

## External Agencies

The Wellbeing Team will work with students and their families to make referrals to external agencies where appropriate. Below are some local supports available for individual counselling:

### Dierriwarth Health – Adolescent,

### Young Adult and Family Counselling

Ph: 8746 1100 (Monday- Friday 9am-5pm)

City of Melton Youth Services

193 Barries Road, Melton West 3337

### GP- Mental Health Treatment Plans

Your local GP can support with a referral for counselling outside of



*Students watching a play on bullying and respectful relationships*

### Acting Wellbeing Co-Ordinator



Jessica Jacobsen  
(Proactive Program  
Co-ordinator)

[jacobsen.jessica.j@edumail.vic.gov.au](mailto:jacobsen.jessica.j@edumail.vic.gov.au)

### Wellbeing Counsellors (Monday– Friday)



Daniella Giampino  
(Therapeutic Intervention)

[giampino.daniella.a@edumail.vic.gov.au](mailto:giampino.daniella.a@edumail.vic.gov.au)



Chris Lang  
(Intake and Attendance)

[lang.christopher.d@edumail.vic.gov.au](mailto:lang.christopher.d@edumail.vic.gov.au)



Stacey James  
(Case Management)

[james.stacey.l@edumail.vic.gov.au](mailto:james.stacey.l@edumail.vic.gov.au)

### Adolescent Health Promotions Nurse



Nathanael Poljak  
(Currently on Leave)

## Melton Secondary College– Wellbeing Team



**MELTON  
SECONDARY  
COLLEGE**

If you would like any further details on the Wellbeing Program at MSC or would like to speak with a member of the Wellbeing Team, Please call 9743 3322

## Wellness Centre



### What do we do?

- Individual and group counselling
- Mediations
- Parent meetings
- Breakfast Club
- Group work programs – RAGE, Girls Groups, Drumbeat, Respectful Relationships
- Indigenous Programs
- Referrals to external agencies
- Liaison with external agencies
- Home visits
- State School Relief Uniform Applications
- Doctors in Secondary Schools Program
- Support for students in Out of Home Care
- Referrals for educational assessments

## REFERRAL PROCESSES

A referral can be made to the Wellbeing Team by:

- MSC staff
- Parents/Guardians
- External Workers/Agencies
- Self –referrals

Once a student has been referred to the Wellbeing Team the following steps will be taken

1. The student will meet with a Wellbeing Team member to complete intake. The aim of intake is to gather a detailed history and assess the current level of need.
2. Information from the referral and intake will then be brought back to a weekly allocation meeting where the referral will be discussed and allocated appropriately.
3. Allocation options could include (but is not limited to):
  - Individual Counselling
  - Small Group Program
  - Referral to external agencies/ supports
  - Referral to MSC Careers Team

### Confidentiality

The Wellbeing Team at Melton Secondary College provides counselling and group work with limited Confidentiality.

The Wellbeing Team has a duty of care for the wellbeing and safety of students.

Whilst we aim to keep discussions confidential, if the Team is concerned about a student's safety and/or the safety of others, they may contact other services and share information. Sometimes this may need to happen without permission.

It's important to understand that limited confidentiality applies:

- Where there is risk of harm to self
- Where there is risk of harm to others
- Where someone is harming the student
- During discussion within the Wellbeing Team

People that may be contacted include:

- Department of Health and Human Services (DHHS)
- Police
- Parent/Guardian
- Doctors or Specialist
- Mental Health Services



"Walking in their Shoes" program