

FUN | FRIENDSHIP | FITNESS



Play Junior Rugby with Chatswood!

The Chatswood Junior Rugby Club welcomes all boys and girls from under-5s up for the 2018 season.

At Chatswood we offer:

- ✓ Coaching Excellence including professional coaches
- ✓ Yearly Interstate and Overseas Tours for different age groups
- ✓ Fabulous family atmosphere and social events
- ✓ Clubhouse and Canteen

Great gear for new players:

- ✓ Backpack with player initials
- ✓ Chatswood cap
- ✓ Training T-Shirt
- ✓ Shorts & Socks

GAME STYLES

Mini Rugby

u5 to u7

No tackling, touch rugby only

Emphasis on fun & enjoyment

Develop basic rugby skills

Small field

7-a-side games

u8 to u9

Starting to tackle

Develop more advanced skills

½ sized field

7 to 10-a-side games

15 to 20 minute halves

Junior Rugby

u10 to u16

Games largely resemble senior rugby

Further skill advancement

full sized field

12 to 15-a-side games

20 to 30 minute halves



NOT SURE? WANT TO CHECK IT OUT FIRST?

**TRY RUGBY DAY & TACKLE CLINIC BEAUCHAMP PARK
SUNDAY 18TH FEBRUARY 2018, 10AM TO MIDDAY**

BEAUCHAMP PARK – Nicholson St, Chatswood

W chatswoodjuniorrugby.com.au f [ChatswoodJuniorRugbyClub](https://www.facebook.com/ChatswoodJuniorRugbyClub) @ [chatswoodjuniorrugby](https://www.instagram.com/chatswoodjuniorrugby)



**CHATSWOOD
Junior Rugby Club**

FREQUENTLY ASKED QUESTIONS



- Training is at Beauchamp Park in Chatswood each Wednesday from 4pm onwards ... different start times for each age group.
- Rugby is for boys and girls ... although mixed teams end in the under 13s.
- The age group you're in depends on how old you're turning that year. So players turning 6 in 2018 will be in the under 6s, etc.
- Game styles and rules have been modified to suit each age group ... under 5s to under 7s is purely non-contact.
- The first training session is on Wednesday 28th of February.
- The first round of games is the weekend of the 8th of April.
- Games are on Saturday mornings for the u5s to u9s and either Friday evenings or Sunday for u10s and up.
- The season finishes at the end of August with no games during any school holidays.
- Your registration fees cover gear, insurances, coaching, competition administration fees and individual player participation fees from the Australian Rugby Union.
- Every team has a dedicated manager who is one of the parents in the team. They will communicate important information to you weekly including game details, etc. and they're there to help you out whenever.



? *Unsure? or do you need help?*

Come along in person to the club's Try Rugby Day at Beauchamp Park on Sunday 18th February 2018 between 10am and midday; OR

Contact **Cameron McNeil** MOB. 0401 213 909 EMAIL. registrar@chatswoodjuniorrugby.com.au

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