

TERM 1 - 2018

John XXIII Canteen

Summer Menu

Breakfast Menu - daily (8am - 8:30am)

Cereal Portion & 150ml milk \$3.50

Toast

2 pieces with 2 spreads \$2.50

Fresh baked bread roll with 2 spreads \$2.50

Tuesday and Thursday

Bacon & Egg Roll (when busy) \$4.00

Plain Cheese Toastie \$2.30

Ham & Cheese Toastie \$2.80

Monday, Wednesday & Friday

Ham & Cheese Toastie \$2.80

Plain Cheese Toastie \$2.30

Baked

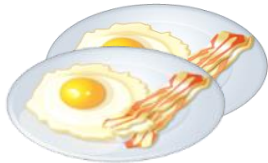
Anzac Cookie 80c

Assorted muffins \$2.70

Banana Bread \$2.70

Gluten free Banana bread \$3.50

Gluten free Blueberry muffin \$3.00



Drinks

Plain Milk - 300ml

Plain milk - 600ml

Flavoureds milk - small

- large

Fruit juice (100%) - small, popper

- large

Bottled water

Iced tea

Up and Go / Juice Bomb

Icreams

Quelch ice sticks / vanilla cup

Icey Pole

Billabong / Bulla light cup / Paddlepop

Shakey Shake chocolate cup

Snacks

Snap Veggi Chips / Popcorn

Pretzels

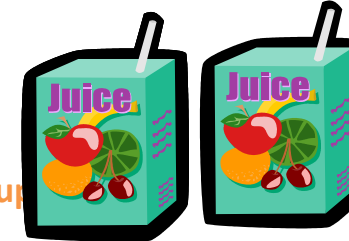
Whole fruit piece

Yogurt / Yogo

Fresh fruit salad

Cheese & Biscuits

Jelly Cup



\$1.70

\$2.50

\$2.80

\$4.00

\$2.20

\$3.30

\$2.00

\$4.30

\$2.90

\$1.00

\$1.60

\$1.90

\$2.20

\$1.80

\$2.50

\$1.00

\$2.20

\$3.50

\$2.50

\$1.00

WEEKLY LUNCHEON MENU

(Sorry - no variations to meals)


Avoid queues & time by ordering on-line

Years 7-12 can order their lunch in the morning for pick up at lunchtime.

Monday

Sushi	- 8 piece	\$6.50
	- 5 piece	\$5.00
Hot ham & Cheese Croissant		\$5.00

Tuesday

Nacho's with sour cream		\$5.00
Chicken Caesar Salad		\$6.50

Wednesday

BBQ Bacon & Egg Burger		\$5.00
BLT Pasta Salad Large		\$5.00
small		\$3.50

Thursday

Sushi	- 8 piece	\$6.50
	- 5 piece	\$5.00

Pulled Beef and slaw burger		\$6.50
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Friday

Chicken Turkish Toasted - half		\$4.00
- whole		\$6.50

Salad Box

Includes fork, bread & dressing.

Baby spinach & rocket, Tomato, Carrot and Cucumber	\$5.00
Add - Chicken / Ham / Tuna or Egg extra for	\$1.60

Pizza

Slice / Single (Ham and Cheese)	\$3.20
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Pastry

(Not available on Wednesday's)

Pies	\$4.00
Snack Pies	\$3.00
Sausage roll	\$3.50
Gluten free Beef pie	\$5.00
Gluten free veg / beef sausage roll	\$4.50

Burrito

Chicken or Vegetable	\$4.50
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Pasta / Easy meals

Chick Fried Rice / Macaroni / Spaghetti bolognese / Beef lasagne / Satay chic	\$4.90
Gluten & Allergen Free Rissoto / Veg Lasagne	\$5.50
Hot Dogs with or without Tomato sauce	\$3.80

Burgers

Chicken / Fish / Beef / Vegetable	\$5.70
(must include Salad)	



Recess

Mini pie / Quiche	\$1.40	Chicken & cheese Rounds	\$2.40	Assorted Muffins	\$2.70
Hash Browns	\$1.40	Mini Chicken Wrap	\$2.50	Banana Bread	\$2.70
Yummie Drummies	\$1.40			Anzac cookies	80c
Plain Cheesie Round	\$2.00	Snaps Veggi Chips	\$1.80	Pretzels	\$2.50

Sandwiches / Rolls (available every lunchtime)

	Sandwich	Roll
Vegemite	\$2.00	\$2.40
Salad (carrot/lettuce/tom/cucum)	\$3.50	\$4.00
Cheese & salad	\$4.50	\$5.00
Curried Egg / Egg mayo & lettuce	\$4.50	\$5.00
Chicken & salad	\$5.00	\$5.50
Tuna & salad	\$5.00	\$5.50
Ham & salad	\$4.70	\$5.00
Egg & salad	\$4.70	\$5.00
Ham only	\$3.00	\$3.50
Cheese only	\$3.00	\$3.50
Chicken only	\$3.70	\$4.20
Chicken, avo & mayo	\$5.50	\$6.00

All sandwiches & rolls are made without butter unless requested.

Lebanese Wraps

	Whole
Ham & Salad	\$6.00
Cheese & Salad	\$5.50
Chicken & Salad	\$6.00
Chichen, avo & mayo	\$6.00

Extra's - available for rolls, sandwiches & salads

Cheddar cheese (sliced or shredded)	\$1.00
Avocado	\$1.20
Olives	\$1.00
Sundried tomato	\$1.20
Beetroot	\$1.20
Egg	\$1.50
Roast Chicken meat	\$1.60
Tuna / Leg ham	\$1.60
Tomato sauce / butter portion	\$0.40

