



# *The* **WAR CRY**

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# 2022

**Because of the Lord's great love we are not consumed,  
for His compassions never fail.  
They are new every morning; great is your faithfulness.**

Lamentations 3:22-23



## Jesus - Our Hope and Eternal Friend!

**T**he four candles burn slowly. The ambiance was so soft you could hear them talking. The first one said, "I am Peace! However, nobody can keep me lit. I believe I will go out." Its flame rapidly diminishes and goes out completely. The second one says, "I am Faith! Most of all, I am no longer indispensable, so it doesn't make any sense that I stay lit any longer." When it finished talking, a breeze softly blew on it putting it out. Sadly, the third candle spoke in its turn: "I am love! I haven't got the strength to stay lit. People put me aside and don't understand my importance. They even forget to love those who are nearest to them." And waiting no longer it goes out. Suddenly...A child enters the room and sees three candles not burning. "Why are you not burning? You are supposed to stay lit till the end." Saying this, the child begins to cry. Then the fourth candle said: "Don't be afraid, while I am still burning, we can re-light the other candles, I am Hope!" With shining eyes, the child took the candle of hope and lit the other candles. ...and that each of us can maintain Peace, Faith, Love and Hope!

If you have ever felt despair, suffered tragedy or gone through the harshness of life, this is a wonderful story that lift your spirit. This is a time when there are a growing number of people, including Christians who think that things will not go well and leading others to it.

**THE FLAME OF HOPE SHOULD NEVER GO OUT FROM YOUR LIFE.**

Every morning gives us the assurance that something is still to be expected. The Bible is a Book that tells the story of hope to all- a Book of Hope! It shows the beauty of life we are living and makes sure we have a companion travelling with us. It assures those who are in touch with God that there is no reason not to expect. Yes, God is the name of a supreme being who gives hope to man.

The Bible is not a book telling only of success but of tragedies, burden of sin, humiliation, defeat, ruined temple, and exile and many. But there is an endless hope within each! In their extreme despair and shame, before sending out from the garden, the first parents were given a promise that one day one person will come to redeem this Lost Paradise. The disheartening story of Adam and Eve ends with a promise of Messiah who breaks the hood which tempts the human, destroys his purity, evil, iniquity and expels human from the paradise of love...! Even though the Flood of Noah's day destroyed everything, it ended with a rainbow of marvellous colours – a signature of God's love to his people! Those who have nothing to hope for have nothing to live for. Nothing is the end; we still have something to hope for....!

Christ himself is a symbol of hope. There is no other person who has given this much hope to mankind. He knew that man's greatest sorrow is loneliness. Still how many people seek refuge in suicide thinking that there is no one to give a good companion or understand their pain! Jesus began to speak: the blind has sight, the deaf have music, the lame have dance, the hungry have bread, the prisoner has deliverance. There is a solution for everything.

He always tried to build a bridge to solve man's loneliness. He always focused on those who are alone. He became a friend of the man at Bethesda Pond, who had no one to take him to healing last 38 years. Even at the time of painful death, he was thinking of the rest of the life of his mother and loving disciple and asking for mutual companionship and support, at the same time, the thief who was crucified near to him was enjoying the beauty and happiness of great eternal hope.

Nothing is the end; we still have something to hope for...! In this new year 2022, this eternal companion will be with us every day and guide us to move forward!

HAPPY NEW YEAR 2022! 

**Major Evama Shaijuraj**  
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# HOPE IN GOD FOR UNKNOWN FUTURE



**Commissioner Suresh Pawar**  
International Secretary, South Asia, IHQ-London

**H**ow quickly days, months and years have passed by! When we look back the year passed by, we realize how challenging the time had been for us in many ways. For many of us, it was not that easy and some of us have good testimonies of God's caring hand that brought us into this New Year.

No matter how the past has gone by, we should not lose our heart but take courage to face the future. This we can well do having hope in God for simple but uttermost true reason; we are unaware of the Future, but God is all-knowing God. Word of God reminds us of what plan he has for us, "For I know the plans I have for you", declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future" (Jeremiah 29:11 – NIV).

Christmas story brings greatest & everlasting hope to us and to the world. Matthew, while recording the birth of Jesus, mentions how the promises of God fulfilled in Jesus; "All this took place to fulfill what the Lord had said through the prophet: "The virgin will conceive and give birth to a son, and they will call him Immanuel (Which means "God with us") (Matthew 1:22 & 23 – NIV). In Jesus, we come in presence of God. Having Jesus in our lives, we have God who live with us, walk with us in our journey here on earth, leading us heavenward.

Throughout the four gospels, we are exposed to most valuable and sacred teaching Jesus gave to his followers and listeners about not to worry but trust in

God who knows our every need and is always near to helps us. I read gospels over and over again, and as I do so, I experience peace deep within. The word of God assures us of His unfailing promises. This should encourage us to trust the God we know for an unknown future.

This hope is accomplished by having faith in Jesus and listening to him in prayers. Jesus calmed the sudden storm that frighten the disciples in the middle of the sea (Mark 4: 35 – 41). He fed five thousand people, when disciples were worried and did not have any idea how they could have fed the large crowd of people having very little or almost no resources (Matthew 14: 13 – 21). He forgave a woman, when her own family, community and religious people had almost decided to punish her to death, but he gave her hope and transformed her life (John 8:1 -11). We find so many such incidents in Bible they are relevant to the situation that we may be facing today. He is still able to handle every situation of our lives. He is always near to those who call him in faith.

We must depend on God for the future that we are not sure about. It does not mean that we live idle, doing nothing. No - not at all, but learn the truth of life, find meaning for the life you live and enjoy the life to its fullest. Jesus has taught this very clearly on his sermon on mountain (Matthew 6: 25 – 34). I would summarize this in simple principles that helps achieve the purpose of life; (1) Never to worry about the future, for doing so nothing


could be achieved. (2) Know God for he counts your life precious and knows your every need and is able to provide (3) In whatever you plan, or dream or desire or do, make sure you have sought God's will. Bible is good guide in doing so. (5) Make sure that the present time you have is invested with great care for what you saw today you reap tomorrow.

Having these principles and truth, if we put them in practice, we will be able to experience as Paul wrote to Corinthians, "Eye has not seen, nor ear heard, nor have entered into the heart of man the things which God has prepared for those who love Him" (1 Corinthians 2:9).

Let me put this in light of the verse from Salvation Army Song Book;

Pardon for sin and a peace that endureth,  
Thy own dear presence to cheer and to guide;  
Strength for today and bright hope for tomorrow,  
Blessings all mine with ten thousand beside!

(SASB 983)

Know God, who knows your future, do not worry if you are not sure about it. I pray that you may seek God as you respond to this gift of new year and will know that God loves you and care for you. 

# GOD'S PLANS

For I know the plans I have for you, 'Declares the Lord, 'plans to prosper you and not to harm you, plans to give you a hope and a future' (Jeremiah 29:11)

The 'FOUR RE-ACTIONS' for the New Year After facing a painful year that brought misery all over the world with Covid outbreak, everyone is now looking forward to having another year 2022, with lot of expectations that it would bring happiness and joy. Life is not always easy as expected. The world we live is full of surprises and unexpected challenges, where we do not find a time to prepare ourselves to face and to overcome. But reflecting on the year 2021, we as believers can see an abundance of things to give God thanks for, though many areas remain where we like Paul must say, "Not that I have already attained, or am already perfected, but I press on ..." Philippians 3:12. If we have continued in the faith of the Gospel, we go into the New Year as a new person, having experienced God's promise of transformation by renewing of our minds. (Romans 12:1-2) Though our outward man is perishing, the inward man is being renewed day by day. We therefore have no reason to lose heart but can go boldly forward on the way of life, having our confidence in God who is at work in us both to will and to do for His good pleasure. Before we pass through another year, we pause here for a moment, to take few steps for making them into active with appropriate actions.

**Remember:** Psalm 105 tells us, "Remember the wonders he has done, his miracles, and the judgments he pronounced". Several times in the book of Psalms, David and the other psalmists do just that, recounting Israel's history, and the spectacular things the Lord had done. In the present, remembering what God has done draws us into worship. Praising the name of the Lord is the right and proper response to His activity in our lives. That was true in biblical times, and it's just as true today. As we step into the future with another new year, recalling God's work in this world—both the expected and unexpected, the seen and unseen—gives us

faith for what He will do next. Our trust in the Lord grows when we take time to remember He has always been faithful. This new year helps us to remember His great works for us. Remembering God's love in the new year makes us stronger to cling unto him. We not only remember him in the new year or on the first day of the new year, but every moment remembering him provides us a greater strength.

**Refocus:** at the beginning of a new year, people often take store of their life. They assess their past decisions and consider the route they are now on. That makes the beginning of the new year an especially good time to call people back to what matters most. Our focus might have gone wrong with our own personal dependency. What you focused in the previous might have not worked out well. When we focus on things of this world, our peace is stolen from us. The world has a way of getting us down. It fills us with distractions, temptation, and entertainment, promising us happiness but never fully delivering. This is another time to "refocus". The Christian life is always to focus and refocus on Christ. The Lord himself warned that we need to stay focused on the things above. When you start focusing on the things above, sometimes you may get distracted. But remember to get back up and try again. God gives us grace, that is a gift, and He knows as you lean on Him and not yourselves, you will grow to be more who you were created to be. Let us refocus again.

**Restart:** There have been so many times in our lives where our negligence, unfaith and mistakes have caused so much damage and have felt so crushing that we start to feel there is no way out. When I faced such situations, I have learned that are not the end of me – they are turning points. They are the times that God is guiding us towards a new beginning. Restarts come from these turning points in our lives – points where we have to decide what is most important to us, what we really believe, where we have turned away and ultimately to turn back to God. The restarting must start with – 'Looking Up for



**Colonel Yaqoob Masih**  
Territorial Commander  
India Central Territory

the direction', 'Standing Up with complete trust', 'Giving up what pulls back'. Restart would give a new energy, when we fully admit and realize where we lack and where we failed. Raise up from where you have fallen to start a new beginning. This new year would provide us all an opportunity to restart our lives in-tune with God.

**Reconnect :** We live in a busy world. Time gets away from us and our quality time with God is pushed aside. It doesn't matter who you are, at some point, we all struggle with our faith. It may be a struggle with illness, a family or personal problem or simply a gap in your relationship with God. It's always good to reconnect. Through Jesus Christ, God offers a reconnection. God offers each of us the opportunity to repent of our sin and have a reconciled, restored relationship with Him now and forevermore. It's a full coverage plan that's paid in advance in full, by Christ. God allows us all to restart our lives over again. This doesn't mean we are free from the consequences of our mistakes or that of others who have hurt us. God can forgive us, however, and help us to start all over. As 2 Corinthians 4:8-9 says, "We are pressed on every side by troubles, but we are not crushed. We are perplexed, but not driven to despair. We are hunted down, but never abandoned by God. We get knocked down, but we are not destroyed."

I wish all the readers to rethink and reinvestigate of the lives personally before entering into another year of grace, so as to stay blessed with the divine love and divine mercy that comes from our heavenly Father. I wish everyone a blessed new year with abundance of joy and peace. May God bless you! 🙏



# ABIDE IN HIM ALWAYS

**I**t has been 2 years since we are under challenges and uncertainties due to Pandemic. But the wonderful thing is that the hands of God can be seen in different ways. God turns the challenges into a reality of spiritual relationship with him and touches many lives. Indeed, God is always in control of all situations. Since he has all the solution and remedy for all life's challenges, staying constant connection will help us to find solution in whatever circumstances we are encountering with on a daily basis.

To Abide in the Lord means that we continually receive, believe and trust that Jesus is the answer for everything. Abiding can be described as choosing to live with him, walk in his pathways, to be attentive and listen to what He has to say to us and reflect his love. Jesus is asking his followers to stay in constant relationship with him.

Some of the important points to stay connected or abiding in Jesus are:

1. Love - Love the Lord with all your heart, and with all your soul, all your mind and all your strength (Mark 12:30)
2. Communication through prayer, Bible reading, meditation, praise & worship
3. Committed to walk with the Lord – He walks with me and talks with me along life's narrow way (SASB 847)

4. Trust and Faith- Trust in the Lord with all your heart and do not lean on your own understanding (Proverbs 3:5,6). Faith pleases God (Hebrew 11:3)

5. Disconnect from what is not good for building deeper relationship with God. Let us allow God to prune us, cut off the branches that does not bear fruit, that even entangles us to grow and bear more fruits.

Love the Lord with all your heart, and with all your soul, all your mind and all your strength

Our God is a God of relationship. He wants to walk, talk, and communicate with his people. This is evident from the very beginning in the garden of Eden, God always wanted to spend time with Eve & Adam to talk and walk with them – nothing but to build intimate relationship with them. He not only wants to

build relationship and go away and leave it to them, He also wants to maintain a continuing relationship that is growing stronger each day. The Bible tells us that Enoch walked with God (Genesis 5:21-24), Mary chose listening to the word of Jesus over helping her sister Martha (Luke 10:38-42) which was appreciated, Daniel prayed 3 times a day (Daniel 6:10) and David praised 7 times a day (Psalm 119:164). Personal relationship with God is just like a relationship with anyone else in our life it is all about fellowship, love and trust between God and me. It is about knowing him and to be known by him. Jesus says that we cannot bear fruit unless we abide in him, Jesus the vine. He




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further tells us that without him we can do nothing. But we see the wonderful promise in John 15:7- 'if you remain in me and my words remain in you, ask whatever you wish, and it will be done for you'.

As we are journeying to the year of 2022 let us continue to abide in him, let us not get frustrated about our future but rather abide in God who holds our future. He is always able to carry us through in whatever situation we may face along the way. Let us all be mindful that – our relationship with others is the reflection of our relationship with God.

In him abiding, my all confiding  
To the care of love divine;  
His word believing, new life receiving  
As the branches from the vine;  
His glory showing, I'm daily growing,  
While the rays of Heaven shine,  
And I am singing, for joy is springing  
From this happy heart of mine.

Albert Osborn (SASB 651) 

As the new year renews all the happiness  
and good tidings, hope the joyful spirit keeps  
glowing in your heart forever!  
Happy New Year!



**Colonel Annamma Simon**  
Secretary for Women Development  
India National Office, Kolkata

# BE ROOTED IN CHRIST— A CHALLENGE FOR THE NEW YEAR!

## **Being rooted is a commitment:**

When a person accepts Jesus as personal Savior, he affirms that he would take the life of Christ to be followed and he sets Christ as the base of his life, on which he tries to get rooted. In a theological sense, the faith must be rooted strongly in Christ as a result of the commitment. Just as a tree needs deep roots to withstand the storms and droughts, so do we need to be deeply rooted in faith. Faith in Christ can sustain and protect you through any trial, yet too often we haven't first grown deep roots in that faith. When the storms come, we are tossed about and wonder what good is our faith anyway. "Therefore, as you have received Christ Jesus the Lord, so walk in him, having been firmly rooted and now being built up in him and established in your faith, just as you were instructed, and overflowing with gratitude." Colossians 2:6-7. The commitment involved receiving him amidst the adverse situations. It involved to receive the instruction and to put on practice. This commitment demands not to be conformed to this world.

## **Being rooted is a relationship:**

In John 15, Jesus illustrates a need for us, as his followers: "Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing." To be rooted in Jesus is to deepen a strong relationship. To be a rotten-Christian is more than believing that God exists; it's more than living a morally acceptable life; it's even more than having correct ideas or doctrines about God. Being a person rooted in Christ is living in a close relationship with Jesus. It is drawing our strength from him when we grow weary, it is crying out to him when our hearts are heavy, it is being fully satisfied in him, knowing that he meets our deepest needs, and satisfies our greatest longings. When we respond to the gospel in faith, God assures us that we are spiritually joined to Jesus, so that we may indeed abide in him! But like any relationship, we may not sit passively and expect the relationship to thrive. Abiding in Christ requires us to

cultivate and develop our walk with him, so that we may grow as Christians.

## **Being rooted is a day-to-day exercise:**

The more you go inner, the outer gets stronger, and such getting into deeper should regularly happen. The Spiritual Exercises are a compilation of meditations, prayers, and contemplative practices to help people deepen their relationship with God. A plant gains an established root system with time. It happens as a plant matures. It does not happen overnight. Our root is our foundation. It's what everything else is built on. Deep roots will give us a strong foundation to withstand the elements, the trials, and challenges of life, which are prone to affect the growth from time to time.

Day by day, even moment by moment, we need to live the plant life, that is, we need to be intimately connected to the Lord and send roots deep down in Him to absorb His riches into our being. We do this by spending adequate time with the Lord especially in the morning, and also throughout the day; when we set aside times all throughout the day to be with the Lord, contact Him, pray over His word, and fellowship with Him, we send roots down in Him, and we absorb His riches. This will cause us to have a metabolic change which will also manifest in an exterior change in our behavior and attitude; we will look more and more like Christ, and our living will become more and more the living of Christ for the building up of the Body of Christ. On a daily basis we need to grow downward, sending roots deep down in Christ, and then we will grow upwards, bearing fruit and having a certain manifestation of Christ.

At this new year, this is a challenge to all of us. How are our roots in Christ? Are they weak to get bent when calamities affect? Are they strong to withhold any storm that might face bravely? Your root in Christ defines your life in Christ. May all of us get strengthened in our roots in Christ to be able to receive His blessings not only this new year, but every moment of our lives. I wish all the readers a happy and prosperous new year. ☺

**A**fter we have occupied the quarters meant for the national office leaders, I saw there is a lovely guava fruit tree planted in an old bathtub, whose life would approximately be more than 5 years. I stared watching it every evening while enjoying its fruits, which are very tasty and sweet. I noticed that its roots have been very strong, and they adjusted within the tub, without affecting its growth. I was amazed of its growth despite the unnatural conditions growing in a tub. I learnt that its fine production of fruits or its progress is only the result of its strong roots.

We are entering into another new year, and there must be some progress daily to be seen in our lives, particularly as Christians. For Christians every day is a new year, because everyday we put on new nature of Christ leaving the world and its impacts out of our way. In order to make the newness visible on a regular basis, what should be the base? When we see plants, trees, often their growth is directly linked with their roots. The more the roots go, the stronger they grow. Dictionary.com defines rooted as firmly implanted. Thayer's Greek Lexicon describes being rooted as "to render firm, to fix, establish, cause a person or a thing to be thoroughly grounded". So, what does be rooted mean? When I think of being rooted, it reminds me to hold on or to be planted, even in extreme circumstances or conditions. The strong roots of the tree are the foundation and allow the tree to grow tall and strong. The roots provide the foundation for the tree to grow and provide the necessary nutrients through the soil that the tree needs to grow and to eventually produce fruit. The key of bearing fruit is establishing strong roots in Jesus Christ.



# NEW YEAR — A PERFECT TIME OF RENEWAL



**Lieut Colonel Stalin Masilamani**  
Chief Secretary, India Central Territory

**T**he last two years were the unexpected, filled with uncertainties and tensions. We started them with high expectations with the hope that the achievements in the year would surpass that of the previous year. Before we could settle down for business the news of the emergence of the Covid'19 continued to hit the nations with different versions and variants. The outcomes of the pandemic have adversely affected us. Many lives were lost all over the globe. A lot of jobs and businesses were also affected resulting in untold hardship in the lives of the people, making the economy totally upside down.

However, we give God glory because we are still able to feel His presence and grace. We saw the faithfulness of God, His presence and power in our midst, was not in doubt. This reaffirms the scripture that says "It is of the LORD's mercies that we are not consumed because his compassions fail not. They are new every morning: great is thy faithfulness." (Lamentations 3:22,23)

As we begin a new year, we are not sure what the year has kept for us, but we need to think ahead and prepare ourselves to be able to see God's will in our lives. A new year is a time where we can reflect, plan, resolve, inspect ourselves. If I must sum it up, "Renewal" is the best word. The need for renewal is crucial to the attitude with which we approach the coming year despite the challenges we have faced. We learn that renewal is process using the principles of putting off and putting on. As we contemplate the thought for the need of the renewal during this happy occasion, how can we renew and in what areas renewal needed.

## Renew the Spiritual Journey

The dictionary defines "renewal" as an instance of resuming something after an interruption or the replacement or repair of something. When something is renewed, restored, or resurrected, it's never the same as it was before. "Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come." (2 Corinthians 5:17) Our longing for renewal is sometimes actually a longing for what was. We want things to go back to the way they were before. Our God is a God of renewal. It's His heart for all of us. His desire for us is

better than what we've experienced so far. He has more for us, far beyond what we can imagine (Ephesians 3:20). It happens by the Spirit of God, yet it requires something of us, too. God has His part, but we have our part. I would like to highlight few thoughts how we can actually renew spiritually. Spiritual Renewal happens when we confess our Sins. It happens when we learn to know Jesus and become like Him. When we obey God, we will be renewed within ourselves. Very truly, the spiritual renewal happens when we wait on the Lord, and we need to remember this truth that not only in the new year that our spiritual journey must be taken place with God, but on a day to day basis.

## Renew the Mind

I want to focus on the phrase in Romans 12:2 "by the renewal of your mind." Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect." We are perfectly useless as Christ-exalting Christians if all we do is conform to the world around us. And the key to not wasting our lives with this kind of success and prosperity, Paul says, is being transformed. "Do not be conformed to this world, but be transformed." God doesn't want you to think like the world thinks. His word is life and health, full of promises, abundance, healing, and deliverance. This is the life He wants for you. He wants you to change the way you think so you can access everything He has for you. His word is the key to overcome the devil and to live a successful life. He wants to teach you through His word how to deal with life and everything in it. By replacing the old way of thinking with the Word of God, you will be more like our Heavenly Father. Let us renew our minds by replacing the old nature with new way of God focussed life based on the Holy scriptures.

## Renew the Fellowship with God

Do you find yourself asking "What happened to my relationship with God? Where did it go?" Or maybe it's just not the same anymore. Maybe your relationship with God has become formal, or just about "asking for" and "thanking because", but the aspect of friendship has become stale. Then maybe it's time for renewal. If we neglect our relationship with God, soon our naturally sinful human nature begins taking ground until we are dominated by it, becoming an

uninhabitable temple for the Holy Spirit. Fellowship is the most important thing God wants from us. He wants us to come to know him – to be with him – to spend time with him. Jesus set an example for us when he slowed the pace of his life to spend time with the Father. He knew the importance of quiet moments. He often went into the mountains to pray. The more mature we become in our relationship with God, the more important this quiet time with God becomes. We look forward to being alone with him. We realize we need to listen to him for comfort and direction in our lives. Maybe you need to strengthen your relationship with God, and I encourage to take time to check within yourself, where this bond is missing.

## Renew the Commitment

One of the key pillars of the spiritual health is the level of spiritual commitment to the family, community, and church. Spiritual commitment reflects a personal depth of faith and is manifested in both attitudes and behaviours. This commitment must be renewed towards the God's kingdom. Unless the committed members offer their committed services, the Church can not grow. The plan of God rescuing the perished will not be successful. Every believer is responsible to see that continued momentum takes place for the mission of God to flow uninterrupted. The Corps, the congregations must renew their commitment by means of corporate prayers, and by means of free giving. Every soldier must think about their commitment to their corps, and through which the next level of every God's initiative takes place. Be strong in your commitment.

As we step into this new year, may we pause for a moment and think ourselves where the renewal is required for us to journey through with God. Let our renewed spirits grow stronger and stronger. My wife Lieut Colonel Kezial joins with me in offering our warm greetings for a blessed New Year. ☺



**Commissioner Mohan Masih (Rtd.)**  
India Northern Territory

# REVIEW-RENEW-NEW

becomes young again and lives about another happy 30 years. You may question what the eagle (a bird) story has to do with the new year message? This is an example of determination, discipline, painful hard work, patient, hope to achieve the decided goal and finally get it. This is an excellent example of us. If a bird with determination and hard work can achieve seemingly impossible goals as its own. Then how much more we the believers with the help and guidance of the Holy Spirit can achieve follow this eagle's example.

We all want to start the New Year happily, peacefully and to be successful in all our plans. Also, eager to receive all the blessings God has in store for us and our family. This requires almost qualities such as an eagle.

**PLANNING OF OUR LIVES:** We believers must understand and know God has made plan for our lives before we born. For every doubt or proof, we turn to the written word of God, Isaiah testify in his book Isaiah 49:1 "Before I was born The Lord called me.... Jeremiah writes in the beginning of his book where God says Jer. 1:5 before I formed you in the womb, I knew you before you were born, I set you apart....."

This is true our lives are planned by God. Then the following important points should be thoughtfully examined in our lives and make changes where required in daily practical life such as who make our plans, guide the way, to achieve the set goals.

. Instead of sharing my thoughts on these important points, the best thing I think is that we should learn together from the word of God. I would mention only a few verses on each point, for our guidance. You may study and add more for your benefit.

**NOT OUR PLANNING** -We should not make our plans and carry on. -Proverbs.16:9

In his heart a man plans his course but it is the Lord's purpose that prevails GOD's PLANNING FOR OUR LIVES. God has already made the best plans for us, this is very necessary to know that God does not unfold them to each one of us at one go. He may give us some signs or hints in the beginning. But unfolding step by step and reaching to fulfillment all depend on our continued obedience and faithfulness.

**NOT OUR WAYS** the word of God says: Proverbs 14:12 There is a way that seems right to a man, in the end it leads to death. Proverbs 5:21- for a man's ways are in full view of the Lord and He examines all his paths. Job. 34:21

His eyes are on the ways of men, He sees their every step..

**WHAT THE LORD SAYS:** Psalms 32:8. I will instruct you and teach you in the way you should go. I will counsel you and watch over you Isaiah 55:8 For My thoughts are not your thoughts neither are your ways My ways declares the Lord. We should constantly pray and ask the Lord -Psalms 86:11. Teach me your ways, O Lord, and I will walk in your truth.

**OUR GOD HAS PROMISED** Isaiah 58:11 The Lord will guide you always. ...

**LORD'S WAYS IN OUR LIVES:** Isaiah 55:9, as the Heavens are higher in the earth so are my ways higher than your ways and my thoughts than your thoughts. Ps- 32:8. I will instruct you and teach you in the way you should go. I will counsel you and watch over you.


**Promise of God's guidance:** Psalms 32:8 I will instruct you and teach you in the way you should go. I will counsel you and watch over you. Ps: 48:14 For this God is our God for ever and ever, He will be our guide even to the end.

**After considering the above vital points shall we think:** We are Christians (believers and followers of Christ) since one, ten, or more years. So each one of us has experienced our Christian life, Prayerfully and thoughtfully shall we think under which category we fall before we commence the New Year. Then seek the guidance and blessings of the Holy Spirit for the change required.

(1) Am I among those who prepare well, celebrate the New Year joyfully, consider the above points and decide to follow them under God's guidance, but gradually return to the routine life year by year.

(2) Those examine their lives under the guidance of the Holy Spirit then review and renew as God desired for our and other's benefit and finally for God's glory.

Shall we pledge and say Lord I am ready prayerfully to seek your planning in my life and the way should be carried out under the guidance of the Holy Spirit for your glory. Then the Lord says forget the former things, do not dwell on them, see I am doing a new thing. Now it springs up do you not perceive it? Also declare and promise "Do not be afraid my child I will lead the way even to the end, your duty trust and obey" Thank you Lord!

Commissioner Swarni joins me to wish you and yours, God centered and blessed New Year. 

**A**fter a lot of preparations and happy celebrations of Christmas, comes another big event New Year which we are always eager to welcome and joyfully celebrate. In-between comes Watch Night service which is the connecting point (link) between two years. The outgoing becomes the last or past and the incoming the new year. Watch night is not the regular or ordinary night for the Christian community it is observed every year thoughtfully and prayerfully in God's presence. Holy Spirit brings to our remembrance like the film story the events of the whole year which is about to conclude. All happy and sad events, success and failures in our personal, family life or work place. Then we resolve to shun the bad things and pledge to revive and renew the good things. Carefully decide to start new things. At the beginning of the new year we make every effort to see that everything is new or at least looks like new.

Prayerfully I started to write this article. After writing up to here, I sat down to think the verses in the Bible about the renew or new things. Psalm 103:5 came to mind, which says "Who (God) satisfies your desires with good things, so that your youth is renewed like the eagle's. The use of word eagle is mentioned other places also in the Bible such as Isaiah 41:31 those who hope in the Lord will renew their strength. They will soar on wings like eagle's. I was puzzled and could not understand how an eagle can renew her youth when old? I decided to study the word eagle. There are many kinds of eagles in the world, particularly eagle mentioned in the Bible is translated in Hindi okab (okab key nai) The spiritual meaning of this eagle are expansion, strength, a higher perspective, loyalty, the list goes on. The question is how the eagle renews her youth? Study found when the eagle gets old her peak is bent and long it becomes almost useless, her feathers are long but weak to fly high. She goes to a high mountain continue to rub her peak with a stone until it comes to a normal size. Then she starts pulling out her feathers one by one. After that she waits until her new feathers grow. This painful process takes about five months. Then the eagle



# ANOTHER NEW YEAR.....

## THE JOURNEY WITH RENEWED SPIRIT



**Captain Aseervadam Cheeli**

IFAS Training & Deployment Lead-India  
India National Office.

**Y**es, another new year has arrived! And like the previous year, this new 365 days has come with much anticipation, and I am sure by the time this copy reached you either you might be in full swing preparing to celebrate, or you may have already enjoyed the celebration.

Many people begin January 1 with goals, hopes, dreams, and perhaps even a plan of action for all that they would like to accomplish. I recall my student life where I used to plan like anything of my priorities and goals for the new year, and of course, they would usually and eventually unfulfilled or unattended. The possibilities for a new year's list of resolutions are endless. Life goals and resolutions can be a great way to begin a year, so long as a healthy balance is maintained.

What about Christians? For Christians, the start of a new year arrives with reminders afresh of the glorious promises that God has made to his people through the Bible. For Christians—those who have repented of their sin and received Jesus Christ as their Saviour—a new year is a chance for renewed commitments to seek after God and to share the good news of Jesus.

### Reminder of God's continued Grace

In his Book *The Great Omission* Dallas Willard quoted that "Grace is God acting in our life," God's grace to us is his power for living an effective and glorious life every day, and of course every year! It is God acting generously and powerfully, to do for us that we cannot do ourselves. This grace helps us to enjoy the unconditional favour of God that we do not deserve. This saving grace keeps away our old nature to put on new person to be a new creation. There may be many occasions that we might have gone astray or gone away from God, yet this Grace allows us to come near to him, because this grace will never reject or deject anyone. The sanctifying grace of God empowers us with Holy Spirit enabling ourselves to be fit to be in the holy hands of God. This is a time that we recall our shortfalls and deficits where we fail to please God in the past year, that might be

"Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need". Hebrews 4:16

### Opportunity for enhancing the Spiritual Growth


There are many aspects of our lives change and develop as we journey through life. We move through significant physical, cognitive, and psychosocial changes throughout our lives, and these changes happen in a systematic way. Every individual in the society is expected to show some change in their level of understanding, maturity, and behaviour responses as they grow day by day. Some people may not be able to show, because of their mental imbalance or growth. As Christians we must show a day-to-day progress in our spiritual growth. What does spiritual growth mean for the Christ follower? Acts 17:28 answers the question well: "For in him we live and move and have our being." Our essence, belonging, search for meaning, and purpose originate from the Lord as transformed through the person of Jesus Christ and God's infallible and unchanging Word.

The purpose of spiritual growth is summed up well in Romans 12:2 that exhorts us with these powerful words: "Do not conform to the pattern of this world but be transformed by the renewing of your mind. God's truth and purpose transform the soul, spirit, mind, and strength in all of our activities. Spiritual growth is increasingly aligning God's purposes for the world with our own personal testimony. The faith in Lord Jesus Christ plays significant role in our spiritual growth. The strong-rooted faith in Christ demonstrates the high level of spiritual growth.

### Privilege of being a blessing to "OTHERS"

One of the significant characters that every Christian should possess and exhibit is to be a true neighbour. We live in a world that is filled with harshness, put-downs, greed, and a focus on "me", not others. Our sinful

nature makes it easy to get drawn into these voices instead of the voice of God. There might be occasions that spoiled the relationship within the families, communities, or congregations in the previous year, because of our selfish attitude. We receive God's blessing of a life of peace and fulfilment with Him through faith in Jesus—now and for eternity. He also showers us with plentiful spiritual blessings: deep compassion, amazing love, kindness and grace, His forgiveness, the indwelling Holy Spirit, and His multitude of promises. As we are blessed, we are meant to pass them on. Every blessing we have received from God, whether material or spiritual, is to be used for the benefit of others. Ephesians 2:10 tells us we were created anew in Christ Jesus for a purpose: "to do the good things he planned for us long ago." So, in order to be a blessing to others, we need to commit to looking at our world through the eyes of God. We must allow the Holy Spirit's inspiration and conviction to lead us towards using the mind and attitude of Christ which lives inside us. Jesus focused His whole life on blessing others. Let this new year be a privilege to inculcate the mindset of seeing everything in our lives through the lens of His love and care towards us, it changes our perspective, to be a real blessing in the lives of "OTHERS".

As we begin this new year, why can't we make use of this fresh time to see our personal lives and the world we live with a hope that goes according to the plan and will of God. May all our words and deeds reflect Jesus bringing hope, peace and joy wherever we live and whatever we do in this new year, and forever. Once again it is my privilege to wish and greet all the readers a blessed new year. God bless all of us! 

# A LIFE FOR GOD AND ARMY

First of all, I would like to thank Almighty God for giving me this privilege to share my Testimony through our War Cry. I was the 4th of Seven children of the (Late) Brigadier & Mrs. Chintha Sunder Das and Varadanamma of Perlipadu Corps in Bapatla Division. My wife Lieutenant Colonel Ratnavathi Devi is the second child of Sri Gudapati Ananda Rao & Smt. Suvarthamma from Devarapalli village of Guntur district AP.

I Was born in 1941 and I was brought up in Salvation Army Boys hostel Bapatla. After my education, I got Government Job. While I was working as a government teacher in Perlipadu in 1968 I was attended a youth camp in Bapatla, I was caught up in God through Isaiah 6: 8, "Then I heard the Lord say to a servant to whom I would send messages. I replied that I would send. I joined the "UNDAUNTED" session in 1968 as a single Cadet. Lt Colonel Ratnavathi Devi, the first person from the Alluru Corps to become a Cadet in the "VICTORIOUS" session in 1969, was married on May 12, 1970.

**Our Appointments:** After initial appointments as Corps Commanding Officers including Villivalkam, Chennai Central Corps and Bangalore Central Corps. After that, I became the Headmaster of Tissot Sunrise School Bapatla, Girls Hostel Eluru, Nellore Training College FTO, and STO. I have worked as Property Inspector Bapatla, Trade Music, Special Efforts Secretary, and Editor of ICT at THQ.

In 1998 we were promoted to the rank of Lieutenant Colonel and served as Divisional Commander & DDWM, Salvation Army School Gudivada Correspondent and finally H R D Secretary and Home Care Officer in Nidubrolu. I find that I was created for certain human beings to protect in all ways. In 2003, We were Retired from the Active Service.

**Some of the glimpses in my service:** in 1983 I attended SACO Sri Lanka and in 1988 ICO attended 117 sessions in London.

I had attended 1982 SA Centenary Celebrations in Mumbai. And I have attended APCC, NCCI meetings as a delegate on behalf of ICT. I have

represented in many seminars. I grew up with parents who stood in the way of the Army Spirit, and I was instantly active every season holding the Army banner with me wherever I went in every corner I served. Both me and my wife have melodious voices and Countless songs we sang individually. We have been an inspiration and blessing to many and specially to Carols under my leadership... We are simple always cheerful. We know whom we are, where we are, where we come from, and where we are going. So, we have brought a couple of the conditions of the Lord to teach them.

## Unforgettable & historical things in my life:

- 1) I have maintained SA discipline and have never been broken in my life. I kept my salvation and divinity very strong. Everyone adheres to what I teach my children about Army discipline and adheres to Army standards. Throughout my life, I have been committed to leaders in any struggle, financially, physically, and mentally. Now I'm got people who say Colonel Danaiah is meant for Army discipline, Now I am in a satisfactory condition. I have maintained purity in my life. We served in our Army for 37 years.
- 2) I have kept my faith and holiness throughout my life.
- 3) I would not attend any meetings without the Army flag. Reading the Bible, meditating, praying, and associating with God are part of my daily routine.
- 4) While I was working at Tissot Sunrise School as Headmaster many children of the Leprosy people studied are now serving as government officials. I think it is a glory to God.
- 5) While I was working as a government teacher at SA High School in Bapatla some of the students who were educated by me today became SA officers and some teachers at ICT. Ultimately everyone is in good positions and in various responsibilities. Every day we use to conduct Family Prayers at home our Children carefully listens the Word of God. We have dedicated our children for His service. I target them daily family prayers. As a result of our services in this way our four children became officers in various appointments such as Elder Son Major Dani Samuel Raju serving as an Editor of ICT, elder daughter Major K. Varadanamma



**Lt. Colonel Chintha Danaiah (Rtd.)**  
M. R. Nagaram Corps  
Bapatla Division, India Central Territory

serving as Asst Correspondent William Booth Jr College Bapatla, 2nd Son Major Prabhath Kumar serving as in Charge Officer for Trade at Bapatla, 2nd daughter Major J. Mary Catherine serving as Corps Officer at Chennai Central Corps. We were blessed with 11 grandchildren, 5th daughter Mrs. P. Ruth working as a nurse at American Hospital, Vijayawada, Andhara Pradesh. They are studying engineering, medicine, and other secular studies. In 2013 My wife Promoted to Glory. I am staying with my second son and I welcoming all those who come to see me with courage and without hindrance, we have prepared the kingdom of God and taught about the Lord Jesus Christ. And "Israel" advises everyone to pray for peace. God gave us the Bible and our Savior "Hallelujah" through this nation.

We suffered and yet Sustained; Distressed but delivered! Pressed and preserved only in to living a life in the lord; only into living a Christ life out poured!

*"And now, hallelujah! The rest of my days shall gladly be spent in promoting his praise Who opened his bosom to pour out this sea of boundless salvation for you and for me".*  
– General William Booth.

Once again, I am very thankful to Almighty God. This is my Long Way with God. Now I am running 80 years of age. Dear readers I want to emphasize to you all keep your Salvation, Holiness, and army discipline purity until founds God's coming. I request you all kindly pray for my Family. God bless The Salvation Army.

Under the Army Banner 





# HEALTH PROBLEMS IN WINTER SEASON

India is known to have five main seasons namely summer, winter, monsoon, autumn, and the spring. As one season progresses to another, a lot of changes take place. Most of the times our body finds it difficult to adapt to those changes and the results are that we fall sick. However, if we are a little careful and take care of our health at home, we can easily stay away from the seasonal health troubles. At the same time, we need to keep in mind that health care of one season differs from another.

Some of the common winter health issues include flu, common cold, sore throats, whooping cough and respiratory conditions, such as asthma or COPD. Parents should be more careful in protecting their child from the chilly weather. Not only children but elderly people also should be equally careful. Here are reasons why you need check-up.

**Heart Problems Increase with Winter.** Elderly people who already suffer from heart problems should consider going for a check-up in winter. It is one of the commonest winter health facts that heart problems are aggravated when the weather becomes chilly. The cold weather makes the blood vessels contract, which in turn, reduces the amount of blood flow to the heart. This condition may lead to health problems. Experts suggest, people over the age of 30 should avoid exhausting themselves in winter season. Also, do not overeat food during winters and preferably eat in small quantities.

Winter and health care are closely related because the immune system is at high risk during winter. In winters, people prefer to stay cozy and in indoors where they are in contact of several other people; thus, facilitating the speedy and easy transmission of diseases. Moreover, the foggy climate and less sunlight help in the bacterial growth.

The common winter diseases in India are Colds and Flu. Contrary to popular belief, cold and flu symptoms are not a direct result of falling temperatures. A cold is the most common winter illness that keeps children home from school. Symptoms: Stuffy/runny nose, cough, sore throat, sneezing, and mild fever.

Many individuals suffer from bacterial or viral induced cold and flu symptoms resulting from a compromised immune system. In the winter, when temperatures begin to fall, the body naturally begins to work in overdrive to regulate the normal body temperature.

Try to offset this by layering the body in a variety of warm clothes which will help your body in regulating the body temperature. Flu generally gets transmitted through the air in the environment. Yet, keeping yourself shielded from chilling winds is always helpful. The dust, dryness and cold winds in the winter all add to cough symptoms. Having beverages of extreme temperatures also triggers a throat infection. Always wear a helmet or use scarves to protect yourself from the dust while riding two wheelers.

A lot of people with sensitive skin develop itchy during winter. The best way to take care of this is by applying coconut, olive or almond oil every night. Cold temperature with low humidity results in this.

Cold winds sometimes play havoc on your head. Hence, shield yourself with a warm muffler or scarf. If

you drive a two-wheeler in India, invest in a good helmet and a muffler if you want to stay away with persistent headaches during winter.

Congestion, headaches, coughing, running nose as well as post nasal drip symptoms make people feel miserable during winters. Sinus problems occur when homes are closed and there is no proper ventilation. To stay clear of sinusitis this season, make sure you get enough rest, eat healthy, drink plenty of fluids and avoid dust.

**Influenza (Flu) Symptoms:** Muscle aches, fever, headache, fatigue, dry cough, runny nose, and sore throat. Flu vaccinations are available in the fall and can help prevent this viral infection that lasts from 3 to 7 days.

Croup is a viral infection that can last for 1 week. Croup refers to an infection of the upper airway, which obstructs breathing and causes a characteristic barking cough. The cough and other signs and symptoms of croup are the result of swelling around the voice box (larynx), windpipe (trachea) and bronchial tubes (bronchi). Symptoms: Barking cough and hoarseness with fever and runny nose.

**Pneumonia** A lung infection caused by a virus or bacteria that can last for 2 to 3 weeks. Bacterial pneumonia can be treated with antibiotics. Symptoms: A cough with yellow or green mucus, chest pain, chills, high fever, and rapid breathing. Symptoms can come on rapidly.

There is no scientific evidence to joint pains in winter season but there are many people who do suffer from the pain in winter. One of the most common remedies to get relief from joint pains is keeping yourselves and your feet warm. Also, wear two or three pairs of thin clothing instead of one pair of heavy warm clothes. Exercising is another way to get rid of all joint and muscle stiffness during winter time without overdoing it. Basking in the sun is also a great way to get rid of the joint aches.

## Prevention of Winter Illnesses

Be sure to keep nasal suction, saline drops, humidifiers, pain relievers, and vapor rubs handy. Sanitize doorknobs, toys and commonly used surface areas to prevent germs from spreading.

**Fever:** Administer acetaminophen (Tylenol) or ibuprofen (Motrin) based on the dosage provided by your pediatrician.

**Stuffy nose and cough:** Vaporizers can help your child sleep better at night by loosening up the mucus in their lungs and nose. Vapor rubs and saline drops can also alleviate symptoms.

**Sore throat:** A teaspoon of honey can help children over 12 months of age. For older children, gargling warm salty water is a quick and easy remedy.

washing hands frequently Reducing the risk of common winter illnesses always begins and ends with washing hands frequently. When you're on the go, sanitizing gels, tissues and wipes are great to keep in your car or diaper bag. Also, teach children to cough or sneeze in a tissue or the crook of their elbow early on to establish healthy habits. Don't forget to sanitize toys weekly with soapy water or sanitizing spray. This



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India South Western Territory

is a good way to keep you and your family healthy all winter long.

**Healthy Diet or Food:** Eating a well-balanced diet including whole grains, lean meats, fish, poultry, legumes, nuts and seeds, herbs and spices as well as plenty of fresh fruits and vegetables are essential to the boost immune system. We can also have an optimum intake of foods rich in vitamin C, as it helps to strengthen our immune system and to keep our body healthy.

**Exercise:** physical activity is an important aspect to keep one fit throughout the winter. Daily routine of yoga or any form of physical activity will help to keep you warm and boosts the immune system improving defence against seasonal ailments like flu and colds.

**Care of Skin** Damaged skin is one of the perils of winter. Cold weather damages skin resulting in dry, and itchy skin, chapped lips, and cracked heels. Skin care in winter is a must include moisturising, applying sun protection creams and increasing intake of water.

**Water:** Drink required amount of water every day and stay hydrated. Water helps to clean our system and remove toxins, carry nutrients to the body cells and help balance body fluid.

**Sleep:** A good amount of sleep helps to keep the body's immune system healthy, eliminates stress hormone cortisol and burns calories. Sleep is non-negotiable factor for maintaining good health.

**Hygiene:** Maintain good hygiene, wash hands to keep the bacteria and viruses to stop spreads of germs.

**Quit Smoking:** Smoking makes individual susceptible towards respiratory infections in winter hence one should quit smoking.

**Vitamin D** Go outdoor and soak in the warm sun, our body requires vitamin D - which is essential for maintaining health and immunity, Vitamin D is also required to regulate the mood.

**Clothing:** Wear woollen clothes to keep you warm when you go out.

Now is the time to think about winter season health prevention, only if you want to avoid being sick and to avoid antibiotics and other drugs, follow above mentioned tips to have safe and a healthy winter.



# O GOD, OUR HELP IN AGES PAST

## 'This is the Story..... , This is the Song'

"Our God, Our Help in Ages Past" is a hymn by Isaac Watts in 1708 that paraphrases the 90th Psalm of the Book of Psalms. It originally consisted of nine stanzas; however, in present usage the fourth, sixth, and eighth stanzas are commonly omitted to leave a total of six (Methodist books also include the original sixth stanza to leave a total of seven). In 1738, John Wesley in his hymnal, *Psalms and Hymns*, changed the first line of the text from "Our God" to "O God". Both Watts' wording and Wesley's rewording remain in current use.

Isaac Watts (17 July 1674 – 25 November 1748) was an English Congregational minister, hymn writer, theologian, and logician. He was a prolific and popular hymn writer and is credited with some 750 hymns. His works include "When I Survey the Wondrous Cross", "Joy to the World", and "Our God, Our Help in Ages Past". He is recognized as the "Godfather of English Hymnody"; many of his hymns remain in use today and have been translated into numerous languages. The hymn was originally part of *The Psalms of David Imitated in the Language of the New Testament*, published by Watts in 1719. In this book he paraphrased in Christian verse the entire psalter with the exception of twelve Psalms which he felt were unsuited for Christian usage.

The hymn is often sung as part of the Remembrance Day service in Canada and on similar occasions in the United Kingdom, including at the annual Remembrance Sunday service at the Cenotaph in London.

The hymn tune "St. Anne" to which the text is most often sung was composed by William Croft in 1708 whilst he was the organist of St Anne's Church, Soho: hence the name of the tune. It first appeared anonymously in the *Supplement to the New Version of the Psalms*, 6th edition in 1708. It was originally intended to be used with a version of Psalm 62. It was

**O God, our help in ages past (ESB 47)**

Isaac Watts (1674 - 1748)      Tune: St. Ann      William Croft (1678 - 1727)


O God our help in ag - es past, Our hope for years to come, Our  
shel - ter from the stor - my blast, And our e - ter - nal Home

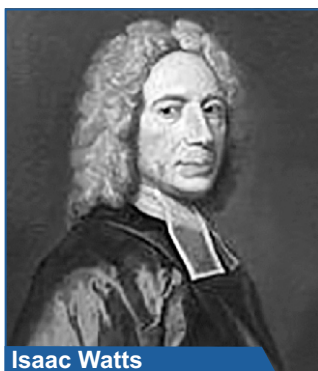
not until sometime later when set to Watts' text that the tune gained recognition.

Later composers subsequently incorporated the tune in their own works.

church administrator and organist of St Mary's in Lübeck in north Germany, used the same first line of the hymn tune as theme for the (first) fugue of his *Praeludium-pedaliter* in E major for organ.

Arthur Sullivan uses the tune in the first and last sections of his *Festival Te Deum*, first in a relatively standard setting, but eventually pairing it with a military march accompaniment. The American composer Carl Ruggles (1876–1971) used the text in his last composition, "Exaltation" in 1958, in memory of his wife Charlotte who had died the previous year. The hymn and words are also featured in Vaughan Williams's anthem "Lord, thou hast been our refuge", using both the Book of

Common Prayer's words and those of Watts. Brother Colin Smith also arranged a setting of this hymn. 



Isaac Watts



William Croft

For example, George Handel used the tune in an anthem entitled, "O Praise the Lord". J. S. Bach's Fugue in E-flat major BWV 552 is often called the "St. Anne" in the English-speaking world, because of the similarity of its subject to the first line of the hymn tune, though there is some debate as to whether Bach used the actual tune after hearing it, or coincidentally created himself the very similar tune used as the fugal theme. Young Bach's inspirator and mentor Dieterich Buxtehude,

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# THE WAR CRY

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## Our Mission

"The Salvation Army is an international movement, a part of the Christian Church whose spiritual motivation has practical application in an evangelical, social, educational and health ministry.

It's goal is to help all people find fulness of life in a relationship with the living Christ discovered through the scriptures and demonstrated by holy living in peace and harmony with others."

# Hello, youth!



I am extremely happy to share the love of Jesus, he has for the youth. Being a youth is one of the most important phases of our life. We must go through many challenges and circumstances. We face a lot of fear and anxieties in our life. As a youth we have a lot of burden in our life. But it's Jesus who always guides us. We are nothing without the love of our Jesus Christ.

When I was 7 years old my parents admitted me in an English medium school which was more than 55 kilometres away from my home. I used to live in a hostel which was very near to the school. I was far away from my parents. But I was near to God. Every morning when I used to get up the first thing which I used to do was "TO READ MY BIBLE AND PRAY" because reading Bible everyday used to motivate and strengthens me. My Parents always taught me to put God first before anything I do. In my prayer I used to ask God to grant me strength, wisdom, and knowledge.

This verse from the bible motivated me a lot "I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME" (Philippians 4:13).

It's absolutely true that through Christ all things are possible. We are nothing without the love of our Christ. When we are weak, Jesus strengthens us. He is always there to guide us. We may get betrayed by our best friend, but Jesus will never betray you. He is always there for you. If you pray to him anytime and from anywhere, he will definitely listen to your prayers. He will bless

you and will remove all your fear and anxieties. He will fill your life with enthusiasm. He will show you the right path and protect you from bad things.

I consider Jesus as my greatest motivator because he is the living God who has the solution for every problem. If a young person wants to do something great in life, he needs a good motivation. When you feel alone or tensed about your future just read your Bible and pray because it will fill you with courage.

As the verse from the Bible says:

"I've commanded you to be strong and brave. Don't ever be afraid or discouraged. I am the Lord your God and I will be there to help you wherever you go" (Joshua 1:9)

That's the beauty of Bible. There is a lot of motivating verses which encourages youth for their future. Many of you have lot of dreams in your life. You have certain goals in your life which you want to achieve. Just keep trust in God and pray he will help you to achieve your goals.

Dear youth have courage, God will bless you abundantly!!



**Simon Romi Hembrom**  
Kolkata, India Northern Territory

## PERSONAL SPIRITUAL RETREAT FOR YOUNG GIRLS, ISET

**P**ersonal & Spiritual Retreat for Young Girls with the theme: "The Born Identity" was conducted by Major Santhi Babu, Divisional Director of Women's Ministries, Nagercoil Division at the Salvation Army, Seashore Retreat Centre, Muttom on 5th November 2021.

Selected 73 young girls of the division came together to have fellowship in the presence of Jesus. As chief guest, Commissioner Mani Kumari Dasari, TPWM was invited to speak to the girls while Commissioner John Kumar Dasari as the Guest of Honour for spiritual nourishment of the girls.

Commissioner Mani Kumari Dasari encouraged the girls with her presentation 'Biblical Based Application for Daily Life' which offered spiritual yet practical tips to apply in an individual young girl's daily life to keep it pure and success.

Mrs. Jansi Leela, Social Activist, presented 'Self & Social Media' - and Mrs. Caroline Christopher, Associate Professor, CBH, Nagercoil, encouraged the girls through her presentation 'Raising Self Image - Esteem - Self Confidence.

Mr. Christopher, IT, explained about 'Settings &



- Safety: Social Media.'

Major Babu Samraj, D.C, led the final meeting Commissioner John Kumar Dasari, T.C inspired & encouraged all the young girls through the scriptures. He gave an example the virgins and their purity, Jephthah's daughter, Deena, Phillip's daughters, and Mary the mother of Jesus.

All the girls lit their candles, knelt with reverence, and signed the pledge cards at the mercy seat as their dedication. Prayer offered

by T.C and He blessed the young girls by keeping them in the encircled arms of women officers.

The young girls at last were led to seashore prayer walk to enjoy the fellowship through exchange of prayers with their prayer partners. Girls involved in the group discussions, sharing experience, activities, praise & worship, thanksgiving, prayer walk, fun, and fellowship.

**Major Santhi Babu**  
Divisional Director of Women's Ministries  
Nagercoil Division  
India South-Eastern Territory

## SOCIAL ISSUES SEMINAR FOR COLLEGE FOR OFFICER TRAINING, ISWT

**S**ocial Issues seminar, organized by Women's Ministries, was held at College For Officers Training on 8th November 2021 and conducted by Lieut. Colonel Rajam Daniel, Territorial Secretary for Women's Ministries. Major Alice



Jose, Education Officer opened the gathering with a welcome address. Lieut. Colonel Rajam Daniel shared the Word of God through the morning devotion based on 'creation'. She quoted "for we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do" (Ephesians 2:10) and constantly reminded that "our body is a tabernacle". The first session (9.15 am - 12.30 pm) commenced with the lecture delivered by Lieut. Colonel Rajam Daniel on the topic community, followed by two lectures on anti-human trafficking and modern slavery and social issues among girls and women by Major Shney Titus, Territorial Anti- Human Trafficking co-ordinator and

Major Beena Ebenezar, Social Service Secretary, respectively.

The second session began, after lunch, with discussion. Cadets were divided into three groups and presented their observations. Cadet Suby Mary John represented the first group and gave a brief account on community and how to overcome issues in communities by introducing four Rs as panacea( Realize- know your community, realize their needs; Recognize - recognize the issues through proper education; Rectify- identify the root cause and rectify it; Relate- empathize with people experiencing stress and post-traumatic problems and aid the victims with care and support) Cadet Sabinmon P S, representative of the second group,

reflected on modern slavery and human trafficking, reasons for such evil practices, works of Jesus Christ against slavery and His concern for the oppressed and response of The Salvation Army to this grave subject. Cadet Sanal Sajeev, from the third group, commented on social issues and the responsibilities of every soldier to alter it. Dr. Sobha Sagar, Senior Surgeon, General Hospital, Thiruvananthapuram, delivered a lecture on 'reproductive Health', thenceforth Lieut. Colonel Sonia Jacob, Territorial Development Secretary and Child Protection Officer, discussed the topic Child Protection. Cadet Sam P Varghese, Cadet Gisele Stephen, Cadet Sabinmon P S, Cadet Sunil Jose shared their experiences.

The seminar was concluded effectively with evening devotion led by Lieut Colonel Snehadheepam Saju, Women Development Officer, based on II Timothy 1:6. She reminded that everyone should fan into flame the gifts of God. The seminar was blessed with the presence of Major Jose P Mathew, Training Principal and all the training staff. Thanking God Almighty for all the blessings, Territorial Leaders for providing the opportunity and College For Officer Training for the wonderful hosting of the event.

**Cadet Gisele Stephen**  
India South-Western Territory



# DIVISIONAL DIRECTOR OF WOMEN MINISTRIES SEMINAR 27-29 SEPTEMBER 2021

**Theme: Bloom where you are planted (Jeremiah 29:5-7)**

**I**t was first time during this season to be gathered DDWM's Seminar 27-29 September 2021 conducted by our beloved Colonel Baby Sarojini Dasari Territorial President of Women Ministries supported by Lt. Colonel Ruth Mahida TSWM & women ministries team from THQ, New Delhi.

27, September 2021 The key note address and welcome to the delegates was conducted by our TPWM Colonel Sarojini Dasari. Theme of seminar was described by TPWM "Bloom where you are planted Jeremiah 29: 5-7. This morning was started with devotion of Lt. Colonel Ruth Mahida TSWM.

**Bible Study:** Hosea 1: 1-11 was conducted by our TPWM and it was so much detailed and expressed in such a way so that each of delegates was blessed.

Advocate Priyanka has given teaching about women and girls rights as per the constitution of our country and how they need to avail each of the rights as per the law of the land.

Mrs. Meenu Paul Nursing Superintendent has given a lecture about women's health issues, she talked about the health facilities available for women and girls as per the government. How to regular and constant check about your health and every issue women and girls face in this world.

**Women self-security:** Colonel Baby Sarojini TPWM has shared about the women and their security and how to protect ourselves from miss happening. What is prevention needs to be known by women in this community.

28, September 2021 Morning Devotion led by Lt. Colonel Raniphulla Pradhan THLS and then after Major Anita Massey spoke about Anti Human Trafficking & Menstrual hygiene.

**Women Leaders & Fund rising:** Lt. Colonel Ruth Mahida TSWM given a challenge to all the women to develop women leaders and be a fund rising leader wherever you are appointed, don't wait for bigger opportunity.

South Asia Zonal meeting with



Commissioner Roseline Peddle World President of Women Ministries and ZSWM Commissioner Martha Pawar. There were questions from each Territory of South Asia Zone and WPWM Commissioner Roseline Peddle has given very appropriate and suitable answer for each of the question arisen by women ministries.

Major Anugrah Amrik Masih International Social Justice Commission and its activities were told to all the delegates and how do we raise our voice against the injustice happening around all our communities where we are working.

Lt. Colonel Mohinder Kaur Territorial League of Mercy Secretary led the evening devotion and delegates were blessed to have a meet with World leaders of the Salvation Army.

On dated 29, September 2021 Morning devotion led by Major Sheela Masih DDWM Amritsar Division & Major Goldi Emmanuel Masih Territorial Women Development Officer spoke about the women development, she expressed that each of our area need to develop, spiritual, emotional, physical, financial, education and economical. We are in such a developing world and each day there are development in various areas and need to develop ourselves as per that.

**Reports of Work:** All the DDWM's have presented their work report, which were so encouraging and blessed and TPWM Colonel Baby Sarojini Dasari has encouraged all the women leaders to fully equip in your own work.

**Women Self Defense and current issues:** Mrs. Seema Inspector of Police from

Gurdaspur spoke about it and given so much details of each issue at present happening with women and girls and there are protections by law and women and girls needs to be aware about all those laws.

Office 365 Mrs. Seema IT Coordinator from THQ given training to all the women officers and how to use the technology in this modern age also been expressed.

20 Desktops - The Territorial President of Women Ministries Colonel Sarojini Dasari handed over 20 desktops to all the DDWM's for the office use and it is great achievement from the Women Ministries under able leadership TPWM made available funding and moved women in this digital world to help the women ministries to stay connected.

Plant Distribution; The theme of seminar was perfectly designed and plants were given to all the delegates which are reflection of the theme "bloom where are you planted. Major Kawalpreet W. Masih made it available for each of delegates to receive plants.

Closing devotion led by Colonel Baby Sarojini TPWM and delegates were so much blessed to have such a wonderful seminar at Mac-Robert Hospital Dhariwal, Punjab. We all were blessed and happy to return and bloom ourselves wherever we are planted.

God Bless our Women Ministries. 

**Lieut. Colonel Ruth Mahida**  
TSWM, India Northern Territory



# THE SALVATION ARMY CATHERINE BOOTH COLLEGE OF NURSING



The Salvation Army Catherine Booth College of Nursing India South-Eastern Territory was established in the year 2012 with the motto of "Learn to Serve" in honor of Catherine Booth, "Mother of the Salvation Army." The college had its humble beginning at one of the very old ward of Catherine Booth Hospital. The College of nursing is affiliated with the Tamil Nadu Dr. M. G. R. Medical University, Chennai and is recognized by the Tamil Nadu Nurses and Midwives Council, Chennai and the Indian Nursing Council, New Delhi.

The College of Nursing is governed by the Management Board under the dynamic Chairmanship of Commissioner John Kumar Dasari and Major Glory Kannan is the Spiritual Care Officer, there are full time and part time teaching faculties and non-teaching staff working in the college with appropriate

educational credentials and experience. Annually 200 students are imparted comprehensive teaching through didactic lectures, hands on training, explicit clinical trainings, and community field trainings. The students were offered with a well-equipped library which consists of more than 3000 nursing books, reference books, journals, encyclopedias, dictionaries, and directories.

So far 5 batches of students comprising of 50 students in each batch have passed out from the College of Nursing. They have started to work in various hospitals in India as well as abroad. The college had launched alumni association with the purpose of creating an impact on the lives of the nursing students.

Towards Career Guidance higher education and employment opportunities had been facilitated by giving career orientation sessions, guidance to admissions to other universities, personal counseling and placement drives.

The fourth graduation for 2015 and 2016 batches and Ninth lamp lighting ceremony was

conducted on 22nd October 2021 at 10 Am. The program started with academic procession of the dignitaries, graduates and fresher's. The Invocation started with prayer by Lieut. Colonel Arul Dhas, Program Administration, ISET. Mr. Benjamin Dhaya, Correspondent, TSACBCON welcomed the guests and gathering. The Ceremonial lamp was lit by Colonel Mani Kumari Dasari, TPWM, ISET along with the other dignitaries on the dais.

Colonel John Kumar Dasari, Territorial Commander, ISET conveyed the presidential address. The gathering was felicitated by Lieut. Colonel Davidson Varghese, Chief Secretary ISET, Professor Dr. T. Angel Priya, Principal, TSACBCON offered a preface about the chief guests. The Chief Guest address was delivered by Prof. Dr. B. Thiruvassagamani, Dean, Kanyakumari Government Medical College Hospital Asaripallam and distributed the Degree certificate for the students.

The best Academic Performance Awards, best Clinical Nurse Award, Best Outgoing student Award. In addition to this the College of Nursing Students appreciated with prizes for winning various state level competitions that they have won. The faculties were awarded for achieving centum results in various subjects. The students performed cultural activities finally the program came to an end with National Anthem. 🇮🇳

**G. Benjamin Dhaya**  
Correspondent  
India South-Eastern Territory

## VISIT OF ZONAL LEADERS TO INDIA NATIONAL OFFICE

It was a pleasant occasion to have Commissioners Suresh & Martha Pawar, the Zonal International Leaders at the India National office during 18-20th November 2021. Though it was a short stay, the impact the leaders left behind was magnificent, bringing and filling all the officers and staffs of National office with divine blessings.

It was a time of personal spiritual renewal for everyone during the spiritual meeting led by the Zonal International Leaders. The message based on the Proverbs 3:22, inspired all the officers and staff to rethink of their name, their call, and their impression in the community. Commissioner Suresh Pawar encouraged the team to focus on Christ that whatever their serve must bring God the glory. He motivated through his godly words to stay connected to Jesus that their lives would resemble in all actions and deeds. The inspiring testimonies shared by Commissioner Nu-I, and Colonel Annamma Simon, persuaded the officers to be faithful in ministry and service that God be glorified

through them. Later, the Commissioners spent a quality time with the officers on an individual basis, enquiring of their concerns and needs required to fulfil their roles. This conversation revived the hearts of the staffs that they could share their vision and thoughts for the promotion of ministry through their specific roles. The team also had a good time of fellowship meal with the Commissioners bringing unity and harmony with one accord.

Overall, the Commissioners visit was very much supportive to the National Office team resulting a good spirit among the officers and staffs to work for God more diligently and



enthusiastically. The readers are requested to continue the prayers for the National office team, to serve better for the Indian territories. 🇮🇳

**Captain Aseervadam Cheeli**  
IFAS Training & Deployment Lead- India  
Executive Secretary to National Leadership