

# How does Trauma Informed PBIS Compare?

The “Old Way”	PBIS in many schools	Trauma Informed PBIS
General intervention for all behavior problems	Intervention matched to purpose of the behavior	Intervention matched to purpose of the behavior <i>and adults recognize that today’s challenging behavior may be rooted in skills that have previously kept them emotionally and/or physically safe in unhealthy and unsafe situations.</i>
Intervention is reactive, includes punishment	Intervention is proactive, positive	Intervention is proactive, positive
Focus on behavior reduction	Focus on teaching new skills	Focus on teaching new skills <i>and healing</i>
Quick fix	Focus on long term academic, social and health outcomes	Focus on long term academic, social and health <i>and mental health</i> outcomes
Only academics matter	Academics, social and emotional skills are important to academic learning and future health.	<i>When in crisis, academic learning will take a back-seat to crisis management, relationship rebuilding, beginning to heal. In non-crisis times academic learning happens in the context of environments where children feel safe and supported.</i>
Parents are left out of school guidance and discipline conversations	Parents are active team-mates in guidance and discipline conversations	Parents are <i>invited to be</i> active teammates. <i>Not all parents will have the capacity/desire to learn new parenting techniques in times of crisis. This is allowed and honored.</i>

