount Per Serving

**Calories 120**

% Daily Value\*

**Total Fat** 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 320mg **14%**

**Total Carbohydrate** 22g **8%**

Dietary Fiber 2g **7%**

Total Sugars <1g

Includes 0g Added Sugars **0%**

**Protein** 3g

Vitamin D 0.2mcg 2%

Calcium 10mg 0%

Iron 1.3mg 8%

Potassium 40mg 0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PRETZELS [Unbleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate-B1, Riboflavin-B2, Folic Acid), Malt, Salt, Soybean Oil], CORN OIL, LESS THAN 2% OF: WORCESTERSHIRE SAUCE(Distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Celery Seed, Tamarind Extract, Natural Flavor. Contains Sulfites), ROASTED GARLIC, BLACK PEPPER, OLEORESIN ROSEMARY [Soybean Oil, Natural Flavor (Spice Extractives), Canola Oil].

**CONTAINS: WHEAT**

Product of U.S.A.

Shelf Life: 6 Months

www.eastshorefoods.com  
EAST SHORE SPECIALTY FOODS, INC.  
643 CARDINAL LANE  
HARTLAND, WI 53029