

How To Brew Chai

Makes 1 cup

You will need:

1-2 tablespoons Chai Spice Mix from gift

1 cup boiling water

1/4 cup hot milk

Optional: honey, sugar, and grated nutmeg or cinnamon stick for garnish

Preparation

Fill a tea bag or tea ball with 1-2 tablespoons of Chai Spice Mix. Steep tea in 1 cup boiling water for about 5 minutes.

Remove tea bag and add 1/4 cup hot milk, heated in the microwave or in a small saucepan. Stir in honey or sugar to taste.