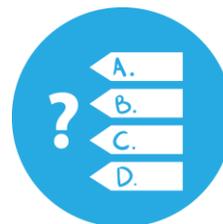


Pocket Guide to CDHP's Icebreaker Quizzes

We created the icebreaker quizzes to serve as a brief (and fun) introduction to oral health! There's no setup required; simply download the PDFs and hand them out. If you have the [Audience Response System software & 'clickers'](#) available for your meeting, you can display the questions on your projected screen and have attendees respond to each item using the 'clickers' to get live results; this can help drive discussion using immediate feedback.

These quizzes can be used to introduce oral health discussions at meetings and conferences. Target audiences include:

- ✓ Parent Teacher Associations
- ✓ Medical providers
- ✓ Home visiting and WIC program staff
- ✓ Head Start programs
- ✓ State Health Department staff
- ✓ Chronic disease specialists



We have created 3 versions (each version having a 'Questions Only' & 'Questions & Answers' document) to be used in a variety of settings:

1. **Icebreaker Quiz for Caregivers & Educators** –focus solely on children's oral health. It can be used in school or parent education settings.
2. **Icebreaker Quiz for Oral Health Professionals** –focus on general oral health information across the lifespan. It can be used in large or small meeting settings with oral health professionals (i.e., dentists, dental hygienists, dental assistants).
3. **Icebreaker Quiz for Health Professionals** –focus on the strong link between oral health and overall health. It can be used in large or small meeting settings with health professionals from all backgrounds.

Helpful Tips

- ✓ You may customize the quiz by eliminating some questions. Give participants a specific amount of time to complete the quiz (2-5 minutes depending on the number of questions).
- ✓ Display the answer key on a slide.
- ✓ Remember that the purpose of the quiz is to get people engaged in the quiz topic. Select 2-3 questions for a short audience discussion following the quiz. Pick some that reinforce the conference or meeting learning objectives.

Please notify Shanté Alerté at CDHP (salerte@cdhp.org) when you present a quiz, as we'll keep a usage log. We welcome any suggestions you may have for changes and improvements.