

Brookdale Jones Farm
Sunday, June 13, 2021

Seasonal Starters

Soup of the Season

Garden Minestrone

Salad of the Season

Spinach and Strawberry Salad

Seasonal Entrees

Lemon Baked Chicken

Baked boneless chicken breast marinated in lemon juice and paprika.

Chopped BBQ Beef Sandwich

Slow roasted seasoned beef brisket served on a bun with our own BBQ sauce.

Grilled Tilapia

Grilled tilapia fillet seasoned with oregano and a splash of lemon juice.

Accompaniment

Orzo Pilaf

Also Available

Chopped BBQ Beef Sandwich

 Grilled Tilapia

Seasonal Desserts


Ice Cream of the Month

Lemon Italian Ice

Cookie of the Month

Carnival Cookie

Fruit

 Mixed Melons

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
We invite you to share your comments with your Dining Leaders.



Brookdale Jones Farm
Sunday, June 13, 2021

Featured Starters

Soup of the Day

Tomato Vegetable Soup

Salad of the Day

Marinated Cauliflower Salad

Featured Entrees

Seasoned Baked Tilapia with Lemon

Oven baked tilapia sprinkled with lemon juice, parsley and paprika.

Fried Chicken

Choice of light or dark meat hand breaded and fried to golden brown.

Item can be prepared as an  Optimum Life Cuisine Option


Baked Breaded Whitefish Fillet

Seasoned and lightly breaded whitefish fillet baked until golden.

Item can be prepared as an  Optimum Life Cuisine Option

Vegetable

Buttered Brussels Sprouts

Item can be prepared as an  Optimum Life Cuisine Option

Scalloped Cauliflower

Accompaniments

Mashed Potatoes

French Fried Potatoes

Featured Desserts

Dessert

Blueberry Cobbler

Dessert

Creamy Banana Pudding

Guiltless Pleasures

Reduced Sugar Chiffon
Cheesecake

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
We invite you to share your comments with your Dining Leaders.

Brookdale Jones Farm
Monday, June 14, 2021

Seasonal Starters

Soup of the Season

Garden Minestrone

Salad of the Season

Spinach and Strawberry Salad

Seasonal Entrees

Lemon Baked Chicken

Baked boneless chicken breast marinated in lemon juice and paprika.

Chopped BBQ Beef Sandwich

Slow roasted seasoned beef brisket served on a bun with our own BBQ sauce.

Grilled Tilapia

Grilled tilapia fillet seasoned with oregano and a splash of lemon juice.

Accompaniment

Rissole Potatoes

Also Available

Chopped BBQ Beef Sandwich

 Grilled Tilapia

Seasonal Desserts


Ice Cream of the Month

Lemon Italian Ice

Cookie of the Month

Carnival Cookie

Fruit

 Mandarin Oranges

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
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Brookdale Jones Farm
Monday, June 14, 2021

Featured Starters

Soup of the Day

Potato and Bacon Soup

Salad of the Day

Pickled Beets Salad

Featured Entrees

Grilled Stuffed Chicken Breast

Chicken breast filled with seasoned spinach, cheese and bread crumbs.

Pepper Steak

Tender strips of beef sauteed with tomatoes, onions and green peppers.

Italian Sausage with Peppers and Onions

Hearty sweet and spicy Italian sausage served with onions and peppers.

Vegetable


Fried Zucchini

Accompaniments

Lime Rice Pilaf

Buttered Carrots

French Fried Potatoes

Item can be prepared as an  Optimum Life Cuisine Option

Featured Desserts

Dessert

Cinnamon Applecake

Dessert

Fresh Berries and
Whipped Cream

Guiltless Pleasures

Sugar Free Orange
Pineapple Gelatin

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
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Brookdale Jones Farm
Tuesday, June 15, 2021

Seasonal Starters

Soup of the Season

Garden Minestrone

Salad of the Season

Spinach and Strawberry Salad

Seasonal Entrees

Lemon Baked Chicken

Baked boneless chicken breast marinated in lemon juice and paprika.

Chopped BBQ Beef Sandwich

Slow roasted seasoned beef brisket served on a bun with our own BBQ sauce.

Grilled Tilapia

Grilled tilapia fillet seasoned with oregano and a splash of lemon juice.

Accompaniment

Garden Barley Pilaf

Also Available

Chopped BBQ Beef Sandwich

 Grilled Tilapia

Seasonal Desserts

Ice Cream of the Month

Lemon Italian Ice

Cookie of the Month

Carnival Cookie

Fruit

 Fresh Apple Slices

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
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Brookdale Jones Farm
Tuesday, June 15, 2021

Featured Starters

Soup of the Day

Five Bean Soup

Salad of the Day

Boston Lettuce Wedges with Blue Cheese

Featured Entrees

Applesauce Pork Chop

Lean bone-in pork chop topped with applesauce and cinnamon and baked.

Turkey Scallopini

Sauteed turkey breast pieces served with a marsala based sauce.

Beef Ribs with Teriyaki Glaze

Beef ribs basted with teriyaki glaze and slow cooked until tender.

Vegetable

 Steamed Asparagus

Accompaniments

Fettuccini Alfredo

Savory Red Wine Mushrooms

French Fried Potatoes

Featured Desserts

Dessert

Chocolate Peanut
Butter Shooter

Dessert

Key Lime Mousse

Guiltless Pleasures

Reduced Sugar Custard

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
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Brookdale Jones Farm

Wednesday, June 16, 2021

Seasonal Starters

Soup of the Season

Garden Minestrone

Salad of the Season

Spinach and Strawberry Salad

Seasonal Entrees

 **Lemon Baked Chicken**

Baked boneless chicken breast marinated in lemon juice and paprika.

Chopped BBQ Beef Sandwich

Slow roasted seasoned beef brisket served on a bun with our own BBQ sauce.

 **Grilled Tilapia**

Grilled tilapia fillet seasoned with oregano and a splash of lemon juice.

Accompaniment

Macaroni and Cheese

Also Available

Chopped BBQ Beef Sandwich

 Grilled Tilapia

Seasonal Desserts

Ice Cream of the Month

Lemon Italian Ice

Cookie of the Month

Carnival Cookie

Fruit

 Chilled Pears

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
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Brookdale Jones Farm

Wednesday, June 16, 2021

Featured Starters

Soup of the Day

Cream of Celery Soup

Salad of the Day

Classic Pea Salad

Featured Entrees

Baked Almond Crusted Flounder

Oven baked fillet of flounder encrusted with almonds and herbs.

Honey Mustard Ham Steak

Sliced ham steak brushed with honey mustard then broiled.

Fried Catfish

Breaded catfish fillet flash fried until golden brown.

Vegetable

Steamed Lima Beans

Accompaniments

Asiago Cheese Grits

Braised Red Cabbage

French Fried Potatoes

Featured Desserts

Dessert

Coconut Cream Pie

Dessert

Yellow Cake with
Buttercream Frosting

Guiltless Pleasures

Reduced Sugar
Coconut Cream Pie

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
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Brookdale Jones Farm
Thursday, June 17, 2021

Seasonal Starters

Soup of the Season

Garden Minestrone

Salad of the Season

Spinach and Strawberry Salad

Seasonal Entrees

Lemon Baked Chicken

Baked boneless chicken breast marinated in lemon juice and paprika.

Chopped BBQ Beef Sandwich

Slow roasted seasoned beef brisket served on a bun with our own BBQ sauce.

Grilled Tilapia

Grilled tilapia fillet seasoned with oregano and a splash of lemon juice.

Accompaniment

Golden Rice

Also Available

Chopped BBQ Beef Sandwich

 Grilled Tilapia

Seasonal Desserts


Ice Cream of the Month

Lemon Italian Ice

Cookie of the Month

Carnival Cookie

Fruit

 Mandarin Oranges

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Brookdale Jones Farm
Thursday, June 17, 2021

Featured Starters

Soup of the Day

Onion Soup

Salad of the Day

Red Fox Salad

Featured Entrees

Orange Glazed Cornish Hen

Cornish game hen roasted with a tangy orange marmalade glaze.

Roast Leg of Lamb

A boneless leg of lamb slowly roasted and basted with a ginger-soy sauce.

Seasoned Lamb Patties

Ground lamb patties lightly seasoned then oven baked.

Vegetable

 Steamed Kale

Accompaniments

Buttered Noodles

 Balsamic Grilled Vegetables

French Fried Potatoes

Featured Desserts

Dessert

Fresh Berries and Whipped Cream

Dessert

Baked Caramel Custard

Guiltless Pleasures

Reduced Sugar Chocolate Cream Pie

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

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Brookdale Jones Farm

Friday, June 18, 2021

Seasonal Starters

Soup of the Season

Garden Minestrone

Salad of the Season

Spinach and Strawberry Salad

Seasonal Entrees

Lemon Baked Chicken

Baked boneless chicken breast marinated in lemon juice and paprika.

Chopped BBQ Beef Sandwich

Slow roasted seasoned beef brisket served on a bun with our own BBQ sauce.

Grilled Tilapia

Grilled tilapia fillet seasoned with oregano and a splash of lemon juice.

Accompaniment

Tri Color Mash

Also Available

Chopped BBQ Beef Sandwich

 Grilled Tilapia

Seasonal Desserts

Ice Cream of the Month

Lemon Italian Ice

Cookie of the Month

Carnival Cookie

Fruit

Chilled Applesauce

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Brookdale Jones Farm

Friday, June 18, 2021

Featured Starters

Soup of the Day

Seafood Bisque

Salad of the Day

Potato Salad

Featured Entrees

Friday Fish Fry

Fresh catch of the day, breaded and deep fried to a light golden brown.

Classic Meatloaf

A perfect blend of meats and seasonings for this classic meatloaf.


Orange Glazed Chicken

Juicy chicken quarters baked with a tangy orange glaze.

Vegetable

Peas with Carrots

Accompaniments

 Cilantro Brown Rice

Tomato Parmesan Salad

French Fried Potatoes

Featured Desserts

Dessert

Homestyle Strawberry Shortcake

Dessert

Homemade Chocolate Bread Pudding

Guiltless Pleasures

Reduced Sugar Cherry Pie

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.

Brookdale Jones Farm
Saturday, June 19, 2021

Seasonal Starters

Soup of the Season

Garden Minestrone

Salad of the Season

Spinach and Strawberry Salad

Seasonal Entrees

Lemon Baked Chicken

Baked boneless chicken breast marinated in lemon juice and paprika.

Chopped BBQ Beef Sandwich

Slow roasted seasoned beef brisket served on a bun with our own BBQ sauce.

Grilled Tilapia

Grilled tilapia fillet seasoned with oregano and a splash of lemon juice.

Accompaniment

 Baked Potato

Also Available

Chopped BBQ Beef Sandwich

 Grilled Tilapia

Seasonal Desserts


Ice Cream of the Month


Lemon Italian Ice

Cookie of the Month

Carnival Cookie

Fruit

 Fresh Fruit Cup

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
We invite you to share your comments with your Dining Leaders.



Brookdale Jones Farm
Saturday, June 19, 2021

Featured Starters

Soup of the Day

Betty's Chili

Salad of the Day

Tossed Garden Salad

Featured Entrees

Traditional Corned Beef and Cabbage

Tender slices of corned beef brisket served with boiled cabbage.

Baked Swai


Fillet of swai baked in the oven and topped with a squeeze of lemon juice.

Classic Cheese Lasagna

Layers of tender pasta baked with marinara sauce and 3 cheeses.

Vegetable

Roasted Broccoli

 Steamed Corn

Accompaniments

Country Fried Sweet Potato

French Fried Potatoes

Featured Desserts

Dessert

Banana Cream Pie

Dessert

Ice Cream Sandwich

Guiltless Pleasures

Mini Reduced Sugar
Chocolate Cream Pie

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