

REVIVE—REFRESH—RESTORE
Dr. Jim Diehl
November 13, 2016

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INTENTIONAL: REVIVE—REFRESH—RESTORE

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LifeGroup and Personal Study Questions

- Listen to the word, “revive.” Now, speak aloud the word “revive.” What immediately comes to mind when you consider the word? How does it make you feel? Can you describe anything that has made you feel revived?
- If you consider your previous thoughts and responses, what would revival in you look like? What would a “revived” church look like to you? What do you think it would take for a revival to happen?
- How do you “refresh”?
- How important do you think it is to be refreshed?
- What do you understand about Sabbath? What does it mean to you?
- Do you think a rhythm of rest, revival and refreshment is important to your physical self? Mental/emotional self? Spiritual self? What practices can you incorporate in your life to ensure revival and refreshment?
- How would you describe the idea of “restore” to someone?
- Do you think of restoration as something that is needed or required in your life? Do you think restoration in you (or others) is something really possible?
- How can you participate in restoration of yourself? What steps might you take that can begin a journey of restoration in your heart, body, mind souls and spirit?

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