5 Best Ways To Get A Date NOW!!

By David DeAngelo
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Do you spend way too much precious time out of your life wishing and wondering what it would be like to succeed with women?

If you’re like I used to be, I can predict that you spend a LOT of time fantasizing about this stuff.

That’s why, today, I’m excited to share a special “quick start” guide dedicated to helping you stop wondering and dreaming… and start getting out there, meeting and getting dates with amazing women.

In the following pages, you’ll learn the quickest, easiest ways that I’ve discovered to:

- leave fear behind and approach women with confidence
- say and do everything right to get a woman’s attention… and get dates
- “close the deal” to take things to a physical level and beyond.

Best of all, I’m going to show you my best shortcuts for doing it ALL in natural, effortless ways that make meeting women and getting dates feel almost second-nature to you.

Sound good?

I thought it would.

Let’s get started...

Best Way To Get A Date #1: Change Your Routine

No doubt about it… most guys don’t know where to begin when it comes to meeting women and getting dates.

They keep banging their heads against the wall, doing difficult, inconvenient, expensive stuff that never works.

They keep going places they can't stand being in the hopes of "randomly" coming across a great woman who might give them the time of day.

They keep chasing women who aren't interested or available. They sift through dating sites and ping women who will NEVER respond to them. They constantly aim for that one-in-a-million "ideal girl."

What a waste of effort, time and money.
So guess what happens next:

They end up feeling so discouraged, hopeless, and depressed about their lack of results that they finally give up.

And who can blame them?

Having a parade of random women flowing through your life whom you have nothing in common with is how NOT to succeed.

That’s why, when it comes to bringing the right women into your life and getting dates with them, one of the best things you can do is making a few small adjustments to your life’s routine that are quick, easy, and won't cost a thing…

… but that make a HUGE difference when it comes to succeeding with women and dating at last.

Here’s how:

**STEP 1:** Sit down with your laptop (or even a pen and paper, you’ll be amazed how well they still work) and start listing the top qualities and characteristics you want in the women you meet in life.

Remember to make these qualities reasonable... unless you’re an A-list movie actor or a rock star, there's just no way you can set up your routine so that a supermodel knocks on your door every hour.

That aside, though, you’re good to go. Get that list going.

We'll take "Attractive" as a given. Maybe you'd also like the women you meet to be caring... intelligent… outgoing and generous… sensitive… all great.

**STEP 2:** Once you have these characteristics in hand, here comes the hard part: start thinking about the routine of your life as you live it right now.

Put some effort in here. Really think about it in detail. Consider all of the traveling, tasks, errands, and recreation that are part of your day-to-day experience.

This could include the small stuff you do on a regular basis like grocery shopping or walking Fido at the dog park. It could be grabbing a mocha at the corner cafe every morning, or jogging, or going to the gym. Make a list of these things. Leave nothing out.

Now here’s the really critical part.

**STEP 3:** Begin adding NEW places and activities to the list that you've always wanted to get to in life.
These are things you’ve always wanted to do but have been putting off, like learning how to skydive or snowboard.

Maybe it’s stuff you used to do and would like to start doing again, like taking classes or playing a sport.

Then, once you have your full list of "life activities" together, it's time to move on to:

**STEP 4:** Clearly, the routines of you’re living right now aren’t doing much to help your dating success. So here’s where things gets fun:

Take a few moments to carefully go through your complete list and categorize each entry in one of 3 ways:

“Doing It”...

“Doable”...

And finally:

“Wishful Thinking”

For your “Doing it” entries…It’s time to CHANGE THINGS UP in this list RIGHT NOW in ways that will immediately increase your exposure to new opportunities with women.

Stop into a different coffee shop.

Walk Fido somewhere else.

You get the picture

For your “Doable” list entries…It’s time to start making some plans to make these happen. Whether you want to take up knitting or extreme snowboarding, jump online and enroll in a class. Join Facebook groups. Get the wheels turning in all the ways that bring a flow of new people… AND WOMEN… into your life.

Of course, some of the stuff on your list may sound like just a dream right now… your “Wishful Thinking” items. Here’s the truth about these…

Usually, these are goals that you simply need more confidence, time, or money to get into.

And that’s fine.

I’m here to tell you… once you get women and dating handled, your life will change in amazing ways that make all of this and more completely possible - and that will naturally lead to getting dates with more and more women!

Awesome.
But, for now, taking a few simple steps will reveal how your routine in life needs to CHANGE if you want to start meeting the kinds of women you'd like to connect with.

So dive in…

Take a look at your daily schedule at every level.

Begin rearranging your routine in ways both large and small that will naturally lead to meeting lots of interesting, available women who are a good match for you and will respond to you in all the right ways.

**Best Way To Get A Date #2: Give Her What She’s Looking For**

If you know anything my teaching when it comes to women and dating, you know that this one is practically the whole ballgame.

If you learn to do nothing else, to start getting dates, you MUST learn how to do this.

But if it were easy, you’d be doing it already, right?

So let’s get into this… just what is it that EVERY woman is really looking for in a man who approaches her?

The answer is no surprise after you've spoken to as many women as I have about the subject...

**Women want a man who makes them FEEL something (other than complete boredom or total revulsion) from the moment he approaches them.**

This is why approaching women trying to use pick-up lines and logic is a loser's game.

Even worse, "hitting on a woman" is a total road to nowhere (ever wonder why they call it "hitting" on a woman? It's because it's usually so painful for her).

Basically, there's just no way that lines, wuss-like begging and Vulcan logic can connect with a woman EMOTIONALLY.

On the other hand… if you start off the interaction with a woman in the right way, you'll instantly start making her feel it for you… and that will cause her to see almost anything you do from then on as attractive.

This is huge. It should be written on that tablet held by the Statue Of Liberty or something...

It's simply this:
Once a woman thinks of you in a particular way, good or bad, she will KEEP thinking of you that way (and it’s almost IMPOSSIBLE to change things).

In other words, if you start out by doing everything wrong, from acting like a WUSSY to begging and chasing, she’s going to assume that you will ALWAYS act like this, and she’s going to REJECT you instantly.

Makes sense, right? There are 50 more guys lined up behind you… why should she waste even another minute on you?

However:

Once you learn how to approach a woman in the right way to get her attention and create attraction right from the start, you’re golden… getting a date with her becomes a foregone conclusion, no matter where, how, or when you approach a woman.

So what’s the right way to approach her to get that date?

Let me put it this way…

I recently went online and looked through women's profiles (more on the “online” part of getting dates coming up…)

And sure enough, there it was:

One word kept popping up again and again when it came to what almost EVERY WOMAN was looking for in a guy...

And that word was "FUN".

The magic secret was right there in front of me:

If you can be that one-in-a-hundred guy who can make his first few moments with a woman FUN, then you’ve taken control of the whole interaction and can basically take it anywhere that you want it to go.

This is a THOUSAND TIMES MORE POWERFUL than having money or good looks or the "perfect pick-up line".

On the other hand… if you blow it by NOT making things fun for her… then you’ve destroyed any chance for success with her.

Period.

In fact, women tell me all the time that they spend the minutes after a man approaches them waiting for him to finally "give up" and "go away".
They tell me most men BORE them. Act awkward and nervous… unsure of what to say… using body language that projects fear and uncertainty… hemming and hawing and using those same lame, stale pick-up lines.

This why making the experience FUN for a woman gives you a MAGICAL ADVANTAGE over 99% of all other guys.

It moves you closer to closing the deal with her more quickly and easily than you ever imagined possible. Here's a SPECIFIC EXAMPLE:

Let's say you're near a supermarket when you see a woman you'd like to meet.

What a great chance to make things FUN.

All you have to do is walk up to her and say: "Excuse me... I was on my way to grab a few groceries to cook a special dinner, and I need a woman's advice. Would you mind helping me?"

Of course, most men feel like this sounds unthinkable... why would you do something like asking a woman to accompany you on an errand to the supermarket... possibly to prepare for a date with ANOTHER woman?

Let's analyze the A-B-C's of what's really happening here for the answer...

A. By asking for a woman for help (while showing no signs of the usual "pick-up mode" anxiety, twitchy gestures, laughs and ticks, etc) you're immediately broadcasting insanely huge CONFIDENCE to a woman every time.

B. At the very same time, even as she senses that you're a man with sky-high confidence, she also senses that you're "no threat" because you're possibly preparing for a big date with ANOTHER woman. Huge bonus: you're also letting her know that you're IN-DEMAND at the same time!

C. Best of all, you're showing the woman that you're FUN and SPONTANEOUS. Any guy who's asking women for advice about a dinner date is up for anything, and she's immediately wondering what's going to happen NEXT (also known as the opposite of being bored.)

Try this out, and what's going to happen next?

9 times out of 10, a woman will be so intrigued and interested that "blowing you off" will be the furthest thing from her mind. Assuming she's not in a rush, she'll probably say something like:

"What? You want me to come grocery shopping with you?"

She'll be wonderfully confused. She'll be emotionally engaged. You'll have her full attention.

Communicate all of this to a woman, and she'll immediately be hooked. She'll instantly respect you and want to know more about you.
In other words, she'll feel the first tiny sparks of that magic feeling called ATTRACTION.

And, as you may know, that's what EVERYTHING that I teach is all about.

But okay. So now you have her attention. What's next?

Do I really have to say it again?

**KEEP THINGS FUN.**

Early in the supermarket visit, make a pass by the magazine rack. It's literally a bottomless pit of fun conversation.

Pick up a tabloid and make fun of some handsome movie star's picture. When you're in the aisles, pick up some odd product. A jar of "Clamato" juice or something.

Show it to her with a baffled look and bust on her "What's in this stuff? Who drinks it? You definitely look like the `Clamato' type..."

If the woman picks up anything, bust on that, too... "Wow, that's fattening..."

If she gets nothing, ask her if she's fasting.

Whatever. There are a million possibilities at this point.

And here's the best part:

**Once you have her suggestions about what SHE would cook for a date, it's time to "close the deal"...**

At check-out, let her know that you're shopping to make dinner for HER after all. At this point, it's almost GUARANTEED she won't reject you for three reasons:

- By now, you've engaged her EMOTIONS. She's feeling fun and adventure, separating you from all the other guys who just make her feel bored and uncomfortable.

- Because all this was NON-THREATENING to her, she's much more likely to give you the "benefit of the doubt" and go along for the ride a little further.

- Above all, you've proven you're a "FUN GUY" while she didn't even realize it was happening!

This example is specific to the supermarket, but I think you can see how it could be universally applied to almost any place you happen to be, no matter what the situation is.

Here's another great example...
Go into any bar or club.

Take a good look around.

When you do, you'll notice something right away...

**It’s that 99% of the single guys in the place look pretty miserable.**

Most will look like they can't wait to get home.

It's like they're waiting to see the dentist. They act like deer in the headlights. They broadcast that they're totally clueless.

And it’s all happening for just one reason:

**THEY'RE NOT HAVING FUN.**

The fact is, for most guys, going out to a bar or club to "pick up women" really is about as enjoyable as a root canal. And every women in the room -- especially the attractive ones -- pick up on the miserable "vibe" most guys put out there.

Without even trying, women can sense "LOSER" coming off these guys like a bad radio station playing a song they just can't turn off.

**YOU need to take advantage of this situation.**

Almost every guy in the room is so busy looking miserable and sabotaging himself that it kills his chances with these women before he ever opens his mouth...

… and clears the way for YOU.

Don't waste this opportunity.

Learn how to make one simple that puts the spotlight of attention squarely on YOU… and how off-the-hook fun you are.

Here are a couple techniques that you can use at a bar or club or anywhere to do it without ever saying a word…

**Rolling With The Girls**

Stay with me, this one sounds a bit counterintuitive at first...

Let me ask you: when you know you’re going out and may find yourself in a situation to meet women, who do you think you should have with you?
If you’re thinking you need your “wolf pack” and your “wingmen” with you to feel confident and secure, guess what…

**Once again, you’re thinking just like that 99% of all other boring, predictable guys.**

As we discussed, this is NOT the way to stand out, get noticed, and move to the head of the line with women who are getting approached and hit on all day.

That in mind…

To get noticed by women (while also having them instinctively feel at ease and “safe” with you) the best people to roll with are OTHER WOMEN.

So gather up the girls… women that you feel comfortable and confident around.

They can be friends, sisters, whatever. Just wrangle up two or three great women whom you know and trust, and go out together.

You’ll be astonished by how well this works… at the club, the mall, wherever, when you’re with other women, they put out a vibe to every other female in the vicinity that you’re a “catch.”

Best of all, it immediately makes the women you want to approach feel at ease with you.

It’s like carrying around a magic key that unlocks every door for you.

**Rolling With The Guys**

If you’re set on traveling with your “wolf pack,” here’s a way to make that work like magic for you, too...

Go ahead and call up a buddy or two and ask them to meet you at a bar or club near you.

Before YOU go out, make sure to bring a CAMERA with you.

It can be a stand-alone digital, or built into your cell phone. Doesn't matter...as long as the camera has a working flash.

As you hang out with your friends, start snapping a few pictures of each other.

As the flashes go off, get loud. Start to laugh. Snap a shot of the bartender. High-five each other. Laugh some more.

In other words (here it comes again in case you didn’t get the message) make sure to show that you’re having FUN.

But, at the same time, also make sure NOT to pay attention to any of the women in the place.
Just party with your friends, and THAT'S ALL.

This will slowly begin to create an energy around you that's positively MAGNETIC.

Before you know it, you'll be drawing people over who want to know "What's going on over here?" Both men and women all wondering, "Why are THOSE guys having so much fun... and what am I missing out on here?"

These signals create an irresistible "vibe" that will draw women to you because, when you're genuinely having a good time, you naturally put out signals that cause women to be naturally intrigued and curious about you.

Without even trying, you generate 80% of the body language needed to create attraction... broadcasting biologically proven expressions, movements, and eye contact that get a woman's attention.

Here's one more easy example of how to show a woman you're FUN and therefore spark instant interest...

Fun Flirting

Let's say you go into Starbucks to order, and the woman behind the counter is someone you'd like to strike up a conversation with.

Order your drink, then take out your credit card and hand it to her.

Watch carefully...

When she goes to take the credit card, pull it back just a tiny bit so she misses it.

When she tries to grab it again, pull it back again.

The first time she'll think she made a mistake... but the second time, she'll realize that you're actually doing it on purpose, and you'll see her look up at you.

And, in that moment, a little window opens where you're flirting and having fun.

This is when you need to pay close attention:

If you're on top of your game, you will feel that you've created a tiny moment of chemistry and sexual tension with her...

Now, it's time to use some other techniques that we're about to talk about to close the deal.

But, in the meantime, always remember:
Whether you’re at the grocery store, or at a bar, or walking through a mall, when you approach a woman with a sense of "Hey, let's have an adventure, let's go have some FUN..." it's 100% contagious.

A woman will start attributing all those positive feelings to you...

… and you're golden.

You'll not only end up with her number at the end of the day... she'll probably end up BEGGING YOU to bring her home.

Here’s how to make it happen...

**Best Way To Get A Date #3: Master Online Communication**

In this day and age, every time you’re on your computer... tablet... smart phone... whatever... whenever you’re connected, you’re truly just one click away from getting a date.

What an awesome time to be alive. What could be easier?

I could talk for days about the power of online dating (I think I literally have in my video programs), but let me give you a few key pointers right here.

Here’s what you MUST keep in mind:

There are literally tens of millions of people trying to use the same tools a for dating. Therefore, easy to imagine that women who go online, join dating sites, etc., get tons of pings from men. That’s why...

**Now more than ever you need to remember that online dating is a big numbers game.**

Right off the bat, you need to know that creating a great profile and Facebook page are prerequisites for separating yourself from the crowd and putting the odds in your favor.

So make sure to turbocharge YOUR online presence with energy and personality.

For example, instead of writing a profile that says: "I'm a nice, regular, boring guy who loves puppies and rainbows and cuddling," say: "I'm that guy your mom warned you about. But hey, we both know that you never listened to her."

You’ll get more than a second look if you do just this much to come across as different than every other bland, boring guy who has no clue how to “advertise” ATTRACTION.
Also, remember that most systems will have your updated profile come up first in search results because it's "fresher." So, to increase your dating success in a big way, you MUST update your profile every day.

When you see a woman’s profile that you’d like to respond to, the same rules apply...

Keep in mind that you need to be one of the first guys to respond to a woman’s profile instead of the 432nd guy.

So keep your eye open for the new listings every day. Then write some women!

Instead of dropping a note that says: "Hi, you sound like just the girl I've been looking for all my life and I think we could have a great relationship," say: "Hey, you probably couldn't handle me, but I thought I'd give you a chance anyway."

And don't focus too much on "getting together" yet.

Just focus on getting to the next step...

**Making Contact In “Real Life”**

The goal of any online interaction is actually getting a real-life DATE... so the next thing you should do is get on the phone.

Don't waste time writing a lot of emails back and forth. You're not looking for pen pals, so don't act like it.

Call her, and be cool about it.

Don't try to be too "suave." Don't go off about work, family or any other "boring" topics.

Above all, don't try to set up the date immediately.

Just get on the phone and just say, "Hey, what's up?"

Work on making a little small talk, but not much.

Then let her know about plans you have in the next couple days, and that she’s welcome to come along if she likes. Toward the end of the conversation, remind her that you’re busy... but that she can feel free join you in whatever you’re doing later.

Then tell her that you have to go and HANG UP.

This shows her that you don't need her to like you.

Do just that much, and she'll be thinking about you for the next several days.
Texts And Email

If you’re texting or emailing a woman at this point, keep it light as well.

Your tone should still be cool, calm, laid-back, busy, and upbeat. Never complain about things in your pings, or whine, or act like you're in a bad mood and need attention.

Above all, remember that if she doesn't ping you back in a day or two, make sure she gets the hint that you're busy, that you're dating other women, and that you're not impressed with the fact that she's a flake.

It's then okay to send her one FINAL text or email that says: "What, trying to play hard to get already? Last chance. Call me."

If she doesn't call you at this point, don't call or email her again.

PERIOD.

Add it all up, and there’s no doubt about it…

Becoming a true master at using the phone and internet to spark interest and attraction is the best way there is today, bar none, to get dates.

Best Way To Get A Date #4: Practice Practice Practice

Once you've gone through these steps and methods for becoming more successful with women it will start to happen automatically…

You WILL meet women you really like.

You WILL handle situations in the right ways to spark ATTRACTION.

You WILL get dates.

But, for right now, the first thing you need to get handled is feeling comfortable around attractive women.

And the only way to do that is to practice.

That's why I want you to try approaching 25 women over the next week.

Relax… it isn’t nearly as hard as it sounds.

Just walk up to an attractive woman anywhere you find one… the store, the mall, the usual places we've talked about… and give her a compliment and walk away.
Say: "Hi, I just wanted to tell you that I think you're beautiful. Have a great day..."

… and walk away.

It will blow you away how quickly this simple exercise works to build your dating muscles while making your fear and anxiety about approaching women a thing of the past.

**Practice Being “UN-Needy”**

This is critical…

When you focus all of your energy and time on a woman that you've just met, it creeps her out and makes her run away as fast as she can.

So practice not doing it!

Here’s a way to do it with very low risk and low stakes:

Let’s say you’re in a university or a yoga class at your local gym or whatever. Simply sit next to an insanely beautiful girl… and then practice ignoring her.

Easy. You can handle that, right?

Just pretend she’s not even there.

Don't look at her, talk to her, etc.

If she says anything to you during the class, answer in a disinterested voice and don't look at her.

You'll be strengthening your “don’t look like a Wuss” muscles right along with your actual muscles. You'll be well on your way to feeling more strong, comfortable, and in-control around women - the key ingredient to starting to get dates.

Oh, and when you do get some interest…

Like I say, don't act like you might want to get married within 90 days, or like you've met the woman of your dreams.

Give her some space, and the gift of missing you.

Don't call her the next day.

Give it some time.

And then practice the right way to getting to the next step...
Let’s say you’ve got something good going with a woman using the techniques we’ve talked about so far. You’re dating, and things are moving along (awesome job…)

Especially if you haven’t had much success with women and dating yet, for the first 10 dates or so it can take practice and effort to make sure you aren’t coming across as too needy, clingy, or at her service...

… and the easiest way to do it is by NOT seeing her more than once or twice a week.

Don’t focus too much energy on her. If you’re dating other women, don’t stop.

Basically, stay busy with your own life and always have other things going on.

When you do, you’ll automatically continue to send her all the right signals… signals that only increase ATTRACTION because you’re not building your whole life around her.

She’ll instinctively sense that you have things to do and a purpose in life, and that your world won’t collapse if you can’t be with her.

And guess what… this will only ratchet up her feelings of attraction for you even more.

So keep having a life even AFTER you’ve got all of this “getting dates” stuff down.

It’s like rocket fuel for getting EVEN MORE DATES.

Best Way To Get A Date #5: Learn How To Get Physical

Once you’ve laid the groundwork for dating success by mastering the principles and techniques of creating attraction… there’s just no way around it:

One of the biggest keys to getting dates is the CONFIDENCE that comes with knowing how to get physical with a woman.

Let’s face it…

If you DON’T know how, it seeps through and shows in everything you do.

It makes you nervous and uncertain from the first moment that a woman looks like at you.

However...

When you DO know what to do, every technique we’ve talked about to this point becomes magically even easier and more powerful… and it’s all because you don’t feel lost, nervous, or afraid when it comes to ramping up SEXUAL TENSION.
In other words, once you know how to get physical, you’ll be able to approach a woman with CONFIDENCE in different situations, start conversations, and know EXACTLY what to do to close the deal to get actual DATES.

On the other hand…

If you don't have a handle on the basics of getting physical, the hard fact is that everything we've discussed so far will seem MUCH harder to do.

So make it your goal to get an understanding of these basics now.

And here’s the great news:

**It's EASIER THAN YOU EVER IMAGINED to take things to a physical level with a woman.**

As a starting point, let's imagine you're coming to the end of your date with a woman you really like...

It's time to generate the first spark of "sexual feelings" in her by TAKING CONTROL of the situation.

First off, make sure that YOU'RE the one to end the date.

Be the one who says, "Okay, I think we'd better be going."

It creates suspense and intrigue in her. But, more importantly, it builds feelings in her that you might actually be a sexual partner instead of a "wussy-boy" who's scared to cut short any opportunity to talk to a woman.

Next, now that you've taken control by ending this date, you need to walk her home…

… and I'm talking to **YOUR** home.

Invite her back to your house or apartment, and before you go inside, start talking to her as if she's trying to convince you to let her come inside (even if she's not).

Say something like: "Sorry... I had a great time, but I have to get up early in the morning..."

She'll probably stare at you in surprise. So wait a few beats. Then say: "Oh, okay, you can come in for a few minutes." Then open the door for her like a GENTLEMAN.

Now, let's freeze-frame right here and think about what you're actually doing...

**You're being chivalrous AND teasing her at the same time.**

I can't emphasize enough how well this works to ramp-up feelings of sexual desire in a woman.
By being both chivalrous and teasing, you're creating incredible SEXUAL TENSION inside her by showing her two things at once…

that you're BOTH a "bad boy" AND a "gentlemen."

This is the Holy Grail when it comes to what women want in a SEXUAL PARTNER.

So walk in and let her follow.

Take her for a casual tour, then sit her down somewhere comfortable.

Then here's the next move:

Be quiet and let HER do the talking while you just look at her. While she's doing it, lean away from her, and look away. As if you're thinking about something.

Then just reach over and stroke her hair. Just a little, at the bottom, while she's talking.

If she's okay with your doing with this, you can take it as a SURE SIGN that she's into you… and things are wide open to take things to the next level physically.

This is a CRUCIAL piece of the puzzle that took me a long time to figure out.

I used to do massages and all kinds of other stuff, but I quickly learned from "the naturals" -- the masters of women and dating -- that NOTHING works as well as stroking a woman's hair like this.

**IMPORTANT NOTE:**

If a woman does pull away, or in any way shows you she's not interested in getting physical at this point, STOP. This isn't about forcing anyone to do anything.

At this point, if she's letting you stroke her hair in this way, take things up just one small notch.

Try a light hand massage. Maybe a little neck rub. Definitely try to pull her in closer.

Start to "cuddle" with her. Sniff her hair more and more while you continue to stroke it.

Within about 5 or 10 minutes, move to her neck and ears…

**ANOTHER IMPORTANT NOTE:**

Do not get ahead of yourself. That means NO KISSING at this point. No touching or groping. Just continue with the smelling, leaning back and showing that you're completely into it. Like it's relaxing you.

She'll soon become so turned on that you won't believe it. And at some point soon…

SHE'S going to be the one who tries to KISS YOU.
That’s what you should be waiting for.

Let her lips get close to yours... even let them touch yours a bit... then (surprise) back off and just keep smelling.

Say something teasing like, "Oh, you’re kind of forward, aren’t you?"

It'll drive her CRAZY.

This kind of teasing is EXTREMELY stimulating to women... almost to the point that they'll be in actual pain if you leave them hanging.

Here’s what I call this concept:

**Two Steps Forward, One Step Back**

This is the key to making smooth transitions to getting physical without getting rejected.

It’s also one of the ultimate chemistry and attraction amplifiers because, when most men make any progress at all with a woman, they don’t want to give it up. They don’t want to step back again.

So, a lot of guys will reach over and touch a woman, and if she doesn’t pull away, they’ll think the door is open and keep touching her.

That communicates neediness - taking a step forward and trying desperately to stay there.

**If you take a step forward, then take a step back, and you’re communicating that you could stay there, but you’re choosing not to.**

That’s very powerful for attraction

So wait a few more moments before you finally kiss a woman back full-on.

Run your hands through her hair... the whole romantic kiss thing… while you're waiting for her to start doing something sexual. Maybe grinding her hips on you... or grabbing your butt... whatever... to become the aggressor.

It’s guaranteed that her interest and desire will be on fire at this point.

Excellent.

**The Best Way To LEARN MORE**

Listen… when I was first learning how to get women, I didn’t know when it was okay to kiss one.
In fact, I didn’t even know how to TALK to one in the first place.

I also instinctively knew that the stakes were very high… one wrong move, and I was done for.

Fact is, it took me years to figure out everything that I’ve shared with you today. And I have to say… the road wasn’t easy. I didn’t have any magic shortcuts or roadmaps to follow.

That’s why I want to make sure that YOU do.

Once I learned what it REALLY took to succeed with women, I wanted to bring all of that information together in one place…

... all in a simple, step-by-step system that ANY guy could use to create ATTRACTION (also known as the only way to get dates that really matters).

To do it, I created my powerful training on the subject… my world-famous “Advanced Dating Techniques” program… to share this system directly with YOU.

In the program, I personally take you STEP BY STEP through absolutely everything you MUST know about succeeding with women and dating, including:

- leaving fear and insecurity with women behind forever
- the A-B-C’s of approaching women, getting dates, and getting physical
- The basics of evolution and animal behavior that explain why women act the way they do.
- How to use this “inside” information to make women OBSESS about you
- The reasons men keep failing with women… and how YOU can CHANGE EVERYTHING by making a few simple changes your words and actions.

Plus SO much more...

The program contains over 12 hours of personal training - including SPECIAL GUESTS who will blow your mind with their best-kept secrets for succeeding with women like you never dreamed possible.

In a nutshell, these are the most powerful, success-proven techniques for approaching, meeting, and dating women that I’ve found.

They changed my life… that’s how I know they’ll change YOURS, too.

If this sounds good to you, you can start watching this program instantly online RIGHT NOW with just a few clicks… all at zero risk to you.

If the program doesn't get you HUGE results IMMEDIATELY, I'll refund your money, no questions asked.
So go here to watch some FREE VIDEO from the program:

Learn More With Advanced Dating Techniques

In the meantime, if you take nothing else away from this book, know that millions of formerly “hopeless” men have learned how to succeed with women and dating naturally and effortlessly.

With my help, YOU will, too.

All you have to do learn what WORKS, then TAKE ACTION to make it happen.

Now it’s up to you... get out there and try this stuff.