

BRIDGES OF CANADA - SAINT JOHN REGION RESOURCES

ADDICTION/RECOVERY

ALCOHOLICS ANONYMOUS MEETING LIST - DISTRICT 4 1-800-340-4966

ALL MEETINGS SMOKE FREE - *WHEELCHAIR ACCESSIBLE

Name	Address	Location	Contact	Day/Time	Description
Allison Group*	87 Carleton Street, Saint John	Stone Church		Sunday - 8:00 pm	Open/Discussion/Speaker
Fundy Group*	11 J.O. Spinney Dr, St. George	Recreation Centre		Sunday - 7:00 pm	Speaker/Discussion
Hampton Liberty Group	78 Main St, Hampton	St. Paul's Presbyterian Church		Sunday - 7:00 pm	Closed/Discussion
International Border*	70 King St., St. Stephen	Kirk McCall Church		Sunday - 8:00 pm	Open/Discussion/Speaker
Lonewater Farm*	Campbell Road, Grandbay/Westfield	Lonewater Treatment Facility		Sunday - 2:00 pm	Open/Discussion/Speaker
Musquash BB Study Group	31 Malcolm Meehan Rd, Musquash	Recreation Centre		Sunday - 7:00 pm	Big Book
Portland Group* (Sept-June)	334 Somerset Street, Saint John	Somerset Community Centre		Sunday - 11:00 am	Breakfast Meeting
Portland Group*	334 Somerset Street, Saint John	Somerset Community Centre		Sunday - 11:00 am	Open/Discussion
South Bay Group	416 Bay St., Bldg 5, Saint John	Ridgeview Treatment Centre		Sunday - 7:00 pm	Open/Beginner
Totally Free Group	853 Main St., Sussex	Trinity Anglican Church		Sunday - 8:00 pm	Open/Speaker
Greendale Group	50 Dexter Dr., Saint John	St. Mark's Church		Monday - 12:00 Noon	Open/Discussion
Rothesay Group	9 Gondola Point Rd, Saint John	St. David's Church		Monday - 8:30 pm	Closed/Discussion/Tradition
Vision of Hope Group	101 Colburg St, Saint John	Grace Presbyterian Church		Monday - 12:00 pm	Open/Discussion/Beginner
Westside Group	668 Manawagonish Rd., Saint John	Church of the Good Shepherd		Monday - 8:00 pm	Open/Discussion/Beginner/Closed
Action Group	50 Newport Crescent, Saint John	Portland United Church		Tuesday - 8:00 pm	Open/Big Book/Step/Discussion
Black River Road Correctional	Old Black River Rd., Saint John	Saint John Reg. Corr. Centre		Tuesday - 7:15 pm	Speaker
Covered Bridge Group	24 Main St., St. Martins	United Church (Closed in winter)		Tuesday - 7:00 pm	Open/Discussion
Dairy Town Group	112 Church Ave, Sussex	St. Francis Xavier Church Hall		Tuesday - 8:00 pm	Closed/Discussion
Vision of Hope Group	101 Colburg St, Saint John	Grace Presbyterian Church		Tuesday - 12:00 Noon	Open/Discussion/Slogan
Free for Today Group	83 Hazen St., Saint John	Sophia Recovery Centre		Wednesday - 7:00 pm	Women Only Open/Discussion
Greendale Group	50 Dexter Dr., Saint John	St. Mark's Church		Wednesday - 12:00 Noon	Open/Discussion
Hammond River Grapevine	2 Hammond Driver Rd, Quispamsis	Holy Trinity Church		Wednesday - 8:00 pm	Closed/Discussion
Lonewater Farm*	Campbell Road, Grandbay/Westfield	Lonewater Treatment Facility		Wednesday - 7:00 pm	Open/Discussion/Speaker
Satellite Serenity Group*	20 Mark St, Stephen	Humphrey's Funeral Home		Wednesday - 8:30 pm	Open/Discussion
South Bay Group	416 Bay St., Bldg 5, Saint John	Ridgeview Treatment Centre		Wednesday - 7:00 pm	Open/Beginner
Vision of Hope Group	101 Colburg St, Saint John	Grace Presbyterian Church		Wednesday - 12:00 Noon	Open/Discussion/Twelve and Twelve
Westside Group	668 Manawagonish Rd., Saint John	Church of the Good Shepherd		Wednesday - 8:00 pm	Open/Beginner/Closed/Discussion
Allison Group*	50 Newport Crescent, Saint John	Portland United Church		Thursday - 12:00 Noon	Open/Step Study
Greendale Group	50 Dexter Dr., Saint John	St. Mark's Church		Thursday - 7:00 pm	Open/Discussion
Hampton Liberty Group	978 Main Street, Hampton	St. Paul's Presbyterian Church		Thursday - 8:00 pm	Big Book
Regional Hospital*		38N Small Conference Room		Thursday - 8:00 pm	Open/Discussion
Sussex Corner Group	75 Leonard Dr, Sussex	Sussex Health Centre		Thursday - 6:30 pm	Open/Discussion/Step Study
Totally Free Group	853 Main St., Sussex	Trinity Anglican Church		Thursday - 8:00 pm	Big Book/Twelve and Twelve
Vision of Hope Group	101 Colburg St, Saint John	Grace Presbyterian Church		Thursday - 8:00 pm	Open/Discussion/Ask it Basket
By the Sea Group*	211 Prince of Wales St. St. Andrews	Scouts Building		Friday - 12:00 Noon	Closed/Discussion
Dairy Town Group	112 Church Ave, Sussex	St. Francis Xavier Church Hall		Friday - 7:30 pm	Closed/Discussion
Greendale Group	50 Dexter Dr., Saint John	St. Mark's Church		Friday - 8:00 pm	Open/Speaker/Discussion
Rothesay Group	9 Gondola Point Rd, Saint John	St. David's Church		Friday - 8:30 pm	Closed/Discussion/Twelve and Twelve
Silver Falls Group*	840 Loch Lomond Rd, Saint John	Silver Falls United Church		Friday - 8:00 pm	Open/Discussion
Vision of Hope Group	101 Colburg St, Saint John	Grace Presbyterian Church		Friday - 12:00 Noon	Open/Big Book
South End Group	115 Charlotte St., Saint John	Trinity Church		Saturday - 7:00 pm	Big Book/Twelve and Twelve
Westside Group	668 Manawagonish Rd., Saint John	Church of the Good Shepherd		Saturday - 8:00 pm	Open/Seaker
Vision of Hope Group	101 Colburg St, Saint John	Grace Presbyterian Church		Saturday - 12:00 Noon	Open/Big Book
GAMBLERS ANONYMOUS			1-800-461-1234		
NARCOTICS ANONYMOUS			1-800-436-2929		

ADDICTION SERVICES

Name	Address	Contact	Description
Lonewater Farm Treatment Centre	Westfield, NB	757-2754	40-bed facility for males clients - long-term addiction rehabilitation
Ridgeview Detox	416 Bay St, Saint John	674-3400	Residential program (3-4 weeks) for individuals chemically dependent or compulsive gamblers to achieve personal recovery.

CLOTHING/FOOD

Name	Address	Contact	Day/Time	Description
CLOTHING				
Salvation Army Thrift Store	87 Landsdown Ave, Saint John	632-8391	Monday - Friday 9:00 am - 9:00 pm Saturday 9:00 am - 6:00 pm	Clothing and household items sold at low cost.
Stone Church	36 Sewell St, Saint John		Tuesday and Friday 9:00 am - 12:00 pm	Laundry 1 per bag, 2 bag limit, free if necessary
St. Vincent de Paul Church	146 Waterloo St, Saint John			Free clothing, household items
United Church	68 Carleton St., Saint John		Wednesday - 10:00 am - 2:00 pm	Clothing Depot
Value Village	211 McAllister Dr, Saint John	696-5301		Clothing and household items sold at reasonable cost.
FOOD BANKS				
Community Food Basket	215 Charlotte St, Saint John	652-2707	Tuesday and Friday 1:00-3:00 pm	Food Pantry - no specific schedule
Cornerstone Baptist Church	42 Leinster St, Saint John			
North End Food Assoc.	120 Adelaide St, Saint John	634-7404	Tuesday - 10:00 am - 1:00 pm	
West Side Food Bank	Carleton Community Centre	634-1060	Tuesday and Friday - 1:00-3:00 pm	
East Saint John Food Bank	105 Wilton St, Saint John	633-8298	Tuesday and Friday - 2:00-4:00 pm	
MEAL PROGRAMS				
Salvation Army	36 St. James St., Saint John	634-7021	Every Day - 7:30 am - 8:30 am	Breakfast
St. Luke's Anglican Church	Metcalfe St, across from McDonald's	693-4152	Monday - 10:00 am - 12:30 pm September - June	Loaves and Fishes - Hot Lunch Program
Saint John Vineyard	204 Carmarthen St, Saint John	658-0998	Monday 7:00 pm	Outflow - Supper Meal
St. Luke's Anglican Church	369 Main St N, Saint John (use back door off Metcalfe St.)	693-4152	Tuesday - 10:00 am - 1:00 pm September - June	Loaves and Fishes - Hot Lunch Program
Main St. Baptist Church	211 Main St., Saint John	642-8060	Tuesday - 9:00 am (Sept. - June) - 12:00 Noon (Sept. - June)	Coffee Lunch
Outflow	42 Leinster St, Saint John	657-3481	Tuesday - 6:30 pm	Supper Meal - summer in Kings's Square - winter in Cornerstone Baptist Church
Church of St. Andrew and St. David	164 Germain St, Saint John	634-3092	Tuesday - 4:30 - 6:00 pm	Evening Meal - last Tuesday of each month
Trinity Anglican Church	115 Charlotte St, Saint John	693-8558	Wednesday - 9:00 am	Breakfast - 3rd Wednesday of each month
Outflow	Kings' Square	1-888-529-6355	Wednesday - 6:30 pm	Evening Meal - weather permitting
St. Luke's Anglican Church	369 Main St N, Saint John (use back door off Metcalfe St.)	693-4152	Thursday - 10:00 am. - 12:30 pm September - June	Loaves and Fishes - Hot Lunch Program
Calvary Temple	83 Sydney St, Saint John	634-1688	Thursday - 12:00 Noon	Snack and bag of groceries - 3rd Thursday of each month
Grace Presbyterian Church	101 Colburg St, Saint John (use back door off Hazen St.)	634-7765	Thursday - 6:30 pm	Outflow - Supper Meal
Main St. Baptist Church	211 Main St., Saint John	642-8060	Friday - 9:30 am (Sept. - June) 12:00 Noon (Sept. - June)	Coffee Lunch
Hillcrest Baptist Church	476 Lancaster Ave, Saint John	635-8000	Friday - 11:45 am - 1:00 pm	Noon Meal
St. Johns Stone Church	87 Carleton St, Saint John	634-1474	Friday - 7:00 pm	Evening Meal - Last Friday before cheque
St. John's Y's Men	27 Prince Edward St., Saint John	634-1633	Saturday - 4:30 pm	Evening Meal
St. Mary St. Bartholomew Church	646 Westmorland St, Saint John	696-1347	Saturday - 4:30-5:30 pm	Evening Meal
Trinity Anglican Church	115 Charlotte St, Saint John	693-8558	Saturday - 5:00 pm	Evening Meal - 4th Saturday of each month
Grace Presbyterian Church	101 Colburg St, Saint John	634-7765	Saturday - 6:30 pm	Evening Meal
St. George's Anglican Church	100 Watson St, Saint John	635-8620	Saturday - 4:00-6:00 pm	Evening meal

COUNSELLING/CRISIS CENTRES

Name	Address	Contact	Description
CAREER COUNSELLING			
Options Outreach Employment		<u>652-3977</u>	Specializes in assisting individuals with emotional and physical disabilities.
St. Joseph's Community Health Centre		632-5537	J.O.B.S. Program - Access to computers
COUNSELLING/CRISIS CENTRES			
CHIMO Crisis Line	Not publicly provided	1-800-667-5005 www.chimohelpline.ca	Crisis help line available 24 hrs per day to assist residents of New Brunswick.
Community Mental Health Services	55 Union St, Saint John	658-3737	Provides community-based services regarding mental health to assist with long and short term rehabilitation requirements.
Family Life Plus Solutions	199 Chelsea Drive, Saint John	634-8295	Offer a variety of programs and services designed to help individuals and families function better to build closer relationships.
Mobile Mental Health		1-888-811-3664	
Sexual Health Center	28 Richmond St, Saint John	658-3998	Provides services pertaining to sexual health.
LEGAL ADVICE			
Legal Aid		633-6030	
Saint John Legal Centre Inc.		672-7552	
Lawyer Referral Service	110 Charlotte St, Saint John	658-2542	

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GOVERNMENT AGENCIES

Name	Address	Contact	Description
FEDERAL GOVERNMENT			
Canada Post		653-5228	
Correctional Services of Canada - Parole	23 Carleton St., Saint John	636-4795	Provides information concerning parole procedures, statutory release, pardons, and the federal correctional system.
Human Resources Development	1 Agar Place, Saint John	1-800-206-7218	Committed to the principle of equity employment. Provides a variety of services such as Training and Employment Options and Job Placement. Information re employment insurance premiums and Social Insurance numbers.
PROVINCIAL GOVERNMENT			
Public Safety Probation Services	10 Peel Plaza, Saint John Saint John Law Court	658-2495	Provides a range of support services and programs for individuals who have committed a crime and are placed on probation by the criminal justice system.
Victim Services	10 Peel Plaza, Saint John Saint John Law Court	643-2966	Provides a range of support services and programs for victims of crime to ensure they are treated fairly through the criminal justice system including court preparation, victim impact statements, referral for counselling, information and other services.
Service NB Birth Certificates Driver's License Vehicle Registration Medicare	15 King Sq, N. Saint John	658-2500 www.snb.ca	A full range of what is provided through Service NB can be found on the website. Service NB is open Monday - Friday 8:15 am - 5:00 pm Saturday 9:00 am - 12:00 pm
Social Development	55 Union St, Saint John Mercantile Centre	658-2460	Social assistance (welfare) benefits and other services.

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MEDICAL RESOURCES

Name	Address	Contact	Day/Time	Description
Saint John Regional Hospital	400 University Ave, Saint John	648-6000		
St. Joseph's Hospital	116 Colburg St, Saint John	632-5555		
Telecare		811	(24 Hours)	
WALK-IN CLINICS				
KV After Hours Medical Clinic	140 Hampton Rd, Rothesay (Sobey's Mall Plaza)	849-2273	Monday - Friday 6:00 pm - 8:45 pm Weekends and Holidays 5:00 pm - 7:45 pm	Call up to one hour before opening to book a same-day appointment
Saint John After Hours Medical Clinic	110 Crown Street (Shoppers Drug Mart)	635-2273	Monday - Friday 12:00 pm - 2:45 pm 6:00 pm - 8:45 pm Weekends and Holidays 12:00 pm - 2:45 pm	Call up to one hour before opening to book a same-day appointment
West Side Medical Clinic	201-107 Catherwood St. W (Lawtons Drug)	693-2273	Monday - Friday 12:00 pm - 2:45 pm	Call up to one hour before opening to book a same-day appointment

OTHER RESOURCES

Name	Address	Contact	Description
Fresh Start	36 Waterloo St, Saint John	638-1409	Helps poor, working poor, and homeless who can't find help with existing agencies
John Howard Society	68 Carleton St, Saint John	657-5547	Assists offenders, ex-offenders and people at risk through direct service, reform and community education and development.
Read Saint John	116 Princess St, Saint John	633-2011	Provides assistance regarding literacy.
Saint John City Transit	55 McDonald St, Saint John	658-4700	Fares \$2.50-\$3.50 (Transcards and Monthly passes available - approximately \$1.00 per ride)
Saint John Learning Centre	162 Union St, Saint John	648-0202 www.sjle.org	No cost program include: Basic Adult Education, GED preparation, Pre-Employment Assistance, Self-Development, Essential Skills Training
POLICE			
Saint John City Police	One Peal Street	648-3200	
Grand Bay-Westfield RCMP	21 Chestnut Drive	757-1020	
PROVINCIAL RESOURCE			
Saint John Human Development Council		www.sjhdc.ca	Provides community resources for Saint John with a link to other areas of the province.
PUBLIC LIBRARIES			
East Branch Library	545 Westmorland Rd, Saint John	643-7250	
Saint John Public Library	1 Market Square, Saint John	643-7220	
West Branch Library	Lancaster Mall	643-7260	
RECREATION			
YMCA - YWCA	100 Prince Edward St, Saint John	634-7720	
RESIDENTIAL			
Satelilite Apartments		652-2561	
SINGLE PARENT SUPPORT			
Family Resource Centre	211 Wentworth St, Saint John	632-2182	

BRIDGES OF CANADA - SAINT JOHN REGION RESOURCES**MEN AND WOMEN SHELTERS**

Name	Address	Contact	Description
Coverdale Centre (for Women)	10 Culloden Ct, Saint John	634-1049, 672-6285	Provides temporary emergency shelter
Coverdale Centre (for Women)	148 Waterloo St, Saint John	634-1649 www.coverdalecenterforwomen.com	Drop-in Centre for Women
Hestia House	Not publicaly available	643-2013	Transition House for women and children leaving abuse at home.
John Howard Society Hart House	120 Carleton St., Saint John	634-7570	Residential centre that offers counselling, guidance, encouragement support and cognitive/behavioural programming to individuals who have come into conflict with the law and seek to change their direction in life.