

Center for Sexual & Urinary Function

Evaluation of Pelvic Organ Prolapse			Name	Date of Birth	Date		
Do you experience, and, if so, how much are you bothered by:							
			Bother:	none	slight	moderate	great
1	yes	0	Do you usually experience pressure in the lower abdomen?	1	2	3	4
2	yes	0	Do you usually experience heaviness or dullness in the pelvic area?	1	2	3	4
3	yes	0	Do you usually have a bulge or something falling out that you can see or feel in the vaginal area?	1	2	3	4
4	yes	0	Do you usually have to push on the vagina or the rectum to have or complete a bowel movement?	1	2	3	4
5	yes	0	Do you usually experience a feeling of incomplete bladder emptying?	1	2	3	4
6	yes	0	Do you have to push up on a bulge in the vagina with your finger to start or complete urination?	1	2	3	4
7	yes	0	Do you feel you need to strain too hard to have a bowel movement?	1	2	3	4
8	yes	0	Do you feel you have not completely emptied your bowels at the end of a bowel movement?	1	2	3	4
9	yes	0	Do you usually lose stool beyond your control if your stool is well formed?	1	2	3	4
10	yes	0	Do you usually lose stool beyond your control if your stool is loose or liquid?	1	2	3	4
11	yes	0	Do you usually lose gas from the rectum beyond your control?	1	2	3	4
12	yes	0	Do you usually have pain when you pass your stool?	1	2	3	4
13	yes	0	Do you experience a strong urgency and have to rush to the bathroom to have a bowel movement?	1	2	3	4
14	yes	0	Does a part of your bowel ever pass through the rectum and bulge outside during or after a BM?	1	2	3	4
15	yes	0	Do you usually experience frequent urination?	1	2	3	4
16	yes	0	Do you usually experience leakage associated with a feeling or urgency?	1	2	3	4
17	yes	0	Do you usually experience urine leakage related to coughing, sneezing or laughing?	1	2	3	4
18	yes	0	Do you usually experience small amount of urine leakage (drops)?	1	2	3	4
19	yes	0	Do you usually experience difficulty emptying your bladder?	1	2	3	4
20	yes	0	Do you usually experience pain or discomfort in the lower abdomen or genital region?	1	2	3	4
<i>Pelvic floor distress inventory (PFDI)</i>				<i>Total score...../80</i>			