

Rowville Primary School

SunSmart Policy



PURPOSE

- To ensure that all students and staff maintain a healthy UV exposure balance.
- To encourage the entire school community to use a combination of sun protection measures whenever UV Index levels reach 3 and above.
- To encourage safe UV exposure whenever UV Index levels are below 3.
- To work towards a safe school environment that provides shade for students, staff and the school community at appropriate times.
- To assist students to be responsible for their own sun protection.
- To ensure that families and new staff are informed of the school's SunSmart policy.

GUIDELINES

From September to April in Victoria when average UV Index levels reach 3 and above:

- The School Council will ensure shade is available in the school grounds particularly in areas where students congregate – for example, lunch areas, canteen, outdoor lesson areas.
- The School Council will ensure shade provision is considered in plans for future buildings and grounds.
- Processes for the planning of outdoor activities and excursions will include the consideration of shade.
- Students will be encouraged to use shade when outside, particularly if they are not wearing appropriate hats or clothing.

IMPLEMENTATION

- Parents will be informed of the SunSmart Policy upon enrolment at the school.
- Maintain shade in the grounds, where possible, by building shelters and planting trees.
- All students are required to wear a Rowville Primary School wide-brimmed hat that protect their face, neck and ears whenever they are outside From September to April. Baseball or peak caps are not considered appropriate.
- Provide parents with up-to-date SunSmart information through newsletters and parent meetings.
- All staff will be encouraged to act as positive role models for students in all aspects of SunSmart behaviour by:
 - wearing wide-brimmed hats and appropriate clothing for all outdoor activities
 - using SPF 30+ (or higher) broad-spectrum, water resistant sunscreen
 - seeking shade whenever possible
 - wearing sunglasses that meet the Australian Standard (AS/NZS1067:2003)
 - ensure that students not wearing hats play in the shaded areas.

Staff will:

- Practise SunSmart behaviour, as described above
- Enforce a 'no hat, no play' rule
- Encourage students to apply sunscreen (SPF 30+ (or higher) 20 minutes prior to outdoor activity) with sunscreen provided by parents
- Direct students to play in shaded areas where possible.

Parents/carers will:

- Provide their child with a Rowville Primary School wide-brimmed hat.
- Provide SPF 30+ (or higher) broad-spectrum, water-resistant sunscreens for their child's use at school
- Act as positive role models by practising SunSmart behaviour.
- Supervise, encourage and remind their children to apply SPF30+ (or higher) sunscreen at home before coming to school.

EVALUATION

This policy will be reviewed as part of the school's three-year review cycle