

JANUARY 13

*Cider Nest*

# APPLE CINNAMON BLACK TEA

*Orchard warmth in a fireside cup.*

**INGREDIENTS:**

- 1 black tea bag or 1 tsp loose leaf black tea
- 1 cup (240 ml) boiling water
- 1 cinnamon stick
- 2–3 thin slices fresh apple or 2 tbsp apple juice
- Optional: 1 tsp honey or maple syrup (to taste)

**INSTRUCTIONS:**

Brew black tea with cinnamon stick in boiling water for 5 minutes. Add apple slices or juice, and steep for 2 more minutes. Strain if needed. Serve warm.

**PAIR WITH:**

Warm apple turnovers for a flaky, fruit-filled bite —or— cinnamon sugar donuts for a cozy, indulgent treat.

CHANTAL  
Est. 1971  
CRAFTED KITCHENWARE

