

Dear Parents and Carers,

Due to the success and positive feedback concerning the engagement of Body Safety Australia in previous years, they will be returning this term to deliver sexuality education to our middle and senior students.

Sexuality education is no longer about just biology, but is also about helping young people to understand emotions, consent, assertive communication, personal safety and respect. Sexuality in today's society is an ever-changing field, and it is important that the education programs we offer are providing our children with current and appropriate material such as sexuality and the internet.

BodySafety Australia is a professional sexuality education provider who also happen to be part of our community; ensuring our school values are mirrored in the programs delivered and the program is responsive to the needs and experiences of our community. The topics covered in the program complement our First Ten Days program held at the beginning of each year, our regular Circle Time activities in class and the Respectful Relationships Curriculum. BodySafety Australia is a whole school approach, providing not only education for students, but for teachers and parents.

Brunswick North West Primary School is committed to supporting children to navigate the complexities of social and personal relationships with confidence and respect.

Deanne will be providing a parent information session on **Wednesday the 1st of May, 7-8 pm.**

This workshop will cover the content of the program and provide strategies and resources that can be used at home. Childcare will be provided for the evening. If you are interested in the parent workshop, please register your attendance through this link - <https://forms.gle/baR8N3yxgwWZy9118>.

If you have any questions, or concerns about this program, please speak to your child's teacher or Deb Robins (Welfare Leader and Foundation Teacher).

Deb Robins

All classes are delivered in an age-appropriate fashion in line with the National Curriculum, and the Respectful Relationships

Student classes will use storytelling, song, drawing, games and group discussion to explore the following topics:

<b>Emotions:</b> identifying and articulating emotions including our 'early warning signs' and our fear responses.	<b>Families:</b> what is the role of a family, who are our safe adults, how do we communicate our needs?	<b>Bodies:</b> naming genitals, bodily autonomy, private, personal and public body parts.
<b>Babies:</b> conception, foetal development and birth including the many ways babies and children can be welcomed into families.	<b>Communication:</b> communicating assertively and respecting verbal and non-verbal boundary setting.	<b>Online relationships:</b> who are our friends? What is respectful? When should I ask for help?

Seniors will also learn about the **physical and emotional changes of puberty.**

#### Contact Us

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*Body Safety Australia celebrates diversity and respect for all. We have specialised knowledge and experience in faith-based schools, special schools, LGBTIQ communities and CALD communities.*