

# A Coordinated System to End Cavities

The most cost-effective prevention begins with **pregnant women** and **children ages 0–5**



**Families** practice habits such as twice-daily tooth brushing with fluoride toothpaste, limiting sugars and drinking fluoridated tap water.



**Ob-gyns** encourage women to seek dental care during pregnancy.



**Medical professionals** provide oral health risk assessments, guidance and as-needed fluoride varnish and referrals to dental professionals.



**Dental professionals** treat pregnant women and children 0–5, especially those at highest risk.



**Electronic health records** connect a patient's medical and dental records to coordinate care.



**Medicaid officials** ensure that covered children receive all necessary services.



**Municipal water supply** has added fluoride to help prevent cavities.



**Academic researchers** analyze data and advance innovative approaches.



**Community organizations** facilitate wrap-around services and education.



**Community health workers** help parents choose healthy behaviors and access needed services.



**Head Start/Early Head Start and WIC staff** provide oral health education, in-class tooth brushing and facilitate access to care.



**Policymakers** prioritize cost-effective strategies, oral health outcomes and affordable coverage. **Advocates** inform policy decisions and educate the public.