

# BLEPHAROPLASTY

## EYELID SURGERY

Are people frequently asking you why you look so tired? Eyes are said to be the windows to the soul. They are also the first facial feature to show the signs of aging. If you have permanent puffiness of the eyelids and sagging skin, blepharoplasty, or eyelid surgery, may be an option for you. Some people are born with heavy lids or get puffiness under their eyes much sooner than others their age. This is typically a genetic predisposition and can be helped through this commonly performed surgery.

If eyelid surgery is done in conjunction with a facelift, it can improve overall appearance, but for many patients an eyelid surgery on its own can provide the rejuvenated appearance they are seeking. Some individuals may have obstructed vision from overly redundant upper eyelid skin and blepharoplasty then becomes a medically necessary procedure and may be covered by some insurance policies.

### Blepharoplasty



Steven H. Dayan, MD, FACS  
Water Tower Place • 845 N. Michigan Avenue  
Suite 923 E • Chicago, Illinois 60611  
(312) 335-2070 • [www.drdayan.com](http://www.drdayan.com)



# BLEPHAROPLASTY

## EYELID SURGERY

### Limitations of Blepharoplasty

There are some limitations to blepharoplasty: fine crepe-like wrinkles around the eyes, commonly known as crow's feet, will not gain an appreciable benefit from blepharoplasty alone. However, laser resurfacing, medium strength chemical peels and Botox® injections are options that can reduce fine wrinkles in this area. Excess upper eyelid skin may be partially due to descended eyebrows, and if this is the case, an eyebrow lift may be necessary to complete or maximize your result.

### What to Expect

Eyelid surgery is performed in an outpatient surgery center. General anesthesia or a combination of local anesthesia and sedation is most often used. Most people return to work 7-10 days after surgery. Heavy exercise is restricted for approximately two weeks. The procedure is permanent and it is rare for someone to need a secondary blepharoplasty.

### Enhance Your Results

Additional treatments from True Skin Care Center can boost your results:

- Ultrasound or Lymphatic Drainage (2-3 weeks post-op)
- Camouflage Makeup
- Vitamin K Oxide

Following the procedure you can expect to be asked "Have you been on vacation?" Or "You look so good! What have you been doing?"

If you are interested in learning more about blepharoplasty please make an appointment with reception to see Dr. Dayan.

