



OUR DAILY BREAD
FOR
KIDSTM
365 Meaningful
Moments with God



Written by
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Illustrated by Luke Flowers




DISCOVERY HOUSE
PUBLISHERS[®]

Feeding the Soul with the Word of God





To my mom, Gerene Langejans,
a servant of Jesus who has proclaimed His love to the next generation.

—C.B.

In loving memory of my father-in-law, Terry McKinley,
who wanted all people to know Jesus.

—T.M.

To Owen, Lydia and Naomi, my little lights that shine brightly with the love of the Lord.
May you continue to grow brighter with His Word.

—L.F.

With special thanks to Andrew, Paul, Miranda, Kris
and the Discovery House team for their excellent work.



Our Daily Bread for Kids

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INTRODUCTION



One day Jesus' disciples asked Him how they should pray.

Jesus taught them a prayer that has become famous all over the world. It's often called **"The Lord's Prayer."** This is how Jesus prayed:

**"Our Father in heaven,
hallowed be your name, your kingdom come,
your will be done, on earth as it is in heaven.**

Give us today our daily bread.

**And forgive us our debts,
as we also have forgiven our debtors.**

**And lead us not into temptation,
but deliver us from the evil one."**

MATTHEW 6:9-13 NIV

Did you notice those three words, **"our daily bread"**? What do they mean?

Throughout the Bible God shows that He loves people by taking care of their needs every day. One of our biggest needs is food—actual bread for our bodies and spiritual "bread" for our souls. God fed His chosen people, the Israelites, by sending bread called manna to their campsites every morning. In the New Testament, Jesus calls himself our "bread of life."



This book is all about our spiritual food. The readings in Our Daily Bread for Kids will help you get inside the Bible every day. They were written to explain Bible stories and ideas, and they will always point you to what God says in Scripture. Every day you can read one of these devotionals and your Bible. If Scripture is the bread that feeds our souls, this book is like the plate that serves the bread. Keep it right next to your Bible!

This is not a Bible storybook, so the 365 readings do not follow the order of Scripture. Some readings are about Jesus or other people in the New Testament, some are about stories from the Old Testament, and some are about Bible verses that might have a special meaning for you. If you come across words you don't understand, look them up in the glossary at the back. If you want to read about a certain topic, check out the index of topics. If you come across anything you don't understand, just keep reading. Don't give up! The more you read and study the Bible, the more you will understand the big story God has for us.



You can read this book by yourself, or have your parents or grandparents read it with you. You might want to use this book at mealtime or at bedtime. However you use Our Daily Bread for Kids, we hope you like it. But more importantly, we hope you learn that Jesus loves you so much that He's given you a chance to become a part of God's family.

As you use this book, we pray you will have many meaningful moments with God.

Crystal and Teri





Then the LORD God formed a man. He made him out of the dust of the ground. He breathed the breath of life into him. And the man became a living person.

GENESIS 2:7 NIRV

A Special Creation

In the beginning there was nothing but water and darkness. The earth was empty. It had no shape. But God was there *before* everything else, and He had a plan to create a world.

God is so powerful that all He had to do was speak to fill the world with good things. First He said, “Let there be light.” And there was light. Then He told the water to separate from the sky—so it did. Then God said, “Let the waters be gathered into one place.” And that is exactly what happened. God told trees and plants to appear on the land—so they did. Then God created the sun, moon, and stars and put them in the sky. He told birds to fly in the sky and fish to swim in the seas. God told the land to bring forth different kinds of animals—and it did. God liked everything He made because it was good.



I am created by God.

On the last day of creation, God decided to make a man. But God didn’t say, “Let there be a man.” Instead of using words, God did something different. He formed a man from the dust of the earth. Then God breathed His own breath into the man, and the man became a living person.

People are different from the rest of God’s creation. He made us so we can talk to Him, love Him, and know Him in a real and personal way. God created you and gave life to you too. You are a special part of his creation, just like the first person He created. —C.B.



READ MORE

Read Genesis 2:21–22.

**Who was the second person God created?
How did God create her?**

FUN FACT

Did you know that water covers most of the earth? Only about one-fourth of the earth is dry land.

JANUARY
2

Ever since the world was created it has been possible to see the qualities of God that are not seen. I'm talking about his eternal power and about the fact that he is God. Those things can be seen in what he has made.

ROMANS 1:20 NIRV

Can You See It?

You cannot see the wind, but you can see what it does. You can watch trees wave back and forth as the wind blows their branches. You can watch a boat glide across a lake as the wind pushes its sails. You can watch a kite soar high into the sky as the wind carries it along. And you can watch an umbrella turn inside out on a windy, rainy day. If someone said, "I don't believe in the wind because I cannot see it," that would be silly. We know the wind is real because we can see everything it does.

Just like the wind, we can't see God either—but we can see what He does. We can look at the nighttime sky and see the moon and stars He created. We can see His power in the waves of a mighty ocean. We can watch a flock of geese fly south for the winter as God guides them along. And we can see His artwork when He paints colorful sunsets and rainbows.

God wants us to know He is real. That is why He reveals himself to us through His creation. If you want to see God, just look around at all He does. God's work is everywhere! —C.B.

I can see what God does everywhere.

FUN FACT

The strongest hurricanes, called "Category 5," have winds over 155 miles an hour. That's more than twice as fast as cars on the highway.

READ MORE

What does Psalm 19:1–6 tell us about God's creation?



Just Ask!

Kids who get the best grades in school often win awards. It is good to study hard and be smart, but it is also important to be wise.

A person who is smart knows many things. But a person who is wise knows how to make good choices. Wise people understand how to treat others with kindness and respect. They understand what is right and wrong. They choose to live the way God wants them to.

The Old Testament tells us about a wise man named Solomon. He became king of Israel after his father, David, passed away. God spoke to Solomon in a dream and said He would give Solomon whatever he wanted. Many people would ask for money or popularity or a long life. But Solomon asked for wisdom. God was very pleased with that choice. God told Solomon that because he asked for wisdom, he would also get riches and honor.



God will give me wisdom. All I need to do is ask.

In the New Testament, James tells us that if we ask God for wisdom He will give it to us. Many times, we get wisdom from God's Word, the Bible. When we read the Bible, God helps us to understand what is right and wrong. He helps us understand how He wants us to live.

You don't have to be grown-up to be wise. You can ask God for wisdom right now. It's a wise thing to do! —C.B.

READ MORE

Read Proverbs 2:1–11.

What are the rewards of wisdom?

If any of you needs wisdom, you should ask God for it. God is generous. He enjoys giving to all people, so God will give you wisdom.

JAMES 1:5 ICB

FUN FACT

The word wisdom appears in the Bible more than two hundred times.

JANUARY

4

He will cover you
with his wings.
Under the feathers
of his wings you
will find safety.
He is faithful.
He will keep you
safe like a shield
or a tower.

PSALM 91:4 NIRV



Wings of Safety

A mother hen is very protective of her chicks. She begins to care for her babies when they are just eggs. She pays close attention to the eggs' temperature. She pecks at other birds or animals that come near the nest. When the chicks finally break out of their eggshells, the mother hen continues to watch them carefully. Any time the hen senses danger, she makes a clucking noise and spreads her wings. The babies run underneath her wings to hide. There the chicks are safe and warm. They can even walk around underneath the shelter of their mother's wings.

I can run to God when I am in danger.

Psalm 91 says that God protects you like a mother hen protects her chicks. When you think of God guarding you, imagine a hen spreading her wings. When you are afraid, God wants you to run to Him for safety. You can always depend on Him to be your shelter.

But how do we run to God? We can run to Him anytime by praying to Him and asking Him to help us.

FUN FACT

A hen's wings stretch twenty to thirty inches (fifty-one to seventy-six centimeters). That means about twelve chicks can fit under her wings at one time.

Whether it's daytime or nighttime, you can stay close to God. When you are close to Him, God covers you with His wings of safety. —T.M.

READ MORE

Read Psalm 17:8.

Use this as a prayer asking God to keep you safe.

Dinner on the Mountainside

Imagine trying to feed five thousand people. That would take a lot of food!

The Bible says Jesus fed five thousand hungry people on a mountainside. And that number doesn't even include the women and children who were there! There wasn't a store on the mountain where Jesus could buy food. There wasn't a barn full of food nearby. But there was a young boy in the crowd who had five small loaves of bread and two little fish. And he was willing to share with Jesus.

Jesus' disciples didn't think the boy's lunch would help thousands of hungry people. But Jesus performed a miracle. First He told the people to sit down. Then He thanked God for the food and began to hand it out. He turned a small lunch into a huge dinner for all those people! There were even leftovers for the disciples.



Jesus can use what I have, no matter how big or small.

The Bible doesn't tell us the name of the boy. We don't know anything else about him. It seems he was a regular kid. But Jesus showed His own greatness because a boy was willing to share the small amount he had.

Like that boy, we all can give what we have. It doesn't matter what it is. What matters is that we are willing to share what we have with others.

When you give, Jesus can do great things through you too. —T.M.

READ MORE

Did you know God performed a similar miracle in the Old Testament?
Read about it in 2 Kings 4:42–44.

Then Jesus took the loaves and gave thanks. He handed out the bread to those who were seated. He gave them as much as they wanted. And he did the same with the fish.

JOHN 6:11 NIRV

FUN FACT

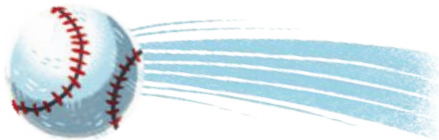
The average loaf of bread has about twenty slices. Without Jesus' miracle, it would have taken around 250 loaves of bread just to give everyone in the crowd a single slice.

JANUARY

6

Two people are better than one. They can help each other in everything they do.

ECCLESIASTES 4:9 NIRV



Let's Work Together

It's fun to play catch on a sunny afternoon. But have you ever tried to play catch by yourself? It is not very easy to do alone! You need a friend to catch the ball when you throw it. And you need someone to throw the ball back when it's your turn to catch.

Chores might not be as much fun as playing catch. But have you noticed that chores are easier with two people? Making a bed by yourself can take a long time. Straightening the sheets and fluffing the pillows is a lot of work! But with another person's help, you can get the work done much more quickly.

The Bible says two people can do more together than one person alone. It is good to remember this when we serve God too. Just as playing catch and doing chores are better with friends, Christians accomplish more when they work together. And remember that God is the one who gives you the strength to work!

Think about all the people you see serving at church. The pastor preaches a message to the people, but many others serve too. Sunday school teachers, greeters, musicians, and other helpers all work as a team so people can worship together and learn about God.

Two are better than one.

Can you think of ways you can work with others at home, at church, or at school? You will get more done and have more fun! —T.M.

FUN FACT

The world record for one person running a mile is three minutes and forty-three seconds. But the world record for a relay team running the same distance is much better—only two minutes and fifty-four seconds!



READ MORE

Read Mark 6:7.

How did Jesus send out His disciples?

A Big Assignment

God created a perfect world. But when people disobeyed God, they ruined His perfect world. The people were sinful and didn't care about God. God was sorry that He had made people to live on the earth. He wanted to start over.

But there was one man who still loved God, and his name was Noah. God had a big assignment for Noah!

God told Noah to build a giant boat—called an ark—big enough for his family, two of every animal, and lots and lots of food. Noah would build the ark of cypress wood and cover it with tar inside and out. It was big—450 feet long (about 137 meters), 75 feet wide (about 23 meters), and 45 feet high (about 14 meters). God told Noah that He was going to send a flood to destroy the earth, but He would keep Noah and his family safe inside the ark.



God wants me to obey Him, even when others don't.

The Bible doesn't say how long it took Noah to build the ark, but it may have taken a hundred years! Some people probably laughed at Noah for building the ark. But Noah did everything God told him to do because he trusted God. When the flood came, Noah and his family were safe in the ark while the rest of the world was destroyed.

It's not always easy to obey God. It may be hard if your friends are not doing the right things. They might even laugh. But God is pleased when you let Him work through you. And He may even give you a big assignment someday! —C.B.

READ MORE

Read Genesis 8:6–12.

How did Noah know the flood water was finally going down?

FUN FACT

The world's largest ship today is called the *Prelude*. It is 1,601 feet long (488 meters), more than three times the length of Noah's ark!