

JANUARY 12

CHANTAL
Est. 1971
CRAFTED KITCHENWARE

Mint Mirage

MOROCCAN MINT TEA

Refreshing clarity with a desert twist.

INGREDIENTS:

- 1 tsp loose leaf green tea or 1 green tea bag
- 1 cup (240 ml) boiling water
- A handful of fresh mint leaves
- 1–2 tbsp sugar (or more, traditionally generous)

INSTRUCTIONS:

Brew green tea with mint leaves in boiling water for 5 minutes. Strain if using loose leaf. Stir in sugar until fully dissolved. Serve warm or chilled.

PAIR WITH:

Date-stuffed pastries for a rich, chewy bite —or— flaky baklava for a honeyed crunch.

