JANUARY 29

EARL GREY WITH VANILLA AND CINNAMON STICK

Smooth and spiced with a whisper of sweetness.

INGREDIENTS:

- 1 Earl Grey tea bag or 1 tsp loose leaf Earl Grey
- 1 cup (240 ml) boiling water
- 1 cinnamon stick
- ½ tsp vanilla extract or a small piece of vanilla pod
- Optional: 1 tsp honey or sugar (to taste)

INSTRUCTIONS:

Brew Earl Grey tea with cinnamon stick in boiling water for 5 minutes. Add vanilla extract or pod and steep 1–2 more minutes. Strain if needed. Sweeten to taste and serve warm.

PAIR WITH:

Vanilla bean panna cotta for a silky, floral finish —or—cinnamon sugar donuts for a warm, nostalgic bite.

