

US AGAINST THE WORLD: BIBLICAL LOVE

6-Day Devotional Activity on 1 Corinthians 13:4-7

By David and Tamela Mann

MARRIAGE ACTIVITY

OVERVIEW Now that you've read in the powerful passage 1 Corinthians 13:4-7 what it means to love the way God loves and worked through the Us Against The World: Biblical Love 6-day devotional, please complete the activity below. Think about how well you love your spouse according to the 14 attributes of love we talked about.

If you do a great job at patience, rate yourself as a 5. If you do a poor job of keeping score, rate yourself a 1. On a scale from 1 - 5 (5 being the highest), evaluate how well you love your spouse. If both of you can complete the activity together, it will make for a great conversation about love. Remember, no judgment .. only love!

ACTIVITY

Enter Your Name in the Space Below

1. _____ is patient
2. _____ is kind
3. _____ does not envy
4. _____ does not boast
5. _____ is not proud
6. _____ does not dishonor others
7. _____ is not self-seeking
8. _____ is not easily angered
9. _____ keeps no record of wrongs
10. _____ does not delight in evil
11. _____ always protects
12. _____ always trusts
13. _____ always hopes
14. _____ always perseveres

Enter Spouse's Name in the Space Below

1. _____ is patient
2. _____ is kind
3. _____ does not envy
4. _____ does not boast
5. _____ is not proud
6. _____ does not dishonor others
7. _____ is not self - seeking
8. _____ is not easily angered
9. _____ keeps no record of wrongs
10. _____ does not delight in evil
11. _____ always protects
12. _____ always trusts
13. _____ always hopes
14. _____ always perseveres

WILL YOU PRAY WITH US? God of Love, Your love is unconditional. Your compassion never fails. Help me to love my spouse the way you love me. Help me to love with patience, understanding, selflessness and longsuffering. Help me to support my spouse, and affirm my spouse as often as possible. Allow our love tanks to be filled by one another on a consistent basis. Teach us to love one another the way the Scriptures tell us to love. We want to reflect your heart. We want to grow deeper in love with one another. We can't do this without you. In Jesus' name. Amen.

DISCUSSION QUESTIONS

1. How often do you tell your spouse "I love you?" How often does your spouse tell you that they love you?
2. Do you wish your spouse was more expressive with their love? If so, share it with your spouse.
3. Ask your spouse "Am I loving you the way you need to be loved?" Wait for an honest answer. Take note of what they say and how they feel and try your best not to invalidate their feelings.
4. What did this exchange teach you about yourself?
5. What did it teach you about your spouse? Select an area to comment on.