

Freedom Village at Brandywine
Sunday, August 12, 2018

Starters

Creamy Tomato Basil Soup

Tomato and Avocado Plate

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

 **Thai Style Mahi Mahi**

Mahi mahi marinated in ginger, garlic, chili sauce and soy sauce.

General Tso's Chicken

Classic style white meat chicken coated in chili garlic and soy sauce.

Jumbo All Beef Hot Dog


Steamed beef hot dog served on a warm bun with your choice of condiments.

Salami Sandwich


Salami, lettuce, and tomato served on rye bread.


Resident Favorites

Hamburger

 Baked Sweet Potato

 Grilled Chicken Breast

 Steamed Broccoli

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.  We invite you to share your comments with your Dining Leaders.

Freedom Village at Brandywine
Sunday, August 12, 2018

Featured Entrees

Baked Ham with Cherry Sauce

Premium ham slow roasted and served with a sweet cherry sauce.

Baked Sole with White Wine Dill Sauce

Rolled sole fillets served with a white wine and dill sauce.

Soy Ginger Chopped Steak

Seasoned ground beef steak, broiled and served on a bed of watercress.

Chef's Special

Accompaniments

Brussels Sprout Casserole

Dutch Potatoes

Lemon Butter Cauliflower

Black Bean Quinoa

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Apple Brown Betty

Chocolate Chip Cookie

No Sugar Added Ice Cream of the Day

Brookdale Signature Cookie

Ice Cream Sundae

 Fresh Fruit Cup

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol. We invite you to share your comments with your Dining Leaders.

Freedom Village at Brandywine
Monday, August 13, 2018

Starters

Cream of Butternut Squash Soup

Marinated Carrot Salad

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

 **Thai Style Mahi Mahi**

Mahi mahi marinated in ginger, garlic, chili sauce and soy sauce.

General Tso's Chicken

Classic style white meat chicken coated in chili garlic and soy sauce.

Jumbo All Beef Hot Dog

Steamed beef hot dog served on a warm bun with your choice of condiments.

Salami Sandwich


Salami, lettuce, and tomato served on rye bread.

Resident Favorites

Hamburger

 Baked Potato

 Grilled Chicken Breast

 Steamed Spinach

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Freedom Village at Brandywine
Monday, August 13, 2018

Featured Entrees

 **Herb Baked Haddock**

Baked haddock fillet marinated in white wine, mustard, and herbs.

Lamb Stew with Basmati Rice

Savory tender lamb, onions, celery and tomatoes with basmati rice.

Meat Loaf with Sun Dried Tomato Gravy

Ground sirloin with Italian seasonings and a sun dried tomato sauce.

Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Roasted Parsnips and Butternut Squash

Basmati Rice

Asparagus Polonaise

Fingerling Potatoes with Fresh Herbs

Desserts

Cherry Pie

Chocolate Chip Cookie

No Sugar Added Ice Cream of the Day

Brookdale Signature Cookie

Ice Cream Sundae

 Fresh Fruit Bowl

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Freedom Village at Brandywine
Tuesday, August 14, 2018

Starters

Chicken and Sausage Gumbo

Dilled Potato Salad

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

 **Thai Style Mahi Mahi**

Mahi mahi marinated in ginger, garlic, chili sauce and soy sauce.

General Tso's Chicken

Classic style white meat chicken coated in chili garlic and soy sauce.

Jumbo All Beef Hot Dog


Steamed beef hot dog served on a warm bun with your choice of condiments.

Salami Sandwich

Salami, lettuce, and tomato served on rye bread.


Resident Favorites

Hamburger

 Baked Sweet Potato

 Grilled Chicken Breast

 Steamed Broccoli

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Freedom Village at Brandywine
Tuesday, August 14, 2018

Featured Entrees

Braised Beef with Mushrooms

Tender beef and mushroom slow cooked in a flavorful wine sauce.

Chicken with Orange Honey Glaze

Baked chicken breast brushed with an orange-honey glaze.

 **Pork Chops in Wine Sauce**

Boneless pork chops simmered in a light white wine sauce.


Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Candied Carrots

Mashed Potatoes

 Steamed Rutabaga

Pasta with Vegetables

Desserts

Chocolate Mousse

Chocolate Chip Cookie

No Sugar Added Ice Cream of the Day

Brookdale Signature Cookie

Ice Cream Sundae

 Apricot Halves

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Freedom Village at Brandywine
Wednesday, August 15, 2018

Starters

Cream of Spinach Soup

Tomato Basil Salad

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

🍴 Thai Style Mahi Mahi

Mahi mahi marinated in ginger, garlic, chili sauce and soy sauce.

General Tso's Chicken

Classic style white meat chicken coated in chili garlic and soy sauce.

Jumbo All Beef Hot Dog

Steamed beef hot dog served on a warm bun with your choice of condiments.

Salami Sandwich

Salami, lettuce, and tomato served on rye bread.

Resident Favorites

Hamburger

🍴 Baked Potato

🍴 Grilled Chicken Breast

🍴 Steamed Spinach

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Freedom Village at Brandywine
Wednesday, August 15, 2018

Featured Entrees

🍴 Baked Catfish with Thyme, Garlic and Lemon

Southern seasoned catfish fillet oven-baked and finished with lemon juice.

Eggplant Parmesan

Breaded eggplant layered with cheese and Italian meat sauce and baked.

Chicken a la King on Toast

Chicken with mushrooms and peppers in a rich gravy served over toast.

Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

🍴 Steamed Swiss Chard

Macaroni and Cheese

Stewed Tomatoes

Oven Parmesan Chips

Desserts

Peach Upside Down
Cake

Chocolate Chip Cookie

No Sugar Added Ice
Cream of the Day

Brookdale Signature
Cookie

Ice Cream Sundae

🍴 Fresh Watermelon
Slices

🍴 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
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Freedom Village at Brandywine
Thursday, August 16, 2018

Starters

Corn Chowder

Creamy Cole Slaw

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

🍴 Thai Style Mahi Mahi

Mahi mahi marinated in ginger, garlic, chili sauce and soy sauce.

General Tso's Chicken

Classic style white meat chicken coated in chili garlic and soy sauce.

Jumbo All Beef Hot Dog

Steamed beef hot dog served on a warm bun with your choice of condiments.

Salami Sandwich

Salami, lettuce, and tomato served on rye bread.

Resident Favorites

Hamburger

🍴 Baked Sweet Potato

🍴 Grilled Chicken Breast

🍴 Steamed Broccoli

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Freedom Village at Brandywine
Thursday, August 16, 2018

Featured Entrees

Orange Baked Ham

Oven baked ham topped with an orange mustard glaze.

🍴 Italian Baked Salmon

Salmon fillet baked in an Italian style tomato and herb sauce.

Barbecue Pot Roast

Tender beef chuck roast simmered in a homemade barbecue sauce.

Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Buttered Acorn Squash

Rice Pilaf

Item can be prepared as an 🍴 Optimum Life Cuisine Option

Buttered Beets

Maple Sweet Potatoes

Item can be prepared as an 🍴 Optimum Life Cuisine Option

Desserts

Banana Cream Pie

Chocolate Chip Cookie

No Sugar Added Ice Cream of the Day

Brookdale Signature Cookie

Ice Cream Sundae

🍴 Chilled Pears

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Freedom Village at Brandywine
Friday, August 17, 2018

Starters

Manhattan Clam Chowder

Beet Salad with Feta Cheese

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

🍴 Thai Style Mahi Mahi

Mahi mahi marinated in ginger, garlic, chili sauce and soy sauce.

General Tso's Chicken

Classic style white meat chicken coated in chili garlic and soy sauce.

Jumbo All Beef Hot Dog

Steamed beef hot dog served on a warm bun with your choice of condiments.

Salami Sandwich

Salami, lettuce, and tomato served on rye bread.


Resident Favorites

Hamburger

🍴 Baked Potato

🍴 Grilled Chicken Breast

🍴 Steamed Spinach

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Freedom Village at Brandywine
Friday, August 17, 2018

Featured Entrees

🍴 Baked Mahi Mahi

Fillet of mahi mahi baked in the oven with a squeeze of lemon juice.

Roast Prime Rib

Seasoned rib roast slow roasted and served with natural juices.

Chicken Saltimbocca

Chicken breast rolled with prosciutto, parmesan cheese, and spinach.

Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Creamed Spinach

Pasta with Classic Alfredo Sauce

Buttered Parsnip

Whipped Potatoes

Item can be prepared as an 🍴 Optimum Life Cuisine Option

Desserts

Pound Cake with
Mandarin Oranges

Chocolate Chip Cookie

No Sugar Added Ice
Cream of the Day

Brookdale Signature
Cookie

Ice Cream Sundae

Chilled Applesauce

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Freedom Village at Brandywine
Saturday, August 18, 2018

Starters

Chicken Noodle Soup Tossed Garden Salad

Chicken Noodle Soup Caesar Salad

Seasonal Entrees

🍴 Thai Style Mahi Mahi

Mahi mahi marinated in ginger, garlic, chili sauce and soy sauce.

General Tso's Chicken

Classic style white meat chicken coated in chili garlic and soy sauce.

Jumbo All Beef Hot Dog

Steamed beef hot dog served on a warm bun with your choice of condiments.

Salami Sandwich

Salami, lettuce, and tomato served on rye bread.

Resident Favorites

Hamburger 🍴 Baked Sweet Potato

🍴 Grilled Chicken Breast 🍴 Steamed Broccoli

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Freedom Village at Brandywine
Saturday, August 18, 2018

Featured Entrees

Barbecue Spareribs

Pork spareribs, smothered in barbecue sauce and cooked until tender.

🍴 Grilled Salmon with White Beans and Spinach

Grilled salmon with mango salsa served over white beans and spinach.

Chicken Chow Mein

Tender chicken with mushrooms, onions and celery in a light soy sauce.

Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Lemon Butter Bok Choy

Garlic Roasted Red Skin Potatoes

Item can be prepared as an 🍴 Optimum Life Cuisine Option

Corn on the Cob

Fried Rice

Item can be prepared as an 🍴 Optimum Life Cuisine Option

Desserts

Rainbow Sherbet

Chocolate Chip Cookie

No Sugar Added Ice Cream of the Day

Brookdale Signature Cookie

Ice Cream Sundae

🍴 Fresh Fruit Cup

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