PATIENT EDUCATION CENTER

OTOPLASTY

For protruding, asymmetrical, or misshapen ears.

What is otoplasty?

Otoplasty, or ear surgery, is most commonly performed to set prominent ears back closer to the head. Ear surgery is also performed to reduce the size of overly large or misshapen ears, as well as to correct asymmetry.

Dr. Dayan's experience makes him especially qualified to perform this procedure. He is board certified in otolaryngology (the study of the ear, nose and throat) as well as facial plastic surgery. This unique path of training means Dr. Dayan is an expert at surgical procedures of the face and head. By carefully manipulating the cartilage, Dr. Dayan is able to adjust the shape of the ears and allow them to lie closer to the side of the head. People of all ages seek Dr. Dayan's expertise because they are self-conscious about the look of their ears. Seeing his patients self-esteem soar following otoplasty makes it one of the most satisfying procedures he performs.





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Who is a good candidate for otoplasty?

At about 6 years of age, ears have reached their approximate adult size, making children from 6-14 years old the most common candidates for otoplasty. It is not uncommon, though, for an adult to undergo the procedure. Children with prominent ears often become aware they look "different" once they begin going to school and they are often teased by their peers, causing anxiety and self-esteem issues. Both children and adults who have protruding or overly large ears find immense satisfaction after undergoing this simple surgical procedure.

What can I expect after surgery?

Otoplasty usually takes 1 hour to complete. After surgery, the ears will be wrapped with bandages to assist in the molding and healing. Patients are able to resume a fairly normal schedule 3-5 days later.

What is the first step?

If considering otoplasty for yourself or for your child, the first step is a consultation with a board certified facial plastic surgeon. During a consultation Dr. Dayan will examine the structure of the ears and discuss the patient's goals and concerns.

"Deciding to have this procedure with Dr. Dayan was such a great decision. He was wonderful and the recovery process was amazingly fast. I felt like myself within a week. Setting my ears back has indulged my life in so many ways, I no longer have to hide behind my hair!" – M.J.

