

Ballarat Little Athletics



Want to know more?

Handy Facts.

When and Where?

Saturday mornings 8.45am to approx 11.30am, 6th October 2018 to 23rd March 2019, with a Christmas break

Where:

LLanberris Reserve, York Street, Ballarat

Parent Involvement

A parent must be present during competition and each family will be assigned volunteer tasks during the season.

Parent involvement is valued and welcomed and if you would like to assist with coaching, officiating or age group management we would love your help.

Some important stuff

Ballarat Little Athletics is Affiliated with Little Athletics Victoria and a member of the Western Country Region. All members are covered by insurance. We are committed to the safety and well being of all children and adhere to a national child protection policy.

Who can compete and what age group will I be in?

If you are aged between 5 and 16 you can compete.

Turn the page for the age group calculator to find out what age group you will be in.

Athletes of all abilities can compete at Centre and Region Level where there are opportunities in Track and Field, Relays and Cross Country.

What are the costs involved?

The cost is \$140.00 per child with discounts for 3 or more children.

The only additional cost is the purchase of a competition top which is \$35.00.

What events will I compete in?

Athletes compete in a maximum of 5 events each week, 1 throw (discus, javelin or shot put), 1 jump (high jump, long jump or triple jump) and 3 track events.

The events differ depending on age.

Where do I find my results?

Electronic timing is used for all track events and results are available weekly in RHQ our online results service.

Personal Bests (PB's) are a main focus and certificates awarded for 20, 30 and 40 season PB's.

You can find us at www.ballaratlittleathletics.com.au and on Facebook, Instagram and TeamApp.