

SID MIRRAFATI, M.D. CURRICULUM VITAE

Date of Birth: March 10, 1966

Address: Mira Aesthetics

3140 Red Hill Ave, Suite 150

Costa Mesa, CA 92626

Tel: (714) 544-8678

Fax: (714) 544-1577

E-mail: drm@youngerlook.com

Education:

College: University of California, Irvine, CA

Year: 1986. Degree: B.S.

Post Graduate: University of Health Sciences, Chicago, IL

Year: 1990. Degree: M.S.

Medical School: Chicago Medical School, Chicago, IL

Year: 1994. Degree: M.D.

Residency: Kern Medical Center, University of California, San Diego

General Surgery. Year: 1995

Residency: Riverside General Hospital, Riverside, CA

Year: 1997

Fellowship: General and Dermatologic Cosmetic Surgery

Program Director: James E. Fulton, Jr., M.D. Year: 1998

Fellowship: General Cosmetic Surgery

Program Director: Melvin A. Shiffman, M.D. Year: 1999

Board Certifications:

American Board of Cosmetic Surgery 2001

Present Activities:

Private Practice in General Cosmetic Surgery: 1999 to present

Past Activities

Book Review Editor: International Journal of Cosmetic Surgery and Aesthetic
Dermatology: 2001-2003

Organizations:

American Academy of Cosmetic Surgery: 1998 to present

American Society of Cosmetic Breast Surgery: 1998 to present

American Society of Liposuction Surgery: 1998 to present

American Society of Hair Transplant Surgery: 1998 to present

California Academy of Cosmetic Surgery: 2007 to present

ARTICLES

1. Shiffman, M.A., Mirrafati, S.
Possible Nerve Injuries in the Axillary Approach to Breast Augmentation.
Amer J Cosm Surg 2001; 18(3):149-151
2. Shiffman, M.A., Mirrafati, S.
Fat Transfer Techniques: The Effect of Harvest and Transfer Methods on Adipocyte Viability and Review of the Literature.
Dermatol Surg 2001; 27(9):819-826
3. Shiffman, M.A., Mirrafati, S.
Possible Nerve Injuries in the Axillary Approach to Breast Augmentation Surgery.
Int J Cosmet Surg Aesthet Derm 2001;3(4):255-258
4. Mirrafati, S., Shiffman, M.A.
Hydro dissection Breast Augmentation.
Int J Cosm Surg Aesthet Derm 2002; 4(2):161
5. Shiffman, M.A., Mirrafati,S:
Umbilical Reconstruction in Abdominoplasty.
J Japan Soc Aesth Surg 2002; 39(40):97
6. Shiffman, M.A., Mirrafati, S.
Scarless Platysmaplasty for Platysmal Bands
Indian J Plast Surg 2004; 37(2):56-59

7. Shiffman, M.A., Mirrafati, S.:
Le Temps de Levres Pleines (The Legacy of Full Lips)
Rev Chirurg Esthet Langue Francaise 2004;28(115):29-41

8. Mirrafati, S., Shiffman, M.A.
Rejuvenecimiento Facial Combinado Tridimensional
Int J Cosm Med Surg 2005; 7 (1):31-35

9. Shiffman, M.A., Mirrafati, S.:
El Legado de Los Labios Gruesos
Int J Cosm Med Surg 2006;8(2):16-27

10. Shiffman MA, Mirrafati SJ
Botulinum Toxin: Products, Techniques and Complications.
Asia Pac Aesthetic Med 2007; 1:34-36

11. Mirrafati SJ
Facial Skin Rejuvenation: Combination of Methods.
Int J Cosm Surg Med Surg
In publication

12. Shiffman, M.A., Mirrafati, S.
**Treatment of Subcutaneous Fibrosis Following Cosmetic Surgical
Procedures**
Revue Chir Esthet Lange Francaise
In Publication

BOOKS

1. Shiffman, M.A., Mirrafati, S. (Editors)
Aesthetic Surgery of the Abdominal Wall
Berlin, Springer Verlag 2005
2. Shiffman MA, Mirrafati SJ, Lam SM, Cueteaux CG (eds)
Simplified Facial Rejuvenation
Berlin, Springer 2007

CHAPTERS

1. Mirrafati, S.

History of Abdominoplasty.

In Shiffman, M.A., Mirrafati, S. (Eds), Aesthetic Surgery of the Abdominal Wall
Berlin, Springer Verlag 2005

2. Mirrafati, S.

Patient Consultation and Instructions for Liposuction.

In Shiffman, M.A., Mirrafati, S. (Eds), Aesthetic Surgery of the Abdominal Wall.
Berlin, Springer Verlag 2005

3. Mirrafati, S.

Percussion Massage Liposuction of the Abdominal Wall.

In Shiffman, M.A., Mirrafati, S. (Eds), Aesthetic Surgery of the Abdominal Wall
Berlin, Springer Verlag 2005

4. Shiffman, M.A., Mirrafati, S.

Liposuction of the Upper Extremities

In: Shiffman MA, Di Giuseppe A (Eds), Liposuction: Principles and Practice
Berlin, Springer 2006:120-123

5. Shiffman MA, Mirrafati, S

External Percussion Massage-Assisted Liposuction

In Shiffman MA, Di Giuseppe A (eds), Liposuction: Principles and Practice
Berlin, Springer 2006:309-311

6. Shiffman MA, Mirrafati SJ

Botulinum toxin: products, techniques, complications.

In Shiffman MA, Mirrafati SJ, Lam SM, Cueteaux CG (eds), Simplified Facial Rejuvenation, Berlin, Springer 2007:183-188

7. Mirrafati SJ

Easy lift

In Shiffman MA, Mirrafati SJ, Lam SM, Cueteaux CG (Eds), Simplified Facial Rejuvenation, Berlin, Springer 2007:353-355

8. Mirrafati SJ, Shiffman MA

Three-dimensional facelift

In Shiffman MA, Mirrafati SJ, Lam SM, Cueteaux CG (eds), Simplified Facial Rejuvenation, Berlin, Springer 2007:389-391

9. Mirrafati SJ

Mesh platysmaplasty

In Shiffman MA, Mirrafati SJ, Lam SM, Cueteaux CG (eds), Simplified Facial Rejuvenation, Berlin, Springer 2007:625-629

10. Mirrafati SJ

Mastopexy/Reduction and augmentation without vertical scar

In Shiffman MA (Eds), Breast Augmentation: Principles and Practice, Berlin, Springer 2008:291-295

11. Mirrafati SJ, Shiffman MA

Hydro dissection axillary breast augmentation

In Shiffman MA (Ed), Breast Augmentation: Principles and Practice, Berlin, Springer 2008:241-245

12. Mirrafati SJ

Mastopexy/Reduction and augmentation without vertical scar

In Shiffman MA (Ed), Mastopexy and Breast Reduction: Principles and Practice, Berlin, Springer 2009

In publication

13. Mirrafati SJ, Shiffman, MA

Three-Dimensional Facial Rejuvenation

In Shiffman MA, Autologous Fat Transfer, 2009

In publication

LECTURES

Effects of Various Methods of Fat Retrieval and Transfer on Fat Survival for Transplantation. American Academy of Cosmetic Surgery, 17th Annual Scientific Meeting, San Diego, California, Feb. 8-11, 2001