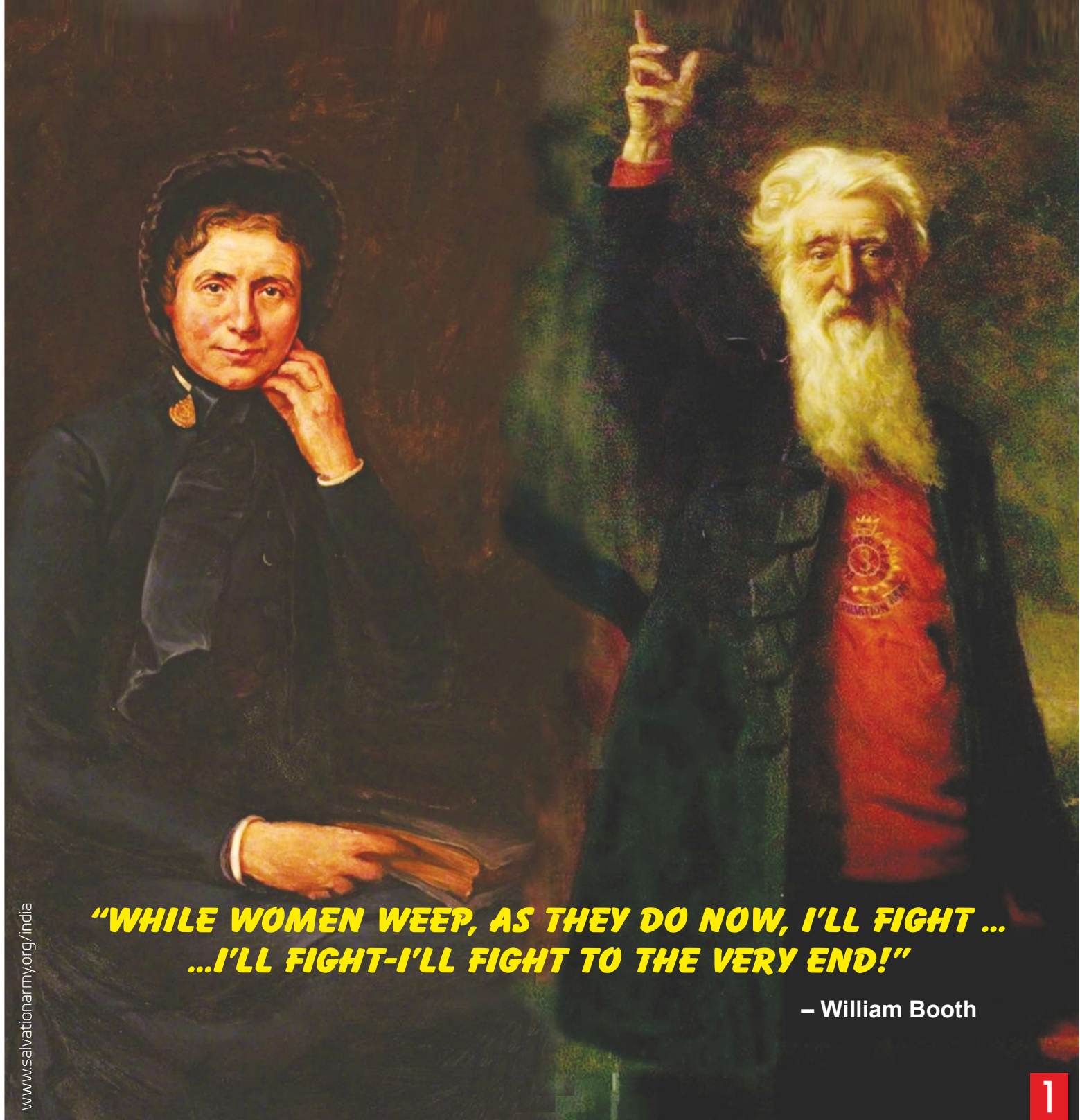




# *The* **WAR CRY**

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***"WHILE WOMEN WEEP, AS THEY DO NOW, I'LL FIGHT ...  
...I'LL FIGHT-I'LL FIGHT TO THE VERY END!"***

– William Booth



# Editorial

## World Needs our Masterpiece

The 'Last Leaf' is a world renowned story of O. Henry published in 1907. During the severe winter, several people in the village contracted pneumonia, many died, heart breaking news could be heard all around. Two girls named Jhonsy and Sue were staying together in a flat. Unfortunately, Jhonsy also contracted by this disease. There was no hope or optimism. She viewed death as an inevitability. She looked outside through the window, desperation and hopelessness was always evident in her eyes. There was one vine plant clinging to wall outside. The leaves of the plant were falling one by one. Her thought was when the last leaf fall, her life would be ended and she started to count the leaves left in the plant. One day she told there is only one leaf left, it will fall tonight. Sue was very much worried and suddenly she got reminded of the poor old artist, living in the ground floor, with a failed passion to paint his Master piece. When he was informed of Jhonsy's condition, he immediately wanted to do something to save the life of Jhonsy.

Despite the icy winds and snowfalls, that night the old man started to paint one leaf on the wall - the very last leaf that refuses to fall. The next day Jhonsy couldn't believe her eyes - the leaf was still there, despite the strong wind and snow storms. This ignited a new flame of hope in Jhonsy's mind. Sue rushed down to the stairs to inform the old man about this good news. But unfortunately, after finishing his Master piece on that chilling night, pneumonia had claimed his life. Think of the doctors, nurses, lab technicians, ambulance drivers, care takers, cleaners, health workers, police, volunteers, the ones who disregarded their personal priorities and fill others with hope and optimism.

In 1865 July 2, one couple - William and Catherine - with a spirit filled heart and a burning passion for OTHERS went to streets for those who are unloved, hurt, neglected, thrown into the situations all alone, broken, helpless and most of all remained in darkness. They knew if we wait to do big things, we may never have the opportunity to do anything. They were very much aware that in this world its unable to protect or help anyone completely, but we all can initiate one or other way to protect others. For them, who all would support them in the initiative was not the benchmark of initiating a rightful deed. Small beginnings are the initial steps to big changes, immediate rewards should not be the judging factors. Along with the possibilities, the tremors that would create didn't stopped them from their mission. At last they could prove to the world that when all the seemingly insignificant deeds come together, some miracles happen, that are immeasurable in size.

As another wave of Covid pass by, it pulled apart several leaves and flowers. How sad it is that those who fall from company of relatives and friends couldn't even see each other before being one with the ground. So many are stuck within the four walls of their room, some who stranded without access to bed in hospitals, some struggling for a breath of fresh air, some are isolated and afraid in quarantine, within the web of fear of contamination and possible death. Yes, it's the time to paint the leaves of hope, sacrifice, and friendship - the world needs our Masterpiece!

It gives me great pleasure to welcome you to the first edition of War Cry, which I have worked as an editor. I take this opportunity to thank our international, national, and territorial leaders for this blessed opportunity to greet you all in this manner. I would like to extend my sincere thanks to readers and all of whom have contributed for the success of our magazine. And let me congratulate the former editors for the fantastic job they have rendered last years. I dedicate myself to the mighty hand for this mission and request all your support and prayer through out this ministry. May God bless!



Major Evama Shaijraj  
Editor



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Testimony





## International Headquarters London EC4V 4EH

Dear Salvationists,

I greet you in the name of Jesus Christ and send this letter, hoping you will receive it in the spirit in which it is intended. I take this opportunity to assure you of my prayers and, by God's grace, my love and appreciation for each of you.

This past year all humanity has been impacted by coronavirus. I do understand and have first-hand knowledge of how all of us have been affected and that some have suffered more than others. I am proud of the culture of generosity that thrives within The Salvation Army, enabling relief, comfort, and encouragement to be offered to countless numbers of people. As we seek a way out of the pandemic, various vaccines have become our focus. Equity of availability is an issue and on behalf of The Salvation Army I have made my voice heard. I hope, when possible, you will join me in receiving the vaccine, if you have not received it yet. In all that has taken place, the Army has stepped up and has endeared itself to millions by helping and serving. I now pray that there will be much fruit – a great harvest of souls – as a result.

As your General, I am well supported by a diverse group of senior leaders who are strategically placed around the world. During this past year, your international leaders have met online to focus on critical agenda items. This engagement has provided enormous support in my responsibility for addressing such matters affecting the Army. There is now a clear mandate, and we are working to secure our place in an ever-changing world as we respond to our Kingdom responsibilities.

For instance, our focus on Leadership Development and Succession Planning is accepted as vital to our future. Woven into this priority is the issue of Gender Equity. Efforts are underway to provide strong and clear action plans while acknowledging and addressing systemic issues within our Salvation Army culture. Of particular note is the complex topic of Human Sexuality. In this I note that our discussions have not led to any desire to move away from our current articulated view. Although it is likely that some Salvationists hoped for change, given the complex nature of this matter around the world it is agreed that further theological thought and reflection is required. We must now accept our responsibility as to how we hold different views from each other while providing a better sense of belonging within the fellowship of the Army.

I am very excited that I am in office as General as a new *Orders and Regulations for Soldiers* is being issued. In fact, I get to give you two books – *Called to be a Soldier* and *Day by Day*. The first focuses on exploring Salvation Army soldiership as a calling, while the second is about understanding discipleship's link with mission. Together these can be tools to transform, renew and revive us as a movement. I pray this gesture will have a positive impact on your journey.

I remain convinced that our world needs and deserves a vibrant, confident, and motivated Salvation Army that is battle-ready and positioned to serve others. Thank you for engaging in the onward march and may his hand of blessing be upon us. May we experience ever-greater things.

My *Call to Mission* remains: Be Ready, Be Engaged, Take Responsibility.

*'Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.'* (Ephesians 3:20-21 *New International Version*).

**Brian Peddle**  
**GENERAL**

# Generals



William Booth



William Bramwell Booth  
1912-1929 (17 Years)



Edward J. Higgins  
1929-1934 (5 Years)



Evangeline C. Booth  
1934-1939 (5 Years)



George L. Carpenter  
1939-1946 (7 Years)



Albert Orsborn  
1946-1954 (8 Years)



Wilfred Kitching  
1954-1963 (9 Years)



Frederick Coutts  
1963-1969 (6 Years)



Erik Wickberg  
1969-1974 (5 Years)



Clarence Wiseman  
1974-1977 (3 Years)



Arnold Brown  
1977-1981 (4 Years)



Jarl Wahlstrom  
1981-1983 (5 Years)



Eva Evelyn Burrows  
1986-1993 (7 Years)



Bramwell Harold Tillsley  
1993-1994 (1 Year)



Paul Alexander Rader  
1994-1999 (5 Years)



John Gowans  
1999-2002 (3 Years)





**John Larsson**  
2002-2006 (4 Years)



**Shaw Clifton**  
2006-2011 (5 Years)



**Linda Bond**  
2011-2013 (2 Years)



**André Cox**  
2013-2018 (5 Years)



**Brian Peddle**  
2018-Present

# Happy Founders' Day

Article

**I**would like to write few lines for salvationist readers. The Founders – both William and Catherine Booth still have many influence to the present salvationists. As far as my knowledge we are celebrating Founders' Day but not observing. Observation of Founders' Day is more important from my view. Most of the places we finished by flag hoisting.

Founders' Day had to remind us the mission of the Salvation Army – saving souls, growing saints and serving suffering humanity.

Founder and General William Booth said, "You cannot warm the hearts of people with God's love if they have an empty stomach and cold feet". As he met the needs of others he was able to save many souls. We cannot serve all the needy people. We need to identify who needs us more as William Booth said, "I must go, not only to those who need me, but to those who need me most".

When we are reaching Founders' Day, let us remind the purpose of Salvation Army. Founders' Day is not just to celebrate, but it's to observe. The observation must be according to the mission of the Salvation Army. We are the people who are going to do good things for others. We are not the people who are waiting help from others and who are depending on others.

'OTHERS' is the word commonly used in the Salvation Army. We are faith based organization for others. This mindset will help us to stand by our own legs. It will help us to move away from dependency. Let the more we observe the Founders' Day, the more self-reliance happen to us.

To accomplish the mission of the Salvation Army, salvationists must follow self-denial approach. Army mother Catherine Booth said, "Self-Denial will prove your love to God" this will lead us to reach out more and more to OTHERS.

If this Founders' Day give us some



**Colonel Vanlalfela**  
Territorial Commander  
India Western Territory

awareness of self-reliance, it will be meaningful observation.

Thank you and God bless you all.



# OUR FOUNDERS-

## WILLIAM AND CATHERINE BOOTH

**T**he month of July is so unique and special to every Salvationist around the world. It's the month of Army's commencement. This was in the plans of God and therefore, God raised William Booth and Catharine Booth as the founders of our Salvation Army. Catherine Booth is known as "Mother of The Salvation Army", because of her effect in the establishment of The Salvation Army.

We see in the lives of our founders mainly, three things: Men with definite message, men with different mission and men with dissimilar ministries. The days in where the Salvation Army started were not like present days. The condition of England as whole was not good. Some people were living in hardship, without God and in dangers of lives. This was the scenario when our founders were inspired by The Lord Jesus Christ to launch The Army in the darkest London and elsewhere. There were thinking these people are ordinary, but God made our founders extraordinary people to do mighty and greater things for The Lord Jesus Christ.

### 1. Men with definite Message- Matthew 22:37-39

"Let the business of the world take care of itself... My business is to get the world saved."

William Booth influenced by John Wesley's theology about Salvation, especially sanctification. The teaching of sanctification is all about "dedicating all the life to God, loving God with all our hearts. The Gospel of Matthew records Jesus' answer: "Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. ... And the second is like unto it, thou shalt love thy neighbour as thyself" (22:37-39). William and Catharine Booth demonstrated the true love to God and true, love to their neighbourhood in London and in overseas.

Our live on this earth is so important today, the definite message teaches us that we must completely surrender to our master Lord Jesus Christ, and love others as ourselves. This will stimulate the people surrounding our area and at our workplace

to bring them near to The Lord Jesus Christ. What type of message, do we have for our people? There were so many missionaries arrived in India with this message to love God and to love the neighbours, and because response of that message today we are in the fold our Master.

### 2. Men with different Mission- Mark 12:30

William Booth said, "While women weep, as they do now, I'll fight While little children go hungry, as they do now, I'll fight While men go to prison, in and out, in and out, as they do now, I'll fight While there is a drunkard left, While there is a poor lost girl upon the streets, While there remains one dark soul without the light of God, I'll fight-I'll fight to the very end!

William and Catherine Booth commenced an evangelical ministry in the East End of London in 1865. They established mission stations to feed and house the poor and give Christlike love and care so they can accept The Lord Jesus Christ as their personal Saviour and live good life. They believed in preaching of "And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength." Mark 12:30

In the present age The Salvation Army is well known for its social work everywhere in the universe. Its showing Christlike love and compassion to the poor, need and untrodden people in the globe. We are witnesses and have the experiences that how The Salvation Army played major roll to help and support such unprivileged people.

God has given us this precious life to love our God and to love our neighbours. The different mission of William and Catharine Booth made immense impact of the lives of so many people in those days and even today and it will be in the future too through the mission of the Salvation Army.

### 3. Men with dissimilar Ministry- Luke 4:18-19

William Booth said, "Some of my best men are women". What a magnificent quote and




**Major Samson Macwan**  
Secretary for HRDI  
India National Office

its power and honour to every woman.

In the ministry of our founder we see equity and equality as William Booth inspired Catherine Booth to write a pamphlet "Female Ministry: Women's. William Booth had given every preaching and teaching opportunity to Catharine Booth and other women to be excel and skilful for the extension of God's kingdom. The Bible says, "The Spirit of the Lord in on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the year of the Lord's favour." Luke 4:18-19. We see upliftment of women in The Salvation Army, men and women together engaged in the mission and ministry of God. This is something wonderful and amazing to support and help women in every aspect of their lives. This impact made huge change in Indian cultural situations and today they are serving together their God and their area.

We know that because of these ministerial aspects our women got respect and admiration. Do we follow and implement ministries of William and Catherine Booth model?

My dear comrades, our founders had left great legacy and vision for us. We must have one message, one mission and one ministry slogans for extension of God's kingdom on this earth. General William Booth said, "Go straight for souls, and go for the worst". As we are celebrating this Founders' day, let us rededicate our lives to God and let us go forward with inspirations and visions of our founders to reach unreached in every area.

May God continue to bless us! 

# OTHERS

One of the great Gurus (Teachers) hailed from Kerala, Sree Narayana Guru, in one of his great proverbial poems wrote, "One's work for goodness for his own soul must be consequentially end in goodness of the others".

I am proud of Salvation Army that its founder, William Booth said it before the Guru in one word "Others".

God is not insensitive to create a being to live for himself, but human beings think that it is not wise to care for others, for them the other person is a problem.

The rare one, a person who cares selflessly about others is praised by the society, but they are not considered to be in the list of the most successful person. The most successful person accumulates money or currency in his lockers and never satiates while surfeited. The father of our Nation, Mahatma Gandhi said "The World has enough for everyone's needs but not for every one's greed" The conception of coin or currency is a God given idea which is a means of Communication not only for business in market, for profits, but also a means of sharing love, care, empathy and happiness. Unfortunately people became machines to grab it for them and instead of heaven we make the planet a hell. The current ecological proliferation is the cause of money-oriented selfishness of the most successful one. They don't care the others or the neighbors while venturing new horizons of financial benefits. But there are little lamps kindled like candles in the dark corners. They burn out for themselves to give light to others.

We are created for others and if you ask me what I have done for the poor I can give a pretty good list like every one may be able to give. But I want to tell a story that I am being blessed, as an "Other."

After my retirement (2015) from the service of the Salvation Army, me with my two children (wife late Major Annamma Johns Samuel) moved to a nearby rented house. We had to begin our life with my retirement allowance and the limited monthly salary of my son who just got passed out from his

college with a B-Tech graduation; he was working in an IT firm at that time. It was his ambition to go for higher studies abroad. But it was an impossible decision to make at that time as we as a family was completely surviving on his minimal salary. And pursuing his dream to study abroad was in a dilemma as it was too expensive for us to afford. But anyways thinking life is all about taking risk, he worked hard, prayed every day to get the admission and to get a loan from the bank for Higher Studies. By God's grace we managed to get admission and loan as well. But during the final process we got to know that we had to pay a security deposit for the completion of the process which turns out to be a pretty good amount, as we have already invested every single penny we had already on this, we were shattered as we thought all hard work is going to go on vain.

We went and knocked all the doors for help. We tried our best and tired. The last day to submit security deposit was getting nearer and we were almost in position where we had no other way except to give the loan back and relieve all the documents and other things related to it.

The final day to give the security deposit is on a Tuesday, just 2 days before that on a usual Sunday I went to Church, that day afternoon I had to attend one memorial service of one of our Senior officers, Late Major P. C. Yohannan. It was not usual for me to attend Memorial Services but I preferred to attend this one.

After the service I stayed in the church for a bit long, A young man came running towards me and it was someone I have met in a while. He was always lovely and dear to me as I have shared lot of memories with his family. We had a lot to share as we don't meet often, he was telling me about his family, children and the new house they built. Before saying bye to me, he casually asked If there is any help, I need in anything. I told him I would visit him someday. As I have not considered his initiative to help me because it was a huge amount which I can't ask him, I forgot about our conversation then and there.




**Major John Samuel (R)**  
India South-Western Territory

On Monday he called me again and I said he was waiting for me to visit them on Sunday evening. So I decided to go and see him without any kind of aspiration of help from him. But in between formal talk about our old days of love and joyous life, informally I shared the hazard we were facing with the loan. For a moment he went silent and he said he was not thinking such a huge amount and then he to his room. After some moment he came back with a Cheque Book in his hand, He gave it my son and asked him to write whatever amount is required for the further movement of the process. We submitted the signed cheque on Tuesday, and we could finish the process without any issues. He went to Germany for higher studies and he got graduated after 2 years. Currently he is working there.

Now looking back after 5 years, I praise the Lord, how he has raised us from mud. I thank Lord for showing us the way. I thank Lord for Kindness of that friend who helped us. I thank Lord for choosing our small family to show your love and care. But it was nothing less than a miracle to us.

In Christian perception human being is a person as God is. Man is possessed with a will with which unlike any animal, he extends his sphere of thought and cognition beyond and beyond infinitely. In creation man is the only one of species with a caliber to exhibit unlimited love and forgiveness to his enemies. An attribute granted to us irrespective of the so called evolutionary traits. It is a blessing from God.

"For God so loved the world that he gave his one and only Son that whoever believes in him shall not perish but have eternal life." John 3:16

History of mankind is His Story of giving Himself for Others. 



# GENERAL WILLIAM BOOTH

## --- and ---

# The Spirit Of Salvation

"While women weep, as they do now,  
I'll fight  
While little children go hungry, as they do  
now, I'll fight  
While men go to prison, in and out, in and  
out, as they do now,  
I'll fight  
While there is a drunkard left,  
While there is a poor lost girl upon the  
streets,  
While there remains one dark soul without  
the light of God,  
I'll fight-I'll fight to the very end!"

This is the spirit of William Booth, an extreme one to fight to the very end. His journey of Faith has left us a legacy that will remain for centuries on this earth. Such Righteous memory will add blessing to us (Prov 10:7) and his remembrance will be everlasting (Ps 112:6). This is my humble effort to look into his life along with my Bible at my side and learn from him as he imitated Christ Jesus (1Cor 11:1). William Booth served God and served his generation. He reached out for the poor, outcast, reprobates, widows, orphans etc.

William Booth was exposed to poverty during childhood and he developed compassion towards the poor. He was invited to a chapel where he heard the Gospel; he was convicted of his sinfulness before God and took Salvation of Jesus. He made a strong decision "God shall have all there is of William Booth". He started street preaching, helped the poor and even notorious criminals of Nottingham were evangelized. He was more towards Evangelism and he also preached on invitation (Itinerary Preaching).

In the year 1865 it was God's call to William Booth to take up mission at the East End of London. It's a worst hit place with poverty, disease, crime, prostitution, illiteracy, lack of sanitation, small pox, unemployment, industrial illness, and liquor shops. These were very difficult conditions and this was where his Faith was tested. Social benefits were the need of the hour and preaching Gospel of Jesus Christ needed much Wisdom. What is this Wisdom?

William Booth was a man who feared God, "Fear of the lord" adds WISDOM and gives stability, it's a true treasure that established him (Isa 33:6; Jer 10:12). He spent time with the Word, prayed for wisdom and God gave it

to him liberally (James 1:5). Wisdom gives knowledge and there is excellence in knowledge that gives life (Ecc 7:12). Wisdom gives life. People die when there is no wisdom (Job 4:19-21) and William Booth showed the fellowship of the mystery to the world the manifold wisdom of God (Ephesians 3:9). With God's Wisdom William Booth gave life to the unsaved souls. He even went further using wisdom with power (1 Cor 2:5). What is this power?

Wisdom is the key to POWER. William Booth spoke words of wisdom (Isa 50:2-4) and God extended His hand and demonstrated His power. Blessed are the poor in spirit: for theirs is the kingdom of heaven (Matt 5:3). Power is very important in the Kingdom and the Kingdom is not in word but in power (1 Cor 4:20). The Word of God is itself the description of God's power (Heb1:3). Power and Word are connected, it's inseparable (Lk4:32). Jesus refers God as Power; God is Power (Matthew 26:64). God is also a giver of Power so power can be imparted (Matt 28:18; 9:8; 10:1). William Booth had an understanding of this revelation (Mark 12:24), he believed in it and received power on this earth (Matt 28:18; Mark 2:10). Power is directly proportional to the belief system, the more you believe the more you will tap into it (Eph 1:19). By Power he took authority over enemies strength (Lk 10:19). Purpose of power is to demonstrate and William booth demonstrated God's power throughout his ministry and proof for this was people surrendered to Jesus. People surrender when God's power was demonstrated. Power is a spiritual gift that established his faith (Rom 1:11-12). Grace helped William Booth to preach the gospel with power (Acts 4:33). Power can resurrect any dead situation (Rom 1:4). Power gave him strength (Col 1:11) and established him in Righteousness (Isa 54:14).

Obedience was the key to William Booth's BLESSING (Deu 28:2). He obeyed God's command to undertake the mission call at East End of London and God blessed him in that place (Deu 28:3). God blessed his basket and stores (Deu 28:5). His Spirit said, "You cannot warm the hearts of people with God's love if they have an empty stomach and cold feet." He was able to supply soup, develop systems for distribution of food, clothes, boots and blankets, arranged reading rooms, homeless shelters, food banks, job training etc. God blessed him with divine protection



Rev. Dr. N. L. Victor  
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Hyderabad Temple Corps  
India Central Territory

(Deu 28:6) against angry mobs, beer shop owners and Thugs who called themselves Unconverted Salvation Army. Nature of the blessing is to overtake the curse (Deu 28:8). Such blessings made William Booth Holy (Deu 28:9). People had respectable reverence towards him because they saw God's Glory on him (De 28: 10). Plenteous is the identity of Blessing of God (Deu 28:11). God funded his mission. God opened the good treasures for the specific needs of his ministry (Deu 28: 12). God's blessing raised his standards and made him the head and not the tail (Deu 28: 13).

William Booth was a Man of HONOR! Honor is essential as we are made lower than angels. (Ps 8:5). William Booth fought against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places (Ephesians 6:12). He won battles, where there is victory with God's word there is Honor (Ps 149:9). God imparted Honor to William Booth (Num 27:18-20), he made him General a high position. Honor is to be Holy. Honor is lost without Holiness. He understood Honor (Ps 49: 12, 20) he was elevated to a high place (Deu 26:19) and retained it (Prov 5:9; 6:33) a mission constitution was drafted in the year 1870. God's presence was with William Booth because he was with Honor (1Chr 16:27). God added more to William Booth than what he asked, to his mission God added an army, so no one will be like him. In his Uniqueness as General of Salvation Army, God's name is Glorified (1 King 3:13). William booth was blessed and honored. He was able to address nations because of his honor (2 Chr 1:2). When he prayed, God gave him wisdom, delivered him and also added honor (Ps 91:15). His Humility attracted Honor, a pre-requisite for honor (Prov 15:33; Prov 29:23). Honor comes to those who wait on the lord (Prov 27:18). He gave to the poor, in return God exalted him in with honor (prov 14:31). He read the Bible daily, honor came to him. He honored God by giving (Isa 43:23).



Continue to next issue





# YOUR MIND MATTERS A LOT OF MIND YOUR MIND



**Dr. Sagar Thankachan**  
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**Consultant Psychiatrist**  
**Govt. Mental Health Centre**  
**Thiruvananthapuram Division, ISWT**

**M**ind and mental health play a significant role in human lives. Mental health is an integral part of health which is being defined by WHO as not merely an absence of disease instead it is a state of physical, mental, and social wellbeing.

Mind functions occur with a live and intact brain. Three aspects are important regarding mind namely cognition (thinking/thought), conation (action/behaviour) and emotion. There must be a balance. When any of these three becomes abnormal either alone or otherwise symptoms of mental illness become evident.

Mind is also vulnerable to various forms of illnesses just like our bodies.

There are two broad categories of mental illnesses as minor and major ones.

In the case of minor mental illnesses, the person has insight means he or she is aware of the problem and hence seek help. But in the case of major mental illnesses, the person does not have insight and hence no initiative to take care and seek treatment.

Moreover, there are psychotic symptoms like delusions and hallucinations in major mental disorders.

The minor mental illnesses are basically anxiety disorders like generalized anxiety disorder, panic disorder, phobia, obsessive compulsive disorder, post-traumatic stress disorder, conversion, or dissociative motor disorder.

The major mental illnesses include Schizophrenia, Mood disorders like Major Depressive Disorder, Manic episode, Bipolar Mood disorder, Delusional disorder. Other important issues include various

substance use disorders due to alcohol, cannabis and other drugs or new psychoactive substances.

Women develop many mental health issues related to onset of menstrual cycle or menarche, pre-menstrual syndrome or pre-menstrual dysphoric disorder related to monthly periods, depression during pregnancy, post-partum blues, depression or psychosis following delivery and depression associated with the cessation of menstruation or menopause.

Children may have many issues related to brain growth and development like mental retardation or intellectual sub normality where the intelligence quotient (I Q) falls below the lowest of normal 70., conduct disorder, autism or autistic spectrum disorder, ADHD ( Attention Deficit Hyperactivity Disorder), Mood disorders like mania, depression and substance use disorders.

Some of the School going children may have specific learning disorders due to writing disorder, reading or language disorder, mathematics disorder (dyscalculia) who will be identified by teachers and managerial assistance given by special educators. Parents need to be reassured and should be directed to seek all the social security benefits and educational support.

The elderly people or the senior citizens also have many mental health issues like anxiety, depression, and substance use disorder.

Suicidal behaviour in the form of expressing suicidal ideas, suicide attempts and even completed suicides are often the results of untreated or undiagnosed depression.

This is a significant and most important mental health issue that should be

addressed properly. Suicide is preventable to a considerable extent. We must establish and maintain counselling centres and stress management centres aiming at suicide prevention and to improve the quality of lives of individuals suffering from any sort of mental illness like depression.

The aetiology (cause) of mental illness is multi factorial. There is a renowned bio psychosocial model. Genetics and environment play significant role.

Whatever be the cause, mental illnesses whether they are minor or major ones, need timely scientific treatment. Even today there exists stigma towards mental illnesses, mentally ill persons, and their family members.

Serious mental illness like Schizophrenia with onset at a younger age, Mood disorders, Intellectual sub normality and dementia that occur among the elderly cause severe disability.

The governments have come up with monthly pension for those having disability more than 40 % and other social security schemes.

The latest law related to mental health is Mental Health Care Act 2017 that upholds the rights of the mentally ill persons.

National Mental Health Programme (NMHP) and its unit District Mental Health

*Continue to page 10*

**Continue from page 9**

Programme (DMHP) provide free assessment and treatment by a psychiatrist and provide all medicines through selected primary health centres (PHCs), Community Health Centres (CHCs) and Taluk hospitals or district hospitals. Free treatment is available in all the tertiary care hospitals like government owned mental health centres, medical colleges, and district hospitals.

The COVID-19 pandemic has resulted in either aggravation or relapse of existing mental illness. Moreover, many mental health issues have emerged as a result of COVID-19 infection. Most common issues are fear, anxiety, inability to initiate or maintain sleep, loss of appetite, lethargy, lack of initiative, lack of concentration, mood changes, depression, mania, stress leading to distress, post-traumatic stress disorder, suicidal behaviour, tendency to use any substance like alcohol or tobacco either as cigarettes or as chewable tobacco like pan masala. Apart from this, the family members of COVID affected individuals or those who died of COVID face stigma and severe distress and grief following death. These persons have to be taken care of well by way of talking to them over phone, video call or meeting personally wherever possible. Always encourage to be connected and give them an opportunity to ventilate or share their feelings. Help them to meet their daily needs. Many have lost jobs resulting in financial difficulties, thereby increasing the distress.

School and college going students cannot pursue their conventional education and challenges of online education are many.

Several hundreds of front-line health care providers including doctors, nurses, para medical staff, JPHNs, health workers, ASHA etc. lost their lives during their battle against COVID-19 and their families are in distress.

The Army also lost many lives of leaders, officers and soldiers causing distress and agony.

The lock down forced people to stay indoors, restricted movements, reduced opportunity to go out of home and meet and interact with relatives and friends and thereby curtailing the means of relaxation. All the religious

places of worship have been closed resulting in a state of 'spiritual starvation'.

Online worship and prayer, of course remain as a means of solace.

What we need is a continued concern and care of health both physical and mental.

Singing songs, listening songs, music, drawing, gardening, agricultural activities, reading, writing, talking to the dear and near ones, keeping connected with relatives and friends, engaging in regular online prayer all will help.


Psychological first aid is needed. Listening to people in distress and giving them reassurance and support. Spiritual health also needs to be taken care of well.

Whenever there are symptoms of depression like sad mood, lack of sleep, reduced appetite, lack of concentration, lack of enjoyment, lack of interest in routine activities, reduced energy, guilt feeling, negative view of self, others and environment, negative automatic thoughts, helplessness, hopelessness, worthlessness and expressing suicidal ideation especially lasting for two weeks or more please think of consultation and treatment. The quality of life can be regained.

There are personality disorders, interpersonal issues and family conflicts or marital issues causing distress.

Sometimes other comorbidities like diabetes (high blood sugar), hypertension (high blood pressure), dyslipidaemia (high blood cholesterol) Hypothyroid state, heart disease, stroke, kidney disease, liver disease, cancer etc can cause significant anxiety and depression.

Early identification and timely management of mental health issues are essential.

Mental health matters a lot. Mind your minds. 



## THE WAR CRY

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### Our Mission

"The Salvation Army is an international movement, a part of the Christian Church whose spiritual motivation has practical application in an evangelical, social, educational and health ministry.

It's goal is to help all people find fullness of life in a relationship with the living Christ discovered through the scriptures and demonstrated by holy living in peace and harmony with others."



# THE COMMISSIONING, ORDINATION, APPOINTMENT, GRADUATION AND COVENANT OF THE MESSENGERS OF GRACE 2019-21, ISWT

The unique ceremony was held on 25th April 2021 at Commissioner P. E. George Memorial Central Corps, Trivandrum and the event conducted by Colonel Gabriel I. Christian, Territorial Commander and Colonel Indumati Christian, TPWM. The program started with the prayer of Lt. Colonel Joginder Masih, Chief Secretary the leader of the meeting. The greetings of the General was read by Lt. Colonel Saju Daniel, Secretary for Programme Administration. Major Jose P. Mathew, Training Principal presented the session report and handed over the Messengers of Grace session cadets to Territorial Commander for commissioning. The cadets were pronounced the doctrine and presented the session song by the leadership of Major Alice Jose Education Officer. A challenging message was shared by the Territorial Commander from St. Matthew 8: 23-24 and who exhorted the Cadets about the importance of the life sacrificing to follow Christ. While Colonel preached who had emphasised the significance of the ministry of the Salvation Army and Commissioned the cadets as the officers of the Salvation Army. After the consecrational prayer of Colonel Indumati Christian, TPWM the cadets had presented their dedication song.

The Territorial Commander encouraged




Cabinet Officers, TYS and the training staff had taken part in the program. The corps songster brigade's presentation was another blessing in the meeting. Finally the newly commissioned officers renewed their commitment and prayed at the mercy seat. The meeting was concluded by the prayer and benediction of the Territorial Commander. The program was held by keeping COVID-19 protocol and telecasted through Online.

## Covenant Day:

The covenant service of the Messengers of Grace session was held on 23rd April 2021 at College for Officer Training, Trivandrum. The meeting was led by Lt. Colonel Joginder Masih, Chief Secretary and who has given the introduction about the importance of the covenant with God. Colonel Gabriel I. Christian, Territorial Commander has conducted the covenant service and shared very blessed message to the cadets.

The cadets had come to mercy seat and submitted their life with dedicating prayer and all signed the covenant which was witnessed by Territorial Commander and Training Principal. The cabinet officers had taken part in the service. The covenant service was concluded with the prayer of Colonel Indumati Christian, TPWM and benediction by Territorial Commander.

All glory to God. 

**Major Jose P. Mathew**  
Training Principal  
India South-Western Territory





# 'This is the story..... , This is the song'



**W**Onward, Christian Soldiers" is a 19th-century English hymn. The words were written by Sabine Baring-Gould in 1865, and the music was composed by Arthur Sullivan in 1871. Sullivan named the tune "St. Gertrude", after the wife of his friend Ernest Clay Ker Seymer, at whose country home he composed the tune. The Salvation Army adopted the hymn as its favoured processional. The piece became Sullivan's most popular hymn. The hymn's theme is taken from references in the New Testament to the Christian being a soldier for Christ, for example II Timothy 2:3 (KJV): *"Thou therefore endure hardness, as a good soldier of Jesus Christ."*

The lyric was written as a processional hymn for children walking from Horbury Bridge, where Baring-Gould was curate, to Horbury St Peter's Church near Wakefield, Yorkshire, at Whitsuntide in 1865. It was originally entitled, *"Hymn for Procession with Cross and Banners."* According to the Centre for Church Music, Baring-Gould reportedly wrote *"Onward, Christian Soldiers"* in about 15 minutes, later apologising, *"It was written in great haste, and I am afraid that some of the lines are faulty."* He later allowed hymn-book compilers to alter the lyrics. For example, The Fellowship Hymn Book, with his permission, changed the phrase *"one in hope and doctrine"* to *"one in hope and purpose."* For the 1909

Arthur Sullivan




edition of Hymns Ancient and Modern, he changed the fifth line of the same verse from *"We are not divided"* to *"Though divisions harass."* However, Baring-



**Mr. Justin Benjamin**  
Senior Songster Brigade Leader  
Trivandrum Central Corps  
India South-Western Territory

Gould's original words are used in most modern hymnals.

We sang *"Onward, Christian Soldiers"* indeed, and I felt that this was no vain presumption, but that we had the right to feel that we were serving a cause for the sake of which a trumpet has sounded from on high. When I looked upon that densely packed congregation of fighting men of the same language, of the same faith, of the same fundamental laws, of the same ideals ... it swept across me that here was the only hope, but also the sure hope, of saving the world from measureless degradation.

The song has been sung at many funerals, including at the funeral of American president Dwight D. Eisenhower at the National Cathedral, Washington, D.C., March 1969. Apart from its obvious martial associations, the song has been associated with protest against the established order, particularly in the case of the civil rights movement. 

**Onward, Christian Soldiers (ESB 971)**  
Tune: Onward, Christian Soldiers (TSATB 188)

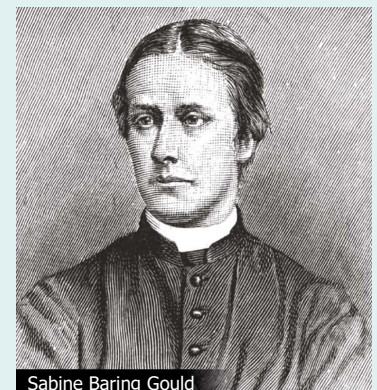
Sabine Baring - Gould (1834 - 1924)      Arthur Seymour Sullivan (1842 - 1900)

Onward Christian so - ldiers, Marching as to war, With the cross of Je - sus

Go-ing on be - fore! Christ, the ro - yal Ma - ster, Leads against the foe;

Forward in to ba - ttle see his ban-ners go. Onward Christian so - ldiers

Marching as to war, With the cross of Je - sus Go-ing on be - fore



Sabine Baring Gould



# Lets know the Word of God - 1-Genesis

1. What does the name Isaac mean?
2. Who committed the first murder in the Bible?
3. 'God has granted me another child in place of Abel since Cain killed him.'" Who was that?.
4. Who was the mother of Reuben and Simeon?
5. Which is the shortest chapter in Genesis ?
6. From whom did the Philistines come?
7. In whom days was the earth divided?
8. Which were those cities built by Asshur?
9. Who was the firstborn of Canaan?
10. Which of the two dreamers in prison with Joseph was executed?
11. Which of his brothers did Joseph put in jail to ensure the rest would return?
12. Which chapter tells about the dream of Jacob in Bethel?
13. After Sarah died, who was Abraham's wife?
14. What object did Joseph plant in Benjamin's satchel in order to test his brothers' good will?
15. Shortly before Jacob's death, who does he bless with his right hand ?
16. Who was the mother of Gad?
17. When Jacob saw Esau approaching, he separated his family and went ahead to meet his brother. How many men did Esau have with him?
18. How old was Jacob when he first met Pharaoh?
19. What is another name for Esau ?
20. What was the name of Rachel's servant?
21. Who raped Jacob's daughter ?
22. How many times did Laban cheat and change Jacob's wages
23. Judah had a son with his daughter in law . Who was she?
24. Who buried Abraham ?
25. What responsibility did the keeper of the prison give to Joseph?
26. Which son did Jacob say was unstable as water and would not excel?
27. How old was Joseph when Pharaoh promoted him?
28. Then Abraham drew near and said, "Will you indeed sweep away the \_\_\_\_\_ with the wicked?
29. So she called the name of the Lord who spoke to her, "You are a \_\_\_\_\_," for she said, "Truly here I have seen him who looks after me." –
30. How old was Sarah when she died and where she was buried?
31. When Joseph's brothers were seated together at a table facing him, what caught them by surprise?
32. Where was the first Gospel promise found?
33. What are the names of the rivers that watered the Garden of Eden?
34. Noah preached for \_\_\_\_\_ years?
35. What was the name of the nearest town that Lot flee to when the angels wanted to destroy Sodom?
36. What was the name of Joseph's wife?
37. 'Is anything too hard for the Lord? At the appointed time I will return unto thee according to the time of life'. Who made this statement and to whom?
38. Where did the angel of the Lord meet Hagar when she was running away from her mistress Sarah?
39. What was the Gift offered by Abraham's servant to Rebekah?
40. How many years did Jacob lived in Egypt before he died?
41. Whose dreams did Joseph interpret while in jail?
42. How long did Isaac live?
43. Where Rachel was buried?
44. The man who died first?
45. What was Jacob's daughter called
46. "He who touches this man or his wife shall surely be put to death"- who told this?
47. Which chapter tells about the destruction of Sodom and Gomorrah?
48. 'Let me go, for the dawn is breaking'- who told to whom?

The names of the persons who send all correct answers will be published in the next edition

# Role of Youth in Nation Building



**Christina**  
**The Salvation Army**  
**India National Office, Kolkata**

**T**he youth is the most active part of the country. Everyone knows that the youth is an asset of a nation because youth is the building blocks of country. Every citizen of nation has a responsibility to develop it. But the role of youth in nation building is more important than you might think. youth should contribute to the nation by doing useful things in different sectors like education, health, technology, politics etc. we all know that youth is facing too many problems nowadays. We need to give them equal opportunity in every field, so they can succeed well. They should first get a good education to be able and skilful persons. If the youth is educated, they can apply new methods for the progress of the nation. The youth are very energetic, they can learn and adapt to the environment. Our youth can bring social reforms and improvement in the society. It is a reality that the progress of country is in the hands of its youth. The youth of a country determine the future of nation. The youth is important because they will

be our future. Today they might be our partners, tomorrow they will go on to become leaders. The youth are very enthusiastic. The young generation simply needs to renew, refresh, and maintain the status of the society. when the youth contribute his ideas and energy to resolve the social issues, he becomes a capable leader and can also make a difference in the lives of others.

Youth as hope of Nation the people living in country are responsible for the development and progress of the National itself. Out of the total population in any of the Nation 20-30% is constituted of the youth. The youth must be directed in a positive direction to get success in all these spheres. The focus on the development and training for youth must be taken into account. There is need for proper education and skill development of the youth. So that they can prosper in the right direction. Youth is full of potential and enthusiasm to work and heed towards success. The youth of today is going to shape tomorrows stuts of the Nation and therefore the power and potential of youth must be fully utilized through providing them sufficient opportunities. The second but most important factor is empowering youth as there are various challenges faced by them.

**"NEVER GIVE UP BECAUSE GREAT THINGS TAKE TIME."**

May God bless our Nation and The salvation Army. 🇮🇳



## TESTIMONY

### A LIGHT ON MY PATH

Psalms 119:105



**Sareen Ann Johns**  
**India South Western Territory**

**I** am Sareen Ann Johns. I am a Sunday School student at Oottukuzhy Corps, Kattakada Division, India South Western Territory. I am the younger daughter of Mr. John Samuel, Corps Sergeant Major. [Retired Senior Superintendent, Health Services Department, Government of Kerala] and Mrs. Valsamma James [Senior Superintendent, Kerala State Electricity Board]

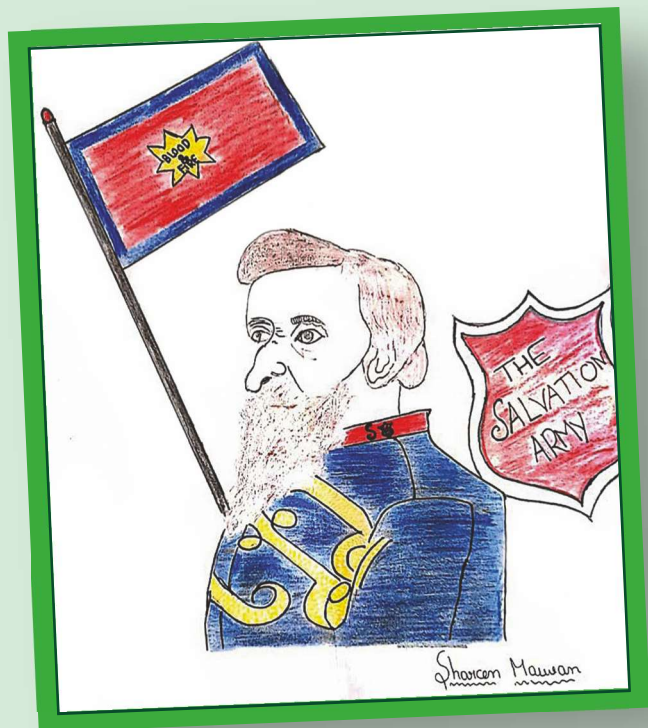
I have passed the CBSE Secondary School Examination (Session 2015-2017) with a percentile of 10 and Board of Higher Secondary Examination, Kerala with an aggregate of 99% in the Science group in 2019. I didn't crack the NEET exam on the first chance. I worked hard for the next change and amidst the pandemic. God helped me to attend the exam and gave me great victory. By the Grace of God, I got admission for MBBS in Mount Zion Medical College, Pathanamthitta, Kerala. Heavenly father helped to achieve my dream and passion through this. I am so grateful for God's Mercy upon me. I owe my gratitude to my family. Please do remember me in your prayers for the successful accomplishment of this medical course.

May God Bless you all.

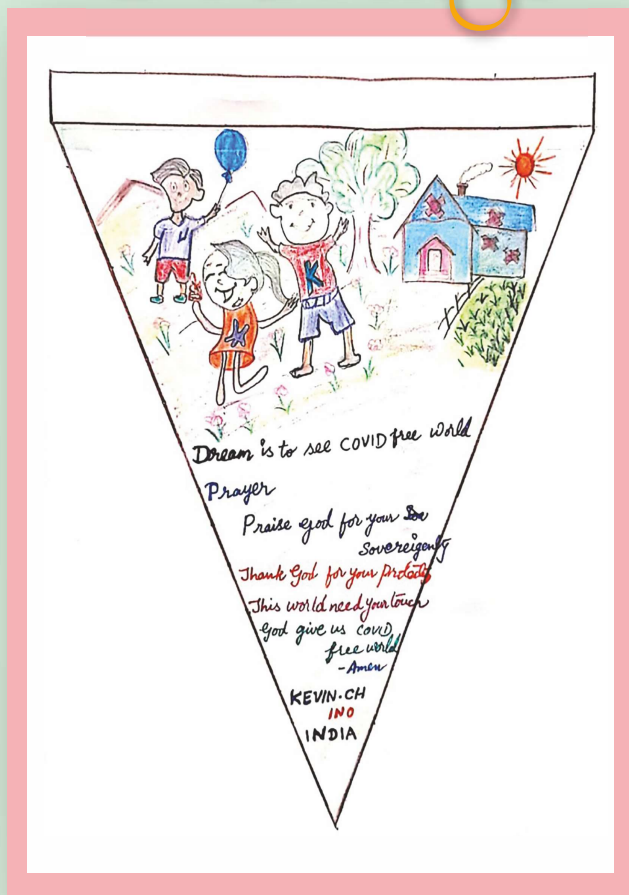
Amen 🇮🇳



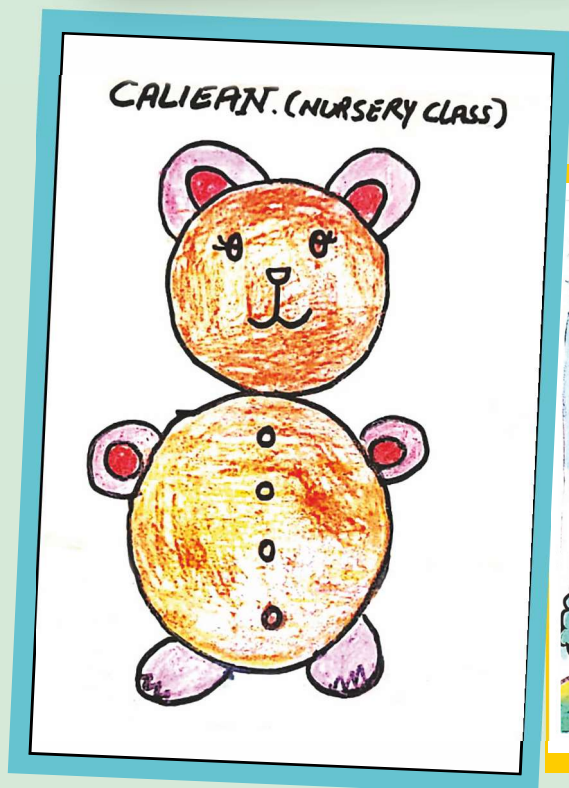
## Drawings



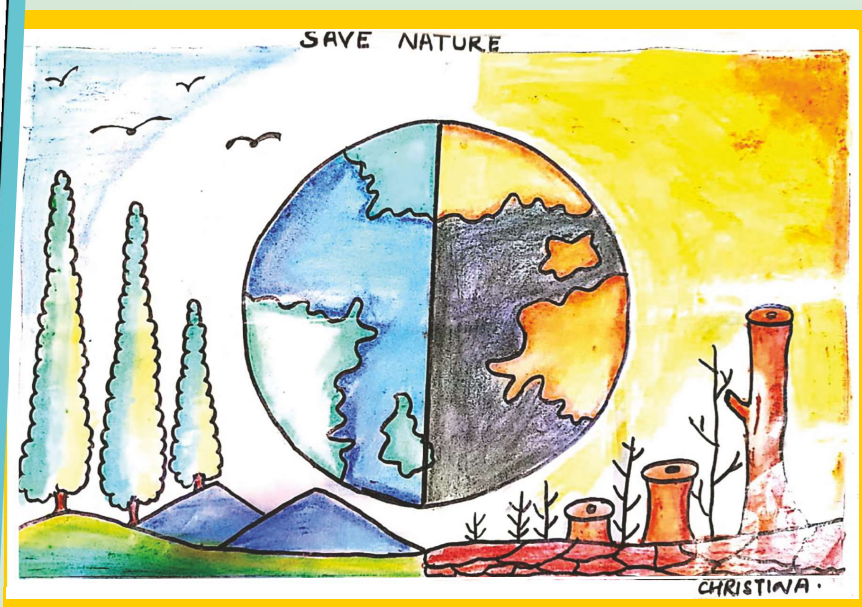
SHARON MACWAN, INO



KEVIN CH., INO



CALIEAN, INO



CHRISTINA, INO

# YOUR CALLING IS CALLING: FOLLOWING GOD'S PLAN

21 June 2021

**C**ommencing our written contributions around Salv Army Women's current theme, 'Your Calling is Calling!', Commissioner Martha Pawar shares her testimony. She considers how God's calling on her life was far above her own plans and desires, and reflects on God's continual honouring of her response through the years:

As a child, I was brought up in The Salvation Army's orphanage girl's home in Mumbai. When I reached Grade Eight, I shifted to a boarding school for both boys and girls in Fariabagh, Ahmednagar. I was happy and satisfied with my life, but in the worship meetings I never felt a need to respond to calls to the mercy seat.

This all changed in my final year of high school. As my classmates and I sat in a meeting conducted by the cadets, God's words touched my heart. I confessed my sin and asked Jesus to forgive me, and this moment changed my life.

I thought my desire was to become a nurse, but God revealed another plan for my life when he called me to Salvation Army officership. Jeremiah 17:7-8 says, 'But blessed is the one who trusts in the Lord, whose confidence is in him. They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit.'

These verses brought God's voice into my life, always uncovering his divine plan to me. These truths have been the foundation of my life journey as God's chosen servant in the ranks of The Salvation Army.

Since accepting God's calling on my life, one of my passions in ministry and service has been multi-cultural ministry. In my officership, I have enjoyed working outside my home territory of India Western, meeting new people and gaining new experiences. I feel that bringing multiple cultures together in worship and community is the platform where I can fulfil the Great



Commission, given by our Lord Jesus Christ, and truly go and make disciples of different nations.

I continue to serve joyfully with Suresh as lifelong coworker in God's Kingdom. We have been blessed with our three children, two boys and one daughter, and our six grandchildren. Their Christian witness is my joy. Following our days growing up together in the home for children, Suresh and I have served for forty years. We want to finish our service well, until God calls us to our home in Heaven.



**Commissioner Martha Pawar currently serves as zonal leader for South Asia, International Headquarters, with her husband Commissioner Suresh Pawar. Born in Bombay (now Mumbai), Commissioner Martha has served in several appointments in corps, divisions and territory within India Western Territory, and has also served at International Headquarters and as a territorial leader within the Sri Lanka Territory**