

JANUARY 04

CHANTAL
Est. 1971
CRAFTED KITCHENWARE

Lemon Zest

LEMON GINGER HERBAL TEA

A gentle citrus hug to ease the day

INGREDIENTS:

- 1½ cups (360 ml) water
- 4–5 thin slices fresh ginger
- Peel from ½ lemon (use a vegetable peeler for wide strips)
- 1–2 tsp honey (to taste)

INSTRUCTIONS:

Boil ginger and lemon peel in water for 10 minutes. Strain into a mug. Stir in honey and serve warm.

PAIR WITH:

Honey-glazed carrot sticks for a sweet-savory crunch
—or— lemon shortbread for a buttery citrus echo.

