

Freedom Village at Brandywine
Sunday, June 17, 2018

Starters

Tomato Vegetable Soup

Black-Eyed Pea Salad

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

Lemon and Raisin Trout

Lightly poached trout served in a flavorful lemon sauce with raisins.

Soy Ginger Flank Steak Salad over Cold Noodles

Soy ginger marinated grilled steak served over cold noodle salad.

Jumbo All Beef Hot Dog

Steamed beef hot dog served on a warm bun with your choice of condiments.

Western Burger

Grilled burger patty topped with cheese, bacon, fried onions and BBQ sauce.



Resident Favorites

Hamburger

 Baked Potato

 Grilled Chicken Breast

 Steamed Broccoli

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol. 
We invite you to share your comments with your Dining Leaders.

Freedom Village at Brandywine
Sunday, June 17, 2018

Featured Entrees

Corned Beef and Cabbage

Tender slices of corned beef brisket served with boiled cabbage.

Sole Florentine

Fillet of sole baked in a spinach wine sauce.

Sauteed Calves Liver with Bacon and Onions

Sauteed calves liver served on a bed of caramelized onions with crisp bacon.

Chef's Special

Accompaniments

Lemon Butter Carrots

Boiled Red Skin Potatoes

Item can be prepared as an  Optimum Life Cuisine Option

Buttered Corn

Mushroom Risotto

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Chocolate Cream Pie

Chocolate Chip Cookie

No Sugar Added Ice Cream of the Day

Brookdale Signature Cookie

Ice Cream Sundae

 Fresh Fruit Cup

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Freedom Village at Brandywine
Monday, June 18, 2018

Starters

Spinach Potato Soup Roasted Corn and Black Bean Salad

Chicken Noodle Soup Caesar Salad

Seasonal Entrees

Lemon and Raisin Trout

Lightly poached trout served in a flavorful lemon sauce with raisins.

Soy Ginger Flank Steak Salad over Cold Noodles

Soy ginger marinated grilled steak served over cold noodle salad.

Jumbo All Beef Hot Dog

Steamed beef hot dog served on a warm bun with your choice of condiments.

Western Burger

Grilled burger patty topped with cheese, bacon, fried onions and BBQ sauce.

Resident Favorites

Hamburger  Baked Sweet Potato

 Grilled Chicken Breast  Steamed Spinach

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Freedom Village at Brandywine
Monday, June 18, 2018

Featured Entrees

 **Memphis Rubbed Chicken**

Tender chicken rubbed with Memphis-style seasoning and baked.

 **Ginger Beef**

Beef stir fried in a ginger soy sauce.

Pork Loin with Orange Marmalade Demi Glace Sauce

Tender roasted pork with an orange marmalade demi glace sauce.

Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Glazed Acorn Squash White Rice


Item can be prepared as an  Optimum Life Cuisine Option

Sauteed Snow Pea Bok Choy Mix Au Gratin Potatoes

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Tropical Pineapple Cake Chocolate Chip Cookie No Sugar Added Ice Cream of the Day

Brookdale Signature Cookie Ice Cream Sundae  Fresh Fruit Cup

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Freedom Village at Brandywine
Tuesday, June 19, 2018

Starters

Turkey Noodle Soup Tomato and Mozzarella Plate

Chicken Noodle Soup Caesar Salad

Seasonal Entrees

 **Lemon and Raisin Trout**

Lightly poached trout served in a flavorful lemon sauce with raisins.

Soy Ginger Flank Steak Salad over Cold Noodles

Soy ginger marinated grilled steak served over cold noodle salad.

Jumbo All Beef Hot Dog

Steamed beef hot dog served on a warm bun with your choice of condiments.

Western Burger

Grilled burger patty topped with cheese, bacon, fried onions and BBQ sauce.

Resident Favorites

Hamburger  Baked Potato

 Grilled Chicken Breast  Steamed Broccoli

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Freedom Village at Brandywine
Tuesday, June 19, 2018

Featured Entrees

Veal Parmesan

Breaded veal cutlet, baked with mozzarella cheese and tomato sauce.

Old-Fashioned Chicken Fricassee

Classic stew of chicken breast and vegetables simmered in white wine.

Salisbury Steak

Seasoned ground beef steak, baked until tender, for a classic favorite.

Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.


Accompaniments

 Roasted Zucchini and Pesto Buttered Noodles

Braised Mushrooms Potato Wedges

Desserts

Raspberry Sherbet Chocolate Chip Cookie No Sugar Added Ice Cream of the Day

Brookdale Signature Cookie Ice Cream Sundae  Fresh Fruit Cup

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Freedom Village at Brandywine
Wednesday, June 20, 2018

Starters

Cream of Carrot Soup Cucumber and Onion in Sour Cream Salad

Chicken Noodle Soup Caesar Salad

Seasonal Entrees


 **Lemon and Raisin Trout**
Lightly poached trout served in a flavorful lemon sauce with raisins.

Soy Ginger Flank Steak Salad over Cold Noodles
Soy ginger marinated grilled steak served over cold noodle salad.

Jumbo All Beef Hot Dog
Steamed beef hot dog served on a warm bun with your choice of condiments.

Western Burger
Grilled burger patty topped with cheese, bacon, fried onions and BBQ sauce.

Resident Favorites

Hamburger  Baked Sweet Potato

 Grilled Chicken Breast  Steamed Spinach


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Freedom Village at Brandywine
Wednesday, June 20, 2018

Featured Entrees

Citrus Flounder
Fresh flounder fillet simmered with citrus juices and tomatoes.

Lamb Curry
Cubes of lamb stewed until tender with curry and lemon.

 **Swiss Steak with Tomatoes**
Tender, lean cube steak oven baked with onions and tomatoes.

Filet Mignon
Seasoned beef tenderloin filet grilled until tender and juicy.


Accompaniments

Collard Greens and Bacon Macaroni and Cheese

Stewed Tomatoes Cilantro Rice

Desserts

Apple Crumb Pie Chocolate Chip Cookie No Sugar Added Ice Cream of the Day

Brookdale Signature Cookie Ice Cream Sundae  Fresh Fruit Cup

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Freedom Village at Brandywine
Thursday, June 21, 2018

Starters

Beef Barley Soup

Bruschetta

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

Lemon and Raisin Trout

Lightly poached trout served in a flavorful lemon sauce with raisins.

Soy Ginger Flank Steak Salad over Cold Noodles

Soy ginger marinated grilled steak served over cold noodle salad.

Jumbo All Beef Hot Dog

Steamed beef hot dog served on a warm bun with your choice of condiments.

Western Burger


Grilled burger patty topped with cheese, bacon, fried onions and BBQ sauce.

Resident Favorites

Hamburger

 Baked Potato

 Grilled Chicken Breast

 Steamed Broccoli

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Freedom Village at Brandywine
Thursday, June 21, 2018

Featured Entrees

Beef Burgundy

Lean beef with mushrooms, carrots and onions in a wine sauce.

Poached Cod with Tomato

Flaky white cod simmered in white wine sauce, saffron, and tomato.

Braised Pork Chop with Gravy

Braised boneless pork chop served with a savory pan gravy.

Filet Mignon


Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Carrot Soufflé

Herbed Potatoes

Buttered Artichoke

 Brown Rice Pilaf with Herbs

Item can be prepared as an  Optimum Life Cuisine Option

Desserts


Creamy Banana
Pudding

Chocolate Chip Cookie

No Sugar Added Ice
Cream of the Day

Brookdale Signature
Cookie

Ice Cream Sundae

 Fresh Fruit Cup

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Freedom Village at Brandywine
Friday, June 22, 2018

Starters

New England Clam Chowder

Creamy Cole Slaw

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

Lemon and Raisin Trout

Lightly poached trout served in a flavorful lemon sauce with raisins.

Soy Ginger Flank Steak Salad over Cold Noodles

Soy ginger marinated grilled steak served over cold noodle salad.

Jumbo All Beef Hot Dog


Steamed beef hot dog served on a warm bun with your choice of condiments.

Western Burger

Grilled burger patty topped with cheese, bacon, fried onions and BBQ sauce.


Resident Favorites

Hamburger

 Baked Sweet Potato

 Grilled Chicken Breast

 Steamed Spinach

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Freedom Village at Brandywine
Friday, June 22, 2018

Featured Entrees

Chicken Marsala

Tender chicken breast served with a marsala wine mushroom sauce.

Prime Rib

Slow roasted seasoned rib roast served with natural juices.

Fried Catfish

Breaded catfish fillet flash fried until golden brown.


Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Creamed Spinach with Bacon

Mashed Potatoes

 Steamed Asparagus

Wild Rice Pilaf With Cranberries

Desserts


Rum Cake

Chocolate Chip Cookie

No Sugar Added Ice Cream of the Day

Brookdale Signature Cookie

Ice Cream Sundae

 Fresh Fruit Cup

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Freedom Village at Brandywine
Saturday, June 23, 2018

Starters

Chicken and Sausage Gumbo

Sweet Pecan Apple Beet Salad

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

🍷 Lemon and Raisin Trout

Lightly poached trout served in a flavorful lemon sauce with raisins.

Soy Ginger Flank Steak Salad over Cold Noodles

Soy ginger marinated grilled steak served over cold noodle salad.

Jumbo All Beef Hot Dog

Steamed beef hot dog served on a warm bun with your choice of condiments.

Western Burger

Grilled burger patty topped with cheese, bacon, fried onions and BBQ sauce.


Resident Favorites

Hamburger

🍷 Baked Potato

🍷 Grilled Chicken Breast

🍷 Steamed Broccoli

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Freedom Village at Brandywine
Saturday, June 23, 2018

Featured Entrees

German Bratwurst with Sauerkraut

Bratwurst simmered with sauerkraut and onion.

Bourbon Chicken

Pan seared chicken breasts cooked in a sweet gingered bourbon sauce.

🍷 Herb Baked Pollock

Fillet of pollock baked in parchment with fresh herbs and lemon.

Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Peas with Carrots

Cauliflower Potatoes

Yellow Squash Casserole

Quinoa with Mushrooms and Herbs

Desserts

Blueberry Pie

Chocolate Chip Cookie

No Sugar Added Ice Cream of the Day

Brookdale Signature Cookie

Ice Cream Sundae

🍷 Fresh Fruit Cup

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