



St. Catherine's West  
Rehabilitation Hospital-  
3rd Floor Dining Room

8850 NW 122 St.  
Hialeah Gardens, FL  
33018

**Time: 1:00-2:30PM**



**Free Parking**

**Program supported by**

The University of Miami  
Parkinson's disease & Movement  
Disorders Center

St. Catherine's West Rehabilitation Hospital  
Villa Maria West Nursing Facility



UNIVERSITY OF MIAMI  
MILLER SCHOOL  
of MEDICINE

Parkinson's Disease & Movement  
Disorders Center  
1150 NW 14th Street, Suite 609  
Miami, FL 33136



# The University of Miami South Florida Parkinson's Disease Support Group/Exercise Class

**Every First Wednesday of the month**

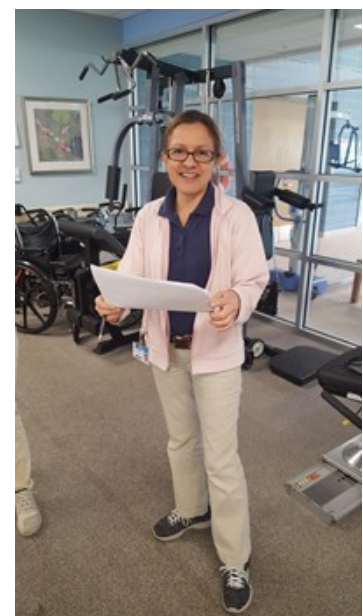


*This Support Group is targeted for patients with Parkinson's disease and their caregivers. Groups are free & confidential.*

*Following Meetings: Every first Wednesday of the Month. \*The meeting will include 30 to 45 min of Parkinson's specific exercises where participants will be educated on a daily home exercise program by LSVT trained rehabilitation specialists. Handouts will be provided. Each session will also include an evidence based exercise activity specifically beneficial to patients diagnosed with PD.*



Maggie Perez, OT



Olga Munoz, PT