



Caribbean Territory Women's Ministry Programme 2026

*KEEP THE ALARM RESOUNDING -
WOMEN ARMED FOR PURPOSE*



"Shout it aloud, do not hold back. Raise your voice like a trumpet. Declare to my people their rebellion and to the house of Jacob their sins. For day after day, they seek me out; they seem eager to know my ways as if they were a nation that does what is right and has not forsaken the commands of its God."

Isaiah 58:1

The Salvation Army Caribbean Territory

WOMEN'S MINISTRIES



The ideal basic unit of society is the home and family, where women play a distinctive and vital role. As natural providers of hope, women play an important part in the shaping of our society. Therefore, any fellowship of women in which Christian influence is exerted and practical assistance provided, not only benefits the individual and the family, but also the nation.

Women's Ministries provide meetings and programming based on the four-fold aims of The Salvation Army's International Women's Organization the Home League, which commenced in 1907. The four-fold aims are Worship, Fellowship, Education and Service.

The mission of Women's Ministries is:

- to bring women into a knowledge of Jesus Christ
- to encourage women's full potential in influencing family, friends and community
- to equip women for growth in personal understanding and in life skills
- to address issues which affect women and their families in their world

CARIBBEAN TERRITORY

WOMEN'S MINISTRIES' MISSION STATEMENT

- to reach and attract new women
- to win women to Christ
- to promote spiritual development of women and their families
- to address issues relating to women, their families and the community
- to structure programmes and activities that will ensure financial sufficiency and economic sustainability
- to link women and their families to The Salvation Army with a view to soldier making

Acknowledgements

On behalf of all the women of the Caribbean Territory, and especially the Territorial Women's Ministries Department, we express our sincere gratitude to all who, in one way or another, have supported our 2025 Women's Ministries Programme (WMP).

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A Christian church and registered charity



OFFICE OF THE WORLD PRESIDENT
OF WOMEN'S MINISTRIES

Dear Friends,

Several years ago, not long after moving to London, Lyndon and I set out for our local Corps (church) one Sunday morning only to find that our route was blocked and there were hundreds of people lining the streets. We soon realised that the London Marathon's halfway point was a short walk from our home and so, following a number of failed attempts to break away from the crowd, we decided to join them.

Thousands of runners came past – strong athletes and dedicated fundraisers who had trained for something exceptional – and were cheered on by roars of encouragement from the roadside. We were witnessing something special. Within minutes, I heard my own voice among the calls of the supporters, saying, 'Keep going! You can do this!'

All of us long to be affirmed and encouraged by those around us. After all, we have been created to belong to something greater than ourselves. All churches are designed for community, both with those who sit beside us every Sunday and those who are yet to know that they have a place among us. It is where we are known and loved. We are welcome to share the highs, lows and in-betweens of life, and receive support to face it all. On reflection, we didn't miss church that morning – we experienced church on the street!

As we welcome a new year, I turn my mind to women serving in ministries of love and care, transforming lives all around the world. I thank God for each of you, your faithful efforts and the untold Kingdom impact you make.

Your impact could be felt in the weekly coffee served with a smile, a text message to a struggling friend, the monthly portion set aside for overseas donation, or in prayerful conversation over Bible study. However you live out your faith, your contribution is felt and valued in our mission to see women mutually enriched through local and global connections and support.

Paul's words in Colossians 3:9-17 call us to live as those raised with Christ. We must cast off behaviours that don't serve us or others well, and instead clothe ourselves in compassion, humility, patience and love. This is more than a personal choice or a kind gesture; this is the hard work of becoming a Jesus-centred community.

We are chosen, holy and dearly loved. We belong to the Lord, and we have been given to one another as salt and light, to serve as many parts of one body. We are called to grow into hope-filled communities, where the peace of Christ rules and his Word dwells richly among us.

Let us hold firmly to a faith that builds others up. Let our fellowships be marked by grace and loving support. Like the shouts of encouragement that carried the marathon runners to the finish line, may our actions be bold and our words be life-giving. May we continue to cheer one another on in love, believing that we will see lives transformed in the name of Jesus.

Blessings,
Bronwyn

Commissioner Bronwyn Buckingham
World President of Women's Ministries

William Booth: *Founder*
Lyndon Buckingham: *General*
Emmanuel Supre: *Territorial Commander*



Present Structure of Women's Ministries

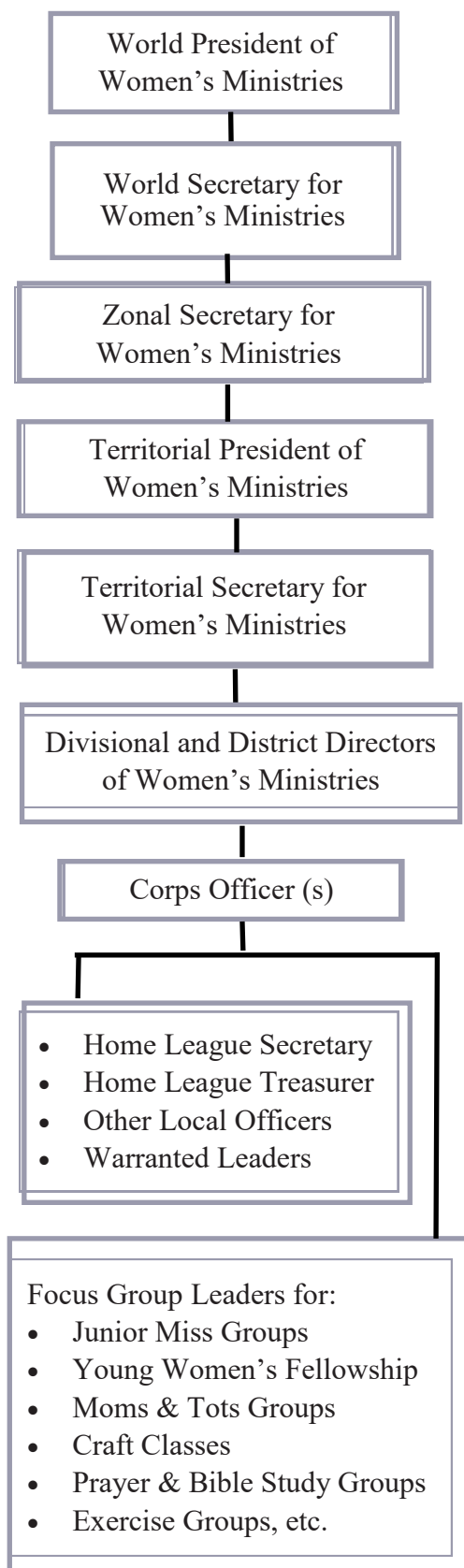


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Commissioner Shelley Hill
World Secretary
Commissioner Genevera Vincent
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District Secretary - Major Violet Ezech

Bahamas Division

Divisional Director - Major Aldene Meo
Divisional Secretary - Major Carol Roberts

Barbados Division

Divisional Director - Major Paula Pyle
Divisional Secretary - Major Cathrine Brown

Belize District

District Director - Major Gertha Momplaisir
District Secretary - Lieut. Claudia Dorlean

French Guiana District

District Director - Captain Shadene Leandre

Guyana Division

Divisional Director - Major Fidaliance Leandre
District Secretary - Captain Johana St.Cyr

Haiti Division

Divisional Director - Captain Annette Charles
Divisional Secretary - Captain Maggy Louis

Eastern Jamaica Division

Div. Director - Major Marlene Boakye-Agyemang
Divisional Secretary - Major Sandra Mitchell

Western Jamaica Division

Divisional Director - Major Prescillia Kellman
Divisional Secretary - Major Kay Spooner

Suriname District

District Director - Major Germaine Gachelin
District Secretary - Major Marsha Samedi

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Hands

Helping

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Dear Sisters,

It is indeed a privilege to greet you in this new year, thanking God for His saving and keeping grace for each one of you. As we face 2026 we will not stop sounding the Battle Cry for women and girls who are facing attacks and injustice in our communities. This is a reality that we live every day and we are striving to participate in the change that we all dream, - (a better world). We are advancing with the Campaign in creating not only awareness of women's needs, but finding creative ways to help our women improve in their health condition. We have been encouraging and contributing to their education to develop their full potential, in order to be fairly compensated for their labour with the hope to free them from abuse and violence.

This year's theme "Keep the Alarm Resounding - Women Armed for Purpose" is the second of a series of three, coming from the Battle Cry objective for a three year period.

As Christ's followers, we know who we are called to be for this world, starting with our communities. Just as an alarm clock's purpose is to wake us up, this year's theme is to challenge us to stay focused to serve our purpose of being the light and salt for this world. We are to bring hope and healing to broken hearts and places. God is resounding His alarm, urging us to awaken from complacency to step into the freedom of His divine purpose to reconcile the world to Him, because He loves the world with a strong passion. The prophet Isaiah said in his book: *"Shout it aloud, do not hold back. Raise your voice like a trumpet. Declare to my people their rebellion and to the descendants of Jacob their sins"*. The world needs to be reminded over and over "that righteousness exalts a nation, but sin is a disgrace to any people".

Let us continue to boldly proclaim the infinite grace of God and be grateful for His promise to be with us through eternity. May you feel His presence through the year 2026 and beyond, and that His joy will be your strength as you raise your voices to declare God's readiness to forgive, restore and heal the nations from sin. Happy 2026 to all!

God bless you.

Edeline Supre
Commissioner
Territorial President of Women's Ministries

William Booth: *Founder*
Lyndon Buckingham: *General*
Emmanuel Supre: *Territorial Commander*



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Dear Sisters in Christ,

Grace and peace to you in the name of our Lord and Saviour Jesus Christ.

As we step boldly into the year 2026, I greet you with deep gratitude for your unwavering commitment to the mission of Women's Ministries. This year, under the divine banner of our theme - ***"Keep the Alarm Resounding: Women Armed for Purpose"*** - we are called to rise up with renewed urgency, clarity and courage. The words of ***Isaiah 58:1*** ring out with prophetic power: *"Shout it aloud, do not hold back. Raise your voice like a trumpet..."*

This is not a gentle whisper - it is a clarion call. A call to speak truth, to live boldly, and to stand as women of purpose in a world that desperately needs the light of Christ.

We are not merely participants in ministry - we are armed with the ***Word***, with ***Compassion***, with ***Justice***, and with the ***Power*** of the Holy Spirit. Our purpose is not passive. It is active, intentional, and Spirit-led. Whether we are mentoring young women, feeding the hungry, advocating for the voiceless, or simply offering a listening ear, we are sounding the alarm of God's love and righteousness.

Let us not grow weary. Let us not be silent. Let us not retreat.

Instead, let us resound - in our homes, our communities, our Corps, and our country. Let our voices echo the truth of the Gospel. Let our actions reflect the heart of Christ. Let our unity be a testimony of God's grace. Thank you for the time and effort that you have spent in preparing these excellent Programmes that I am confident God will bless and use for his purpose and his glory.

In 2026, may we be women who are: Alert to the needs around us, Armed with the armour of God, Anchored in prayer and the word, Active in our divine purpose.

I encourage each of you to embrace this year with boldness and faith. Let us support one another, pray for one another, and walk together in the strength of the Lord.

Keep the Alarm Resounding, dear sisters. The world is listening.

God Bless You.

Jennifer M Lyons

Jennifer Lyons

Colonel

Territorial Secretary for Women's Ministries

William Booth: Founder

Lyndon Buckingham: General

Emmanuel Supre: Territorial Commander



**January
Worship**



Monthly Theme...

"Women Empowered For Action"

Being clothed with strength

Highlights:

Covenant Renewal for Salvationists

New Year's Day (1)

Birthday of Catherine Booth (17th)

"Keep the Alarm Resounding - Women Armed for Purpose"

Be Strong

Meditation....Know the Inner Strength

As we continue to focus on "Empowered Women For Action," Let us recognize the inner strength that God has bestowed upon every woman and the ability to save and uplift others. Let us reflect on the words of *Philippians 4:13* "I can do all things through Christ who strengthens me." This verse underscores the limitless potential within every individual, particularly women.

Throughout Scripture, we find inspiring examples of empowered women. Take Esther, for instance, in *Esther Chapter 7*, where she bravely risked her life to save her people, exemplifying both courage and faith. We also have the story of Ruth in *Ruth Chapter 2*, whose unwavering loyalty and love transformed her life and played a crucial role in the lineage of David and Jesus Christ.

Their narratives remind us that women have the extraordinary capacity to alter the course of history when they act with intention and purpose. To the women in our churches and homes today - you are empowered to make a significant difference. Your everyday actions, whether as mothers, sisters, friends, or mentors, have the potential to lead others toward safety and support. Many individuals are wrestling with emotional challenges and spiritual doubts, and your influence can provide the help they so desperately need.

God calls you to be His hands and feet, sharing love and hope. If you feel inadequate, remember *Philippians 4:13* You are not alone; God equips you with strength and courage. Embrace your faith and allow God to work through you. Every act of kindness and encouragement can lead someone closer to salvation. Let us remember the men and boys in our lives and encourage them to uplift the women around them. Together, as a community of believers, we can create an environment where everyone feels empowered to help others, regardless of age or background. As we depart today, let's commit to being vessels of God's love.

Women, embrace your calling; you are empowered to make a difference. With Christ as our Foundation we can achieve great things. Let's go out and positively impact the world.

May God bless and empower us for His work.

Suggested Ideas ...

Some weeks before the Programme:

- Select 2 ladies for testimonies.
- Have a token for a Quiz.

Welcome

Call to Worship

Scripture:

- Philippians 4: 1-13.

Song: # 948

Prayer Chorus:

- "As the Deer Pants".

Prayer:

- Pray for the ladies to be strong and confident.

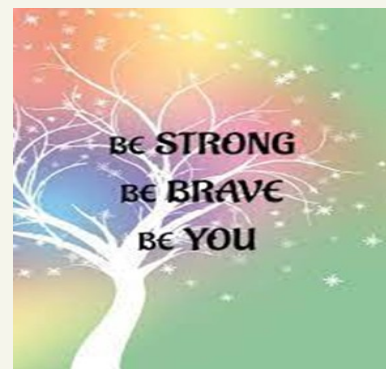
Solo:

- "His Strength is Perfect".

Testimonies

Quiz

Closing Exercise Song



Monthly Theme...

"Women Empowered For Action"

Being clothed with strength

Highlights:

Covenant Renewal for Salvationists

New Year's Day (1)

Birthday of Catherine Booth (17th)



**January
Service**

"Keep the Alarm Resounding - Women Armed for Purpose"

Building Support

Suggested Ideas...

Ask the members to bring an item to be placed in the love basket. This will be presented to a shut-in or an inactive member.

Support Network Web

Have participants stand in a circle and pass around a ball of yarn or string. When someone receives the yarn they should share one way they have been supported by someone in their life. They hold onto the yarn as they share and then pass it on to someone else in the circle.

Continue until everyone has shared and the yarn has formed a web-like structure.

Prayer Partners

Pair participants with someone they might not have much information about. Have them introduce themselves and share one thing they are struggling with and would like prayer for. Ask them to pray for each other and exchange contact to follow up.

Encourage participants to meet up regularly and support and encourage each other.

Discuss how the web represents the support networks in our lives.

Song:

- "Love at Home"

Prayer Chorus:

- "Bind us Together Lord".

Prayer for:

- Families to live in harmony.
- Families who are living under inhumane conditions.

Scripture Reading:

- Ecclesiastes 4 vs 9 -10

Meditation.... Support Benefits

As people of God, we are not meant to walk alone in our spiritual journey. God has designed us to live, grow, be accomplished and successful in our community, surrounded by people who can offer support and encouragement. In *Ecclesiastes 4:9-10* we see the importance of building support networks. In this passage, King Solomon highlights the benefits of having a good support network which should be:

- **Profitable**
- **Protective**
- **Productive**
- **Powerful**

When we have someone to share our burdens with, we can encourage and help each other in times of need. Having this support provides us with a safety net in helping us to avoid feelings of loneliness and isolation. Building a support network is crucial for spiritual growth and well being, for it provides us with:

- Emotional support during difficult times...
- Opportunity to serve and support others..
- Accountability to stay committed to our faith...

As we seek to build a strong support network there should be diversity and unity. We need people with different backgrounds , experiences, and perspectives to come together to support and to uplift one another. As we seek to build these networks, let us remember the following principles:

- Be intentional about surrounding yourself with people who share your values and faith.
- Be willing to be vulnerable and open with others, sharing your struggles and fears.
- Be willing, be committed to supporting and encouraging others, even when it is challenging.

By building a strong support network, we can experience the joy and strength that comes from walking and working together in love with each other and more so with God in faith and trust.

Time of prayer and Commitment Chorus:

"Use me Lord..."

Roll Call

Closing Exercises



Highlights:

Covenant Renewal for
Salvationists
New Year's Day (1)
Birthday of Catherine Booth
(17th)

"Keep the Alarm Resounding - Women Armed for Purpose"

Knowledgeable

Meditation.... Equip Yourself With Knowledge

Ephesians 6: vs 11 "Put on the full armour of God, so that you can take your stand against the devil's schemes."

PRAYER

Close your eyes and take a deep breath. Picture yourself fully armed with God's armor. Visualize each piece: the belt of truth, the shield of faith, the helmet of salvation, the sword of the spirit and your feet prepared with the gospel of peace. Feel the strength and confidence that comes from being prepared for your purpose.

AFFIRMATION

Repeat this affirmation..." I am strong, I am equipped, and I am purposeful". Say it three times, allowing the words to resonate in your heart. May we be encouraged by strong women in the bible who stood as pillars of hope, courage, strength, love and encouragement and are significant to our lives today.

- **Hannah** was an example of perseverance in prayer *1 Samuel 1:2 -20*
- **Esther** stepped out in courage, proving God can save His people even when the odds seem impossible. The book of *Esther Chapters 1-10*
- **Deborah** a woman remembered not just for her military achievements. She is also noted for her wisdom and faith in God. She challenged traditional gender roles and became a role model for women in faith. Her legacy shows the power of strong leadership and faith. Deborah remains an important figure in biblical history. *Judges Chapters 4- 5*
- **Miriam's** influence extended beyond worship. She served as a leader among women, guiding them and inspiring praise. Through her actions, Miriam demonstrated faith, leadership, and resilience. Her legacy continues to inspire many. *Exodus 2: 3-10 & Exodus 15: 20-21*
Today, as we face the world, remember you are strong, resilient and divinely equipped. Embrace your strength, draw on God's armor, and stand firm in faith, knowing you are loved and capable.

CONCLUSION

Remember, that we are armed for purpose. Let's continue to support and uplift one another as we walk in our divine calling to help others along the way. May we leave here today empowered and ready to take on the world with love and strength.

ACTIVITY.....PURPOSEFUL CHARADES....

Write down different roles or purposes (e.g.... teacher, lawyer, doctor, caregiver, and advocate) on different pieces of paper. Take turns picking a paper and acting out the role you have been given without speaking, while others guess what it is. This will encourage laughter and creativity while celebrating the diverse purpose women fulfill.

Suggested Ideas...

Welcome

- Introduce the topic of "Equipping with Knowledge and its importance in our spiritual growth".

Invite a motivational speaker to address the women on his or her success and the importance of learning a skill.

Praise Choruses:

- "I am a Warrior, a Christian Warrior".
- "Let's March Forward for God".

Scripture Reading:

- Ephesians 6: 10-18 & Proverbs 1:5.

Song: #990

Prayer:

- For women who are depressed and heavily burdened with self-doubt and low self-esteem.



Monthly Theme...

"Women Empowered For Action"

Being clothed with strength

Highlights:

Covenant Renewal for
Salvationists
New Year's Day (1)
Birthday of Catherine Booth
(17th)



January
Fellowship

"Keep the Alarm Resounding - Women Armed for Purpose"

Encouragement

Suggested Ideas...

Ask every lady to bring a dish, so that after everyone can eat together.

Greetings/ Welcome

Chorus:

- "I will Serve Thee Because I love Thee".

Scripture Reading:

- James 2:17.

Song: #906

- "What A Fellowship".

Prayer:

- For the women who feel they have no value in society.
- Women experiencing different forms of abuse in the world.

Bible Game:

Divide everyone into two teams, and play "Sword in hand" game. Create personalized encouragement cards to foster a spirit of kindness, compassion, love and support within the fellowship. Ask each participant to include an inspirational quote, bible verses or personal messages.

Collect all the cards and redistribute them randomly among the participants.

Have each person read the card they received and share how this has encouraged them.

Find at least 20 words from the word Encouragement.

(Provide tokens for the winner)

Roll Call

Time of Fellowship

Closing Prayer & Benediction

Meditation.... Encourage Others

James 2:17 "Even so faith, if it hath not works, is dead, being alone"

This verse emphasizes that true faith must be demonstrated through action. Similarly, empowered women do not just believe in their strength, dreams, or purpose, but act upon them.

Empowered Women have the capacity to influence not only their own lives but also, the communities and societies they affect. An empowered woman is one who understands her own worth, accepts her strength, and takes action to help herself and others. She is courageous, resilient and driven to tear down obstacles, dispel preconceptions, and create possibilities where none exist. However, empowerment is more than just achieving personal achievement; it's also about inspiring others by using, one's voice, abilities and expertise. In order to ensure that no woman is left behind, true empowerment is helping others as we rise. One of the most powerful elements of empowered women in action is their resilience in the face of adversity.

Every woman who has achieved greatness has encountered challenges, including doubt, criticism, and, in some cases, failure. But what distinguishes her is her ability to rise again, stronger and wiser. She recognizes that setbacks are simply stepping stones to achievement. Empowered women dream big, pursue their passion with confidence, and carve their own paths without waiting for approval. The story recorded in 2nd Kings 4 gives us good encouragement, of a wonderful woman of faith in the midst of hardship and grief. She is a good example of God's faithfulness and abundant provision in the midst of hard times.

Lessons to learn from this humble woman are as follows:

- Trust in God in our times of need.
- Be obedient to God even in our times of need.
- Be aware of God's Sufficiency in our time of need.

God is our great Provider. Like this woman let us be encouraged to trust and obey. Every woman has the power to make a difference. Believe in yourself, take action, and uplift others. Step by step empowered women can change the world.

May God Richly Bless you!

January
Junior Miss



Monthly Theme...
"Women Empowered for Action"
Being clothed with strength

Highlights:
Covenant Renewal for
Salvationists
New Year's Day (1)
Birthday of Catherine Booth
(17th)

"Keep the Alarm Resounding - Women Armed for Purpose"

Girls 'Power

Meditation....Girl's Strength and Resilience

Proverbs 31:25 "She is clothed with strength and dignity; she can laugh at the days to come."

Resilience can be defined as the ability to cope with and recover from setbacks. It allows us to face difficulties, grow through them and stand tall again.

Think of a mother who faced adversity with unwavering faith or a peer who broke barriers in her pursuit of purpose. These examples remind us that girls carry incredible strength.

Girls possess incredible strength and resilience, enabling them to overcome obstacles and achieve their dreams. Their unwavering determination and faith inspires those around them, proving that they can shape a brighter future for themselves and their communities.

Strength to Overcome

Life can be a bumpy journey sometimes, filled with many challenges, unexpected twists and turns, but knowing that we serve a God who is bigger than any challenges that we may face, we can overcome. **Proverbs 31:25** describes a woman who is clothed with strength and dignity, and who is full of confidence to face the future and its challenges with joy. **Proverbs 31:25** encourages us to cultivate inner strength and trust in God to face the unknown with joy and assurance. I know all of you may be facing different types of challenges, but with Christ in your lives, you can smile at the storm because the joy of the lord is your strength. **Nehemiah 8:10**

Live with Purpose

To live with purpose means to walk with direction and intention. Set goals, trust God and pursue His plan boldly. You may not know what the future holds, but **Proverbs 31:25** encourages you to embrace the unknown with hope and joy.

Let God be your guide. When you live with purpose, you'll not only succeed, you'll uplift and empower those around you, knowing that God is with you every step of the way.

As we meditate on the Theme, remember you are **strong**, you are **resilient**, and with Christ, you are **unstoppable**.

[Leader's Guide - Salvation Army
Canada \(salvationist.ca\)](#)

Suggested Ideas...

Song: #25

- "All things Bright & Beautiful"

Choruses:

- "I am a Promise, I am a Possibility".
- "Jesus, You're my firm Foundation".

Prayer Balloon Pop:

- Each balloon contains a slip with a different prayer topic inside.
- Let each girl choose a balloon, pop it, and lead a short prayer on the topic they receive.

Fun Activities:

Sword in Hand Competition.

- Inform the girls in advance to bring their Bibles and prepare for a fun and engaging Bible verse challenge.

Purchase 2-3 phone cards to give away.

Faith & Fashion Segment:

- Invite six girls to model their favorite modest outfit.
- Each girl will have 3 minutes to speak on the topic:
"God's Plan Makes Me Brave."

Guest Speaker Invitation:

Theme:

"Empowering the Future: Nurturing Strength and Resilience in Every Girl"

A Motivational talk to uplift, inspire, and help girls embrace their God-given potential.

Monthly Theme:

"Love Awareness"

Love bears all things, believes all things, hopes all things, endures all things...

Highlights:

*World Cancer Awareness Day, February 4th
Valentine Day, February 14th
Ash Wednesday 18th*



February Worship

"Keep the Alarm Resounding - Women Armed for Purpose"

Empowered by Faith

Suggested Ideas...

- Organize a panel discussion featuring three to four (3-4) women from different backgrounds and professions.
- Each panelist can share how their faith empowered them to lead with purpose. The group can participate by asking questions and engaging in the discussions.

Songs: TSA Songbook #6, # 31

- "Ancient of Days".
- "Holy, Holy, Holy, Lord God Almighty".
- Receive my worship, all of my worship." This song can be used to conclude the meeting.

Scripture Reading:

- Isaiah 41:10 - "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you. I will help you; I will uphold you with my righteous right hand."

Activity:

Announce beforehand what the topic will be, and make it special. Talk to the ladies and let them know that next week we are going to have Worship and want to make it special, because after all that God has done for us we should glorify His name.

Ask some of them to prepare to share a testimony based on what God is doing in their lives.

Others can prepare a Bible verse based on their life's story.

Meditation....Women Leading With Purpose

Hebrews 11: 1 "Now faith is confidence in what we hope for and assurance about what we do not see."

We may ask the question "Who is a woman leading with purpose?"

A woman of faith who puts her trust in God and faces adversity with hope in her leadership. She knows God cares about her life and ministry; He knows her strength and weakness. She loves His word and drinks deeply from the living water He gives daily which is His word. She trusts God and follows His guidance because she believes God will bring her safety and peace as she leads. That's why when she prays, she seeks the gentle, sure guidance of her heavenly Father who listens to her directing her decision.

Being empowered by faith, she shows other women in the world that true faith exceeds trusting in God's existence alone. This is the kind of leader we are to be. Faith leads us purposefully, allowing us to know that God can accomplish everything He has promised to us as believers. If we truly have faith, we will remain in Him, knowing that we will find rest in Him. A woman leading with purpose influences her community and is a leader who encourages others to worship and have a deep relationship with God. She is a good advisor guiding others to be powerful for the work and the kingdom of God. *"be not afraid... be strong and courageous," Joshua 1:9.*

Take the time to read and meditate on these scriptures below, which speak about the word **"Worship"**.

- John 4:24,
- Psalm 100 :2, Psalm 105
- Romans 11:36

According to the Bible, the word worship is "the act of honoring and loving God with all of one's heart, soul, mind, and strength.

It is a way of acknowledging God's power and perfection, and expressing gratitude for who He is. Worship is also a way of affirming God's worth and declaring that He is worthy to be praised."

Conclusion

May God continue to help and equip all our women as they lead their homes, communities and women's groups. Continue to have good influence on others as you impact the world by faith.

February Service



“Keep the Alarm Resounding - Women Armed for Purpose”

Service With Compassion

Monthly Theme...

“Love Awareness”

Love bears all things, believes all things, hopes all things, endures all things.

Highlights:

World Cancer Awareness Day, February 4th

Valentine Day, February 14th

Ash Wednesday 18th

Meditation.... Love Makes a Difference

Galatians 5:13 *“You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love.”*

What a glorious life it would be if we truly recognize that we are free in Christ. We can utilize this freedom to serve others. Women can make the difference in our society by loving others as they love themselves. This can be seen through our service to others. Jesus’ death on the cross stands as a reminder of His sacrificial love and service to us. We also can demonstrate this love that enfolds us, showing sacrificial service to those in need.

We are reminded in *1 John 4:7-8 NIV* *“Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love.”*

Jesus Himself demonstrated His love through acts of service to His disciples in the washing of their feet in *John 13:1-17*. In the very same way, we should put away self and the things of this world to be free to serve those who are disenfranchised in love. In so doing we know that God will be glorified.

As women following Christ, freedom means we are free from worrying about what the future holds, or even about status. We believe all these are in God’s hands. We are free to serve just as Christ did, because the love of Jesus lives in us.

Chorus:

“I will serve thee because I love thee”

I will serve Thee because I love Thee
You have given life to me.
I was nothing before You found me,
You have given life to me.

Heartaches, broken pieces,
Ruined lives are why
You died on Calvary.
Your touch was what I longed for,
You have given life to me.

Closing Prayer

Suggested Ideas...

Ice Breaker

- Have each one tell three things about themselves and the leaguers are to guess what two are truth and which one is a lie.
- Have each member tell what skills they have that can be utilized in service.

Song: 672 NSASB

- “All my Work is for the Master”.

Craft:

- Create sanitary/make up bags for young ladies in a children’s home in the area.
- In the next service activity, visitation can be done and these bags presented to the young ladies.
- Please see the link below for needed instructions.
- <https://m.youtube.com/watch?v=XsbsB8EGkR8>
- <https://www.sewsimplehome.com/2023/08/boxed-bag->



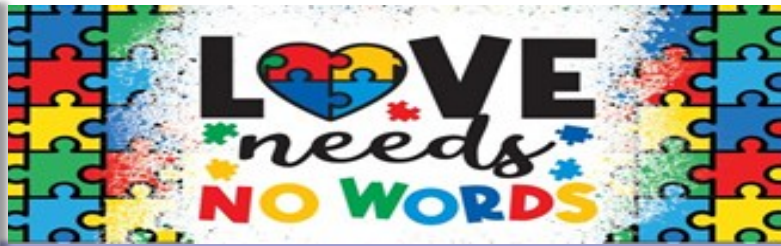
Monthly Theme...

"Love Awareness"

Love bears all things, believes all things, hopes all things, endures all things.

Highlights:

World Cancer Awareness Day, February 4th
Valentine Day, February 14th
Ash Wednesday 18th



February
Education

"Keep the Alarm Resounding - Women Armed for Purpose"

Empowering Through Knowledge

Suggested Ideas...

- Invite a notable woman from the church or from the community to offer a short session on practical knowledge such as: financial literacy, leadership, or personal development.

Suggested Song: #623 NSASB

- "Take my Life and Let it Be"

Prayer Chorus: #624 NSASB.

"Teach me How to Love Thee"

Prayer Topics:

- Gratitude for the gift of knowledge.
- Commitment to lifelong learning in Christ.

Bible Quiz:

1. Which woman hid two Israelite spies and was spared during the fall of Jericho?
2. Who was the judge and prophetess who led Israel to victory over the Canaanites?
3. Which woman was known for her wisdom and became the wife of King David after her first husband's death?
4. Who was the sister of Moses and Aaron, known for leading the women of Israel in song after crossing the Red Sea?
5. Which woman was the first to see Jesus after His resurrection?

5 Mary Magdalene.
3 Abigail. 4 Miriam.
1 Rahab. 2 Deborah.

Answers

Meditation....Women Educating For Change

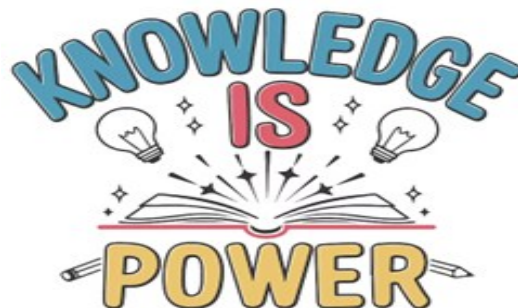
Proverbs 31:26 "She speaks with wisdom, and faithful instruction is on her tongue."

Education is not just about learning facts, it is about gaining wisdom, understanding truth, and using that knowledge to inspire and transform lives. As women called to serve Christ, we are not only students of God's Word but also teachers, mentors, and leaders in our families, churches, and communities. In **Luke 10:39**, Mary sat at the feet of Jesus, listening intently and learning from Him. While others were busy with daily tasks, she chose spiritual education over distractions, recognizing that knowledge of Christ is the foundation for a purposeful life. Today, women are still called to prioritize learning, growing, and teaching—not only for personal faith but to guide others toward Christ.

Proverbs 4:7 tells us: "Wisdom is the principal thing; therefore, get wisdom: and with all thy getting get understanding." An educated woman who desires change in the society seeks wisdom in Scripture, deepens her faith through learning, and faithfully shares what she knows with others. Whether through leading Bible studies, mentoring young women, raising godly children, or teaching in any capacity, women have the power to pass on spiritual knowledge that can strengthen and transform generations.

But education goes beyond just words, it is also reflected in how we live. **Titus 2:3-5** encourages women to teach by example, demonstrating love, integrity, and faithfulness. A woman who is truly educated in Christ does not keep wisdom to herself but pours it into others, creating a ripple effect that extends far beyond her own life.

As we embrace the call to be women educated for Christ, may we commit to learning His Word, growing in wisdom, and using our knowledge to empower others.



February
Fellowship



Monthly Theme...

"Love and Awareness"

Love bears all things, believes all things, hopes all things, endures all things.

Highlights:

World Cancer Awareness Day, February 4th

Valentine Day, February 14th

Ash Wednesday 18th

"Keep the Alarm Resounding - Women Armed for Purpose"

Strength In Unity

Meditation.... Women Supporting Each Other

Hebrews 10 vs 25 NIV *"And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near."*

Hebrews 10 v 24-25 is a powerful reminder of the importance of community support. We are challenged to be proactive in our relationships, ensuring that we support and motivate each other as we strive to live out our faith in a world that often pulls us towards isolation.

We often say, "encouragement sweetens labour". Part of our purpose here on earth is to encourage and support each other.

- **When we support one another we strengthen each other.**
- **When we support each other, it helps us to go forward.**

We need each other in order for us to be strong. It is important for us to help support and strengthen each other.

Let us create a supportive and uplifting community where we encourage each other on towards acts of kindness and righteousness, by finding ways to motivate and inspire one another for good. This can be done through our words, actions, and attitudes towards one another.



Suggested Ideas...

- Have papers and pencils available for word search.
- Ask ladies to find as many words as they can from the phrase: **"Strength in unity"**.
- Have small tokens for the winners.
- Ask ladies a week before the meeting to bring items for a love basket to be given to a needy family in the league or community.
- Have a nicely decorated basket or box to place items in.
- Have a discussion on some of the issues that are affecting women in your area, e.g. domestic violence, self-esteem and mental health stigma. Etc.

Welcome

Choruses:

- "Let's Get Together in communion sweet, Walk, Walk in the light".
- "I love the Thrill that I Feel When I get together with God's wonderful people".
- "I keep Falling in Love with Him, Over and Over, Again".
- "Search me O God and Know my Heart Today".

Prayer:

- Pray for women who are going through some type of struggles.

Scripture Reading:

- Hebrews 10 v 24-25 NIV.

Song: #307 (NSASB)

Closing Exercise

Monthly Theme...

"Love Awareness"

Love bears all things, believes all things, hopes all things, endures all things.

Highlights:

*World Cancer Awareness Day, February 4th
Valentine Day, February 14th
Ash Wednesday 18th*



**February
Junior Miss**

"Keep the Alarm Resounding - Women Armed for Purpose"

Wisdom and Guidance

Suggested Ideas...

Guidance Journalling:

- Encourage young people to start a journal where they record their prayers, thoughts and reflections on seeking divine guidance.

Wisdom Hunt:

- Create a fun hunting game with clues and riddles that lead young people to different Bible verses that talk about seeking wisdom and guidance.
- Make sure to give out small gifts and tokens.
- Provide refreshments.

Scripture Reading:

- Eph. 5: 15-16



Check out the GROW curriculum:

[Leader's Guide - Salvation Army Canada \(salvationist.ca\)](#)

Meditation.... Divine Wisdom and Guidance

Eph. 5: 15 "Making the most of every opportunity, because the days are evil."

In today's world young people are constantly being faced with choices and decisions that can impact their lives. Many times, it's from what career paths to take, how to navigate relationships and make a positive impact in communities. Many times the options can be overwhelming.

That's why seeking divine guidance is crucial. In *Eph5:15-16*, Paul urges us to "be very careful then, how we live not as unwise but as wise, making the most of every opportunity". This means we must be intentional about seeking God's wisdom and guidance in every area of our lives.

So, for the young people the question is how do they seek divine guidance navigating life's journey? The answer is to:

- **Pray for Wisdom:** Ask God to give wisdom and discernment in decision making (*James 1:5*).
- **Read God's Word Daily:** The Bible is full of wisdom and guidance for navigating life's challenges. —(*Ps 119:105*)
- **Seek Godly Counsel:** Surround oneself with people who can offer wise and godly advice—(*Proverbs 11:14*)
- **Listen to God's Voice:** Take time to listen for God's voice that guides, corrects, and instills knowledge and wisdom. (*Ps 46:10*)

As we seek his guidance in our daily living be reminded that God is always with us guiding and directing us. A prayerful heart for wisdom and discernment is necessary and essential for the Christian journey.



March Worship



"Keep the Alarm Resounding - Women Armed for Purpose"

Leadership

Monthly Theme...

"Stepping into God's Purpose"

The Lord gives the Command.

Highlights:

*World Day of Prayer 6th
International Women's Day
(8th)
Beginning of Lent*

Meditation.... Women's Leadership

Genesis 1 vs 27 "So God created man in his own image, in the image of God he created him; male and female he created them."

Many of the roles of men and women overlap. Sometimes, it is not the calling that differs, but the way in which we fulfill our purpose. For example, both man and woman are given the directive to reproduce, to multiply, but also to subdue and have dominion over the earth. Human beings, whether male or female, therefore receive the same calling, with the ultimate goal of glorifying God. However, He distributes talents to each person differently, and it is as a team that we can accomplish our purpose of leading.

Women have long been relegated to traditional roles in society, but over time, they have fought for their place in professional, social, and political spheres. Understanding the importance of their contributions is essential to creating a more equitable and inclusive world. The participation of women in society has always been a significant topic, as they have often been assigned secondary roles and overlooked in important decisions. Unfortunately, women have faced discrimination, prejudice, and inequality for centuries. Yet, their importance and contributions to society are invaluable.

Firstly, women play a crucial role as mothers and educators. They are responsible for guiding and educating the next generation, which is vital for societal development.

Secondly, women significantly affect the economy of any country. They contribute to their country's economic growth by working in various sectors and creating employment opportunities. Their diverse perspectives and skills are beneficial for economic advancement.

Thirdly, women have an essential role in politics and decision-making. They must be involved in decisions affecting society, as they offer unique perspectives and can provide creative solutions to complex problems.

Examples of Women

We know that there are many women in the world known as heroes. There are also many examples of great women in the Bible. Here are few of them:

Joshua 2:1-22; 6:17-25 - Rahab: a business woman.

Judges 4-5 - Deborah: the first female judge of a nation.

2 Kings 22:14-20; 2 Chronicles 34:22 - Huldah: an important prophetess.

In conclusion, women's roles in society are vital for our collective development and growth. As mothers, educators, workers, entrepreneurs, politicians, and more, we can make indispensable contributions. We must recognize our value and ensure we have equal opportunities alongside men. We must work together to create a more equitable and inclusive world, where every individual is respected and valued.

Suggested Ideas...

Welcome

Song

Scripture Reading:

- Genesis 1: vs 27-28

Praise, Adoration, Prayers

Meditation

Closing Exercises

Group Prayer

Prayer Suggestions:

- Special prayer for women around the world.
- For women with great responsibilities in ministry.
- For families going through divorce.



Monthly Theme...

"Stepping into God's Purpose"

The Lord gives the Command.

Highlights:

*World Day of Prayer 6th
International Women's Day
(8th)
Beginning of Lent*

STEP INTO GOD'S
**GREATER
GLORY**

**March
Service**

"Keep the Alarm Resounding - Women Armed for Purpose"

Forward By Faith

Suggested Ideas...

Plan this meeting at least two weeks in advance for a successful meeting.

Distribute sheets of paper and pencils to the women and ask them to write about an experience they have had that helped them build their faith in God. Then, select four women from this group to read the sheets of paper.

Initiate a discussion about faith: ask each woman to share their thoughts on how they experience faith as women of God.

Welcome & Introduction

Opening Song: # 485 NSASB /407 OSASB

- "All Things are Possible to Him".

Prayer:

- Pray for women that God may empower them to have faith in Him.

Bible Reading:

- Luke 1:45.

Meditation.... Faith Over Fear

Luke 1:45 *"Blessed is she who believed that the Lord would fulfill his promises to her."*

According to Larousse dictionary, "Confidence" means assurance, boldness, courage that comes from the awareness of one's worth, one's good fortune:
Example: "Facing difficulties with confidence."

Following the text, we just read, we see how Mary received this news with great joy. This is why the Bible tells us in **verses 46 to 48** of the same chapter, "My soul glorifies the Lord. And my spirit rejoices in God my Savior, for he has been mindful of the humble state of his servant. From now on all generations will call me "blessed."

So this was truly news of hope, news that announced some wonderful things for Mary. For she had a firm trust in God, she had a stable faith. This helps us to understand that an unshakeable faith is the foundation of true happiness, confidence, and ultimate success in life. This is why it is written in the book of

Hebrews chapter 11:1 "Now faith is the substance of things hoped for, the evidence of things not seen."

Confidence is the belief that we can accomplish what we set our minds to. Trust in God allows us to be ourselves and do what He calls us to, even when it scares us. Therefore, our trust in God allows us to vigorously face even what seems impossible to human eyes. This is why the Bible says in **Mark 9:23:** *"All things are possible to him who believes."*

When we face difficulties, we must examine and strengthen our faith, for it gives us the strength to persevere.

As women of God, we must live by faith, not by sight. This means we can look beyond the challenges before us, knowing that God loves us and is actively working within us.



"Keep the Alarm Resounding - Women Armed for Purpose"

Health Issues

Meditation.... Provision Of Strength

Isaiah 40:29 "He gives strength to the weary and increases the power of the weak."

The prophet Isaiah wrote this book to reveal that Salvation, both physical and spiritual is from the Lord. The prophet Isaiah through this verse explains, how God gives strength to the weary, and how He increases the power of the weak.

To better understand this verse we may ask the question:
Why does God give strength to the weary?

My Friends, God gives strength to the weary because He knows He may not change your situation or difficulty immediately. However, He does give you the strength and power to endure, whatever the situation you are facing. It doesn't matter if it is health issues or problems you may be struggling with. It doesn't matter who you are, as long as you know God, He will provide the strength you need.

If God gives strength to those who are weary, why worry?
Instead of worrying we should put our faith in God.

Dear Friends I would like to encourage you. To put your faith in God. Whatever the challenges that you are facing, He will increase your power and He shall renew your strength. (*Isaiah 40:31*). *Let's sing the chorus "Why worry when you can pray..."*

Amen.

Special Guest:

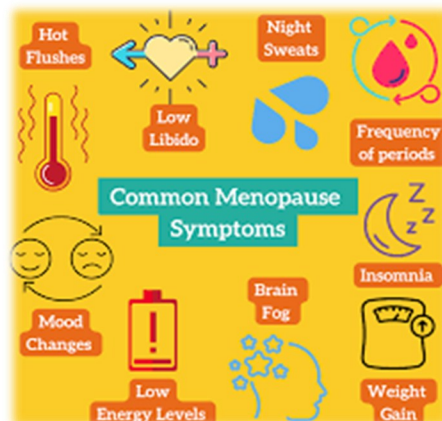
Introduction of the Nurse

Subject: Menopause

- What is Menopause?
- What are the challenges of Menopause?

Question & Answer

Word of Thanks



Suggested Ideas...

- Motivate the ladies to invite other women in the community to attend.
- Invite a doctor or a Nurse to speak to the ladies on Menopause.

Chorus:

- "Home League! Home League! come -and join our Home League"
- "You Are My Strength when I am weak".

Prayers:

- For women and girls who have health issues.
- For women who are weary and in need.

Game

Activity:

- Let's have an Acrostic with the word "Education".

EDUCATION: E - energy
D - discipline
U - unity
C - confidence
A - aim
T - talent
I - interest
O - opportunity
N - nation

- Sandwich Eating Competition.
A little token will be given to the winner.



Monthly Theme...

"Stepping into God's Purpose"

The Lord gives the Command.

Highlights:

*World Day of Prayer 6th
International Women's Day
(8th)
Beginning of Lent*



**March
Fellowship**

"Keep the Alarm Resounding - Women Armed for Purpose"

Time For Fun

Suggested Ideas...

- Announce the Fun Activities one week before.
- Tell them we will play "Speed Quiz" and "Team Balloon Race".
- Ask them to invite other women in the community to come to participate.
- Ask them to bring their Bible or provide for them.
- Provide plenty of paper, balloons, music, prizes or recognition for the winner and also share some snacks to enjoy during the moment.

Welcome and Introduction

Chorus of the Song: # 807/SASB

- "Joy, joy, joy there is joy in the Salvation Army".

Prayer:

Form a circle **and** hold each other's hand to pray.

Fun: Speed quiz and balloons race

Recognition of the winners

Snack

Prayer

Home League Motto

Meditation.... A Cheerful Heart

Proverbs 17:22 "A cheerful heart is a good medicine, but a crushed spirit dries up the bones".

We are living in a world which is full of stress in every area of life; we find it in our work place, at home, in toxic relationships etc... For this reason, sometimes we may feel sad, irritable, angry, impatient, wounded, over-burdened, overwhelmed, anxious, nervous or afraid.

All these emotions can have great negative impact on our physical and spiritual life. In fact, to overcome these situations we need to take a few moments in our time to have fun so that we can have a cheerful heart. The king Solomon urges us in *Proverbs 17: 22* to have a cheerful heart because it is a Good Medicine for our body and our spirit. It is always good to keep ourselves healthy by having fun when necessary.

God wants us to be healthy and alive so that we can work for Him, praise Him and proclaim His Name.

In-conclusion, the -Bible says in *Psalms 6:5* "Among the dead no one proclaims your name. Who praises you from the grave?". Let's praise Him while we have life.

God bless you!

Games Instructions

Speed Quiz

- *To begin, ask each member to write down Bible-related questions.*
- *Then have other members of the group answer these question as quickly as possible.*
- *Whoever gets the correct answers in the shortest of time wins a prize.*

Balloons Race

- *To begin this activity divide the group into teams and give each team two or three balloons.*
- *Ask them to blow up the balloons to their desired size and have them race across a designated finish line. The first team to cross the finish line with all their balloons-wins.*
- *Let the music play while playing.*

March
Junior Miss



Monthly Theme...

"Stepping into God's Purpose"

The Lord gives the Command.

Highlights:

*World Day of Prayer 6th
International Women's Day
(8th).*

Beginning of Lent .

"Keep the Alarm Resounding - Women Armed for Purpose"

Education

Meditation.... The Importance of Education

Proverbs 1:7 *"The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction".*

This verse from the book of Proverbs reminds us that seeking knowledge and wisdom start with reverence for God.

What is Education?

Education is the transmission of knowledge, skills and character traits and manifests in various forms. (*Wikipedia*).

Education has a very important role to play in our lives. All Presidents, Prime Ministers, Pastors, Teachers, Doctors, Lawyers and so on go through teaching and learning to become the important person that they are in our society.

Why is Education Important?

Education can eliminate poverty in a society/nation.

In a society where people are educated with wisdom, they can create things to help their nation to grow economically and reduce poverty. Education will not just give you the opportunity to work, but it gives you the capacity to create jobs for others, provide good working conditions and receive a proper salary. Education can lift families out of poverty and elevate a nation.

Education Leads to Progress.

Education is the key to success, and there is no progress without education. To approach education in a way to be successful we need wisdom, humility, a willingness to learn and we should not lean on our own understanding but trust in God.-(*Proverbs 3:5-6*)

Education empowers girls to reach their full potential, equipping them with the knowledge and skills to navigate life's challenges. God's plans are filled with hope and promises, guiding us toward a bright future. By valuing education, girls can grow in wisdom and understanding, fulfilling their God-given purpose, and positively impacting the world in helping the needy in our society.

Nelson Mandela once said *"Education is the most powerful tool that can be used to change the world"*.

Malcolm X, said also *"Education is the passport to the future, for tomorrow belongs to those who prepare for it."*

Suggested Ideas...

- Invite a Special educator to make a presentation about "The importance of Education"
- Copy the puzzle and organize a competition, provide a small token to give to the person who finds all the words and make up the sentence below.

Chorus:

- "The Wise Man Built his House Upon the Rock".

Prayer

Scripture Reading:

- "Proverbs 1:7"

Closing Prayer.

Game: Crossword Puzzle

S	W	O	N	K	J	V	G	Q	A
L	H	M	B	W	I	S	D	O	M
R	O	F	P	O	R	S	A	I	N
I	M	P	O	R	T	A	N	C	E
G	O	D	H	L	L	I	W	B	H
E	H	T	K	D	N	R	U	X	T
S	I	M	P	A	C	T	E	D	J
W	E	D	U	C	A	T	I	O	N

"GIRLS WITH WISDOM WHO KNOW THE IMPORTANCE OF EDUCATION WILL IMPACTED THE WORLD".

Monthly Theme...

"Empowered to Conquer"

For if we have been united with Him in a death like His...

Highlights:

World Autism Awareness

Day 2nd

World Health Day 7th

Palm Sunday March 29th

Good Friday 3rd

Easter Sunday 5th

EMPOWERED
women
EMPOWER
women

April
Worship

"Keep the Alarm Resounding - Women Armed for Purpose"

Resurrection Power

Suggested Ideas...

- One week in advance, inform the ladies about your plan for the coming week.
- Get them involved in the program.
- Remind the ladies to come with their Bible for sword in hand activity (The bible verses below can be used).
- The ladies can be divided into groups to pray with one another, and while they are in the group, ask them to write a list of the consequences of sin. When they return to their seat, allow them to share what they have on their list.

Highlight some of the consequences of sin.

Such as:

- Broken relationship (*Genesis 3:23-24*).
- Guilt & Shame (*Genesis 3:8*)
- Separation (*Isaiah 59:2*).

Song: # 464 NSASB

- "Victory in Jesus".

Prayer Song: # 219 SNSB

- "Because He lives, I can face tomorrow".

Praise and Worship Chorus

- "Free, Free, Free, I have been set free".
- "Victory is Mine".
- "We Have the Victory, Hallelujah".
- "He is Lord, He is Lord. He is Risen from the dead".
- "Halleluiah, We have Won the victory".

Meditation.... Victory Over Death

Romans 6 vs 5 "For if we have been united with Him in a death like His, we will certainly also be united with Him in a resurrection like His".

This verse highlights that believers are spiritually united with Christ through faith in His death and resurrection.

Jesus' resurrection assures victory over sin and death.

Victory over death refers to the triumphal resurrection of Jesus Christ three days after His death. Since we have been united with Jesus in His resurrection, we can claim our victory over sin, its power, and its consequences.

(1Corinthians 15:55-57)

Jesus' resurrection offers hope of eternal life.

Not only does Jesus have the power to overcome death, but He also offers eternal life to those who believe in Him (*John 3:16, John 11:25, 26*). For those of us who believe that Jesus died and rose again, death is not our final destination. Instead, it is viewed as a transition from death to life. Someone once said, and I quote, "When we die, we go on living on a different plain." We simply change location. It is just a change from earthly life to eternal life.

Jesus' resurrection guarantees our resurrection

The Bible states in *Romans 6:5* that since we have been united with Christ in a spiritual death like this, we will also be united with Him in a physical resurrection like Him .

The Bible teaches us that after death, we will be raised to a new, glorified body to be with our Lord and Savior, Jesus Christ, and live with him forever and ever (*John 14:2,3, 1Corinthians 15:55-57*)

We have been reminded today that the resurrection Power of Jesus Christ assures us of victory over death, offers us eternal life, and guarantees our resurrection.

This profound truth empowers believers to live with hope and confidence, knowing that Christ has conquered death.



April
Service

EMPOWERED
women
EMPOWER
women

"Keep the Alarm Resounding - Women Armed for Purpose"

Helping Others

Monthly Theme...

"Empowered to Conquer"

*For if we have been united
with him, in a death like His..*

Highlights:

*World Autism Awareness
Day 2nd*

World Health Day 7th

Palm Sunday March 29th

Good Friday 3rd

Easter Sunday 5th

Meditation.... God's Love and Presence

Hebrews 10 vs 22 *"Let us draw near to God with a sincere heart and with the full assurance that faith brings. Having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water."*

In this verse, we are invited to approach God with sincerity. Our faith assures us that we can come freely, without fear. This verse reassures us that through Jesus, we are cleansed from guilt, allowing us to experience a pure relationship with our Heavenly Father. The Bible verse we explored offers a unique perspective on cultivating a loving and passionate relationship with our Creator. We must remember that God loves us unconditionally. This divine love is the foundation of our relationship with God. We become more open to connecting with Him when we truly understand and accept this love.

Growing in Faith As servants of God, faith is the foundation of our relationship with Christ. Growing in faith is a continuous journey that deepens our connection with God and transforms our lives. It's about building a deeper relationship with Him and continually relying on His guidance in our everyday life. The Bible calls us to grow in faith continuously. **2 Peter 3:18 (NLT)** says, *"You must grow in the grace and knowledge of our Lord and Savior Jesus Christ."* Faith grows when we spend time with God, study His Word, and apply His truths to our lives.

Drawing Nearer to God

Drawing nearer to God is the only way we can grow in faith. "The Lord is near to all who call on Him, to all who call on Him in truth."

(Psalms 145:18). This verse assures us that God is never far away. Through prayer, we deepen our relationship with God, allowing His presence in our lives. *"Trust in the Lord with all your heart and lean not on your understanding; in all your ways submit to Him, and He will make your paths straight."*

(Proverbs 3:5-6). This scripture also encourages us to rely on God rather than any other thing. Listening to and trusting Him allows us to draw near and follow His guidance, and submit our plans to Him. There are many ways we can do that, by reading, meditating, and applying God's Word. It also provides comfort and direction during difficult times. When we engage in praise, we open our hearts to His presence. Each moment spent in worship invites us closer to God, helping us connect with Him on a deeper level. When we express our love and gratitude through worship, we acknowledge His greatness and love for us.

So, my dear friends, I want to encourage you to stay close to God in every situation. And remember that the love of God is unconditional for us. As the song says: hold me close, let your love surround me. Bring me near; draw me to your side.

Suggested Ideas...

- Plan to visit a member of the Home League.
- Two weeks before, ask every member to bring items to get a cosmetic basket for the visitation.
- Confirm the availability of the person we will visit.

Opening Song: # 601

- "Lord I Come to You".

Prayer

Chorus:

- "I know He cares for Me".

Item:

Testimony by the member visited.



Monthly Theme...

"Empowered to Conquer"

For if we have been united with Him in a death like His...

Highlights:

World Autism Awareness Day 2nd

World Health Day 7th

Palm Sunday March 29th

Good Friday 3rd

Easter Sunday 5th

EMPOWERED
women
EMPOWER
women

April

Education

"Keep the Alarm Resounding - Women Armed for Purpose"

Seeking Good Health

Suggested Ideas...

Arrange seating in a semi-circle

Items Needed:

Paper, Pens, small Box, Bible, Invitation Cards.

Song:

"Happy and Health" (YouTube playing)

Quizzes:

Engage persons in a discussion about:

- What are some of the things that can be done to maintain good health?

Activities:

- Ask persons to write 1-3 words to describe: How are they feeling now?
- Collect the papers!
- At the end of the meeting, have them write on another strip of paper How are they feeling now?

Poem:

Always drink water.

It can save you from the sun.

If you do this.

You can go everywhere with your mom.

Always do exercise.

It is good for your health.

Health is more important than any kind of wealth.

Creatives Ideas:

- Ask Ladies to come with different pictures of Activities to Improve Health.

Prayer Ideas:

In small groups, ask them to pray for each other, then join another group and pray for each family. Continue to join different groups until the groups become one group praying for people suffering from health issues.

Scripture:

- Jeremiah 33:6

Meditation....The Importance of Good Health

Matthew 9:20 "Just then, a woman who had been subject to bleeding for twelve years came up behind Him and touched the edge of His cloak".

As we look at the women in the Bible many go through health issues.

The Scripture explains that there was a woman who spent 12 long years experiencing suffering and loneliness. Her journey of healing took her to every doctor she knew. She was now poor and helpless because she had spent all her money.

Jesus was her last hope, so she stepped out from the crowd and came behind Him, believing that if she touched His clothes, she would receive healing which she did.

As soon as she received healing, Jesus asked "Who touched me?" The woman was afraid and ashamed to come forward, but Jesus gave her His attention, and she explained everything that had happened. Jesus responded lovingly, telling her that her faith had healed her.

This is the God we serve. We must trust Him with our problems or sickness because He is the Great miracle worker.

According to (Matthew 8:14-15), "When Jesus came into Peter's house, He saw Peter's mother-in-law. She was lying in bed with a fever. Jesus touched her hand, the fever left her, she got up and began to wait on Him".

I encourage you to trust the Lord because we serve a Great, Wonderful God. He will continue to do miracles in people's lives worldwide.

The Chorus writer says: *He touched me! Oh, He touched me, and Oh the joy that floods my soul, Something happened and now I know He touched me and made me whole.*

Healthy Habits Bingo:

- Create a Bingo card with healthy habits such as getting enough sleep, eating fruits and vegetables, and exercising regularly.
- Participants mark off habits as they complete them, and the first to get a Bingo wins!

April
Fellowship

EMPOWERED
women
EMPOWERED
women

"Keep the Alarm Resounding - Women Armed for Purpose"

Be Strong

Monthly Theme...

"Empowered to Conquer"

*For if we have been united
with him in a death like His...*

Highlights:

*World Autism Awareness
Day 2nd*

World Health Day 7th

Palm Sunday March 29th

Good Friday 3rd

Easter Sunday 5th

Meditation.... Be Strong and Courageous

1 Corinthians 16:13, "Be on the alert. Stand firm in the faith. Be men of courage. Be Strong".

In the New Testament, the call to be strong and courageous is personified in the life of Jesus Christ and the apostles. The Apostle Paul, writing to the Corinthians, exhorts them in *1 Corinthians 16:13, "Be on the alert. Stand firm in the faith. Be men of courage. Be Strong"*. This directive is set within spiritual vigilance and steadfastness in the faith. The biblical call to be strong and courageous has practical implications for believers today. It encourages a reliance on God's presence and promises, fostering a spirit of resilience and faithfulness when facing life's challenges. This strength is not just physical or emotional but is deeply spiritual, rooted in a relationship with God and a commitment to His Word.

Trusting God as our trustworthy source of strength

Paul further elaborates on the source of God's strength in *Ephesians 6:10, "Finally, be strong in the Lord and His mighty power."* Here, believers are reminded that their strength is not self-derived but is found in the Lord and His power, which equips them to withstand spiritual battles.

We all need courage to face the future, and we need to be strong and courageous. But, to be clear, courage is not all that superhero stuff you see on TV and in the movies. Courage is facing life's challenges with the help and direction of God. Courage is being resolute in the face of great trials. Courage is being firm and steadfast in the ways of God, even if you're the only one. By the grace of God, you can make a difference, change the whole direction of your family, stand up in the face of fear and hardship, and lead others into a new way of life. What God said to Joshua, He's saying to us today: *"You're not alone; every step of your life, I will be there. I've not forgotten you. I am with you. You need only to be strong and courageous. Follow me, keep my word, and I will bless you wherever you go"*. What an excellent promise that God made to us!

Having boldness and confidence.

Knowing that we can approach God with freedom and confidence is a wonderful privilege. *Ephesians 3:12* says, "In whom we have boldness and access with confidence by the faith of him." The words "in whom" tell us that our confidence is not based on ourselves but our relationship with Jesus Christ. When you know that you are in Christ, there is no longer a need to be sheepish about asking for what God has already promised you in His Word. Again, *Ephesians 3:12* tells us that we can come to God with boldness and confidence. In times of fear, uncertainty, or opposition, believers are reminded that their courage is anchored in the unchanging character of God, who is both their protector and guide. This divine encouragement empowers us to live boldly and faithfully, trusting God's sovereign plan and provision.

Suggested Ideas...

- Two home leaguers will share their personal experiences to encourage the other ladies to be strong in every circumstance.

Song: # 948 NSASB

- "Be Strong in the Grace of the Lord".

Prayer Chorus:

- "Jesus knows all about our Struggles".

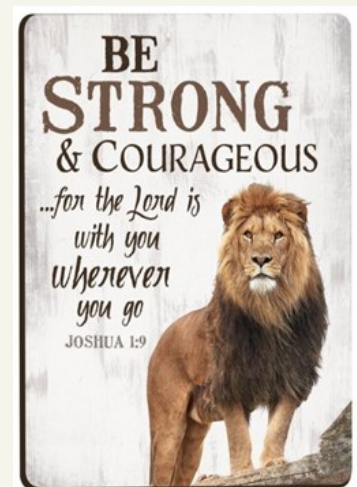
Special Prayer:

- Pray for women to be strong and courageous.

Games:

Closing Exercise:

- Home League Motto



Monthly Theme...

"Empowered to Conquer"

*For if we have been united
with him in a death like His...*

Highlights:

*World Autism Awareness
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EMPOWERED
women
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women

April

Junior Miss

"Keep the Alarm Resounding - Women Armed for Purpose"

Finding Your Purpose

Suggested Ideas...

"God's Unique Design Exploration"

Materials: Pens, journals, a large poster board, markers, Bible verses on spiritual gifts. Blank canvas/ colored blank paper.

Prayer and Scripture:

- Begin with a short prayer, asking the Holy Spirit to guide the group.

Scriptures:

- Romans 12:6-8 and 1 Peter 4:10.

Give each girl a journal and ask them to write answers to:

- What activities excite you and make you feel closest to God? (music, nature, writing, fashion, reading, helping others, etc.)
- When do you feel the most joyful?
- What are things that break your heart and you want to help?
- What are some changes you would like to see in your community?
- What compliments or encouragement have others given you about your strengths?

OR

- Provide Each girl with a blank canvas or paper.
- Have them create a visual representation of themselves using drawings, words, and symbols that reflect their talents, interests, and things they love.

Meditation... Service With Passion

1 Corinthians 10:31, *"So whether you eat or drink or whatever you do, do it all for the glory of God."*

Passions are God-given and should always reflect His character and purpose. They should bring us closer to God and serving others.

God has placed unique gifts, talents, and passions within each one of us - not by accident, but by divine design. Whether you love to sing, create, lead, encourage, or serve, your abilities are not just for your personal fulfillment but for God's glory and the service of others.

Imagine the work of your hands as an offering, not to impress the world but to honor the One who created you. Every small act, whether speaking kind words to someone, painting a picture, leading worship, or helping a friend, can be an act of service when done with a heart devoted to God. The world will tell us that success is about recognition, achievement, or praise, but God calls us to a higher purpose: to serve Him with Joy, regardless of who is watching. When we work for the Lord, our efforts have eternal significance.

"Take delight in the Lord, and He will give you the desires of your heart."

Psalms 37:4

~ When we focus on loving and serving God, he aligns our desires with his will. This means our passions will naturally lead us to his purpose for us.

"So whether you eat or drink or whatever you do, do it all for the glory of God." **1 Corinthians 10:31**

"The heart is deceitful above all things and beyond cure. Who can understand it?" **Jeremiah 17:9**

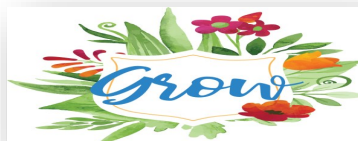
~ Some passions may be selfish or lead us away from God's truth. We need to Seek God's wisdom and follow His leading.

Following our passions is not about chasing every desire but aligning our hearts with God's will and using our gifts to glorify him. He shapes our passions into a meaningful calling when we seek Him first.

Prayer

Dear God, direct our passions toward your purpose and will for our lives. We offer our work, creativity, and service as a reflection of our love for you. Please help us do whatever we do with all our hearts as we worship and glorify your name.

In Jesus' name, Amen.



May
Worship

NEVER
GIVE UP

Monthly Theme...

"God's Battle! Never Give Up!"

She is clothed with strength and dignity; she can laugh at the days to come.

Highlights:

Mother's Day 10th,
Labour Day, Jamaica 25th
Ascension Day 29th
Family Sunday 25th

"Keep the Alarm Resounding - Women Armed for Purpose"

Empowered by Faith: Women Armed for God's Purpose

Meditation.... Women of Faith

Proverbs 31:25 *"She is clothed with strength and dignity; she can laugh at the days to come."*

The Bible presents women not just as figures of support but as leaders, warriors, nurturers, and prophets. Their strength is built on resilience, and their faith is anchored in God's promises. Whether it's Esther's bravery, Mary's belief, or the Canaanite woman's persistence, and Deborah's courage, each story teaches that a woman empowered by faith is a force of divine purpose and victory. Here are some of the important women who were empowered in the faith who serve as great examples.

Having faith in God, no matter how impossible things may be.

Many biblical women stood firm in their faith in God even when their situations seemed impossible.

In Luke 1:45, we have the example of Mary, the mother of Jesus, this verse honors the faith of a woman who trusted God's Word even when facing challenging times.

In Matthew 15:28 Jesus praised the Canaanite woman's persistent faith, which moved Him to heal her daughter. "Woman, you have great faith! Your request is granted".

In Hebrews 11:11 Sarah's story highlights faith that waits patiently on God's promises.

The Faith of a Woman brings:

Resilience: The ability to withstand and bounce back from challenges.
Proverbs 31:25 .

Courage: The willingness to face fears and take risks. *Deuteronomy 31:6* *"Be strong and courageous. Do not be afraid or terrified...for the Lord your God goes with you; he will never leave you nor forsake you."*

Perseverance: The determination to persist in the face of obstacles *Galatians 6:9* *"Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up"*.

Trust: The confidence and reliance on God . *Proverbs 3:5-6*.

Conclusion: As we know that many women struggle with fear and insecurity, remember that Paul assures us, "For God has not given us a spirit of fear, but of power and of love and of a sound mind".

Suggested Ideas...

- Have the ladies prepare in advance by choosing four women of character in the Bible to represent them.

Opening Chorus:

"When I have fear or I'm afraid I put my FAITH in God".

Prayer:

- For the women who are battered to be empowered by Faith.

Action:

- Have the ladies stand in two (2) equal lines, the 1st line giving their back to the other line and play Faith.



May Service

NEVER GIVE UP

"Keep the Alarm Resounding - Women Armed

Love In Action

Monthly Theme...

"God's Battle! Never Give Up!"

She is clothed with strength and dignity; she can laugh at the days to come.

Highlights:

Mother's Day 10th,
Labour Day, Jamaica 25th
Ascension Day 29th
Family Sunday 25th

Suggested Ideas...

Welcome

Song: #467

- "If Human Hearts".

Activity:

- Prepare in advance in the League some toiletry baskets or gift baskets to share with mothers who are Shut-ins in the community and to the oldest mother in the League as well.

Prayer:

- For single mothers and families.

Bible Quiz:

- On good role model Mothers in the Bible.

Meditation

Closing Exercise

Scripture Reading:

Isaiah 66:13

"As a mother comforts her child so will I comfort you. And you will be comforted over Jerusalem".

Meditation... Mother's Love

Isaiah 66:13, "As a mother comforts her child so will I comfort you. And you will be comforted over Jerusalem".

I believe that a mother's love is the best love one could ever experience, because it is unconditional. A Mother's love is portrayed as a deep and selfless affection that reflects God's nature. When we look in the Bible, from Eve, the first mother, to Mary, the mother of Jesus, scripture highlights the special role that mothers play in nurturing and shaping the lives of their children.

A mother's love is warm and tender. This love is often strong and enduring. Sometimes, she faces some hard challenges, but she never gives up. Mothers go to any length and breadth to make sure that their children's wellbeing and happiness are secured.

Our mother's sacrifice for us, is in so many times and so many ways hard to understand. However, The Bible beautifully captures this love through many verses that reflect a mother's nurturing spirit, her sacrifices, and her role in shaping the faith and character of her children. *Proverbs 31:25- 31* speaks about this kind of love and compassion, how it is pure and genuine and not fake.

Therefore, we must show mothers even more love for all that they have done for us. We will never be able to repay them, no matter how hard we try. However, we can show our mothers love by being kind, helpful, caring, compassionate, and give them all the respect that is due to them. In addition, when showing love and compassion to them, do not look for anything in return, your Heavenly Father will reward you.

Let us appreciate everything our mothers have done for us, because they are very precious. *Proverbs 31:10* says *"who can find a virtuous and capable wife? She is more precious than rubies"*. Let us continue to honour mothers because it pleases God.



Meditation.... Be A Mentor

Titus 2: 3-4 *"Likewise, teach the older women to be reverent in the way they live...Then they can urge the younger women to love their husbands and children."*

Paul the apostle, instructs Titus to encourage the older women in the community to display holiness in their living. In doing so, they give the younger women an example of how they are to live. Likewise, we should strive to be mentors to the younger women around us.

To be a mentor, we need to look at the life of Jesus. He was a mentor to His disciples in word and deed. In *Mark 3:13-19*, we read about how Jesus appointed the 12 disciples. He did not only appoint them to learn but also to do as He did: To preach, have authority to drive out demons. Even now, we can learn from Him. He encourages us to be self-controlled and to live wisely. In so doing, He set positive examples through His actions. He taught us to make appropriate decisions while demonstrating a life of holiness and integrity.

Why should you be a mentor?

When I was a young girl, I remember looking at the older women in my community with great distinction. There were some I wanted to be like, and those whom I would never want to be like. For me, the greatest mentor I had was my mother. She was a strong woman of God who got her family up for church every Sunday.

Mentorship is an important element in every community. Not every young woman grows up with a positive role model to follow, but is a need and you can be a role model.

In following Jesus' footsteps we can be a light for the other women in our communities to see. I encourage all the women as I encourage myself to live a God-fearing life. Be a voice for those who do not have their own. Live morally and make just decisions. In doing so, we can lead the younger generation on the right path.

Suggested Ideas...

- Announce in advance that a Special Guest is coming to share on the topic "Be A Mentor".

Song: # 795

- "What a Friend We Have in Jesus".

Activity:

- Ask the Ladies to bring pictures of women who inspired them in their families or in their communities.
- Decorate the room with pictures of women who made positive impacts in the Bible.

Closing Exercise



Monthly Theme...

"God's Battle! Never Give Up!"

She is clothed with strength and dignity, she can laugh at the days to come.

Highlights:

Mother's Day 10th,
Labour Day, Jamaica 25th
Ascension Day 29th
Family Sunday 25th

NEVER
GIVE UP

May
Fellowship

"Keep the Alarm Resounding - Women Armed for Purpose"

A Joyful Spirit

Suggested Ideas...

Sing Inspiration:

- "If you're happy and you know it, clap your hands".
- Happy, Happy, Happy, Happy in the Lord.
- A little more oil in my lamp keep it burning.
- I got the Joy, Joy, Joy down in my Heart.

Prayer Chorus:

- "Lord, I Thank You for the Joy of Living".

Opening Prayer

Games:

- Pass the ball to one another. (When the ball stops, the person will say something that makes them feel happy, two ways they have fun, or how they keep their joy).
- Ask everyone to share a joke that they can remember from their childhood.

Closing Chorus:

"I feel good, good".

Riddles:

- What has a neck but no head?
- What is more useful when it is broken?
- I am easy to lift, but hard to throw. What am I?
- Where do you take a sick boat?
- Which fish costs the most?
- What goes up, but never comes down?

Meditation.... Be Joyful

Psalm 118:24 "This is the day that the Lord has made; let us rejoice and be glad in it".

Our lives are made up of a finite number of days, each one crafted by God for a specific purpose. Yet, how many of us truly enjoy the day, recognising that it is a precious, irreplaceable gift? Enjoy every day, as the psalmist says in *Psalm 118:24 (NLT)* "This is the day the Lord has made. We will rejoice and be glad in it".

How often do we let the gift of today slip through our fingers, weighed down by worries of tomorrow or regrets of yesterday? Let us always remember that every day is a gift from God.

Let's begin by reflecting on *Psalm 118:24 (NLT)* which means to be joyful, to delight in, or to express joy. Every day is a gift from God, a new opportunity to experience His goodness. *Lamentations 3:22-23 (NLT)* "The faithful love of the Lord never ends! His mercies never cease. Great is his faithfulness; his mercies begin afresh each morning."

How do we do this practically? *Philippians 4:4 (NLT)* instructs us, "Always be full of joy in the Lord. I say it again - rejoice!"

Someone once said "It is not how much we have, but how much we enjoy, that makes happiness." In addition life is short and goes by quickly. We do not have many days, so we must cherish every opportunity to be joyful and give thanks in everything.

Rejoice in the Lord always and again I say Rejoice!



May
Junior Miss

NEVER
GIVE UP

"Keep the Alarm Resounding - Women Armed for Purpose"

Girls have Rights Too

Monthly Theme...

"God's Battle! Never Give Up!"

She is clothed with strength and dignity, she can laugh at the days to come.

Highlights:

Mother's Day 10th,
Labour Day, Jamaica 25th
Ascension Day 29th
Family Sunday 25th

Meditation.... Girl's Rights

Galatians 3: 28, *'There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female, for you are all one in Christ Jesus'.*

Everybody possesses fundamental human rights and should not be denied opportunities or subjected to discrimination based on their gender. We are living in a world where most of the females are rejected, but *Galatians 3: 28* emphasizes the spiritual unity and equality of all believers in Christ, regardless of their background, social standard, or gender.

Girls, Know your rights!

As girls, you have the right to do everything you want to do in the society just like boys do. Do not let anyone limit you from doing something. *1 Timothy 4: 12* said: *"Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity."*

Girls, you are valuable!

You are like an apple in the eyes of God, because He made you in His own image, everyone is equally loved and valued by God. *Psalms 139:14* *"I praise you because I am fearfully and wonderfully made; your works are wonderful; I know that full well."* Young girls, remind yourselves that you are loved by God. Sometimes others may overlook us, but remember we are fearfully and wonderfully made. Be happy! You are very important to God.

The Importance of Girls

Girls are very important in the family of God. In *Luke 12:6-7* it says, "Are not five sparrows sold for two pennies? And not one of them is forgotten before God. Why, even the hairs of your head are all numbered. Fear not; you are of more value than many sparrows." Not only do we have our rights, but also we are very important in the society. No matter how difficult our circumstances are, we must be brave. Let us encourage one another, continue to stand for our rights, and our God will continue to take care of us.

<https://salvationist.ca/womens-ministries/grow/leader-s-guide/>

Suggested Ideas...

- Weeks before invite the other young people from different churches.
- Plan to have a special guest who can share about girls rights.
- Decorate with some girls pictures.
- Have a little token for the guest.
- Serve refreshments.

Scriptures Reading:

- Psalms 23

Song: #492 NSASB

- "God will Make a Way Where there seems to be No Way".

Prayer Focus: Choose 2 particular persons for the prayer

Pray for:

- The girls all over the world who are facing trials and violence.
- The young mothers and pray for peace and freedom.

Choruses:

- "He is a miracle working God".
- "He is able more than able".

Check out the GROW curriculum:

[Leader's Guide - Salvation Army](#)
[Canada \(salvationist.ca\)](#)



Monthly Theme...

"God's Battle! Never Give Up!"

She is clothed with strength and dignity, she can laugh at the days to come.

Highlights:

Mother's Day 10th,
Labour Day, Jamaica 25th
Ascension Day 29th
Family Sunday 25th

NEVER
GIVE UP

May
Family
Night

"Keep the Alarm Resounding - Women Armed for Purpose"

Family Time

Suggested Ideas...

In January form a planning committee for this Annual Family Dinner, and invite family members.

Each Leaguer is to make a contribution cash or kind. **Note dietary needs of attendees.** Have the meal prepared by a Caterer.

- Make this a fun and educational evening.
- Put surprise messages under seats/tables and make a presentation to the winner.

Meditation: Some sentences to be added about these lines.

Play 'Old Time' Games:

- Fruit Basket Turn-over.
- Musical chairs.
- Write activities that families can do and put it in a bag and ask different families to take one paper and do what the paper says.
- Ask families to sing; Tell about your day; tell funny family incidents.
- Ask Junior Miss to do an item.
- Give a token to the first early-bird family that arrives, etc.

Have a Guest Speaker:

- Speak for 10 minutes on relevant family matters. Allow for a few questions. Select someone from - Child Protection Agency/Health Professional/Family Counsellor, Addiction Treatment Centers, etc.
- **Suggested Songs:** NSASB: 1011; "The Family of God," by Bill and Gloria Gaither.

Chorus:

- "His Grace is all Over me and is Keeping me Alive".

Meditation.... Guardian of Grace

Guardians of Grace: Rahab: "A Woman Armed to Protect Her Family"

Introduction:

As we look at the story of Rahab, we see evidence of a woman who was discerning and wise. She literally prophesied that the Israelites were going to conquer her country Jericho.

- God's Wisdom in Rahab - *Joshua 2: 9 - 14*
- Rahab Secured Protection for Family – *Joshua 6: 17, 22, 23, 25*
- Rahab Acted in Faith in God – *James 2: 26; Hebrews 11: 31*

Tell the story of Rahab in your own way.

Conclusion:

Rahab, as a Guardian of God's Grace, did not give up on her family, but protected them from total annihilation. What lessons have we learnt from her? This prostitute delivered her family, and this teaches us that we should not despise anyone in our family, "In John 3:16 the Bible tells us, 'For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life,'"

Prayer:

Specifically for the families present, and the communities, represented.

Closing Exercises



June
Worship

BE EQUIPPED
FOR THE
BATTLE



Monthly Theme...

"Equipped for Battle"

Do not be anxious about anything.

Highlights:

LOM / YLOM Sunday and

Enrollments 7th

Father's Day 14th

School Exams

Pentecost Sunday 7th

"Keep the Alarm Resounding - Women Armed for Purpose"

Praying Together

Meditation.... The Power of Prayer

The Bible says in James 4:8, "Draw near to God and He will draw near to you" (NKJV).

Prayer is essential because it helps us to stay close to God. The more we talk and spend time with people, the more we get to know them. The same thing happens when we spend time in prayer, connecting with God. The more time we spend talking to Him, the closer to Him we will become.

Prayer is not something we should only do at church or during Bible study, but it should be a vital part of our daily lives. It's something we should do every day. Like any relationship, if you don't spend time with that person, the relationship will suffer. Prayer is a way for us to spend time with God. It is a way to connect with Him and align our hearts with His. When we pray, we invite God into our lives and ask for His guidance.

Some believers recall multiple moments in their own lives where they were pressed into His presence (drawing near) and felt His peace that surpasses all understanding.

So, why is prayer necessary in our lives? Prayer is significant in the Bible, and it can easily shape our daily walk with God. Prayer is more than just asking; it's about forming a deeper connection with the Lord Jesus. Through prayer, we find peace, guidance, and strength to navigate life's many challenges and struggles. Let's dig into the profound impact of prayer and its essential role in our daily lives with Jesus.

Paul writes in *Philippians 4:6-7*, "*Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;* (NKJV). Prayer is essential because it positions us to receive God's peace that surpasses all understanding. In life's most challenging moments, and even in the good times, prayer helps us stay focused on what's close to God's heart.

Prayer changes things and people!



Suggested Ideas...

Welcome

Call to worship

Song: # NSASB 586

- "Draw Me Nearer"

Opening Prayer

Ice Breaker:

- If you could have one prayer answered right now, what would it be?
- Prayer Request Swap: Have each person write down a prayer request and then swap with another, praying for the request they received.

Prayer Story:

- Ask participants to share a time when they felt God answered a specific prayer.

Closing Exercise:

- Mizpah and Motto

Activity: See page 74

Monthly Theme...

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BE EQUIPPED
FOR THE
BATTLE

June
Service

"Keep the Alarm Resounding - Women Armed for Purpose"

The Gift of Fathers

Suggested Ideas...

Welcome

Choruses: NSASB #582

- "Father, We Love You".
- "Heavenly Father, I Appreciate You".
- "Let Your Living Water".

Prayer Time:

- Pray for our families.
- For the men in our Corps.
- For our young men and boys that they will put God first in their lives.

Scripture:

- Psalm 103:13:
- "Just as a father has compassion for his children, so the Lord has compassion on those who fear Him. A father's presence in the home, grounded in integrity and righteousness, brings blessings and stability to his children."

Closing Exercise:

- Motto



Meditation.... "God's Plan for the Home"

God's plan for the family is as old as time. God gave Eve to Adam as a perfect companion. God told them to be fruitful and multiply. They were to support to one another. Men are commanded to love their wives, and wives to respect their husbands. Children are commanded to honor their parents. God models that care and compassion for us in His relationship with us. God is A husband to the widow and a Father to the fatherless. Let us do what we can to support the men in our lives in their leadership roles. Let us guide the next generation of young men to put God first in their lives and to follow God's direction.

Activities:

Make an Apple gift box out of a plastic one- or two-litre bottle. Prepare the week before, asking each lady to come with two empty soda bottles, (green plastic if possible, rinsed and dried) and a sharp pair of scissors.

- Ask each lady two weeks in advance for their favorite scripture verses or words of encouragement, and type them up during the week on colored paper. If available, thirty scriptures/phrases per page, enough pages for the number of apple gift boxes you will be making.
- Provide clear tape, glue, green construction paper and red, green and white tissue paper.
- Buy bags of wrapped candy mints, toffee, etc. Type the phrase "*Father, keep me as the apple of your eye*" Psalm 17:8a multiple times (the size of a label) on white paper to be used as a label on the apple box.

Craft Directions:

- Cut the bottle into two parts: bottom third, top third. Cut the top piece in several places along the edge about an inch deep.
- This will allow the top edge to fit into the bottom part of the container.
- Line the apple gift box with red, green or white (for the green bottles) tissue paper, cut out a green construction paper leaf and attach it the top of the bottle with clear tape.
- Glue the scripture label with the words, "*Father, keep me as the apple of your eye*" Psalm 17:8a to the bottom part of the container.
- Have the ladies cut the scriptures/words of encouragement apart, fold them in half and add them to their finished bottles....30 for each day of the month.
- Have extra bottles available so that you have enough for each man in the
- corps. Add wrapped pieces of candy.
- Make one for each man in the corps for Father's Day.
- If possible, make enough for young men and boys to encourage them as well.

"Keep the Alarm Resounding - Women Armed for Purpose"

Child Protection

Meditation... Children are Valuable to God's Kingdom

In *Mark 10:13-16*, we see Jesus' deep love and care for children. When people brought children to Jesus, the disciples rebuked them, but Jesus was indignant and said, *"Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these"* (*Mark 10:14*). This passage highlights Jesus' desire to welcome and protect children, emphasizing their value in God's Kingdom.

Our Responsibility to Nurture and Protect

As followers of Christ, we are called to emulate His love and care for children. *Proverbs 22:6* instructs us, *"Train up a child in the way he should go; even when he is old, he will not depart from it."* This means providing a safe, loving, and nurturing environment where children can grow in faith and character. Protecting children involves not only physical safety, but also emotional and spiritual well-being.

Prayer for Protection

Prayer is a powerful tool in seeking God's protection over our children. *Philippians 4:6-7* encourages us, *"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."* By praying for our children's safety, we entrust them into God's hands, believing He will watch over them and guide their steps.

Conclusion:

In *Mark 10:13-16*, Jesus' actions and words remind us of the importance of protecting and valuing children. As believers, we are called to nurture and safeguard them, providing an environment where they can thrive. Through prayer, we can seek God's protection and guidance for their lives. Let us commit to following Jesus' example, ensuring that our children are cherished and protected in every way.

Suggested Ideas...

- Invite someone who is trained in child protection make a Presentation on this topic.
- Secure a gift for the guest and if possible prepare refreshments for everyone.

Welcome

Song:

- "Trust and Obey" or another Song.

Prayer

Scripture Reading:

- Mark 10, 13- 16.

Chorus:

- "Jesus Loves the Little Children".

Lecture:

- "Child Protection".

Vote of thanks & Refreshments

Closing



Monthly Theme...

"Equipped for Battle"

Do not be anxious about anything.

Highlights:

LOM / YLOM Sunday and Enrollments 7th

Father's Day 14th

School Exams

Pentecost Sunday 7th

BE EQUIPPED
FOR THE
BATTLE

June
Fellowship

"Keep the Alarm Resounding - Women Armed for Purpose"

Sound the Alarm

Suggested Ideas...

Welcome

Choruses:

- "Let us Greet Somebody, in Jesus' Name".
- "The More we are Together, Together, Together".
- "I love the Thrill that I feel when I get together with God's wonderful people".

Prayer:

- For us to be watchful, vigilant, and prepared.
- Pray for persons in need of physical, spiritual, and emotional support.

Scripture Reading:

- Numbers 10:9
- 1 Thessalonians 5:11

Activity: Sip and Color

Materials: coloring pictures, crayons, juice, plastic cups or glasses, music.

Instructions:

- Divide the ladies into three groups.
- Have each group sit around a table
- On each table, place crayons, coloring pictures, and a cup of juice for each lady.
- Play music, and while the music is playing, they will color their pictures. When the Music stops, ladies will stop coloring, sip their drink, exchange the picture with another person, and continue coloring.
- Repeat until all pictures are completed.

Meditation....A Call For Unity and Support

Paul is calling us to support one another in faith. In *1 Thessalonians 5:11* He reminds us: *"Therefore encourage one another and build each other up, just as you are doing."* In doing so, we become a source of strength for those who are weak, a source of comfort for those who are hurting, a source of encouragement for those who are discouraged, as the hands and feet of Jesus.

We live in a broken world where everything calls our attention to selfishness and despair. Sin steals joy, our bodies break down, our plans falter, and our perspective dims. Such things and more make us feel as if we want to give up. However, amidst all this, you and I are called to keep the faith, and to keep the alarm resounding about the hope we can find in supporting one another.

God is calling us to take a stand for truth and His righteousness. He is calling us to sound the alarm, to warn everyone to turn back to Him. To be united and strengthened for mission, to help the oppressed, we need each other's support.

Why should we support each other?

Supporting one another is a command from God. (*Leviticus 25:35*) It gives us the strength to persevere through difficult situations. It creates a sense of belonging for everyone. God knows that His people need grace-filled reminders, so He calls us to support and encourage one another every day until His Son returns. (*Heb. 3:13*)

As the return of our Lord and Savior Jesus Christ approaches, the need for togetherness becomes even more urgent. We need each other to stay strong, to faithful, and focused on the prize that awaits us.

We need to keep each other accountable, in order to fight the good fight, keep the faith and finish the race.

Closing Exercise: Motto



June
Junior Miss

BE EQUIPPED
FOR THE
BATTLE

Monthly Theme...

"Equipped for Battle"
Do not be anxious about anything.

Highlights:

LOM / YLOM Sunday and
Enrollments 7th
Father's Day 14th
School Exams
Pentecost Sunday 7th

"Keep the Alarm Resounding - Women Armed for Purpose"

Love For One Another

Meditation.... "Embracing Sisterhood Through Love"

John 13:34-35, 'A new command I give you: Love one another. As I have loved you, so you must love one another. 35 By this everyone will know that you are my disciples, if you love one another.'

What is Sisterhood and Who is a Sister?

Sisterhood goes beyond the biological connection between sisters. It includes the spiritual bond we share as sisters in Christ. Deborah Tannen says, "A sister is like yourself in a different movie, a movie that stars you in a different life." This idea helps us recognize and value the unique path of each sister, while also seeing the common experiences that connect us.

How to Love Your Sister

- **Treat Her as You Want to Be Treated (Mark 12:31)**

Show your sister the same kindness and respect you want for yourself. Think about her feelings and needs.

- **Love Her Like Jesus loves you (John 13:34)**

Jesus showed unconditional love and selflessness. Try to be patient, compassionate, and supportive in your relationship.

- **Look after Her**

Send her a text or call to see how she's doing, especially during tough times.

- **Accept Her**

Support her for who she is, including both her strengths and weaknesses. Help her through challenges and create a safe space for her to grow.

- **Forgive Her**

Everyone makes mistakes. If there's a misunderstanding, be quick to forgive. Let go of grudges and let love lead.

- **Celebrate Her**

Recognize her achievements and milestones. Whether she does well in school, meets a personal goal, or pursues her interests, celebrate her successes with joy and congratulations.

Conclusion

As children of God, we should love each other like Jesus loves us and as we love ourselves. Share this love with your classmates, Junior Soldiers, and all the girls in your community. Show you care by making a call, sharing your thoughts and experiences, forgiving each other, and celebrating each other's successes. By doing this, your love will reach those around you, and they

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Suggested Ideas...

Welcome

Suggested Choruses:

- "Love in Any Language".
- "Love is a Flag".
- "I love you Lord".

Scripture Reading:

- John 13:34-35

Prayer:

- For Love and Unity to strengthen the bonds of sisterhood, especially among the Junior Miss.

Closing Exercises:

Home League Motto

Ice breaker: Marooned:

Material Needed: Paper & Pen

Time: 10 minutes

Purpose:

Learn about each other's values and problem-solving styles and to encourage teamwork.

Instructions:

- Split the group into teams of five.
- Tell the teams that they are stuck on Saluki Island.
- Each team needs to choose five items they would have brought if they were stranded.
- Teams should write their item choices on a flip chart and be ready to share and explain their choices with the whole group.

Monthly Theme...

"Believe! Be Ready! Be Strong!"

Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.

Highlights:

Founders Day 2nd
Summer Camps



**July
Worship**

"Keep the Alarm Resounding - Women Armed for Purpose"

Courage For the Battle

Suggested Ideas...

Plan well in advance to have maximum effect. This is a good opportunity to establish a worshipful scenery and atmosphere.

Prior to meeting select two leaguers to share their testimonies; "How they found courage through their faith to carry out a particular task, that glorified God."

- For the Meditation, have three short speakers representing the Bible characters, dressed accordingly: Esther, Hannah and Mary Magdalene.
- Each speaker will enter one after the other. An appropriate appeal should be given by the Corps Officer.
- Have your Welcome Sergeant/ welcomer greet and seat ladies as they arrive.

Song: # 948 NSB

- "Be Strong in the Grace of the Lord".

Prayer Chorus:

- "Bless us Now".

Prayer:

- Courage for women to fulfill their purpose.

Singspiration and Testimonies

Dramatic Scripture Reading:

- Joshua 1: 5 - 9

Meditation.... "Courage in Worship"

SPEAKER #1 - My name is Esther

I was placed in a royal position, not by chance, but for a purpose. God didn't make a mistake where He placed me. We spend too much time in our lives trying to figure out where God wants us to be, or wishing we were somewhere else, instead of just allowing God to do something with our lives where we are. Sometimes we will have to go against common sense, against what others advise, even against what we want to do to follow God's plan.

The best things in life often come with the greatest risks. The time to follow God's plan is now; *Esther 4:14(read this verse)*. In my obedience to God, I was able to save the nation and God's people from destruction, by taking time to fast and worship. The reward for obedience was even better than expected.

SPEAKER #2 - My Name is Mary

My love for Jesus was strong enough to draw me out from fear and self-protection. All I wanted to do for Jesus was to worship Him, and show Him my devotion. I suddenly got the courage to go forward and anoint the feet of Jesus and wipe them with my hair. Yes! I worshipped Him. I must confess, I was nervous, I was ridiculed, criticized by onlookers, but I took courage and accomplished my heart's desire. My courage teaches that there's no competition in using our gifts in service to the Lord. No matter how unnoticed, disqualified, or mischaracterized by the labels of others, we are friends of God, and be must courageous in our worship.

SPEAKER #3 - My name is Hannah

My feelings of being barren were a source of deep sorrow and societal pressure, leading to emotional distress, and a sense of worthlessness. My inability to bear children was a source of constant taunting, and a reminder of my perceived lack of value in a culture where motherhood was highly valued. I was insulted daily and depressed about my infertility. I was so broken-hearted that I couldn't receive my husband's kindness, eat my food, or stop weeping. Then one day I finally got the courage to pull myself together, slipped away quietly, and entered the sanctuary. The priest Eli was on duty at the entrance of God's Temple. Crushed in soul, I courageously passed him and went in to pray to God. I cried and cried inconsolably. That day God humbled me and gave me courage to explain my pain and desire in spite of who was present. My faith in God has manifested through my courage to pray and worship boldly, resulting in me overcoming my problem, then I worship Him even more.

In our worship, let us find the courage to express our faith boldly without fear. We are reminded that God's presence empowers us to worship Him with all our hearts.

July Service



“Keep the Alarm Resounding - Women Armed for Purpose”

Courage to Stand

Monthly Theme...

“Believe! Be Ready! Be Strong!”

Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.

Highlights:

Founders Day 2nd
Summer Camps

Meditation.... Stand Firm

1 Corinthians 16: 13 “Be on your guard; stand firm in the faith; be courageous; be strong”.

Have you ever had an early morning appointment and you want to be on time? When you set an alarm on your phone, it is possible that you may not even sleep, because you’re watching the clock from time to time. In the same way, we as women have to put our lives on an alarm as we watch daily.

The Apostle Paul in 1 Corinthians 16:13, encourages us to be on guard. To be on guard means to be on duty, to protect or defend something or someone. In other words, it is to be careful not to be tricked or getting into a dangerous situation.

The same words of faith apply to us today. The word challenges us to be vigilant in what we are doing, and to continue to remain firm in our faith as well. We must be vigilant about not exposing ourselves to environments that have negative consequences on our spiritual lives.

To be vigilant is to stay away from places, events, or people who may have a negative influence on our spiritual lives. Instead of building your faith to grow deeper in Christ, they will drag you down and you may not even realize it.

Here are a few godly examples some courageous persons in the Bible.

- *David and Goliath.* David defeated Goliath with a sling and a rock. He killed him without using a sword. When he fell, David cut-off Goliath’s head. (1 Samuel 17: 50-53)
- *The woman with the issue of blood.* Jesus healed her when she touched His garment. Her faith and courage aided in her healing. (Luke 8: 43-48) She was a strong woman despite her situation.
- *Joshua.* Joshua was encouraged to be strong and courageous in following God’s law to be successful. We too, need to be courageous in living for God and doing the right. (Joshua 1:7-8).

Conclusion

We’ve been reminded that we need to be watchful daily of what is going on around and within us; in our homes and communities. Let me encourage everyone to be courageous in living for the Lord, taking a stand to be different as we watchfully wait for God’s return.

Suggested Ideas ...

- Plan to have a 3-hour visitation during the day or plan to clean the church in the evening.
- Serve refreshments after.

Fun Icebreaker:

- Choose an appropriate icebreaker.

Songs:

- ‘Lord Lift me Up and Help me Stand’.
- “Jesus Hold my Hand I need thee Every Hour”.
- “Hosanna is In the highest.”

Prayer for:

- Prayer for families who desperately need the courage to move on with life's problems and persecutions.
- Prayer for girls and women for freedom.



Monthly Theme...

"Believe! Be Ready! Be Strong!"

Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.

Highlights:

Founders Day 2nd
Summer Camps



July
Education

"Keep the Alarm Resounding - Women Armed for Purpose"

The Joy of Learning

Suggested Ideas...

Songs:

#486/431

- "Be Glad in the Lord" .

#26/641

- "Great Is Thy Faithfulness".

Quizzes:

- Bible Knowledge Quiz: Questions based on the scriptures studied.
- Courageous Women in the Bible: Focus on figures like Esther, Deborah, and Ruth.

Activities:

- Scripture Meditation: Group members meditate on **Philippians 4:9** and share their reflections.
- Role-Playing: Act out scenarios from the Bible where courage and learning are exemplified.

Poem Writing, Journalling or Memorization of Bible Verses

- Some participants can volunteer to write a poem or short reflection on what "courage to learn" means to them.
- Encourage creative expression by journaling their learning journey and how God has guided them.
- Challenge participants to memorize key verses and recite them.

Meditation.... Courage to Develop

Philippians 4:9, "Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you".

We are reminded that our learning and development must be rooted in practice. As we embrace new knowledge with courage, let us lean on God's promise that His peace will accompany us. Let us remain steadfast in our pursuit of truth, always applying what we learn and relying on His wisdom to guide us.

Scripture Exploration: Focus on key Bible passages related to courage and learning (Joshua 1:9, Proverbs 1:7, James 1:5). Ensure participants have copies of these scriptures.

Discussion Points: Prepare questions that reflect on how these scriptures relate to personal experiences of courage and learning.

Environment: Create a welcoming and comfortable setting for the group discussions with suitable seating arrangements and minimal distractions.

Reflection:

Prayer Focus:

- Lead a prayer time focused on seeking courage and wisdom in learning.
- Prayer Circle: Group members pray for each other's learning and personal growth.

Song #623/249 "Take My Life and Let It Be"

This song aligns beautifully with the theme of courage in personal development and dedicating oneself to God's purposes.





"Keep the Alarm Resounding - Women Armed for Purpose"

Courage in Fellowship

Meditation.... God's Strength For Mission

Hebrews 10:24-25, "And let us consider how we may spur one another on toward love and good deeds, but encouraging one another—and all the more as you see the Day approaching".

These verses from the book of Hebrews emphasize the importance of fellowship, mutual support, and accountability within the body of Christ. They encourage us to be courageous in our Christian living and relationship with one another. In a changing world, where it is easier to live in isolation and mind our own business, it is imperative that we emphasize unity and cooperation among believers. Therefore, we must seek to demonstrate:

- **Courage to Mobilize for Mission:** In our text the phrase "spur one another on toward love and good deeds" emphasizes the role of the Christian community in urging one another on towards living a life that is pleasing to God. This involves not only showing love to one another, but also actively engaging in acts of kindness and service. The Christian community is called to be a place of support and encouragement, where believers can strengthen and uplift one another in their walk of faith.
- **Courage to Meet One Another:** "Not giving up meeting together, as some are in the habit of doing". This verse in the text reminds believers not to neglect the corporate gathering of the church, where they can worship, pray, learn, and build each other up in their faith. This gathering is vital for the spiritual growth and well-being of every believer, as well as the collective body of Christ. The writer is exhorting the readers to persevere in meeting as a community, despite the challenges they may face.
- **Courage to Motivate:** "But encouraging one another—and all the more as you see the Day approaching."

In this final command to believers "encourage one another - and all the more as you see the Day approaching", the writer is referring to the second coming of Jesus Christ. The impending return of Christ serves as a motivating factor for believers to be diligent in their faith and in their relationships with one another. It underscores the urgency of living in a manner that is pleasing to God and supporting one another in this pursuit as the day of Christ's return draws near. We must be encouragers in these days.

Conclusion

In conclusion, Hebrews 10:24-25 is a powerful reminder of the significance of community, mutual encouragement, and accountability within the body of Christ.

Suggested Ideas...

- Prepare for an evening of fun and team building activities.
- Prepare refreshments for everyone.
- Have a session with games or activities that encourage team building. Ideas can be found on the internet.
- Other ideas are; "Come and Learn" - have one of the ladies come to teach a "fun skill" in the meeting e.g. knitting, painting, computer skills, cooking etc.
- "Group Show and Tell"- Ladies can divide themselves in groups and present an idea or craft that they have worked-on.

Songs: #623(NSB)

- "Take My Life and Let It Be"
- "Friendship with Jesus, Fellowship Divine".

Prayer:

- Form a circle and ask ladies to give a compliment to the person on their right, then say a prayer of blessing.

Monthly Theme...

"Believe! Be Ready! Be Strong!"

Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.

Highlights:

Founders Day 2nd
Summer Camps



July

Junior Miss

"Keep the Alarm Resounding - Women Armed for Purpose"

Karaoke Night

Suggested Ideas...

Activity:

- Let's show the Junior Miss that we can have fun using the talents that God has given to us. Hold a Karaoke Night with the Junior Miss. Remind them that God has given us the gift of the Holy Spirit. He is with us every time we use the talents that God has given to us. Remind them we can have fun while we use our talents for God!

Karaoke Songs:

Find your own or use the ones below on YouTube:

- "Goodness of God".
- "Holy Forever".
- "I Speak Jesus".
- "Oceans" (Where Feet May Fail)
- "You Say".
- "The Blessing"
- "Tribe".

Check out the GROW curriculum:

[Leader's Guide - Salvation Army](#)

[Canada \(salvationist.ca\)](http://Canada.salvationist.ca)



Meditation.... The Gift of Grace

1 Peter 4:10 (NIRV) "God's gifts of grace come in many forms. Each of you has received a gift in order to serve others. You should use it faithfully."

Who knows what gift God has given them? For some of us this might be obvious like singing, dancing, speaking, etc., but for others this may not be so obvious and needs to be discovered. I believe many people out there are trying to discover their God-given gifts. Why do you think we have Television shows like America's Got Talent and American Idol?

Some of you are fully aware of your gifts and probably think "Well, I'm good at this, I'm good at that, I can do this or that". However, others think, "I've no clue. I don't know what is my God-given gift. That's really why I cannot step forward to use my gift, because I just don't know what it is." You see we often mistake a God-given gift as our skill, ability, talent or what we can do. Then we put it into a category like speaking, finance, leadership, singing, sports, or any other, but these are not the gifts Peter is referring to here in this verse.

What Peter is referring to is the gift of the Holy Spirit. The minute we accept Christ, placing our faith in Him, God pours out the gift of the Holy Spirit into our lives, empowering us with His presence and Power.

Having received God's presence and power in our lives, the Holy Spirit gives us a gift, and we must use it to serve others, relying on Him. So don't be afraid to use the talents God has given to you, because through Christ's gift of the Holy Spirit, God will use those talents in powerful ways, so keep shining.

Prayer: Lord, thank you for giving us the gift of the Holy Spirit. Through His help, allow us to use our talents to bless you be a blessing to others. When we feel afraid or shy, allow your Holy Spirit to walk beside me giving me the strength and the courage that we need. Amen.

August Worship



Monthly Theme...

"God's Purpose! A Gift of Freedom!"

It is for freedom that Christ has set us free.

Highlights:

Emancipation Day

Independence Day, Jamaica 6th

"Keep the Alarm Resounding - Women Armed for Purpose"

Celebrating Freedom

Meditation.... Time to Be Free

Galatians 5:1 "It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery".

When we look at our world today, we are reminded of the freedom we cherish in our nation. We must make time to reflect on the sacrifices made for our liberty and the values of freedom, justice, and equality that underpin our society. However, as Christians, we have a deeper, eternal freedom to celebrate which we found in Christ.

The Apostle Paul wrote to the Galatians about the true liberty that Christ offers. This freedom is not just a political or social concept; it is a profound spiritual reality. Through Jesus' sacrifice on the cross, we are set free from the bondage of sin and death. Christ's freedom transcends any earthly liberty, offering us eternal life and a restored relationship with God.

Paul urges us to "stand fast" in this liberty. Just as we celebrate and protect our national freedom, we must also hold firm to the freedom we have in Christ. This means living in a way that reflects the grace and love we have received and not allowing ourselves to be enslaved again by sin or legalism.

In our worship, we celebrate the freedom Christ has given us. Let us lift our voices in praise, standing firm in the liberty we have received and unburdened ourselves. Let's take a moment to thank God for the ultimate freedom we have in Christ. Let us celebrate and testify to the world of the joy and peace that comes from knowing Him.

Here the ladies will share their Testimonies

Reflection Questions:

- How can you stand firm in the liberty Christ has given you?
- In what ways can you share the message of freedom in Christ with others during your Independence Day celebration?

Closing Thought:

True freedom is found in Christ alone. As we celebrate our national independence, let us remember and rejoice in the spiritual and eternal freedom that God gives us.

Amen.

Suggested Ideas...

- Ask 4 ladies beforehand to prepare to share a testimony on how God set them free.
- Choose some ladies beforehand to share some poems/songs on Freedom.

Bible Quiz

1. What was the total number of the children of Israel that went down to Egypt?
2. How long were the children of Israel in Egypt?
3. How were the children of Israel guided in their forty years of wandering in the wilderness?
4. How long did the children of Israel journey in the wilderness of Shur before they found water?
5. Upon what mountain was Israel cursed for disobedience?
6. By whom were the children of Israel carried captive into Assyria?
7. How long were the children of Israel in captivity?

Answers

1. 70 (Gen 46:27)
2. 215 years
3. By a pillar of clouds by day and a pillar of fire by night (Exod. 13:21)
4. 3 days (Exod. 15:22)
5. Mount Ebal (Deut. 27:13)
6. Tiglathpileser (2 Kgs 15:29)
7. 70 years (Jer 25:11)

Monthly Theme...

"God's Purpose! A Gift of Freedom!"

It is for freedom that Christ has set us free.

Highlights:

Emancipation Day,
Independence Day, Jamaica
6th



August
Service

"Keep the Alarm Resounding - Women Armed for Purpose"

Serving in Freedom

Suggested Ideas...

- Members should prepare well in advance to do random services in their community. Three services to be undertaken are:
- Food Baskets could be given to 2 families.
- Cleaning of the home surrounding of an Elderly person.
- Combing the hair of Senior Women from Elderly Women's Home.

The Meeting should be held at the Elderly Women's Home.

Choruses:

- "Free, Free, Free I am from sin set Free".
- "Oh Oh what a Great Change in me".

Prayer Chorus:

- "I'm Free".

Prayers for:

- Persons who are suicidal/ battered women.



Meditation.... Free to Serve

1 Peter 2:16 - 'Live as free people, but do not use your freedom as a cover-up for evil; live as God's slaves.'

This Bible verse challenges us to rethink our understanding of freedom. It calls us to live responsibly, using our liberty not for selfish purposes but to serve God and others. True freedom is found in submission to God's will. As we focus on our freedom in serving others it is important to follow these guidelines:

F – finish well what we have started
R – remember we do this as it's unto Jesus Christ
E – every action counts
E – even the least is important
D – do your best even when it is not returned
O – obedience to the Word is vital
M – make everyone feels special when serving

Final thought: "Being free is being able to accept people for what they are, and not try to understand all they are or be what they are". (Maya Angelou)

Poem by Christal Carpenter Freedom

All I want is Freedom
Is that too much to ask?
All I want is Freedom
To take away all the tears and the pain
All I want is Freedom
To never feel that way again
All I want is Freedom
To love you my own way
All I want is Freedom
To make all my fears go away
All I want is Freedom
To say "I love you"
All I want is Freedom
To hear you say "I love you too".



Highlights:

Emancipation Day
Independence Day, Jamaica
6th

"Keep the Alarm Resounding - Women Armed for Purpose"

Learning About Freedom"

Meditation.... Free By the Truth

John 8:36 - *'If the Son has set you free, you are free indeed'.*

'ARE YOU FREE?' When we think of freedom, we picture someone being released from prison, feeling happy, shouting, 'I am free at last'. Although comical, that person shouting those words should be us, we are free from the bondage of sin!

Freedom means a state of not being imprisoned or enslaved, nor the power or right to act, think, or speak as one wants. In **John 8:31-36**, Jesus explains that if people continue to obey His teachings, they will come to know the truth, and the truth will set them free.

The people, being a bit clueless and unbelieving, stated that they are Abraham's children and they have never been anyone's slave. In verse 36, Jesus tells them, 'If the Son gives you freedom, you are free.'

As Christians, we know that Biblical freedom means liberation from the bondage of sin. We have the freedom that God has given us through His Son, Jesus Christ. Thinking in terms of the worldly understanding of slavery and being in shackles, we are not in shackles or enslaved because of the sacrifice of Jesus for us.

When Christ died, He gave us freedom from pain, addiction and all our sin, bought and paid for by His blood. It is now up to us to accept that and act as free people. We have to declare our freedom with our words and actions.

We cannot say we are free if our actions are those of enslaved people. Think about it for a while, how ridiculous would it be for somebody to be in a prison cell, the guard tells them that they are free to go, and they choose to stay and close the door.

Our cell door has been opened since Jesus died for us, and we accepted Him as our Lord and Saviour. I am free! Are you free? If yes, will you sit in your cell or get up to rejoice in your freedom? If no, do you want to be free?

Remember the Chorus says, 'There is Power in the Blood of the Lamb'

Closing Exercises



Suggested Ideas...

Goal:

- For us to recognize that we are already free, we need to believe it.

Chain Reaction Game:

- As Leaguers make a circle, the person starting the game will share the word, e.g., book bookstore, storeroom, room temperature, etc., until it is exhausted.
- Any other relevant words can also be used to start the chain.

Song:

"Amazing Grace".

Chorus:

"Break every Chain".

Prayer chorus:

- "My chains are gone I've been set free".

Prayer:

- For those held captive by fear of the unknown and bound by sin.

Scripture:

- John 8:32

Monthly Theme...

"God's Purpose! A Gift of Freedom!"

It is for freedom that Christ has set us free.

Highlights:

Emancipation Day, Jamaica

Independence Day, Jamaica
6th



August
Fellowship

"Keep the Alarm Resounding - Women Armed for Purpose"

Freedom Through The Spirit

Ideas...

- Invite persons from the community to attend the meeting and provide for them a cup of soup or sandwiches and juice.
- Arrange for soft gospel music to be playing during fellowship.

Games:

- Have the ladies form two teams armed with sticks or swords and they will try to hit each other with the sword while the other defends themselves. The one who gets hit loses.
- Draw the outline of a donkey and blindfold the ladies one at a time and have them pin the tail and the eye on the donkey while blindfolded.

Choruses:

- "He set me Free one day Now I am Free."
- "I'm free From the fears of tomorrow".

Prayer Time:

- Pray for the women in the community to accept the freedom that Jesus offers through His shed blood.
- Pray for the women in the church to demonstrate the freedom that they enjoy in Christ.
- Pray for women leaders in the church and communities to be examples of love, peace and freedom as they minister in their chosen field.

Scripture Reading:

- 2 Corinthians 3:17

Meditation.... Freedom in Christ

2 Corinthians 3:17, "Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom".

Women's Ministries meetings are usually a place where the ladies exercise freedom of speech, expressing themselves in a safe environment. They also have freedom of movement in coming to meetings totally unrestricted.

Hebrews 10:25 reminds us "that we should not forsake the assembling of ourselves together as is the manner of some, but exhorting one another and moreso as you see the day approaching". We are not to neglect gathering together for worship and fellowship as it is a means of encouragement and support.

The freedom that we have is through the spirit as *John 8:36* says "whom the Son sets free is free indeed". Freedom not to do your own thing but to do the will of the One who sets you free. The Spirit has given you freedom and you should now no longer be enslaved by the sin that kept you in bondage.

Closing Exercise:

Many have fought long and hard to bring us freedom, but the ultimate price was paid for our freedom on the cross, when Jesus gave His life for us. Truly we can sing free, free, free, I am from sin set free, and this is freedom through the Spirit.

Spiritual Freedom

We find contentment only by our willingness to serve
Choosing the way of Christ as our Savior and Lord.
Denying wickedness and ourselves to follow Him
We rejoice spiritual freedom as our lifetime reward.

Freedom from hate, guilt, greediness and shame
Anxiety, fear, lustfulness and rejection.
Is given to those who submit, disciple and believe
That Jesus leads Christians the right direction.

Do your thoughts, emotions and habits weigh you down?
Have you let society shape your heart, mind and soul?
The word of God can answer all life's questions
When happiness by salvation remains our goal.

Tom Zart

**August
Junior Miss**



Monthly Theme...

"God's Purpose! A Gift of Freedom!"

It is for freedom that Christ has set us free.

Highlights:

Emancipation Day

Independence Day - Jamaica

"Keep the Alarm Resounding - Women Armed for Purpose"

Jesus is The Answer

Meditation.... Jesus - The Only Way

John 14:6, "I am the way, the truth and the life, no man cometh unto the Father, except by me".

The chorus writer says,

One way God said to get to Heaven, Jesus is The Only Way.

One way to reach those pearly mansions, Jesus is The Only Way.

No other way, no other way, no other way to go.

One way God said to get to Heaven, Jesus is The Only Way.

https://youtu.be/VScsj3_qUIo?si=gwWZsVHzOe1Pd4zQ

According to the text Jesus is the only way to God and Salvation. Christ reassures His followers, that faith in Him is faith in God. To know Christ is to know "The Way", "The Truth" and "The Life". He is The Answer to all our needs.

Game One

- Have the Bible verse from *St. John 14:6* scrambled on pieces of cardboard and let the girls unscramble it. Divide the girls in two groups. They have 5 minutes to unscramble.

Game Two

- Have the girls divided into two groups. Have the first group come together and decide what actions they will demonstrate and the other group has to guess by their actions.
- If answered correctly the first group will try to run back to their base. If any of the girls get caught then they will have to join the second group.
- The second group decides their actions and then goes to the first group and continues.
- Both groups will stand about 50 meters away from each other.
- They would approach the group saying "Good morning, good morning we come to mend the water works" and the other group will respond with an action, (an example: could be climbing a wall so the group shows the action and the other group has to say what they are doing)
- The group that ends up with the most girls is declared the winner.
- This can be real fun!

[Leader's Guide - Salvation Army](#)

[Canada \(salvationist.ca\)](http://Canada.salvationist.ca)



Suggested Ideas...

This Programme is to help the girls believe and trust Jesus for guidance in everything they face.

Prepare the Meditation on the topic 'Jesus is Only Way'.

Chorus:

- "Jesus is the answer for the world today, above Him there's no other, Jesus is the way!" (Repeat).

Prayer Chorus:

- "Christ is The Answer to My Every Need".
- "One way God said to get to Heaven, Jesus is The Only Way".

Prayers for:

- Dysfunctional girls/victims of human trafficking.

Jesus Puzzle												
Find the name of Jesus throughout this puzzle.												
J	E	S	U	S	A	J	E	S	U	S	B	J
C	J	E	S	U	S	D	E	F	J	E	S	G
J	E	S	U	S	J	E	S	U	S	J	K	L
J	E	S	U	S	M	N	B	O	P	Q	J	E
E	S	J	E	S	U	S	I	T	U	J	E	S
S	B	C	D	E	J	E	S	U	S	F	S	J
U	G	H	I	J	I	K	J	E	S	U	S	J
S	O	P	J	E	S	U	S	Q	R	S	J	E
U	V	J	E	S	U	S	J	E	S	U	S	J
W	J	E	S	U	S	X	Y	Z	J	E	S	A
J	E	S	U	S	D	E	F	G	J	E	S	H

Monthly Theme...

"Reaching out for Help"

I lift up my eyes to the mountains...

Highlights:

TSA International Day of prayer for victims of Human Trafficking; 23th
International Day of Peace 21st, Back to School

September Worship



"Keep the Alarm Resounding - Women Armed for Purpose"

Reaching Out in Worship

Suggested Ideas...

- Some weeks before, plan and advertise a day of prayer. Organize a dedicated time for communal and individual prayers, encouraging members to bring to God their needs and concerns.

Welcome

Song: TSASB

- "Keep on Believing".
- "He is Able more than able".

Prayer

Chorus:

- "All my Help comes from the Lord, All my help comes from the Lord.
All I need, He will supply. All my help comes from the Lord."

Testimony:

- Invite two women to share their experiences of reaching out to God.

Meditation.... "Help From Above"

Psalm 121:1-2 "I lift up my eyes to the mountains—where does my help come from? My help comes from the Lord, the Maker of heaven and earth".

This Psalm draws our attention to the writer's quest for help. Recognizing his weakness and inability, he looks to the mountains. The physical existence of the hill is not what the author wants us to see, but what it represents. Looking at the mountain, David sees the presence and power of God. Through this passage, he speaks to God's care and protection for His people. Looking up raises his thoughts above the physical mountain, but to the Creator, and he assures himself that his safety and help comes from the Lord. This also gave him confidence that he would be protected and secure regardless of what he encountered on his journey.

As we go through different moments in our lives, we will have various experiences. There will be times when everything seems normal, but there will also be instances where we feel tired, weak, discouraged, and want to give up. In these critical moments, we need to reach out for help. If it is a physical struggle, then would you reach out to whoever has the power to help in that struggle? If you are struggling spiritually, you need to reach out for spiritual help that can come only from God. He is the ultimate source for Spiritual counsel and help. Your help is guaranteed by faith, my sisters. All you need to do is reach out.

Reach out to our ultimate source of Safety and Shelter

Psalm 121:5-6 NIV

"The Lord watches over you - the Lord is your shade at your right hand.
6 the sun will not harm you by day, nor the moon by night."

Reach out to our ultimate source for Guidance in Everyday Life

Psalm 121:7-8 NIV

"The Lord will keep you from all harm - he will watch over your life;
8 The Lord will watch over your coming and going now and forevermore."

Reach out to your ultimate source when you are Afraid

Isaiah 41:10 NIV

"So do not fear, for I am with you; do not be dismayed, for I am your God.
I will strengthen, help, and uphold you with my righteous right hand."

Encourage Others to reach out to Jesus, the ultimate source of our help.

Hebrews 12:1 NIV

"Therefore, since such a great cloud of witnesses surrounds us, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us".

September Service



Monthly Theme...

"Reaching out for Help"

I lift up my eyes to the mountains...

Highlights:

TSA International Day of prayer for victims of Human Trafficking; 23rd
International Day of Peace 21st, Back to School

"Keep the Alarm Resounding - Women Armed for Purpose"

Reaching out to Support Others

Meditation.... Others!

Galations 6:2, "Carry each other's burdens, and in this way you will fulfill the law of Christ".

Very often, people say that they are too busy to bear the burdens of others. Bearing the burdens of others requires a change of mindset, whereby we put others' needs ahead of our own. When we do this, we bring glory to God.

Consider the following scripture from Paul's letter to the Philippians.

Philippians 2: 3 - 4 "Don't be selfish; don't live to make a good impression on others. Be humble, thinking of others as better than yourself. Don't just think about your affairs, but be interested in others and what they are doing."

Being humble means having a proper perspective on ourselves. It does not mean that we should put ourselves down. We are sinners, saved only by God's grace, and have great worth in God's kingdom. We should place ourselves in his hands to be used as He wants in order to spread His Word and share love with others.

Consider the following command given by Jesus as recorded in the gospel of John. John 13: 34 - 35

If we are to fulfill the law of Christ, we need to love one another. After all, if we do not know what a person is struggling with, how can we support or help them through it? This means that we need to take the time to have fellowship together and learn about the struggles that people are facing, and be confidential.

If we want to be like Jesus, we should seek out those carrying a heavy burden and love them enough to support them, in helping them as they go through their problems.

Where there is an opportunity and possibility to relieve someone's burdens, let us be God's hand and feet.

As disciples of Jesus, we are to love our neighbors enough to get involved and seek opportunities to support and ease their burden.

God bless you!

Suggested Ideas...

- Identify a new mother.
- Make a plan to visit the baby and the mother.
- Prepare a love basket for the baby and mother.

Welcome:

- C. O

Song: #48 (OSASB)

"God's love to me is wonderful."

Scripture Reading:

- John 13:34-15

Prayer Chorus: # 107

- "To be like Jesus! This hope possesses me".

Pray for:

- The growth of the baby.
- The parents.
- Other babies and their parents.



Monthly Theme...

"Reaching out for Help"

I lift up my eyes to the mountains.

Highlights:

TSA International Day of prayer for victims of Human Trafficking; 23th
International Day of Peace
21st, Back to School

**September
Education**



"Keep the Alarm Resounding - Women Armed for Purpose"

Raising Awareness about Human Trafficking

Suggested Ideas...

Extracts taken from the Global toolbox

- Weeks before the event, share the **Eight P's** with the ladies and ask them to come prepared to discuss each.
- Divide them into groups depending on the number of attendees.

Song:

- "I'm No Longer a Slave to Sin" by Tasha Cobbs- Leonard.



Meditation.... Not For Sale!

Humankind is created in the image of God (*Genesis 1:26*). All people are valuable to God, holding a special place in God's creation (*Psalms 8:5*). Nonetheless, the Bible describes horrifying realities that are as real now as when the Scriptures were written. The Bible is emphatic about the injustice of Human Trafficking, and no one should be exploited or abused. The Christian conviction is that the world's present broken and sinful state is not the last word. God, our Creator, doesn't want anyone to be lost. (*John 3:16*).

Jesus came into the world so that everyone might have life in all its fullness: and it is written that He has come to announce freedom to prisoners, giving sight to the blind, and help everyone who suffers. In Isaiah 61 are these words, "I, the Lord, love justice! But I hate robbery and injustice" (v 8). Micah 6:8 asks, "What does the Lord require of you?" and He answers: "to act justly and to love mercy and to walk humbly with your God." The neighbour is to be loved as one loves oneself (*Matthew 22:39; Leviticus 19:18*). Consequently, Christians are called upon to work and speak for the elimination of all forms of slavery and human trafficking in society. Then let us share the eight P's of the freedom action framework:

PRAYER

This is an essential practice in the fight against modern slavery and human trafficking.

PARTICIPATION

Every Corps is a resource in the battle against modern slavery and human trafficking. We are often serving in communities that no one else can reach.

PREVENTION

Raising awareness and addressing the root causes of modern slavery and human trafficking is a vital element of prevention.

PROTECTION

The Salvation Army takes a holistic approach to health and seeks to assist survivors in regaining their physical, mental, emotional, relational, and spiritual health.

PROOF

Ensure our response contributes to and is received from research.

POLICY

Create internal policies and advocate for external policies that reduce modern slavery and human trafficking.

PARTNERSHIP

Be ready to collaborate and network with others to achieve our goal.

PROSECUTION

Support survivors through legal proceedings, enable the prosecution of offenders, and work with offenders to restore a relationship with God and society.

**September
Fellowship**



Monthly Theme...

"Reaching out for Help"

I lift up my eyes to the mountains...

Highlights:

TSA International Day of prayer for victims of Human Trafficking; 23th International Day of Peace 21st, Back to School

"Keep the Alarm Resounding - Women Armed for Purpose"

Meeting The School Children's Needs

Meditation.... Train the Children

Proverbs 22:6 "Start children off on the way they should go, and even when they are old, they will not turn from it."

According to the book of *Proverbs*, parents are to raise their children correctly. This verse emphasizes the importance of early guidance and education in shaping a child's future and instilling values of honesty, kindness, respect, and integrity. These values will guide their decisions and behaviors throughout life. Children learn by observing what they see, hear, and experience. Children also learn through play, storytelling, educational and family games. This keeps children engaged and makes learning enjoyable. Education equips children with essential knowledge in various subjects, fostering intellectual curiosity and a love for learning.

Education encourages children to become responsible by actively engaging themselves in doing things better. It also encourages them to make positive decisions in their lives and continue to grow in their minds. Education equips children with essential knowledge in various subjects, fostering intellectual curiosity and a love for learning.

Through education, children develop critical thinking and problem-solving skills, enabling them to make informed decisions and tackle challenges accordingly. Education also enhances children's ability to express themselves and their feelings, clearly and confidently.

Conclusion

A good education opens the way forward with positive opportunities to face life as they prepare for a brighter tomorrow.

By investing in education, parents can help their children build a strong foundation for a successful and fulfilling life with a specific educational goal. As the wisest man in the Bible states, "Train up a child in the way he should go; even when he is old, he will not depart from it." Let us invest in qualified education and tools in our children's lives for a better tomorrow.

Suggested Ideas...

Back-to-school program:

- Use Google to print pictures of children, teachers, and school materials to decorate the hall.
- Set aside time to collect school supplies, such as an exercise book, notebook, school bag, pen, ruler, pencil, glue, school and lunch bags, etc. These items can be given prior to the activity.
- Special fund-raising activities can be done to save money to buy some items, while donations can also be made. Some children love to give; they, too, can donate some items or contribute toward that. A slogan can also be used to collect the items: For eg. **"School for all"**.

Prayer Choruses:

- I know He cares for me, I trust my Father in Heaven.
- Jesus loves me, this I know.

Prayer Request:

- For those who can't go to school (orphans).
- Wisdom to be granted to parents to be a role model.
- Pray for teachers, guardians, caregivers.
- Snacks and refreshments can be served to keep the children focused and make the day remarkable.

Game: page 74

Monthly Theme...

"Reaching out for Help"

I lift up my eyes to the mountains...

Highlights:

TSA International Day of prayer for victims of Human Trafficking; 23th
International Day of Peace
21st, Back to School

**September
Junior Miss**



"Keep the Alarm Resounding - Women Armed for Purpose"

Arise, Time is Running

Ideas...

- Conduct a session on Career choice/Development and invite persons of different professions to give presentations on
- "Journey of my career." Specifically, look for presenters who have encountered some form of challenge in acquiring their profession, which would be a testimony to the young people attending.
- Ensure this event is announced a week before to motivate the intended targeted group. Young people should encourage their peers to attend.

Welcome

Song of your Choice

Chorus:

- "I am a Promise, I am a Possibility".

Prayer

Introduction of guests.

Career Development Session:

- Engage in interactive discussions to help young people identify their preferred career opportunity, and if possible, assign mentors to guide them along that path.

Meditation.... "God's Abundance"

2 Corinthians 9:8, "And God can make all good abound to you, so that having all sufficiency in all things at all times, you may abound in every good work."

We often hear the phrase, "I know I can be what I want to be; if I work hard at it, I'll be where I want to be." However, this has not been the reality for many of our young people today, as they have their own challenges.

There are many employment opportunities, and we salaries vary. Take the time to study and understand the advantages and disadvantages of each area and choose your career wisely. Do not make your choice based on the remuneration, because it is important that you love whatever you choose to do. If you choose only for money, you are likely to give it up when challenges arise.

Seek to engage yourselves in studies that match the job opportunities on the market. This is a wise decision so that you do not study something and not be able to find a job in that field.

Nothing in life comes easy, which means we all must be determined to pursue whatever we desire to achieve, whether easy or challenging. If you want something, you have to keep your mind focused. Despite the obstacles you face, keep going after your dreams. God can make all good things abound to you. Your goal can be reached if you genuinely work hard and have faith in God. Even when you are challenged by situations, God will work them out for your good. (Romans 8:28) You may not have enough money to do full-time training for a career, but with the little that you have, you may be able to start a part-time training. Do not hesitate, go ahead and start because God will see you through. With God's grace your little is much, it will be sufficient. He will continue to make provision for your success.

Take your time and choose your career wisely. Your tomorrow can be greater than today with God.



[Grow - Salvation Army Canada \(salvationist.ca\)](http://salvationist.ca)

September

**Family
Night**



Monthly Theme...

"Reaching out for Help"

I lift up my eyes to the mountains...

Highlights:

TSA International Day of prayer for victims of Human Trafficking; 23th International Day of Peace 21st, Back to School

"Keep the Alarm Resounding - Women Armed for Purpose"

Family Celebration

Meditation.... Celebrating With Family

Nehemiah 8:10c, "The joy of the Lord is your strength."

The writer in the text invites everyone to sing praises to the Lord, calling family members to join in. A happy home contributes to the joy, satisfaction, and fulfilment of each family member, making challenges easier to handle and providing children with a bright future. The adage "The family that prays together stays together" holds true. I taught my grandchildren the chorus "Yes, Jesus Loves Me." Let families lift their voices in praise to the Lord.

Today, children face many dangers such as neglect, kidnapping and exploitation. We must be vigilant in supporting children in peril.

As we sing praises to God for family, let us focus on kindness and forgiveness towards family members help each other, and celebrate one another's successes. (*Ephesians 4:32*)

The writer also calls for shouting praises to the Lord:

- It is a plea to express gratitude to God.
- It serves as a voice for those who are shy or intimidated.
- It encourages helping others recognize their missteps and seek divine assistance.

Let us, as a family, offer our praises to the Lord and shout glory to Him as The Rock of our salvation. (*Psalms 100:1*)

Chorus:

"With Jesus in the family, What a happy home!
What a happy home! What a happy home!
With Jesus in the family, What a happy home,
What a happy home!"

Karaoke:

- Fathers
- Mothers
- Children
- Grandparents
- Families

Closing Exercises:

The family joins hands in a circle around the room for the Mispah and Motto.

Suggested Ideas...

- Announce this program well in advance during the Corps meetings. Make invitations and distribute them to family members and friends. Guests can be treated as part of your family if desired.
- Secure a gift basket for a complete family in attendance (father, mother, children, and even grandparents; not officers).
- Prepare tokens for all who participate in the Karaoke. Secure a pianist and a Master of Ceremonies (MC).
- Acquire a gift for the person who comes in 1st in the quiz.

Quiz: See page 74

Call to Worship

Prayer

Icebreaker:

- Share when you discovered you could sing and how you use your voice for the Lord. (Brief; 3-4 persons)

Song: 8/293 (NSAB) 43/333 (OSB)

- "Let Us All Unite to Sing".

Scripture Reading:

- *Psalms 95:1-11*

Quiz

Chorus:

- "O How I Love Jesus".

Monthly Theme...
**"Women and Children
Standing with Purpose"**

'I will live a pure life in my house'

Highlights:

WM Month
Women's Sunday 5th,
International Day of the girl
child 11th,
Harvest /Thanksgiving time.



**October
Worship**

"Keep the Alarm Resounding - Women Armed for Purpose"

Empowered With Purpose

Suggested Ideas...

- Choose some members to share their testimonies on how God has changed their lives through worship and how they have been empowered to reach out to women and help them draw closer to God.

Song: #843

- "I Know Whom I Have Believed".

Prayer Chorus: # 761

- "I believe God answers prayer".

Special Prayer:

- For women who are homeless with children.

Vocal Item:

- "I Don't Know About Tomorrow".

Chorus:

- "I will Live a Pure Life in my House"

Closing Exercise/Motto



Meditation.... Empowered To Worship

Proverbs 31: 25 "She is clothed with strength and dignity; she can laugh at the days to come".

This portion of Scripture speaks of a virtuous woman, who is a woman of strong character, great wisdom, and many skills. Her strength dignified success and the achievement was a result of the discipline she practiced to accomplish her goals. She is a woman who cultivates the fear of the Lord which honors God. A virtuous woman prepares and plans well, and lives a pure life in her home. Her life impacts her family. Her children arise and call her blessed; her husband also praises her. (*Proverbs 31:28*). She worships, praises and glorifies God through her lifestyle which brings great influence on others. The Bible also speaks of some women such as Hannah and Miriam, who led empowered worship. In light of their example we can say that:

Worship is enhanced by Faith.

Hannah believed that God could deliver her. She went to Him in prayer. "Then Hannah prayed and said: "My heart rejoices in the LORD; in the LORD my horn is lifted high. My mouth boasts over my enemies, for I delight in your deliverance". (*1Samuel 2:1*). She presented to the Lord her best worship. She was praying silently, with her lips moving but no sound coming out, pouring out her heart to God in a deeply personal way. She was fully engaged with God in a way that even Eli the Priest could not understand. He misjudged her by accusing her of being drunk, but her faith was strong enough to resist and persevere.

Empowered Worship Produces Great Results.

It helped Hannah to cultivate the right attitude in answering Eli, the Priest who was watching her lips as she was praying. Her politeness and respectful attitude speak volumes of such a worshipper. "Not so, my lord," Hannah replied, "I am a woman who is deeply troubled. I have not been drinking wine or beer; I was pouring out my soul to the LORD (*1Samuel 1:15*). She was very polite in answering, which is a good example for us to follow as women of God who seek to worship Him in Spirit and truth. Eli then prayed for her and God visited her and gave her a son. Her dignity was restored, her vow fulfilled and God was glorified.

Empowered Worship is Impactful.

Miriam, Moses' sister, grabbed her tambourine and broke into singing praises to God for His deliverance, and by doing so she inspired other women to follow her. Her worship was too powerful and catchy for them to resist. They were moved by the leadership of that empowered woman of God.

Ladies we must serve and worship God in a powerful way, so that our lives may have positive impact on our family members and communities as we live a pure life.

October
Service



Monthly Theme...

**"Women and Children
Standing with Purpose"**

'I will live a pure life in my house'

Highlights:

WM Month

Women's Sunday 5th,

International Day of the girl
child 11th, Harvest

Thanksgiving time.

"Keep the Alarm Resounding - Women Armed for Purpose"

Women and Girls Serving with Purpose

Meditation.... Know Your Purpose

Ephesians 2:10: *"We are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do".*

As we live our lives in Christ, it's important to remember that God wants us to serve not only with the gifts we have been given, but also according to the needs around us. You and I have been shaped for serving God.

We are created to make a contribution to the world, as God designed us to make a difference. What matters is not how long you live nor how much money you make, but how you live and whether or not your life serves its purposed.

Don't focus on the duration of your life, but on the gift of living. You've been saved to serve, and blessed in order to be a blessing. Someone put it this way: "While we're pardoned from sin, we're not excused from service." Our purpose is serve God and others.

Whenever assignment God gives us He equips us for it. *Job 10:8* puts it this way, *"Your hands shaped me and made me."* God made everyone unique but that is not for your benefit, but for His purpose.

Everyone should serve their purpose because *1 Peter 4:10* says *"Each one should use whatever gift he's received to serve others."*

Your purpose in life is to be who God created you to be, and to do what He is calling you to do. He has shaped you to serve Him by serving others. The Bible has a word for serving, and it is "ministry." When we say, "minister" a lot of people think of a pastor, but the Bible says every believer is a minister. *1 Peter 2:9: "But you are a chosen people, a royal priesthood..."*

It is a fact that not every believer is a Pastor, but every believer is a minister. Ministry simply means using self to serve somebody else in the name of God. In the Bible the words "service" and "ministry" are the same, as well as "servant" and "minister". So, all of us are called to ministry, which is our purpose.



Suggested Ideas...

- Plan a Visit to a Children's Home or Elderly Nursing Home. Prepare some small gift bags with Book Markers to hand out during the Visit.
- Craft: Paint Chip Book marks



Chorus: #898

- "There is Joy in Following Jesus".

Song: # 935

- "There are People Hurting".

Prayer

Scripture Reading:

Ephesians 2:10:

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."

Monthly Theme...

"Women and Children Standing with Purpose"

'I will live a pure life in my house'

Highlights:

WM Month

Women's Sunday 5th,

International Day of the girl child 11th,

Harvest /Thanksgiving time.



October Education

"Keep the Alarm Resounding - Women Armed for Purpose"

Impacting The World

Suggested Ideas...

Concept:

- Host a panel discussion on the impact of education on crime.

Panelists:

Invite female community workers, including:

- A Police Officer.
- A Psychologist.
- An Educator.

Discussion Topic:

- "Crime and the Impact of a Lack of Understanding and Knowledge".

Welcome & Introductory Remarks

Song:

"Carry Your Candle".

Prayer:

- A prayer for opportunities for girls and women to receive education.

Introduction of Guests

Presentation

Panel Discussion

Expressions of Gratitude

Roll Call & Closing Exercise

Meditation.... Seeking Wisdom and Understanding

Proverbs 4:7 "The beginning of wisdom is this: Get wisdom. Though it cost all you have, get understanding."

From the moment a child is born, their mother becomes their first teacher. This early education is evident in the child's behavior, values, and foundational knowledge.

Across the world, women play a significant role in education, not only as mothers but also as teachers in academic institutions. However, education is not meant to be kept to oneself; its true value is realized when shared to create change.

In the Bible, we see how women, after encountering the greatest teacher Jesus, became agents of change, sharing the knowledge and wisdom they gained.

The Samaritan Woman

- After her encounter with Jesus, she became an evangelist, spreading the message of salvation to her community.
- This shows that knowledge is a catalyst for transformation.

Mary and Martha

- Mary sought wisdom and understanding from Jesus, while Martha was preoccupied with other necessary concerns, both made an impact in their ways.
- Mary used her wisdom to stay at Jesus' feet. Jesus commended Mary, saying, "Mary has chosen what is better, and it will not be taken away from her." (Luke 10:42).

Deborah

- A wise woman chosen by God to serve as both prophet and judge, leading with wisdom and discernment.

Conclusion

Scripture confirms that wisdom and understanding are not restricted by gender. Women, just like men, are called to influence change through the knowledge they acquire.

Jesus consistently engaged with and uplifted women, providing them opportunities to grow and share wisdom. He instructed His disciples in Matthew 10:7-8:

"As you go, proclaim this message: 'The kingdom of heaven has come near.' Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received; freely give."

May we, as women, embrace the knowledge we have received and freely share it to impact the world for good.

October Fellowship



Monthly Theme...

"Women and Children Standing with Purpose"

'I will live a pure life in my house'

Highlights:

WM Month
Women's Sunday 5th,
International Day of the girl child 11th,
Harvest /Thanksgiving time.

"Keep the Alarm Resounding - Women Armed for Purpose"

Strong Community

Meditation.... Crafted for God's Purpose

Psalm 139:14, 'I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

In a world that often attempts to undermine the strength and significance of women, it is vital to recognize the divine calling bestowed upon every woman in our lives. Scripture states that we are fearfully and wonderfully made, armed with purpose, prepared to fulfil the mission God has ordained us to do. Let us begin by reflecting on the powerful scripture from Ecclesiastes 4:9-10. These verses remind us of the strength found in community, and how important it is to have each other's back.

Women are Divinely Designed

Just as God crafted every facet of creation, He has uniquely designed each woman with intention and purpose. In **Genesis 1:27**, we read, "*So God created mankind in His own image, in the image of God He created them; male and female He created them.*" This affirmation reminds us that women are made in the image of God, reflecting His beauty, strength, and creativity.

Armed for Purpose

Women are not just passive recipients of God's grace; they are active participants in His redemptive story. They are armed with:

Gifts and Talents

1 Peter 4:10 encourages us to use our gifts to serve others. Women today possess diverse skills in the arts, sciences, teaching, caregiving, or leadership. These gifts are tools for building the Kingdom of God and to serve the Community.

Community Support

In *Proverbs 27:17*, we read, "As iron sharpens iron, so one person sharpens another." Women must support one another, creating a network of encouragement and empowerment. Together, we can achieve great things for God by:

Firstly, Discovering our Purpose

This involves prayer, reflection, and seeking God's direction in our lives. We must ask ourselves what passions ignite our spirits and how can they be used in service to the Lord.

Secondly, Walking in Purpose To walk in purpose, women must embrace their identity in Christ. Our purpose is not defined by society's standards, but by our Creator's call.

As we conclude, let us remember that women are crafted, not just for any purpose, but for a divine purpose. Let us cast aside fear and embrace the empowerment that comes from our faith in Christ.

Suggested Ideas...

Welcome & Introduction...

Scripture:

- Ecclesiastes 4: 9-10.

Song: # 699

- "Stand up! Stand up For Jesus".

Chorus:

- "Lord Prepare Me".

Prayer Session

Two groups of Prayer focus on:

- Strength for the women in the Community.
- For Women to be Armed With for Purpose.

Game:

- Tug-of-war is a competitive team sport in which two groups strive to outpull each other by tugging on opposite sides of a rope. The objective is to drag the opposing team across a specified line or into their designated area.



Monthly Theme...

"Women and Children Standing with Purpose"

I will live a pure life in my house.

Highlights:

WM Month

Women's Sunday 5th,

International Day of the girl child 11th,

Harvest /Thanksgiving time.



**October
Junior Miss**

"Keep the Alarm Resounding - Women Armed for Purpose"

Career Night: Girls Leading with Purpose

Suggested Ideas...

- Every Junior Miss should dress appropriately to portray their dream career.
- The Sub-Committee for the Women's Ministries should be involved in the planning for program format, setup, decorating, refreshments etc.
- Parents or relatives should be notified well in advance so that appropriate outfits could be customized for each participant.
- Invite persons from the community with various professions to sponsor and attend the meeting and encourage the young people.
- Prepare a Powerpoint with photos of every day celebrities, and also persons in the Bible. Have some music playing as a transition or animation for each slide.

Welcome/Prayer

Choruses:

- "God Has a Plan for My Life"

<https://youtu.be/oyVYxQ3gjcI?si=YAsxKOUL-8TMFo1t>

- "Every Move I Make, I Make in You, You make me Move Jesus"

<https://youtu.be/Dgf1YzscBIE?si=omTJsg4kon2pKsYv>

[Leader's Guide - Salvation Army](#)

[Canada \(salvationist.ca\)](http://Canada.salvationist.ca)



Meditation.... Our Future - God's Plan

Incorporate the Scripture: **Jeremiah 29:11** - "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

In life we have to make career choices. We need to plan and set goals with the hope of developing ourselves for the future. In whatever we do, we must always remember to pray, placing everything into God's hands, in order for us to be successful. His guidance plays an important role in our decisions. We need to be grateful for how God's plan for our lives unfold, not in our own timing, but in His time, according to His will and way.

As you participate this evening, ask God to help you learn more about His purpose for your life, and the development of your career.

Think of a celebrity that you admire, or persons in the Bible who made a great impact on you. As we view the visual representations of the goals and aspirations you submitted, we encourage you to participate, engage and shout out your favourite celebrity from the slides.

Prayer: Lord we thank You that you work all things for our good according to your purpose. Help us to seek You in every choice that we make, and know that You want the best for us at all times. May we be examples to others and share with them the opportunities for them to lead as well. In Jesus Name. Amen.

Have a time of 'Prayers of Gratitude.'



November Worship



GOD HAS GIVEN
ALL OF US
GREAT PURPOSE!

Monthly Theme...

“Our Season for Purpose!”

The Lord is close to the broken hearted.

Highlights:

International Men's Day, 19th

International Day for the Elimination of Violence against Women, 25th

“Keep the Alarm Resounding - Women Armed for Purpose”

Finding Hope Through Crisis

Meditation.... “Healing and Strength Through Worship”

Today many of us are faced with trials that bring us down, and often sickness that is beyond our control. In *Psalms 34:18* we read “*The Lord is close to the broken hearted and saves those who are crushed in spirit*”. We are assured that the power we share in Christ is greater than our situations. Just as David was in a desperate time of need and God was present for him, so it is the same for us rise up and worship to find healing and strength, in God's presence. As we continue to reflect on the Psalm, we can see how David was facing opposition, but he did not lose his faith in God. He sought Him fervently.

We all know how domestic violence is prevalent in our society, and witness many brokenhearted persons who need help and encouragement. God's help is needed to restore hope. As the songwriter says, ‘They need you! They need me! They need Christ!’ Through Christ they can be saved, healed and strengthened. Let us use the power we have in Christ to empower those who are suffering, for they too can experience hope, and have the strength to get through their difficult circumstances.

Be reminded of *Isaiah 61:1-3* “*The Spirit of the Sovereign LORD is on me, because the LORD has anointed me to proclaim good news to the poor. He has sent me to bind up the broken hearted, to proclaim freedom for the captives and release from darkness for the prisoners*”.

As we consider this scripture, let us seek to do the best for Christ to make the world a better place by fighting against domestic violence, in order to bring hope, strength and healing to those in need.

Suggested Ideas...

Welcome and Opening Remarks

- A warm, gentle welcome from the worship leader or Corps Officer.
- Brief introduction of the purpose of the service: healing, hope, and strength for survivors.
- Acknowledge the sensitivity of the theme and create a safe, sacred space for worship and reflection.

Opening Prayer

Song of Reflection

- “You Say I am Weak” by Lauren Daigle.

Suggested Songs:

- # 691 (NSASB)
- #935 (NSASB) “There are People Hurting in the World”

Scripture Reading

- Psalm 34:18.
- Chorus: “When the Spirit of the Lord moves upon my heart”.

Testimonies of Strength and Healing:

Invite one or two persons (pre-arranged) to share brief testimonies. These can be stories of surviving domestic violence, supporting others, or finding healing in Christ.

Time of Prayer and Intercession

Closing Prayer

Benediction

Monthly Theme...

"Our Season for Purpose!"

The Lord is close to the broken hearted.

Highlights:

International Men's Day, 19th

International Day for the Elimination of Violence against Women, 25th

GOD HAS GIVEN
ALL OF US
GREAT PURPOSE!

November
Service

"Keep the Alarm Resounding - Women Armed for Purpose"

Act With Compassion

Suggested Ideas...

Song:

- "Try A Little Kindness".

Scripture Reading:

- Luke 10:29-30.

ICE BREAKER

- Ask everyone to share about a time they received an act of kindness or witnessed an act of kindness, whether it was big or small.
- Ask how did this make them feel? What effect did it have on them or on others?
- The ladies can act out the skit of the story of the Good Samaritan from the scripture reading. It can be narrated while they act out the story.

Vocal Selection:

- "Here I Am, Lord" by Dan chutte.

Chorus: 'Let the Beauty of Jesus be seen in me'.

Prayers:

- For God to give us tender hearts to serve with compassion.
- Pray for all those who are suffering domestic violence and abuse.

Activity:

- Plan a community service project to support a local shelter for domestic violence survivors, such as collecting donations or volunteering time to assist with their needs.

Meditation.... Be a Good Samaritan

Isaiah 1:17 "Learn to do right; seek justice. Defend the oppressed. Take up the cause of the fatherless; plead the case of the widow."

Jesus is our greatest example of being compassionate, and He showed us many ways to help others in need.

Matthew 9:36 states, "Seeing the people, He felt compassion for them, because they were distressed and dispirited like sheep without a Shepherd."

The Parable of the Good Samaritan teaches us that we should serve others without judgement or prejudice. Many passed by the man who was beaten on the road, but did not take the time to assist him. One man, identified as the Good Samaritan, was moved with compassion and took a stand to help the hurting stranger.

To be a Good Samaritan, one must be willing to be a voice against the wrongs in our society, taking a stand against poverty, domestic violence and other social issues around us. We must be able to look around our communities with the aim of helping those in need, or to be a good listener.

True disciples live like Jesus, doing humble and compassionate service for others. Compassionate service gives an opportunity to share God's love, and shows the humility in us which flows from a tender heart. As we become the hands and feet of Christ, He will be seen through our actions. Serving others is not done for self glory; recognition, earthly accolades, or sense of duty, but because God's love compels us to love through the Holy Spirit.

True compassion is motivated by the love in our hearts. As Christians we must love and give hope to all those in need. People will only know that Jesus loves them through us. Women, let us embrace the call today and reach out to the abused, lost, and hurting in our nation. Let the world see the love and compassion of Jesus in us.

Let us think about someone who is suffering. Maybe they are sick, hurting from family issues, or maybe they have been exposed to domestic violence. How are your feelings when thinking of that person? What emotions touch your heart? Would you be moved with compassion to help or defend them?

Chorus of Song 626 - 'Except I am Moved with Compassion'.

"Keep the Alarm Resounding - Women Armed for Purpose"

Be Aware of Domestic Violence

Suggested Ideas...

- Invite a guest speaker in advance, to share on the topic:
Recognizing the signs of domestic violence, understanding legal rights and accessing support services.
- Prepare material in advance for book marker: Bristol board, crayons, markers, scissors, rulers, strings, colored ribbons.

Song: Song #261

- "Shine Jesus Shine".

Choruses:

- "Give Thanks With a Grateful Heart".
- "Only You are Holy".

Prayer:

- For Victims of Violence (especially women & girls).

Scripture Reading:

- Proverbs 31: 8 - 9.

Creative Activity:

- Make book markers.

Closing Exercises

Meditation.... What the World Needs is Love

Romans 12:10, "love each other with genuine affection, and take delight in honoring each other".

Women make up half of the world's population, yet they still face challenges like inequality, discrimination and lack of opportunities. It is time to change that narrative and create a world where women have the same rights, freedom and opportunities as men. Women have the right to Education!

Education Empowers

2nd Timothy 2:15 says, "Study to shew thyself approved unto God, a workman that needed not to be ashamed, rightly dividing the word of truth."

Being educated gives women a sense of self-worth, which make them better prepared to control their own lives both within and outside the home. Women also have the right to accept opportunities and resources, that provide them with training and participation in areas of benefit. An educated woman becomes stronger and self confident, especially in controlling her life and claiming her rights.

Self-Confidence and Love

An educated woman will easily discover her life's purpose and lives it, by appreciating and loving herself.

The journey towards empowerment is continuous and requires commitment. God requires that we speak up for those who cannot speak for themselves. "Let us therefore be that voice". **Prov 31: 8 - 9**. As believers, we are called to do things differently; like Jesus, we are called to "turn over the tables of modern-day temples and centers of power".

In conclusion, let us practice unified living by ensuring that we are respectful and courteous to everyone we encounter, treating them with respect, kindness, compassion, and recognizing their inherent worth and dignity. As children of God, we should mirror Jesus' example of selfless love and service. It is of utmost importance to accept and appreciate each other with love – "love each other with genuine affection, and take delight in honoring each other" **Rom 12: 10**.

Let us be an expression of Jesus' love to everyone we meet on our daily path.



Monthly Theme...

"Our Season for Purpose!"

The Lord is close to the broken hearted.

Highlights:

International Men's Day, 19th

International Day for the Elimination of Violence against Women, 25th



GOD HAS GIVEN
ALL OF US
GREAT PURPOSE!

November
Fellowship

"Keep the Alarm Resounding - Women Armed for Purpose"

Building A Non Violent Community

Suggested Ideas...

- Have the Meeting at the Community Center.
- Make flyers advertising the event.

Guest Speaker:

- "Domestic Violence".

Suggested Song:

Bind Us Together Lord.

Activities:

Icebreakers:

- **One word Check-in:**
Ask everyone to describe how they are feeling in one word.
- **Two Truths and one False:**
Each person shares three "facts" about themselves – two true and one false. The others guess which is false.

Prayer:

- Pray for the women in the community to be a source of strength and support for one another.

Serve Refreshments

Meditation.... We Need One Another

Galatians 6:2, "Carry each other's burdens, and in this way you will fulfil the law of Christ".

We need supportive communities in our families, workplaces and beyond.

These are the places where we can find encouragement, not only in times of trouble, but to also in times of celebration and victory; and to hold each other accountable to live out our best lives.

Building a supportive community requires us to:

- Bear one another's burdens, Galatians 6:2 instructs us to "Bear one another's burdens and so fulfill the law of Christ." This means being present for those who are struggling, offering a listening ear, extending a helping hand or a word of encouragement to those who are burdened.
- Celebrate one another's joy in the same way we share each other's sorrow, we should also celebrate each other's triumphs. This is a powerful way to strengthen bonds and build a culture of positivity.
- Speak the truth in love, Proverbs 27:17 says, "Iron sharpens iron, and one person sharpens another." We should be willing to speak the truth to one another, always in order to build each other up.

No one is An Island

The Apostle Paul beautifully illustrates this in 1 Corinthians 12. He compares the church to a body with many members. "Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ. He emphasizes that each member is essential to the functioning of the whole body, no matter how insignificant it may seem. A hand cannot say to the foot, I have no need of you, nor can the eyes say to the hand, I have no need of you.

Think of the tapestry of a woven cloth. Each thread, though individual, plays a vital role in the strength and beauty of the whole. Similarly, we are individual threads in the grand tapestry of humanity, each with unique gifts and needs. When we come together, supporting and encouraging one another, we create a tapestry of resilience, strength and love.

We are not meant to walk this life alone. God declared from the very beginning, "it is not good for man to be alone" Genesis 2:18. This was not about romantic relationships, but it was about the fundamental need for humans to connect, to support and to belong. We are designed to thrive in relationships with one another.

Let us strive to be threads of strength and support in the tapestry of our communities, reflecting the love and peace of God to all those around us.

November
Junior Miss

GOD HAS GIVEN
ALL OF US
GREAT PURPOSE!

Monthly Theme...

"Our Season for Purpose!"

The Lord is close to the broken hearted.

Highlights:

International Men's Day, 19th

International Day for the Elimination of Violence against Women, 25th

"Keep the Alarm Resounding - Women Armed for Purpose"

Joyful Reading

Meditation.... The Word of Light

Psalm 119:105 "Your word is a lamp for my feet, a light on my path."

Imagine walking through a dark forest without a flashlight. Every step is uncertain, and fear creeps in. Now, imagine that same path illuminated by a bright light, revealing obstacles and guiding your steps.

God's Word is a light in our lives. It shines brightly, guiding us through challenges, illuminating our decisions, and bringing clarity to confusion.

As we journal today, let's reflect on how Scripture is a guiding light in our lives. Think about times when a Bible verse provided comfort, direction, or joy to you in difficult moments. Let's express that in our art and words, celebrating the joy found in God's Word.

Activities:

Lantern Craft:

Girls create paper lanterns and write Psalm 119:105 on them, symbolizing the verse's message. Check the Pinterest or Instagram page of [Maria Brannen](#)

Acrostic Poem: Girls write an acrostic poem using the word "LIGHT," relating each letter to aspects of God's word.

Illustrated Faith Art: Encourage girls to illustrate Psalm 119:105 in their journals using drawings, stickers, and calligraphy.

Game Instructions: Sword-in-Hand Bible Game

Objective: Be the first to locate a given Bible verse.

Instructions:

- Each girl holds her Bible closed.
- The leader calls out a Bible reference (e.g., John 3:16).
- Girls respond with "Sword-in-hand!" and hold up their Bibles.
- The leader says "Charge!" and girls race to find the verse.
- The first to find and read it aloud earns a point.

Materials:

- Bibles for each participant.
- Paper cut out Swords

Suggested Ideas...

Materials Needed:

- Blank journals or notebooks
- Colored pens, pencils, and markers.
- Stickers, tape, and decorative items.
- Glue sticks, scissors, and stencils.
- Bibles for each participant.
- Printed copies of Psalm 119:105
- Paper cutouts of swords for the "Sword-in-Hand" Bible game.

Room Setup:

- Arrange tables with journaling supplies.
- Create a cozy meditation corner with cushions and soft lighting.
- Designate an open space for games and group activities.

Songs:

- "Thy Word is a Lamp Unto My Feet" by Amy Grant.
- "Light of The World" - NSASB 114.

Quizzes:

- **Bible Verse Matching:** Provide cards with various Bible verses and their references. Girls match the verse to its correct reference.
 - **Psalm 119:105 Unscramble the Verse:** Girls are given flashcards with each word from the verse on it, and compete to unscramble the verse first.
- letter to aspects of God's word.

Monthly Theme...

**"Keep the Alarm
Resounding - Here is the
light!"**

I am the light of the World.

Highlights:

International HIV/Aids

Day 1st

Advent and Christmas



December Worship

"Keep the Alarm Resounding - Women Armed for Purpose"

Celebrating the Light of the World

Suggested Ideas...

- Organize a candlelight procession where each participant lights a candle from a central flame, symbolizing the spreading of Christ's light.
- Conclude with a time of singing Christmas carols and sharing reflections on the significance of Jesus' birth.

Opening Song: #113 NSASB/ #84 OSASB

- "Joy to the World".

Prayer Song: #114 NSASB

- "Here I am to worship".

Chorus:

- "Let the Beauty of Jesus be seen in me".

Prayers:

- For those who are still living in the darkness (sin)
- For those who were once living in the light and are now attracted by the things of the world and are living in darkness.

Praise Choruses:

- "I am living for the Lord".
- "This little light of mine".

Meditation.... *The Light Has Come*

John 8:12 "When Jesus spoke again to the people, he said, 'I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.'"

Jesus came to the earth to be the light of the world. In the verse that we just read, He stated that He is the light of the world. And whoever follows Him will never walk in darkness but will have the light of life. Are you still living in darkness? If yes, Jesus wants you to follow Him today. He wants to save you from the bondage of sin.

Genesis ch.3 reveals the sin of our first parents, Adam and Eve. God placed them in the Garden of Eden, where He gave them instructions on what to eat and what not to eat. However, they disobeyed God and listened to the serpent, eating the forbidden fruit, which caused them to fall into sin. Because of their sin, all men have become sinners and are separated from God (*Romans 3:23*).

In consequence of their fall, the world became dark.

All people lost their happiness and the privilege of seeing God face-to-face because of sin. Even though we were separated from God, He never ceased to love us. He planned to restore His relationship with us again, so He sent His Son to rescue us from darkness, and bring us into His Marvelous Light.

Jesus is The Light

John 3:16 NIV says, "For God so loved the world that he gave his only Son, that whosoever believes in him shall not perish but have eternal life".

Jesus has come to be the light and the Saviour of the world; He does not want anyone to perish. He came so that we may have life and have it abundantly (*John 10:10*).

Jesus is offering you His light, which is everlasting and can make you shine for Him everywhere. Today, I would like to extend an invitation to you to accept the great privilege and responsibility of brightly shining for Jesus into this dark world.

Shining for Jesus means showing love and mercy to others. Do you show mercy to those who wrong you? *Micah 6:8* tells us, "And this is what he requires of you; to do what is right, to love mercy, and to walk humbly with your God."

We have to celebrate because the light of the world has come so that no one will have to live in the darkness anymore.

December Fellowship



Monthly Theme...

**"Keep the Alarm
Resounding - Here is the
Light!"**

I am the light of the World.

Highlights:

International HIV/Aids
Day 1st
Advent and Christmas

"Keep the Alarm Resounding - Women Armed for Purpose"

Jesus The Reason for the Season

Meditation.... The Humble Birth

Luke 2:11 "Today in the town of David a Savior has been born to you; he is the Messiah, the Lord."

In the manger, a place where animals were kept, Jesus was born. Not in a palace or a place of earthly grandeur, but in the stillness of a stable, surrounded by hay. His birth did not showcase the divine power we might expect of a King, but instead marked the beginning of a journey clothed in gentleness, humility and grace.

This humble beginning reminds us that Christ came not just for the privileged or powerful, but for every person unconditionally. He meets us where we are, in our joys and our struggles, in silence and in noise, in brokenness and in hope.

The warmth of His presence drew shepherds near, compelled wise men to travel far, and still today, it invites us to come to Him.

Let us remember that Jesus was also called Emmanuel which means God is with us. His presence turns our period of isolation into unity. Despite our differences, His love and grace unite us. We reflect the core of the gospel through reconciliation and a shared hope when we commemorate His birth together.

Jesus' birth is a reminder of God's great love and faithfulness to the world. As we share food, gifts, and stories, may our hearts be centered on the Savior who unites us in hope, joy, and peace.

Closing Prayer

Event Plan

Date & Time: December 22, 2025

Venue: Waterfalls

Suggested Dress Code: Festive or Christmas colors (optional)

Time	Activity
9:00 AM	Welcome & Opening Prayer
9:30AM	Group Carol Singing Traditional Christmas Songs to praise Jesus
10:00 AM	Christmas Stories & Testimonies

Guests are invited to share:

- A favorite Christmas memory
- A personal testimony of how Jesus has impacted their life

10:30 AM	Christmas Themed Games
11:00 AM	Bring & Share Dinner Begins (pot-luck style)
12:00 PM	Gift Exchange (Secret Santa)
12:30 PM	Group Carol Singing
1:00 PM	Closing Meditation & Prayer

Suggested Ideas...

Scripture Focus: Luke 2:11

Bring & Share Guidelines:

- Each guest or family is encouraged to bring a dish to share (savory or sweet).
- Please label dishes with allergy info (nuts, gluten-free, dairy-free, etc.)
- Drinks and tableware will be provided.
- You can coordinate dish types in advance (main, side, dessert) to ensure variety.

Carol Suggestions:

- O Come, All Ye Faithful.
- Hark! The Herald Angels Sing
- Silent Night.
- Joy to The World.
- Angels We Have Heard on High.
- O Holy Night.

Lyric sheets will be provided and projected on screen.

Closing Reflection



Monthly Theme...

**"Keep the Alarm
Resounding - Here is the
Light!"**

I am the light of the world.

Highlights:

*International HIV/Aids
Day 1st
Advent and Christmas*



**December
Junior Miss**

"Keep the Alarm Resounding - Women Armed for Purpose"

Loving Light

Suggested Ideas...

- Junior Miss will be prepared ahead of time.
- Inform the home of the date and time of their visit.
- They will bake heart shaped cookies to share with patients at the home.

Devotional Songs:

"Love is a Flag flown high from the castle of my heart".

"It's Love that Makes the World go around".

"J-O-Y joy in the Holy Ghost".

"I love You, Lord".

Prayer

Activity:

- The Junior Miss will make cards with Bible verses about joy and love. Each junior miss will choose a patient and read a verse to them.



Meditation.... Jesus and the Least

Matthew 25:40 *"Most certainly I tell you, since you did it to one of the least of these my brothers, you did it to me,"*

This scripture teaches that serving others, especially those in need, is also serving Jesus. There is joy in serving others. It also emphasizes the importance of caring for the vulnerable and demonstrates that acts of kindness towards them are also acts of kindness towards God.

Inasmuch as you did to one of the least of these, you did it to me means that: When you help someone who needs it, you are helping Jesus and His kingdom. It is like you are doing it for Him directly. You are God's representative here on earth. He is using us to do His work. Let us do it with joy as unto Him.

Jesus' powerful statement also teaches us that He cares about all of His followers, and their well-being is connected to His. The least of the brothers refers to struggling people who may be poor, sick, lonely, or in need of help. It's not just about physical needs, but emotional needs as well. We need to show compassion and kindness to anyone who needs it.

When you help someone in need, you are helping Jesus and His Kingdom. You will experience the joy of seeing others served, and the blessing of building God's Kingdom.

In conclusion, you can be an example of Jesus' love by sharing with a neighbor, helping someone carry their groceries, or volunteering at home. Jesus taught us to love our neighbors and to care for those in need, as He had shown mercy Himself.

Here are some ways you can make a difference in the lives of others:

- Volunteering.
- Donating.
- Being kind to those around us.

Question:

"What are some other ways you can make a difference in the lives of others?"

DATES TO REMEMBER

JANUARY—HAPPY NEW YEAR

16th **Submit all WM Annual Reports, including LOM/YLOM.**

FEBRUARY

4th World Cancer Awareness Day
14th Valentine's Day
18th Ash Wednesday

MARCH

6th World Day of Prayer
7th International Women's Day

APRIL

2nd World Autism Awareness Day
3rd Good Friday
5th Easter Sunday
7th World Health Day

MAY Child Month

10th Mother's Day
23rd Labour Day (Jamaica)
15th Ascension Day
24th Family Sunday / Pentecost Sunday

JUNE

7th LOM/YLOM Sunday and Enrollments
21st Father's Day

JULY

2nd Founder's Day
23-28 Women's Ministries Conference

AUGUST

1st Emancipation Day
6th Independence Day (Jamaica)

SEPTEMBER

20th International Day of Peace
20th Day of prayer for Victims of Human Trafficking.
Back to School

OCTOBER - WOMEN'S MINISTRIES MONTH

4th Women's Sunday
11th International Day of the Girl Child

NOVEMBER

19th International Men's Day
25th International Day for the Elimination of Violence against Women.

DECEMBER - ADVENT & CHRISTMAS

1st International HIV/Aids Day
Advent and Christmas

TERRITORIAL WOMEN'S MINISTRIES REPORTS

Please submit to THQ, all reports of special events and planning Committee minutes, one month after the event.



"Keep the Alarm Resounding - Women Armed for Purpose"

Empowering Family

Suggested Ideas...

- Organize the group to have families seated alphabetically (have ushers in place before they arrive).
- A few weeks before the event, collect family photos and create a PowerPoint presentation of each family. This may be used for an alphabetical roll call. Each family will choose a chorus or Bible verse beginning with their surname and present it during the roll call.
- Prepare light refreshments, which will be served after the service.

Call to Worship:

- Psalm 127:1-5

Opening Song: NSASB #66

- "This is my Father's world".

Prayer:

- Select a mother before the meeting.

Pastoral Greetings

Welcome & Announcements

Recognition of Families

Roll Call (alphabetical order)

Ministry in Song (WM group)

Message and Appeal

Closing Song: NSASB #906

"Leaning on the Everlasting Arms"

Benediction:

- 2 Thessalonians 2:16-17

Meditation... Fearing God

Proverbs 31:30 "Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord is to be praised."

Today, we celebrate the strength and purpose of women who fear the Lord and lead their families with wisdom and grace. Their dedication and faithfulness inspire us all to live with purpose and intention. Together, we honour women's vital role in nurturing and guiding their families towards God's plan."

A woman who fears the Lord

The Bible tells us in *Proverbs 9:10*, "The fear of the LORD is the beginning of wisdom, and knowledge of the Holy One is understanding." The woman who fears the Lord is a catalyst for empowering her family through purpose. She teaches them to love and serve the Lord with their entire being and ensures they are nurtured correctly. Because of her fear of the Lord, she has a sense of responsibility and ownership. *Proverbs 31* speaks of "a woman of influence." She is trustworthy, a positive influence, a planner, a hard worker, and protective of her family. This influential woman knows her purpose and meets the needs of her household both physically and spiritually.

The woman of wisdom

The woman of wisdom empowers her family through the fear of the Lord, who gives her strength and knowledge to manage her household with grace and much love. (Phil. 4:13)

Her positive attitude (compassionate, selfless, hardworking, etc.) helps her successfully provide resources for the family and assist her husband in being prosperous. She is strong and full of integrity while watching over her household's ways. The woman of wisdom is sure of her calling to lead in her home, while she also extends herself to the needy and vulnerable.

Conclusion

The woman who truly fears the Lord is full of wisdom, influential in empowering her family, and embraces her purpose, which is displayed through her positive attitudes. She is praised by her family, and her husband is proud of her. She is applauded for her good works.



LOM/YLOM

Sunday



“Keep the Alarm Resounding - Armed for Purpose”

Keep the Alarm Resounding Reach out with Love

Suggested Idea: The Sub-Committee for the Women’s/LOM Ministries should be involved in the planning for Program format, setup, decorating, refreshments, etc. Announce in advance through fliers and social media about this exciting Day of events. Arrange for a few members to visit a shut-in, Outer Circle or LOM Member and prepare a hygiene/fruit basket to be presented after church. If visitation is not allowed at the Institution, invite a relative to the service and present it to them to distribute.

Prepare a Gift basket by asking each LOM/YLOM to bring one or two items. Get one of them to make a card for everyone to sign. Invite a needy Corps Member to be present at the meeting and present it to them.

Suggested Songs:#626/TB484, #649/TB490, #935/TB886

- “Except I am moved with Compassion”.
- “I’ll not turn back”.
- “They Need Christ”.

Band Prelude/YouTube Music

Call to Worship & Introduction of the Theme

Praise & Worship: Two choruses

Prayer Chorus: “Use me Lord, use me for Thy Glory”.

Prayers for YLOM/LOM Members: Ask them to stand where there are or come forward.

Welcome, Birthdays & Anniversaries

Recognition of Members (Small tokens or Certificates can be presented). Those persons who are unable to attend the Seminar to receive the Territorial Certificates of Appreciation could be recognized.

Chorus: “It’s love that makes the world go around”

Testimony: The Joy of loving Others Through LOM Ministry – LOM Member

Announcements

Special Item: LOM/YLOM Members - Suggested Song (Offering can be taken) – LOM Members can facilitate this.

Scripture: Matthew 25:35-36 - “For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.” – **YLOM Member can read**

Closing Suggested Song or alternative could be used here.

Closing Prayer/Benediction

Light refreshments could be served.



LOM/YLOM

Sunday

"Keep the Alarm Resounding - Being Armed for Purpose"

Resounding The Alarm For Mission, Reach Out!

Meditation.... God's Mission Our Mission, A Mission of Love

Matthew 25: 35-36, "For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, 36) I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me."

Our Sunday service focuses on the call to show compassion and love to the poor and needy every day. By reaching out to the young and the old, we embody Christ's love and care for those in need. This service reminds us how our daily actions can make a significant impact on people's lives, as we continue with our Mission to Save Souls, Grow Saints and Serve Suffering Humanity through prayer, His word and service.

Saving Souls —This is our mission priority as salvationists and league of mercy members. We must be hungry for soul for they are the only thing we can take to heaven with us.

Reaching out Through Prayer. We can reach out to them through prayer which is a medium to save souls. **John 3:16** says "For God so loved the world, that He gave His only Begotten Son, that whosoever believeth in Him should not perish, but shall have everlasting life." Every league of mercy member should be able to pray and believe in the power of prayer. We are called to continually seek opportunities to lead people to have a personal relationship with Jesus Christ. One of the most important things we must remember in our approach is to ask people if we can pray for them. Sometimes they may hesitate, but by the leading of God's Holy Spirit, we will be guided and equipped to intercede on their behalf. Prayer changes things, and the Holy Spirit will convict people to give their lives to Christ to be saved. As league of mercy members and salvationists we need to contribute to the growth of the church, we are to grow spiritually. The babies are the new converts, they need to be disciplined to become mature Christians. We have a mission to grow saints.

Growing Saints. The Bible calls us to grow in faith continuously. **2 Peter 3:18 (NLT)** says, "You must grow in the grace and knowledge of our Lord and Savior Jesus Christ." Faith grows when we spend time with God, study His Word, and apply His truths to our lives.

- **Reaching out through The Word.** We can reach out through the Power of God's word and the different avenues to help growth. Using your cellphone, email, Zoom, in-person devotions, weekly Bible Study, cell-groups, etc, to share God's word are avenues to grow saints. Fun games, quizzes, walking and exercising activities in Women's and LOM ministries are some creative ways to help us explore and develop a passion for the things of God. We should never get bored trying innovative ways to encourage people to know God more and grow in their faith.

2nd Timothy 2:15 (KJV), "Study to show thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth." God expects us to be developed and to help others to become mature as well, so that our service can be more effective in building His kingdom. We are to study His word.

Serve Suffering Humanity. **Philippians 2:3-4** "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others."

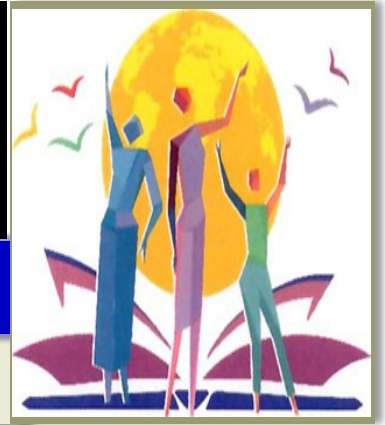
- **Reaching out through Faithful Service.**

League of mercy members are called to serve faithfully. Continue to serve without prejudice in love and humility to please God not man. We are responsible to serve in both ways in and outside the church. Do not neglect those in the household of faith. (**Galatians 6: 10**). We must look within our congregations first before looking outward to see who we can assist. Sometimes, some of the people in the most need are right within our Army halls. God has blessed persons with the spirit of discernment, compassion, empathy, (etc...) so use your gift to live the mission of God: feed the hungry, cloth the naked, visit the prisons, do it as unto Jesus.

In conclusion, may God help us to see the importance of reaching out to others through prayer, and the power of His word as we serve Jesus faithfully through the least among us.

**Women's
Ministries
Sunday**

A Woman OF
PURPOSE AND POWER



“Keep the Alarm Resounding - Women Armed for Purpose”

Keep the Alarm Resounding– Women Armed for Purpose

Suggested Ideas....

- Prepare the following feature in advance for Women's Ministries Sunday:
- Invite a special guest speaker with the approval of DHQ
- Ask the Junior Miss to prepare a sacred dance for the Call to Worship or prepare a short responsive reading
- Assign members from the women's group to present the Scripture as a Choral Reading.
- Prepare ceremony for Enrolment and Local Officer's Recognition
- Prepare a short slideshow of WM photos from the past year or “Year-In-Review” skit with a few of the ladies reminiscing on special moments that happened over the past year.
- Have the Home League or WM combine group practise a Vocal Selection

Call to Worship: Sacred Dance by Junior Miss or Responsive Reading

Welcome & Introduction of Theme

Opening Song: 953/633(NSB) “God is Keeping His Soldiers Fighting”

Choral Scripture Reading: Isaiah 58:1-8 – Women's Group or 4 WM Members

Praise, Worship & Prayer Period:

- We are Soldiers in the Army
- I am a warrior a Christian warrior
- Here my cry O Lord
- Come to my Soul, Blessed Jesus

Special Item:

- Enrollment of New Members & Local Officers' Recognition

Special Feature:

- “Memories of the Women's Ministries 2025-2026 Slideshow” or “Year-In Review Skit”

Vocal Selection:

- Home League Singers

Message & Appeal

Birthdays, Announcements & Offering

Closing Song: 981/833(NSB)

- “Sound the Battle Cry”

Closing Prayer & Benediction:

Women's Ministries Motto: "I will live a pure life in my house" - Psalm 101:2b (GNB)



A Woman OF PURPOSE AND POWER

Women's
Ministries
Sunday

"Keep the Alarm Resounding - Women Armed for Purpose"

Keep the Alarm Resounding— Women Armed for Purpose

Message.... *Isaiah 58: 1-2, "Shout it aloud, do not hold back. Raise your voice like a trumpet. Declare to my people their rebellion and to the house of Jacob their sins. For day after day, they seek me out; they seem eager to know my ways as if they were a nation that does what is right and has not forsaken the commands of its God."*

Our Women's Ministry Theme for this year **"Keep the Alarm Resounding - Women Armed for Purpose"** intentionally calls us to actively participate in the mission of Jesus Christ at home, at church, at work and in our communities. This theme is not a cliché, it is my hope that we, the women of this generation, use our voices and talents to let the world know that we are here. While the instruction of resounding the alarm may not mean that one literally blows a horn, it does indicate that we stay alert, empowered, and spiritually attuned - like a metaphorical "alarm" that keeps us awake for our purpose.

Our text *Isaiah 58:1-2* gives a divine summons to prophetic courage as women who are armed for purpose! It's not a whisper - it's a trumpet blast. Just as how God commanded the prophet to speak with clarity and conviction, exposing the gap between religious ritual and righteous living, we too are called to do the same in our homes, churches and communities. This verse challenges us to examine whether our spiritual practices align with justice, mercy, and truth. *Isaiah 58:1-2* was written in a time of deep spiritual and social crisis for the people of Israel. These verses were likely written after the Babylonian exile, during a time when the Israelites had returned to Jerusalem and were trying to rebuild their society and religious identity. The temple had been destroyed, and although some rituals were being restored, the people were spiritually disoriented and socially divided.

At that time the people were complaining that God wasn't responding to their fasting (*Isaiah 58:3*), but God revealed to them that their worship was hollow - they were oppressing workers, quarreling, and ignoring justice. This was not just personal sin - it was systemic injustice and spiritual self-deception. It was in the midst of this situation God commanded Isaiah to "cry aloud" and "lift up [his] voice like a trumpet" to expose the sins of the people. The trumpet imagery evokes urgency, like a call to battle or a warning before judgment.

Isaiah 58:1 - 2 offers timeless wisdom that speaks directly to our lives today as it did to the Israelites. Here are several applications drawn from this powerful passage.

To "keep the alarm resounding" we must:

- Examine whether our spiritual practices are truly transforming our character and relationships. Is our faith lived out beyond Sunday?
- Just as Isaiah is told to "cry aloud" and "lift up his voice like a trumpet", we who live in a world of injustice, inequality, and moral compromise, need to speak boldly—whether in activism, leadership, or personal relationships. Silence in the face of wrongdoing is consent.
- Recognize that true worship includes social responsibility. Support ethical businesses, advocate for the marginalized, and live with integrity in our workplace and community.
- Regularly reflect on our motives. Are we seeking God's heart—or just His blessings? Are our actions aligned with our professed values?

As we heed the instruction of **"Keeping the Alarm Resounding"** as **"Women Armed for Purpose"**, let us be; Bold in Truth: Just like the prophet was told to "cry aloud" and "not hold back." This is a call to fearless truth-telling, even when it's uncomfortable.

Let us Wake-Up Spiritually: The trumpet symbolizes urgency. It's a wake-up call to us as a people who are spiritually asleep, going through the motions of religion without transformation.

Let us be accountable: We must emphasize communal responsibility, not just personal sin—it's the collective transgression of all who have lost sight of God's heart. And let us pray for the courage to lift our voices, not in judgment, but in love and clarity.

Fun Corner

QUIZ: from page 54

Identify the wives of the following:

1. Adam
2. Abraham
3. Jacob
4. Joseph
5. Amram
6. Moses
7. Samson
8. Elkanah
9. King
10. Joseph

- Answers**
1. Eve (Genesis 3:20)
 2. Sarah (Genesis 11:9)
 3. (Gen. 29:28), Leah (Gen. 29:23)
 4. Asenath (Genesis 41:45)
 5. Jochebed (Exodus 6:20)
 6. Zipporah (Exodus 2:21)
 7. Delilah (Judges 16:4)
 8. Hannah, Peninnah (1 Samuel 1:2)
 9. Vashai (Esther 1:9), Esther (Esther 2:17)
 10. Mary (Matthew 1:18)

Game: from page 52

Unscramble the Words:

1. U-D-C-A-T-E-N-I-N / A-T-T-E-R-S-M
2. C-S-O-L-H-O / F-R-O / L-A-L
3. E-U-I-P-Q- / C-L-I-R-H-D-N-E / F-R-O / T-M-O-R-R-O-W-O
4. C-U-S-S-E-C-S

- Answers**
1. Education Matters
 2. School for All
 3. Equip Children for Tomorrow
 4. Success

Activity: from page 34

Bible Quiz

Questions: True or False

1. **God promises to answer the prayers of the just as well as the unjust.**
 - a. True
 - b. False
2. **There is a connection between prayer and dependence on the Father.**
 - a. True
 - b. False
3. **Jesus' prayer on key occasions. What are some occasions on which he prayed? List all that applies**
 - a. In the context of his baptism
 - b. In choosing food
 - c. In the garden of gethsemane
 - d. On the mount of transfiguration
 - e. In choosing who to love
4. **What is the name of the prayer Jesus taught to his disciples?**
 - a. The righteous prayer
 - b. The prayer of Jesus
 - c. The lord's prayer
5. **Why did Jesus tell us to lay up treasure in heaven?**
 - a. For where your treasure is, there will your heart be also
 - b. For where your treasure is, the focus of your life is centred
 - c. For where your treasure is, your father knows about it

- Answers**
1. B
 2. A
 3. A, C, D
 4. C
 5. A

Fun Corner

Zoo Animal Word Search

A H D S R N G O J
E I F O X C Z W T
Q P M Y A K E L D
X P V C L T B O A
W O L F I H R K Y
J B A T O U A P E
C Z Q G N D V S M



APE



BAT



BOA



FOX



HIPPO



LION



OWL



WOLF



YAK



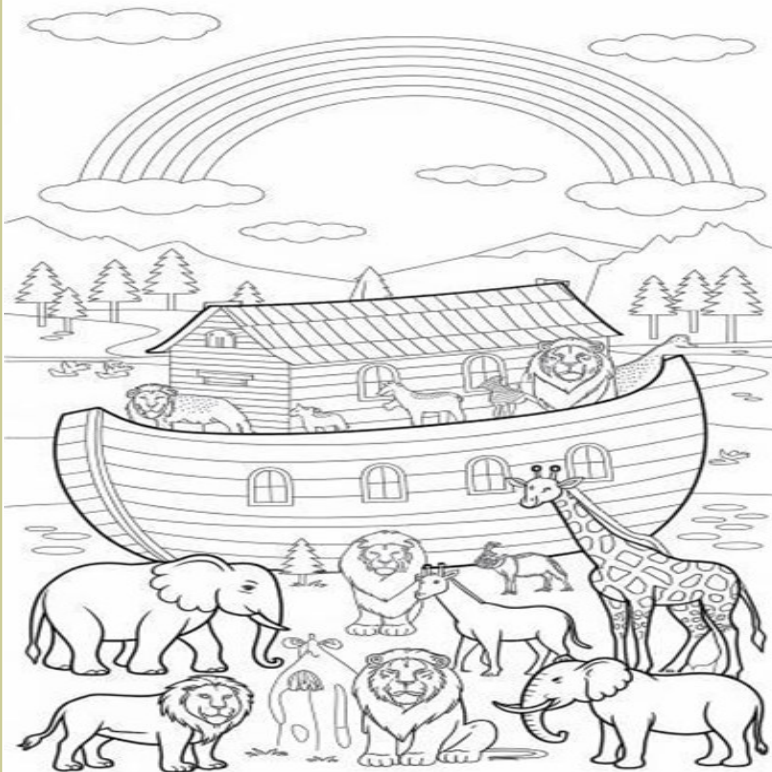
ZEBRA

Help the Son Get Home

Follow the path to help the son return home as he did in Luke 15:11-32.



Noah's Ark Colour Me



Animal Facts for Kids

Hedgehogs are Lactose intolerant.



Butterflies taste with their feet.



cheetahs are the fastest land animals.



Penguins propose with a pebble.



Crocodiles can't stick its tongue out.



Koalas Sleep up to 22 hours



Male seahorses give birth.



A snail has 14,000 teeth.



Ostriches can run faster than horses.



Bees communicate by dancing.



A jellyfish is 95% water.



Sharks have been around longer than trees.





Sound the Alarm!

Violence Against Women is Inexcusable.

Isaiah 58 begins with a compelling summons: “Cry aloud, do not hold back! Lift your voice like a trumpet”. This is not merely poetic language-it is a divine command to expose injustice and catalyze transformative action.

Today one of the most pressing injustices demanding this prophetic alarm is violence against women which is defined by the United Nations as “any act of gender - based violence that results in, or is likely to result in physical, sexual, or mental harm of suffering to women, including threats of such acts, coercion or arbitrary deprivation of liberty, whether occurring in public or in private life”

- ***Liberation for the Oppressed***

“Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke?” Isaiah 58:6

Liberation is God’s first act of justice. From the Exodus to the ministry of Jesus, God is revealed as the One who sets captives free (*Luke 4:18*). Violence against women is bondage - physical, emotional, and systemic. The gospel calls us to proclaim and embody liberation: freedom from abuse, release from fear, and the breaking of every yoke of oppression.

- ***Light in the Darkness***

“The light shines in the darkness, and the darkness has not overcome it.” John 1:5

Violence thrives in silence and secrecy. Women suffer in the shadows of shame, fear, and cultural denial. Christ, the Light of the World, shines into every hidden place, exposing evil and offering hope. To sound the alarm is to bring light where there has been darkness. Women’s Ministries shines this light by naming violence as sin and declaring the hope of Christ’s healing.

- ***Love that Restores***

“And over all these virtues put on love, which binds them all together in perfect unity.” Colossians 3:14

At the center of the gospel is love. Not sentimentality, but the costly, restorative love of God revealed in Jesus Christ. Violence tears down dignity; love builds it back. Violence silences; love gives voice. Violence isolates; love restores community. God’s love is the foundation for relationships marked by respect, equality, and peace. Where love reigns, violence cannot stand.

- ***Life in Abundance***

“I have come that they may have life, and have it to the full.” John 10:10

Violence robs women of life - of safety, joy, and flourishing. Christ came not only to forgive sins but to restore abundant life. Abundant life means women and girls living without fear, thriving in their God-given potential, and experiencing peace and wholeness. This is God’s will: not survival in suffering, but fullness of life.

- ***Liberty from Bondage***

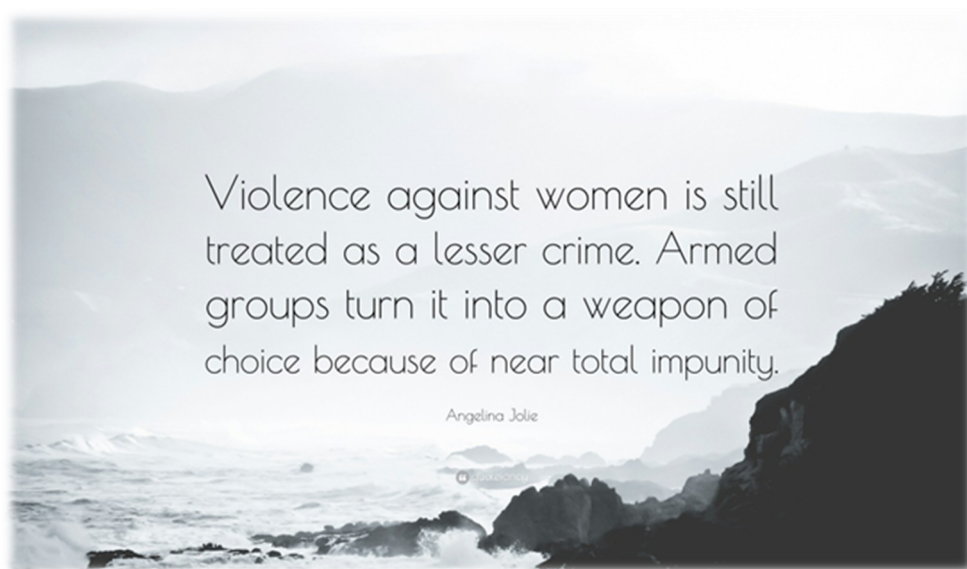
“It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.” Galatians 5:1

Liberty extends beyond individual freedom to the transformation of cultures, systems, and traditions that normalize abuse. The gospel declares liberty from cycles of violence and silence. It demands that communities, churches, and nations dismantle structures that enslave women and perpetuate inequality. Freedom in Christ is both personal and societal.

- ***Lament for Injustice***

“How long, Lord, must I call for help, but you do not listen? Or cry out to you, ‘Violence!’ but you do not save?” Habakkuk 1:2

Lament is the language of holy protest. It is refusing to accept violence as usual and crying out to God until justice rolls down like waters *Amos 5:24*. The Church must learn to lament with victims, to name the reality of abuse, and to demand God’s justice. Lament prevents silence, awakens compassion, and leads us to action.





Human Trafficking

Human trafficking is a pressing global problem in the 21st century that continues to affect millions of people, despite widespread efforts to combat it.

Human trafficking occurs in all regions of the world

Human trafficking occurs everywhere, but people are mainly trafficked from lower-income to higher-income countries.

Most victims, or 60 per cent, are detected domestically, while victims of cross-border trafficking are mainly found within the same region (18 per cent) or in nearby regions (6 per cent). Only 16 per cent are detected in trans-national flows and end up in distant regions.

Human trafficking thrives on poverty, conflict and climate change

Human trafficking is driven by a complex interplay of social, economic and political factors.

Conflict and persecution, poverty and political instability, lack of access to education and jobs, migration and displacement, gender inequality and discrimination, natural disasters and climate change all create conditions that fuel human trafficking.

Traffickers capitalize on this desperation, disparity and deficiency, targeting people who are vulnerable, marginalized or in difficult situations, including irregular or smuggled migrants and those in urgent need of work.

Traffickers use everything from deception to violence to recruit and exploit their victims

Because human trafficking is often under-reported and under-prosecuted, it is characterized by high rewards and low risks for its perpetrators, who reap substantial profits with little fear of punishment.

Taking advantage of the high demand for cheap labour, commercial sex or other services, criminals exploit shortcomings in legislation and its enforcement, as well as corrupt actors and weak governance, to carry out their illegal activities.

They fraudulently promise a better life in a new country, offer exciting jobs with great benefits, or use outright violence against vulnerable people to coerce them into exploitative practices, such as sexual exploitation or forced labour.

Women are the most detected victims of human trafficking

No one is immune to trafficking. People of all genders, ages, backgrounds and in all regions of the world fall prey to traffickers, who resort to a variety of means to recruit and exploit their victims.

Women and girls make up the majority of victims, accounting for 42 and 18 per cent, respectively. They are mainly trafficked for sexual exploitation and are three times more likely to suffer physical or extreme violence than men and boys.

At the same time, the number of detected male victims has increased over the last years: 23 per cent of victims are men and 17 per cent are boys. They are mainly trafficked for forced labour.

In the past 15 years, the proportion of children among identified victims of trafficking has tripled to 35 per cent, or one third of all victims.

Source: United Nations Office on Drugs and Crime



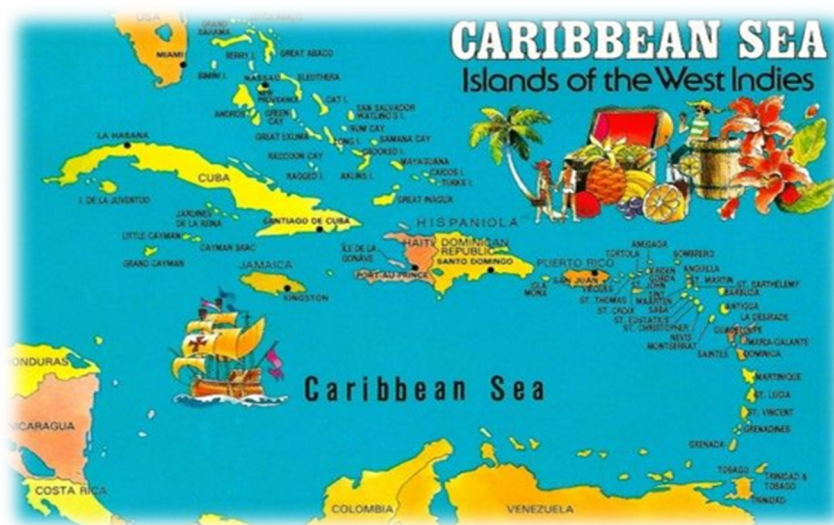
Caribbean Territory Women's Ministry **2026 HELPING HAND SUSTAINABLE PROJECTS**

On behalf of all women of the Caribbean Territory and especially the Territorial Women's Ministries department, we express our sincere gratitude to all who, in one way or another, have supported our 2026 Women's Ministries Programme (WMP).

Your labour has been one of love for your fellow sisters who will use these programmes and find much help and blessing from them.

We give our wholehearted recognition and thanks to all who have contributed.

2026 Helping Hand Project



The 2026 Helping Hand Fund will remain in the Caribbean Territory. Local project suggestions from various Divisions and Districts have been submitted to THQ for selection. All the projects that have been submitted have the potential to empower women in the Caribbean Territory.

Individual giving, fundraising, weekly donations and specific local projects will all contribute to supporting women in our communities. Let us do all we can to raise as much as possible to empower the women who live and work within our communities.

Thank you for all you do for the Helping Hand project.

