

Main Meal

Brookdale Lakeway.
Sunday, May 24, 2026

Starters

Mixed Green Salad

Featured Entrees

Country Fried Chicken with Gravy

Breaded chicken breast, pan fried and served with a creamy gravy.

Item can be prepared as an  Optimum Life Cuisine Option

- Always Available -

Baked Tilapia

Fillet of tilapia baked in the oven and topped with a squeeze of lemon juice.

Chicken Tenders

Golden baked breaded chicken tenders.

Ham and Swiss on Rye

Tender slices of ham with swiss cheese served on soft rye bread.

Accompaniments

Au Gratin Potatoes

Peas with Carrots

Desserts

Feature

Baked Peach Cobbler

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Lakeway.
Monday, May 25, 2026

Starters

Mixed Green Salad

Featured Entrees

Memorial Day Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

- Always Available -

Baked Tilapia

Fillet of tilapia baked in the oven and topped with a squeeze of lemon juice.

Chicken Tenders

Golden baked breaded chicken tenders.

Ham and Swiss on Rye

Tender slices of ham with swiss cheese served on soft rye bread.

Accompaniments

Barbecue Baked Beans

Sweet Potato Salad

Desserts

Feature

Chocolate Cream Pie

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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Main Meal

Brookdale Lakeway.
Tuesday, May 26, 2026

Starters

Mixed Green Salad

Featured Entrees

Crab Cake

A fried cake of crabmeat, bread crumbs, onion and chiles.

- Always Available -

Baked Tilapia

Fillet of tilapia baked in the oven and topped with a squeeze of lemon juice.

Chicken Tenders

Golden baked breaded chicken tenders.

Ham and Swiss on Rye

Tender slices of ham with swiss cheese served on soft rye bread.

Accompaniments

Loaded Baked Potato

 Steamed Chef's Vegetables

Desserts

Feature

Banana Cream Cake

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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Main Meal

Brookdale Lakeway.
Wednesday, May 27, 2026

Starters

Mixed Green Salad

Featured Entrees

Brats with Caramelized Onions and Grilled Peppers

Grilled bratwurst with beer braised onions and peppers served on a roll.

- Always Available -

 **Baked Tilapia**

Fillet of tilapia baked in the oven and topped with a squeeze of lemon juice.

Chicken Tenders

Golden baked breaded chicken tenders.

Ham and Swiss on Rye

Tender slices of ham with swiss cheese served on soft rye bread.

Accompaniments

Sweet Potato Fries

Buttered Zucchini

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Ice Cream of the Day

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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Main Meal

Brookdale Lakeway.
Thursday, May 28, 2026

Starters

Mixed Green Salad

Featured Entrees

Orange Chicken

Fried chicken thighs coated in a tangy orange glaze.

- Always Available -

 **Baked Tilapia**

Fillet of tilapia baked in the oven and topped with a squeeze of lemon juice.

Chicken Tenders

Golden baked breaded chicken tenders.

Ham and Swiss on Rye

Tender slices of ham with swiss cheese served on soft rye bread.

Accompaniments

Egg Roll

Soy Ginger Sauteed Broccoli

Desserts

Feature

Cherry Pie

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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Main Meal

Brookdale Lakeway.
Friday, May 29, 2026

Starters

Mixed Green Salad

Featured Entrees

Meatballs with Italian Tomato Sauce

Traditional beef meatballs served with a homemade tomato sauce.

- Always Available -

Baked Tilapia

Fillet of tilapia baked in the oven and topped with a squeeze of lemon juice.

Chicken Tenders

Golden baked breaded chicken tenders.

Ham and Swiss on Rye

Tender slices of ham with swiss cheese served on soft rye bread.

Accompaniments

Pasta of the Day

Item can be prepared as an  Optimum Life Cuisine Option

Steamed California Mix

Desserts

Feature

Chewy Brownies

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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Main Meal

Brookdale Lakeway.
Saturday, May 30, 2026

Starters

Mixed Green Salad

Featured Entrees

Shrimp Scampi

Butterflied shrimp broiled with lemon garlic butter.

- Always Available -

 **Baked Tilapia**

Fillet of tilapia baked in the oven and topped with a squeeze of lemon juice.

Chicken Tenders

Golden baked breaded chicken tenders.

Ham and Swiss on Rye

Tender slices of ham with swiss cheese served on soft rye bread.

Accompaniments

Rice Pilaf

Yellow Squash Casserole

Desserts

Feature

Frosted German
Chocolate Cake

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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