

Hibiscus frost

ICED HIBISCUS TEA WITH LIME

Tart and chill with a jewel-toned twist.

INGREDIENTS:

- 2 hibiscus tea bags or 2 tsp dried hibiscus petals
- 1 cup (240 ml) boiling water
- 1-2 tsp honey or sugar (optional, to taste)
- Juice from ½ lime
- Ice cubes

INSTRUCTIONS:

Brew hibiscus tea in boiling water for 5–7 minutes. Sweeten if desired. Chill completely. Serve over ice and stir in fresh lime juice.

PAIR WITH:

Fresh fruit salad for a juicy contrast —or— lime cheesecake bites for a creamy, tangy treat.

