



**PROJECT**

**FIGHT**

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FREEING INDIVIDUALS GRIPPED BY HUMAN TRAFFICKING IN N.C.

## *Take Action*

*A program and community resource guide on how to get involved in the FIGHT against human trafficking*

*“...So that there may be no division in the body, but that the members may have the same care for one another. And if one member suffers, all the members suffer with it; if one member is honored, all the members rejoice with it.”*

*~1 Corinthians 12:25-26*

## Anyone can become a **FIGHTer!**

Project FIGHT and other community organizations in the area work to raise awareness of human trafficking and provide case management services to victims across the state of North Carolina. This packet contains an overview of various programs and volunteer opportunities to benefit local survivors. Whether you have a small group or a large organization, there are ways for everyone to become involved!

You can join the **FIGHT** and support these local efforts.

Programs at a glance:

**Sponsor-A-Survivor..... Pg. 4 - 5**

Within this program an individual, business or church group can sponsor the specific needs of a local survivor of human trafficking and receive general updates on the survivor’s progress.

**Mentorship Program..... Pg. 6**

Community members have a chance to work one-on-one with local victims of human trafficking by sharing a skill-set with survivors or working toward a goal.

**Prayer Groups..... Pg. 7**

Starting a prayer group at your church or just among friends is a great way to lift up survivors of human trafficking as well as those still involved.

**Emergency Kits..... Pg. 8**

Project FIGHT is always in need of emergency supplies and clothing for victims.

**Independent Fundraising..... Pg. 9-10**

Project FIGHT holds fundraisers on an annual basis, but some individuals and groups take it on themselves to raise money to help a victim of human trafficking.

**Project FIGHT Club..... Pg. 11**

If you want to become more involved as an individual, you can join Project FIGHT Club and get monthly updates and volunteer opportunities.

**Prayer Walk or other Awareness Event..... Pg. 12-13**

Project FIGHT can help your church or group host a Human Trafficking training or an awareness event such as a prayer walk or film screening.



## *Sponsor a Survivor Program Description*

The Sponsor-A-Survivor program is an opportunity for community members, groups, organizations, churches, and businesses to provide meaningful support for a survivor of human trafficking in North Carolina through financial sponsorship, encouragement, and prayer.

Sponsors are matched with a specific survivor and provide financial support covering certain needs of the survivor. Sponsors are able to interact indirectly with the survivor through updates from the survivor's Salvation Army case manager and occasional opportunities to send cards or small care packages to the survivor.

### **Sponsorship Levels:**

- Option 1:     Emergency Sponsorship   \$1000**  
Duration: 1- 3 months  
Contributes to certain basic needs such as food, clothing, and/or personal care items.
- Option 2:     Legal Sponsorship   \$1000**  
Covers basic legal needs of one survivor.
- Option 3:     Partial Sponsorship   \$2500**  
Duration: 6 months  
Contributes to certain basic needs such as food, clothing, personal care items and, when applicable, basic legal services.
- Option 4:     Housing Sponsorship   \$5000**  
Duration: 6 months  
Covers full housing needs for one survivor for one year and, when applicable, basic legal services.
- Option 5:     Full Sponsorship   \$10,000**  
Duration: 1 year

Covers full needs of a survivor for one year, including case management, tapered housing and, when applicable, basic legal services.

### *(Sponsor a Survivor Program Description Cont'd)*

*More details about what each sponsorship level entails, including payment plans can be obtained from Project FIGHT Staff*

#### **Process for Participation**

1. Interested individuals/group leaders are invited to submit a written request for inclusion on the Sponsor a Survivor program waitlist to Project FIGHT's Anti-Human Trafficking Training and Education Manager with The Salvation Army of Wake County, Jessica, via email to [Jessica@uss.salvationarmy.org](mailto:Jessica@uss.salvationarmy.org) including the following information: name, email/phone number, desired sponsorship level, and desired sponsorship start date.
2. Project FIGHT staff will contact the individual/group leader when a potential survivor match becomes available to complete the match and formalize the sponsorship. Please be aware that it could take many months before we find a match for you and we can't promise that we will find a match for you.
3. Once you have been matched with a survivor, Project FIGHT staff will contact your group/business to discuss the details of your sponsorship, including the level of interaction and financial commitment based upon the level of sponsorship.

*As each case is so specific and differs greatly, we recommend that you discuss the appropriate program with Project FIGHT staff. If you would like to learn more or have Project FIGHT staff discuss the program with your group/business, please contact the Training and Education Manager directly at [Jessica@uss.salvationarmy.org](mailto:Jessica@uss.salvationarmy.org)*



## *Mentorship Program*

Project FIGHT's Mentorship Program pairs volunteer Mentors with individuals who have been identified as victims of human trafficking. Mentorship is designed to support these individuals through positive experiences based in mentoring activities. Project FIGHT case managers take careful consideration when pairing a Mentor with a Mentee, basing such relationships on the interests of the Mentee, skills of the Mentor, and phase of re-integrating into society following the trafficking experience.

Project FIGHT's Mentorship Program calls upon the strengths of the local community to provide additional support, opportunities for skill building, and outlets for positive engagement with the community in order to aid an individual on their journey to health and self-sufficiency. Mentors possess specific skill sets, and work with Mentees to teach a skill, or engage in an activity intended to be positive and supportive for the Mentee. The Mentorship Program offers mentoring in areas such as:

- ESL tutoring
- Photography and Art
- Sports/Exercise Activities
- Micro-Enterprise
- Crafts such as knitting, crocheting, or needle point
- Gardening

These are only a small sampling of the kinds of activities Mentors can engage in with Mentees. A Mentor plays an important role in the life of a Mentee, providing outlets and experiences through which Mentees can develop autonomy and confidence.

Mentors focus primarily on the mentor activity that the Mentor, Mentee, and Project FIGHT Case Manager have agreed upon. Mentors do not serve as counselors, therapists, interpreters, or case managers for Mentees, and report directly to the Case Manager. Mentors are required to record their hours, and to fill out a brief activity note following each meeting with a Mentee. Training and orientation to the Mentorship Program is offered by the Case Manager.

In order to be a Mentor, Project FIGHT asks for a minimum commitment of 5 hours/week, and 6 months of availability. To become a Mentor, call (919)834-6733 ext. 111 or email Meg Hamilton at [megan@uss.salvationarmy.org](mailto:megan@uss.salvationarmy.org) for an application.



## *Human Trafficking Prayer Groups*

### **How do I start a prayer group?**

This will depend largely on your individual church or organization, but all processes start with identifying individuals in your church who are interested in this issue

Once you have done so, find a common time that all members could meet monthly to discuss and pray over this issue. This could be a part of a regular bible study, Sunday school, or small group, or something entirely separate

### **What do we discuss/pray for?**

Although human trafficking is typically thought of as one issue, it is actually a complex topic made up of many overlapping issues.

Potential Topics:

- The rehabilitation of victims and survivors
- Victims who are still entrapped
- Decreasing Demand for sex trafficking victims
- Prevention for troubled youth
- Poverty & Economic despair (globally and locally)
- War & Refugees (globally)
- Cultural De-sensitization
- Crimes against women and children
- Crimes against immigrants

Please feel free to contact Project FIGHT staff or other organizations to learn more about these topics and receive guidance on how to discuss them



## Human Trafficking Emergency Kits

### What is in a kit?

#### *Clothing Kit –*

1. Socks
2. Underwear
3. T-shirt
4. Sweatpants
5. Zip-up sweater
6. Slippers or basic tennis shoes

#### *Personal Care Kit –*

1. Shampoo & Conditioner
2. Soap/Body Wash
3. Deodorant
4. Toothbrush & Toothpaste

#### *Baby Care Kit –*

1. Diapers
2. Three Outfits (including socks)
3. Pacifiers
4. Small Blanket
5. Baby wipes
6. Baby wash

### How do I collect items to make a kit?

-First contact Project FIGHT to see what kits are in highest demand

-Organize or advertise a clothing or item drive and remember, instructing donors to

bring items to your church/organization to later be given to Project FIGHT

### How do I make a kit?

- Once you collect the items, please, organize them by **size and gender** and place them into plastic bags or book bags

- Sizes and genders can range from toddlers and children, to young females, to older adults (including males).

- Please try to gather a variety and not just many items for one size and gender. Contact Project FIGHT first to see what sizes, genders are needed

### Where do I take my kit?

- Bring your kits to The Salvation Army office off of Capital Boulevard

- If you would like to host a larger event, or if a drop-off is inconvenient, staff members from Project FIGHT may be able to come out and pick up the items

### How will the kit be used?



Kits are given directly to victims or victim's family members in a time of crisis or dire need



## *Independent Fundraising*

Independent fundraising is something that is entirely decided upon by the fundraising hosts. Fundraising can be almost any kind of event/sale/auction which raises funds for The Salvation Army's Project FIGHT. It is a great option for those who wish to contribute to the cause, but do not have the funds to do so.

### **How do I organize a fundraiser for Project FIGHT?**

1. **Pick a fundraising idea** - Fundraising can come in many different shapes and sizes. It could include, but is not limited to: 5k walk/run, golf tournament, bake sale, art auction, dance-marathon, movie showing, yard-sale, car wash, any sort of competition, concert, tournament, or race.
2. **Talk to Project FIGHT staff** – let them know about your idea and exactly when your fundraising event would take place. Given enough notice, Project FIGHT staff could attend and help find volunteers to run your fundraiser
3. **Make a planning committee** – develop your idea, set exact dates and time, talk through the initial costs and minimum profit needed to cover expenses
4. **Set a goal** – even if you cannot reach it, it is always helpful to set a goal so that your community members know how to give/participate. You can make a general donation, or raise money toward a specific client/need. To get an idea of monthly needs for trafficking victims, see the *Estimated Monthly Needs* chart below. If you are holding a larger event and would like to know total costs for victims, etc., please contact Project FIGHT
5. **Prepare** – take all necessary steps to organize and prepare for your fundraiser, pulling in Project FIGHT staff where necessary for materials and information
6. **Fundraise!**- Hold your fundraiser: Good Luck!
7. **Donate** – Once you have held your fundraiser and collected all of the donations or proceeds, and paid off your costs to hold the event, please write a check payable to The

Salvation Army, **specifying "Project FIGHT" on the memo line.** You may deliver the check in person at the event or to the office at 1863 Capital Boulevard, Raleigh NC.

Or mail the check to:

P.O. Box 27584

Raleigh, NC 27611-7584

**Estimated Monthly Needs\***

<b>Item</b>	<b>Estimated Monthly Expense</b>
Food	\$200
Personal Care	\$100
Rent/Shelter/Housing	\$600
Utilities	\$200
Legal Needs	\$1000 (one time)
Transportation to Appointments	\$50
Phone	\$50
ESL/Continued Education	\$160
Administrative/Case Management	\$500
Medical/Dental/Mental Health	\$50

\* Just as each survivor’s story differs greatly, so do their needs—each individual survivors’ needs vary based upon each survivor’s unique situation. Each “Estimated Monthly Expense” is an estimate based on information including Tapestri, past client spending, and proposed grant spending. Each specific “Item” that will be provided to each survivor will likely vary from case to case and from month to month within each case.



## *Project FIGHT Club*

Project FIGHT Club is a group of dedicated volunteers and community members that want to become more involved in the local FIGHT against human trafficking. Project FIGHT Club members attend (one hour) monthly meetings to learn more about different topics related to human trafficking in our area, and help Project FIGHT staff to plan, organize, and carry out community events or campaigns.

### **What is the purpose of Project FIGHT Club?**

Project FIGHT Club is designed to actively engage community members in the FIGHT against human trafficking. It keeps individuals involved and spreads awareness among individuals across different professions and lifestyles.

### **What is my role as a member?**

In the past, Project FIGHT members have help to assist in large awareness events, such as public film screenings, prayer walks and art auctions. In these events, Project FIGHT Club members are needed to provide other community members with accurate, current information on the issue. Members also can take on their own independent fundraisers such as dance events, food truck festivals, and 5Ks to raise money to benefit local victims served through Project FIGHT.

### **What is my commitment?**

There is no financial commitment to join Project FIGHT Club. Members are only asked to attend at least 6 meetings or awareness events a year.

### **How do I join?**

Simply contact Project FIGHT staff and request to be added to the Project FIGHT volunteer group. You will receive an email about the next meeting time, and should you decide to volunteer, will undergo a general volunteer training.



## *Request an Awareness Event*

Want to tell others about human trafficking? Request a training or awareness event! Anyone can! Project FIGHT has several different community, church, and professional trainings available as well as larger awareness events. To have any of these trainings or events at your church, community group, school, or work, please contact Project FIGHT Staff to conduct the training/event for your organization.

### **Community/Church Training** – Duration 30 mins – 60 mins

This lesson is a Human Trafficking 101, similar to the one you have received today, and can be catered to different churches or organizations.

### **Professional Training** – Duration 60 mins

Project FIGHT also can provide training to professionals in all fields (and will consult with partnering organizations to provide the best professional training) to: law enforcement, legal professionals, medical professionals, and youth workers.

### **Youth Training** – Duration 60 mins – 120 mins

Speaking to youth about the issue of Human Trafficking requires an entirely different approach. Project FIGHT staff uses youth-specific curriculum to teach youth ages 12-18 about the issue of human trafficking and prevention through empowerment of youth (both male and female).

Please contact Project FIGHT staff well in advance before scheduling a youth training so that they may prepare and cater a training to a specific age/gender audience.

**Academic 101** – Duration 60 mins to 180 mins

This training is more direct toward college age or higher who would like to understand human trafficking on an academic and political level. Please give Project FIGHT staff advanced notice for this training as well, noting the duration of the class and the levels/interests of students/adult learners.

**Film Screening** – Duration 120 mins

Host a film screening at your community group or church. Project FIGHT has the annual rights to conduct public screenings of films about domestic and international human trafficking including: “Not my Life”, “Sex + Money”, and “Very Young Girls”. To use one of these films, contact Project FIGHT with an idea of a date/time for the showing and the number of people. It is also recommended that you obtain information from Project FIGHT so that individuals can leave with actions to take to combat human trafficking.

**Discussion Panel** – Duration 60 mins – 180 mins

In addition to or separate from a film screening, you can also host a discussion panel in which different professionals from the community who deal directly with human trafficking come together to speak about their work in the area or across the state. Professionals could include: Project FIGHT case management, community awareness activists, law enforcement, legal professionals, and human trafficking shelter directors.

**Prayer Walk/ Awareness Walk** – Duration 60 mins – 120 mins

If you are looking for a more interactive learning experience, you could conduct a prayer walk or awareness walk at your church or community. In this walk, individuals literally walk through the story of a local victim of human trafficking by going to 6 – 10 different stations to learn about human trafficking and read a victim’s story, divided into different phases of human trafficking. This event could be pair with any above training or event.

**Get Creative!** – Duration varies

In addition to the option listed above, you could create you entirely unique awareness event, poster campaign, or outreach program. These are just a few of the more popular options. If you have another idea for your group, please contact Project FIGHT staff to discuss the many different possibilities.

## *Project FIGHT Contact sheet*

General information:

- Email: [projectfight@wakearmy.org](mailto:projectfight@wakearmy.org)
- Phone: (919) 834 – 6733
- Website: [www.wakearmy.org](http://www.wakearmy.org)

For Training Awareness Events/Sponsorship/Fundraising

- Jessica Porta, Project FIGHT
- Email: [Jessica@uss.salvationarmy.org](mailto:Jessica@uss.salvationarmy.org)
- Phone: (919) 478 – 1034

For Mentorship Program

- Megan Hamilton, Project FIGHT
- Email: [megan@uss.salvationarmy.org](mailto:megan@uss.salvationarmy.org)
- Phone: (919) 834- 6733 x 111

For Large Donations/Grants

- Christine Shaw, Director of Social Ministries
- Email: [Christine.shaw@uss.salvationarmy.org](mailto:Christine.shaw@uss.salvationarmy.org)
- Phone: (919) 834- 6733 x 114