



KINGSTON EAST NEIGHBOURHOOD GROUP INC.

177 MEAKIN ROAD, SLACKS CREEK Q 4127

www.keng.org.au

WELLBEING WORKSHOPS

MONDAYS

18, 25 June, 23, 30 July & 6 August

Held at

177 Meakin Road Slacks Creek

Topics covered include:

Bullying and Cyber Safety

Child and Adolescent Mental Health

Supporting Children to Understand Disasters

Anxiety and Depression

Resilience and Selfcare

Financial Literacy

Water Literacy

Managing Busy Families

Morning Tea provided.

**Limited places available, please contact
the Centre to book on 3808 1684 or
email admin@keng.org.au**

