Little Athletics offers children the opportunity to learn fundamental motor skills.

At our weekly training sessions experienced coaches conduct a number of rotations through the disciplines of running, jumping and throwing in a fun and supportive environment. This is split into:

- **On-Track Program for athletes aged 5-7 years**
- **Running and Field Event Disciplines for athletes aged 8-15 years**

**Meet at 5pm each Tuesday** at George Knott Athletics Track, Heidelberg Road, Clifton Hill

### Season Runs from October to March

At our weekly competitions (held on a mix of Friday nights and Saturday mornings – refer to the calendar on our website for dates)

- Athletes aged 5-7 years complete the On-Track skills program & in 1-3 events
- Athletes aged 8-15 compete in 4-5 events


**New Athlete Enquiries** 📧 president@clac10.org.au  ☎️ 0405 353 105