



CCMS
 CERTIFIED
 CULINARY MEDICINE
 SPECIALIST™

Pathway to CCMS

8 Steps to Certification



01

APPLY
 Submit brief application form

02

PAY TUITION
 One-time fee of \$2400* accepted online or by phone

04

ACCESS EDUCATION PORTAL
 Login to access courses + track progress

03

PROOF OF LICENSURE
 Email or fax current license

05

COMPLETE 60 CREDITS OF COURSEWORK
 Satisfy requirements in any order within 18 months

ONLINE COURSEWORK Complete nutrition courses online	+	HANDS-ON TEACHING KITCHEN MODULES Complete 4 modules (12 credits) of in-person education	+	ATTEND THE CARDIOMETABOLIC RISK SUMMIT To earn credits [optional]
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06

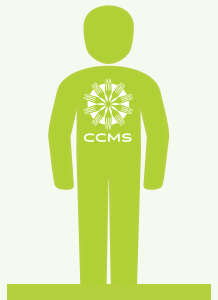
TWO CULINARY MEDICINE READINGS
 Select 2 of 5 seminal texts for online assessment

07

CERTIFICATION EXAMINATION
 100 multiple-choice question exam at testing center

08

EARN CCMS CREDENTIAL
 Maintenance of certification every 5 years



APPLY TODAY
culinarymedicinecertified.com
 609.630.6206

*Previous costs incurred to attend the Cardiometabolic Risk Summit or teaching kitchen modules will be deducted from the \$2400 tuition fee.



CERTIFIED CULINARY MEDICINE SPECIALIST™

THE CCMS DIFFERENCE

The goal of the Certified Culinary Medicine Specialist (CCMS) program is to provide healthcare providers with comprehensive knowledge of nutrition and culinary techniques to prepare food that is consistent with real-world budgets, time constraints, and nutritional ideals, so they can successfully incorporate healthy eating into patients' diets.

By completing the program, clinicians will enhance their confidence and quality of care by learning how to:

- Integrate nutritional counseling to supplement pharmacological treatment
- Educate patients about weight loss and weight management
- Develop practical examination room dialogues that inspire behavioral change
- Implement new strategies in even the busiest primary care offices

CURRICULUM

The hybrid 60-credit curriculum includes a distinctive combination of online nutrition education courses, live conferences, and in-person hands-on teaching kitchen modules. View a complete breakdown of program requirements at: <http://www.culinarymedicinecertified.com/curriculum>.

TUITION

The one-time tuition fee of \$2400 includes:

- Registration for up to 4 hands-on teaching kitchen modules at Tulane's Goldring Center for Culinary Medicine and/or at other approved hands-on teaching kitchen events in the United States
- Full registration for up to one CRS conference per calendar year during the CCMS initial certification program
- Complete access to the ever-increasing library of online educational modules available via culinarymedicinecertified.com

Tuition costs that you've already incurred to attend CRS and/or Teaching Kitchen Modules will be credited toward the CCMS tuition fee, and any earned credits will transfer toward the certification examination eligibility requirements!

LEARN MORE + APPLY TODAY

CULINARYMEDICINECERTIFIED.COM