

Who Needs My Help?

Overview:

Children are prompted to think about the needs of others and to provide help without being asked. Their experience providing help is reinforced by drawing and/or writing about it.

Materials:

- One copy of the *Who Needs My Help?* Worksheet for each child

Handouts:

- [Who Needs My Help?](#)

Procedure:

1. Discuss what it means to be a caring person. Emphasize that caring people don't wait to be asked to help others — they do nice things on their own.
2. Meet with each child individually to fill out the *Who Needs My Help?* Worksheet. Tell them to think about someone in their life who could use their help. Offer suggestions if they can't think of anyone (e.g., a parent at dinner time, a younger sibling who can't dress him/herself, a friend who lost a toy, etc.).
3. Fill out the worksheets with them (or, if you feel they're capable, have them do it as a homework assignment). Say: After you've helped your person, draw a picture on the worksheet showing how it looked. (Have those who do this as a homework assignment bring in their worksheets after they've provided the designated help.) Gather the worksheets and have the children share their pictures.
4. Consider making this an ongoing activity by replenishing the worksheets as the children turn them in. Or provide rewards (treats, Big-time Helper badges or ribbons, etc.) to those who complete a given number of worksheets.

This lesson is from the *Good Ideas* book, available for purchase from the CHARACTER COUNTS! online store: <http://www.charactercounts.org/materials>

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McREL standards

Language Arts

Standard 4. Gathers and uses information for research purposes.

Level I Benchmark 1. Generates questions about topics of personal interest.

Handout: http://charactercounts.org/pdf/lesson-plan-bank_handouts/Who-Needs-My-Help.pdf

Who Needs My Help?

1. Who needs my help?
2. What help does he/she need?
3. When does he/she need help?
4. Why does he/she need help?
5. How can I help?
6. When I helped, this is what it looked like (draw a picture in the box):