Pocket Guide to CDHP’s Icebreaker Quizzes

We created the icebreaker quizzes to serve as a brief (and fun) introduction to oral health! There’s no setup required; simply download the PDFs and hand them out. If you have the Audience Response System software & ‘clickers’ available for your meeting, you can display the questions on your projected screen and have attendees respond to each item using the ‘clickers’ to get live results; this can help drive discussion using immediate feedback.

These quizzes can be used to introduce oral health discussions at meetings and conferences. Target audiences include:

- Parent Teacher Associations
- Medical providers
- Home visiting and WIC program staff
- Head Start programs
- State Health Department staff
- Chronic disease specialists

We have created 3 versions (each version having a ‘Questions Only’ & ‘Questions & Answers’ document) to be used in a variety of settings:

1. Icebreaker Quiz for Caregivers & Educators – focus solely on children’s oral health. It can be used in school or parent education settings.

2. Icebreaker Quiz for Oral Health Professionals – focus on general oral health information across the lifespan. It can be used in large or small meeting settings with oral health professionals (i.e., dentists, dental hygienists, dental assistants).

3. Icebreaker Quiz for Health Professionals – focus on the strong link between oral health and overall health. It can be used in large or small meeting settings with health professionals from all backgrounds.

Helpful Tips

- You may customize the quiz by eliminating some questions. Give participants a specific amount of time to complete the quiz (2-5 minutes depending on the number of questions).
- Display the answer key on a slide.
- Remember that the purpose of the quiz is to get people engaged in the quiz topic. Select 2-3 questions for a short audience discussion following the quiz. Pick some that reinforce the conference or meeting learning objectives.

Please notify Shanté Alerté at CDHP (salerte@cdhp.org) when you present a quiz, as we’ll keep a usage log. We welcome any suggestions you may have for changes and improvements.