



The Enneagram is a traditional instrument of teaching and insight into the psycho-spiritual nature of human beings. It has a long pedigree. Its origins are based, it is believed, in the Sufi world of South-Central Asia. It has come into the modern era as a powerful tool for developing insight.

Robin Cameron is a trained practitioner of the instrument. Like a good psychologist and spiritual director, she uses her training in its methodology to teach and train spiritual practitioners and wisdom seekers how to use it. More here:

<https://www.youtube.com/watch?v=1RJrGVHCdY>

The 2018 Wisdom School at the Praxis Retreat and Learning Center in Texas provides an opportunity for an intensive study and use of this psycho-spiritual instrument. Advanced practitioners will benefit greatly by this training and it will also provide an introduction for those who are new to the study and practice of the Enneagram.

Robin writes her focus for the Wisdom School:

Throughout time, our habits of mind and heart, along with the defense mechanism that keeps those habits in place, have taken us out of the present moment and three-centered knowing, stuck either in the past or in the future, day in and day out. In the beginning when it was all about survival, those habits kept us alive as a species, but today those fight or flight features have become maladaptive and, due to their mechanical nature, (that is, when we are “in type”) keep us in a state of fear, anger, and distress. Which is to say....unconscious.

The ancient symbol of the enneagram is a brilliant map that invites us to move beyond this lower survival nature into higher states of being and consciousness. It is a journey where these archetypal habits become the raw energy for transformation for a life lived out more fully in the present moment from our Virtues and Holy Ideas.

During this week of unfolding the enneagram map of personality, we will explore ancient and traditional wisdom of the enneagram, all the way up to this fast-paced moving era in which science informs us what it was that the mystics knew all along. Through silence, chant, learning, art, journaling, and practice, we will

- *increase our understanding of the fundamentals and dynamism underlying this system.*
- *expand our understanding of three-centered knowing (body, mind, and heart).*
- *deepen our understanding of where attention goes, energy follows.*
- *develop compassion for our ever-present reactivity and that of others*
- *welcome and make friends with our shadow-side as 95% gold*
- *celebrate life and the journey to which we have been called*



School of Wisdom with Sharon Grimes

In addition to the study of the Enneagram, the School provides an opportunity to work with a renowned and juried artist and teacher, Sharon Grimes, whose work (*Dancing in the Light*, left) is known for its vitality and vibrancy. Sharon will provide an opportunity to explore your own creative and artistic intuitions in a contemplative setting. More on Sharon here: <https://www.sharongrimesart.com/>

Books Recommended:

David Daniels, *The Essential Enneagram* – a must for those not yet typed.

Beatrice Chestnut, *The Complete Enneagram* – for deeper reading

To Bring: A Sacred Object, something meaningful to you, which we will share during the opening evening

Registration Information: The week-long School begins Sunday evening with dinner and ends late morning on Saturday. Registration fee of \$675 includes double occupancy lodging, meals, materials, and instructor honorariums. Non-refundable deposit is \$75. Please send a deposit check made to “Praxis” to our registrar, Sally Roberts, 2025 Larkspur Drive, Carrollton TX 75010. She can also be reached at wisdompraxis@gmail.com

For additional information on the School format, program content, or logistics, please contact Lynn at the Retreat Center at lynncbauman@gmail.com or 903-664-3011.