



Rejuvenation through art and science

Treatment Instructions

KYBELLA

WHAT IS KYBELLA®?

KYBELLA® (deoxycholic acid) is a prescription medication used in adults to improve the appearance of moderate to severe fat below the chin. This area is referred to as 'submental fullness', or 'double chin'. In turn, the facial profile is also improved.

When injected into the fat beneath the chin, KYBELLA® causes the destruction of fat cells. Once destroyed, those cells cannot store or accumulate fat. After the aesthetic response is achieved, retreatment with KYBELLA® is not expected.

HOW IT WORKS?

The area to be treated is numbed with a topical or injectable anesthetic, followed by skin markings. The skin is then cleansed and the medication is injected into the fat with several tiny injections. You should expect a small amount of discomfort, and may experience some stinging/burning sensation immediately following the injections.

There will be a gradual reduction of fat, and the results will take time to see. The submental fullness should decrease in size, improving the appearance of the neck and your profile. Best candidates for KYBELLA® have mild to moderate submental fullness, along with good skin tone.. There may be a small improvement/retraction of loose skin. Most patients will receive 2-4 treatments spaced at **least** one month apart. Subsequent treatments typically result in less pain and swelling. Once the aesthetic goal is achieved, re-treatment with KYBELLA® is not expected. Typically, the treatment area will continue to age with time, yet will not age quicker because of the injections.

WHAT SHOULD IMPROVE

- Submental fullness (fat below the chin)
- Mild skin laxity/looseness
- Overall improvement of facial profile of the neck/jawline

WHAT WILL *NOT* IMPROVE

- Significant loose skin and jowls
- Fat on sides of neck
- Sub-platysmal fat (which is located under the platysmal muscles)
- Fat along the border of the jawline
- Platysmal bands (neck bands)
- Pre-existing anatomy from the muscle, cartilage, and/or glands
- Pre-existing asymmetry of the neckline

WHAT TO EXPECT FOLLOWING INJECTIONS

- You will have mild discomfort, stinging/burning or tenderness for a few days following the treatment
- Swelling and mild redness will increase for the first 1-2 days. It will then gradually subside over the next 1-2 weeks. Swelling can be dependent on the size of the treatment area.
- Mild bruising, if present, will resolve over the next week
- Itching or warmth at the injection site may be present
- Numbness is often present, and may take a month to completely resolve

- Area of firmness, (fibrosis or induration), is expected around the treatment area

POST TREATMENT INSTRUCTIONS

- Do not massage the area
- Ice/cooling packs can be used for comfort, however, should not be used longer than 10 minutes, continuously
- Tylenol can be used for pain, and an antihistamine (i.e. Benadryl) may be taken for itching
- Avoid aerobic activity for 24 hours
- Avoid sun exposure while the treatment area is red
- You may use a compression garment to assist in the reduction of swelling & skin retraction

POTENTIAL COMPLICATIONS

- Extreme or sudden swelling
- Severe bruising
- Nerve injury in the jaw that can cause an uneven smile or facial muscle weakness
- Dysphagia or difficulty swallowing
- Incomplete result
- Hair loss on men – may not be transient
- Post inflammatory hyperpigmentation
- Headache or nausea

NO GUARANTEE

The practice of medicine is not an exact science. Good results are to be expected, however, there cannot be any guarantee or warranty, expressed or implied by anyone regarding the results that may be obtained.

Call our office promptly if you experience ANY of the following: Increasing pain, swelling, significant bruising or darkening at or around the treatment area, notable change in temperature to the skin surrounding the treatment area, drainage or fever over 100.5 F or ANY other concerns you may have.

Enjoy your new look and remember that your satisfaction is our goal. Please feel free to call our office at 414.964.1111 and speak with your practitioner with any questions!