

RHINOPLASTY

TRUST YOUR FACE TO AN EXPERT

Rhinoplasty (the procedure commonly called a nose job) is among the most common plastic surgery procedures performed. A nose that is out of balance, crooked or too large will draw emphasis away from the eyes and become a focal point. The cosmetic goal in rhinoplasty is to allow the nose to blend naturally with the rest of the facial features and not be noticeable. Turned up, scooped out noses which were popular a generation ago are no longer desired. Today's attractive nose is fuller, stronger and more elegant. The nose is unique in that it also serves a very important function: it helps you to breathe. Too often, this is neglected by the surgeon who performs only the occasional rhinoplasty. If there is one cosmetic procedure that is essential for you to see an expert for, it is rhinoplasty.



Frequently patients undergoing rhinoplasty also have breathing difficulty. If you have a history of breathing difficulties or have been treated in the past for breathing difficulties or nasal allergies, you may be a candidate for a functional rhinoplasty. At the time of your visit Dr. Dayan can discuss this with you in detail. In some situations your insurance carrier may provide benefits for a portion of the procedure. The insurance will not, however, cover the cost for the cosmetic portion of the procedure.



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Generally regarded as the most difficult of all cosmetic procedures to perform well, there are only a few experts who specialize in rhinoplasty around the country. The average plastic surgeon will perform 12 rhinoplasty surgeries each year. Dr. Dayan, who is particularly qualified for rhinoplasty because of his double board certification in both otolaryngology (the branch of medicine that specializes in treating the ear, nose, throat, head & neck areas) and facial plastic surgery, performs between 150-200 rhinoplasty surgeries each year.

Rhinoplasty surgery can take anywhere from one to four hours. Each patient is different and Dr. Dayan will discuss your surgery with you during your consultation. Dr. Dayan utilizes a gentle sculpting technique which means there is no significant bruising and swelling following surgery. Following the procedure there is very little to no discomfort; however, most people take a week off of work or school to recover while a splint stays in place. It is important to you refrain from heavy exercise for at least 2 weeks following surgery.



Rhinoplasty can take up to a year to see the final result because the nose settles and takes shape during this time. You will see Dr. Dayan multiple times during the first year after your surgery.

To find out if you are a candidate for rhinoplasty, schedule a consultation with Dr. Dayan.



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