

Freedom Village at Brandywine
Sunday, November 18, 2018

Starters

Steak and Potato Soup

Carrot Raisin Salad

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Pan Seared Salmon

Salmon fillet lightly seasoned and pan seared.

Classic Cheese Omelet

Eggs and cheddar cheese cooked to perfection in this classic omelet.

Chicken Caesar and Pasta Salad

Chicken breast tossed with penne pasta and a light creamy Caesar dressing.

Resident Favorites

Hamburger

Baked Potato

Jumbo All Beef Hot Dog

Steamed Broccoli

Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol. 
We invite you to share your comments with your Dining Leaders.

Freedom Village at Brandywine
Sunday, November 18, 2018

Featured Entrees

Mediterranean Style Cod

Fillet of cod baked in a sauce with tomatoes, onions, olives and white wine.

Stir Fried Beef and Broccoli

Beef flank steak stir fried with broccoli, pea pods and red bell peppers.

Oven Fried Chicken

Chicken quarters dredged in seasoned flour and oven fried until golden.

Item can be prepared as an **Optimum Life Cuisine Option**

Chef's Special

Accompaniments

Buttered Carrots

Fried Rice

Item can be prepared as an **Optimum Life Cuisine Option**

Creamed Corn

Steak Fries

Desserts

Banana Cream Pie

Sweet Italian Trifle

Mini Reduced Sugar
Banana Cream Pie

Brookdale Signature
Cookie

Ice Cream Sundae

Fresh Fruit Cup

Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol. 
We invite you to share your comments with your Dining Leaders.

Freedom Village at Brandywine
Monday, November 19, 2018

Starters

Beef and Vegetable Barley Soup

Peach Ambrosia Salad

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

 **Grilled Chicken Breast**

Marinated breast of chicken seasoned and grilled.

 **Pan Seared Salmon**

Salmon fillet lightly seasoned and pan seared.

Classic Cheese Omelet


Eggs and cheddar cheese cooked to perfection in this classic omelet.

 **Chicken Caesar and Pasta Salad**


Chicken breast tossed with penne pasta and a light creamy Caesar dressing.

Resident Favorites

Hamburger

 Baked Sweet Potato

Jumbo All Beef Hot Dog

 Steamed Spinach

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Freedom Village at Brandywine
Monday, November 19, 2018

Featured Entrees

Pork Loin with Orange Marmalade Demi Glace Sauce
Tender roasted pork with an orange marmalade demi glace sauce.

 **Lemon Baked Snapper**

Lemon marinated snapper topped with sauteed onion and parsley.


Pot Roast with Gravy


Beef roast slow cooked until tender, served with a rich gravy.

Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

 Grilled Vegetables

 Pan Roasted Potatoes

Buttered Bell Peppers

Walnut Apple Rice

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Tapioca Pudding

Apple Brown Betty

Reduced Sugar Tapioca Pudding

Brookdale Signature Cookie

Ice Cream Sundae

 Fresh Fruit Cup

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Freedom Village at Brandywine
Tuesday, November 20, 2018

Starters

Gazpacho Soup

Classic Coleslaw

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Pan Seared Salmon

Salmon fillet lightly seasoned and pan seared.

Classic Cheese Omelet

Eggs and cheddar cheese cooked to perfection in this classic omelet.

Chicken Caesar and Pasta Salad

Chicken breast tossed with penne pasta and a light creamy Caesar dressing.


Resident Favorites

Hamburger

 Baked Potato

Jumbo All Beef Hot Dog

 Steamed Broccoli

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Freedom Village at Brandywine
Tuesday, November 20, 2018

Featured Entrees

Chicken Francaise

Pan fried chicken breast served with a light white wine lemon sauce.

Honey Baked Ham

Premium slow roasted ham with a pineapple honey mustard glaze.

Chili con Carne


Hearty chili with ground beef, tomatoes, peppers, onions and beans.

Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Broccoli and Cauliflower Au Gratin

 Rutabaga and Potato Puree

Cabbage Polonaise

Buttered Parslied Egg Noodles

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Spice Cake with Mocha Frosting


Root Beer Float

Reduced Sugar Frosted Spice Cake

Brookdale Signature Cookie

Ice Cream Sundae

 Fresh Fruit Cup

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Freedom Village at Brandywine
Wednesday, November 21, 2018

Starters

Chicken and Rice Soup

Pickled Beets Salad

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Pan Seared Salmon

Salmon fillet lightly seasoned and pan seared.

Classic Cheese Omelet

Eggs and cheddar cheese cooked to perfection in this classic omelet.

Chicken Caesar and Pasta Salad

Chicken breast tossed with penne pasta and a light creamy Caesar dressing.


Resident Favorites

Hamburger

Baked Sweet Potato

Jumbo All Beef Hot Dog

Steamed Spinach

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Freedom Village at Brandywine
Wednesday, November 21, 2018

Featured Entrees

Eggplant Parmesan

Breaded eggplant layered with cheese and Italian meat sauce and baked.

Baked Catfish

Fillet of catfish baked in the oven and topped with a squeeze of lemon juice.

Pork Roast with Sauerkraut

Tender seasoned pork roast served with sauerkraut.

Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Peas with Carrots

Macaroni and Cheese

Stewed Tomatoes

Mashed Potatoes

Desserts

Cherry Cobbler

Orange Flan

Reduced Sugar Cherry Pie

Brookdale Signature Cookie

Ice Cream Sundae

Fresh Fruit Cup

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Freedom Village at Brandywine
Thursday, November 22, 2018

Starters

Mushroom Barley Soup

Marinated Carrot Salad

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

 **Grilled Chicken Breast**

Marinated breast of chicken seasoned and grilled.

 **Pan Seared Salmon**

Salmon fillet lightly seasoned and pan seared.

Classic Cheese Omelet

Eggs and cheddar cheese cooked to perfection in this classic omelet.

 **Chicken Caesar and Pasta Salad**

Chicken breast tossed with penne pasta and a light creamy Caesar dressing.

Resident Favorites

Hamburger

 Baked Potato

Jumbo All Beef Hot Dog

 Steamed Broccoli

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Freedom Village at Brandywine
Thursday, November 22, 2018

Featured Entrees

 **Baked Flounder**

Oven baked fillet of flounder topped with a squeeze of lemon juice.

Braised Beef Brisket

Beef brisket braised until tender.

Creamy Chicken Piccata

Sauteed breast of chicken with a creamy caper and madeira sauce.


Filet Mignon


Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Orange Glazed Parsnip

Orange with Sweet Bell Peppers Rice

Item can be prepared as an  Optimum Life Cuisine Option

 Steamed Corn

Mashed Sweet Potatoes

Desserts

Texas Sheet Cake

French Silk Pie

Reduced Sugar
Chocolate Mousse
Layer Cake

Brookdale Signature
Cookie

Ice Cream Sundae

 Fresh Fruit Cup

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Freedom Village at Brandywine
Friday, November 23, 2018

Starters

French Onion Soup

Mixed Green Salad

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Pan Seared Salmon

Salmon fillet lightly seasoned and pan seared.

Classic Cheese Omelet


Eggs and cheddar cheese cooked to perfection in this classic omelet.

Chicken Caesar and Pasta Salad


Chicken breast tossed with penne pasta and a light creamy Caesar dressing.


Resident Favorites

Hamburger

 Baked Sweet Potato

Jumbo All Beef Hot Dog

 Steamed Spinach

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Freedom Village at Brandywine
Friday, November 23, 2018

Featured Entrees

Prime Rib

Slow roasted seasoned rib roast served with natural juices.

Roasted Cornish Game Hen with Orange Sauce

Cornish game hen slow roasted with an orange and madeira wine sauce.

Meatballs with Italian Tomato Sauce

Traditional beef meatballs served with a homemade tomato sauce.

Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Green Beans with Onions and Bacon

Pasta with Tomato Basil Sauce

Buttered Spaghetti Squash

Mashed Potatoes

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

New York Style
Cheesecake

Mint Chocolate Chip Ice
Cream

Reduced Sugar
Cheesecake Whip

Brookdale Signature
Cookie

Ice Cream Sundae

 Fresh Fruit Cup

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Freedom Village at Brandywine
Saturday, November 24, 2018

Starters

Tomato Vegetable Soup

Marinated Broccoli and Tomato Salad

Chicken Noodle Soup

Caesar Salad

Seasonal Entrees

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Pan Seared Salmon

Salmon fillet lightly seasoned and pan seared.

Classic Cheese Omelet

Eggs and cheddar cheese cooked to perfection in this classic omelet.

Chicken Caesar and Pasta Salad

Chicken breast tossed with penne pasta and a light creamy Caesar dressing.


Resident Favorites

Hamburger

Baked Potato

Jumbo All Beef Hot Dog

Steamed Broccoli

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Freedom Village at Brandywine
Saturday, November 24, 2018

Featured Entrees

Pub Battered Cod

Battered and fried fish fillet.

Pork Chop with Stuffing

Baked boneless pork chops with an onion sage stuffing.

Chicken Cordon Bleu

Breaded and baked chicken breast stuffed with ham and Swiss cheese.

Filet Mignon

Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Roast Acorn Squash

Garlic Roasted Red Skin Potatoes

Glazed Beets

Wild Rice Blend

Desserts

Pumpkin Pie

Peach Mousse

Mini Reduced Sugar
Pumpkin Cream Pie

Brookdale Signature
Cookie

Ice Cream Sundae

Fresh Fruit Cup

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