

BRIDGES OF CANADA - HALIFAX DARTMOUTH RESOURCES

ADDICTION/RECOVERY

ALCOHOLICS ANONYMOUS MEETING LIST - (902) 461-1119 *WHEELCHAIR ACCESSIBLE

| Name | Address | Location | Contact | Day/Time | Description |
|-------------------------------------|---------------------------------------|-------------------------------------|----------------|------------------------|----------------------------------|
| Armview Sunday Morning | 7156 Chebucto Road, Halifax | Armview Restaurant | | Sunday - 9:00 am | Open/Discussion |
| Downtown Dartmouth Group* | 3 Dundas St, Dartmouth | Club 24 | | Sunday - 10:00 am | Open/Discussion |
| Halifax Sunday Morning Group | 2501 Gottingen St, Halifax | George Dixon Centre | | Sunday - 11:00 am | Open/Discussion |
| Sunday Night Serenity Group | 6670 Bayers Rd, Halifax | Apostles Anglican Church | | Sunday - 7:00 pm | Open/Discussion |
| Cole Harbour Group* | 90 Lucien Dr, Dartmouth | Iona Presbyterian Church | | Sunday - 8:00 pm | Open/Discussion |
| Downtown Halifax Group | 1479 Barrington St, Halifax | St. Matthews Church | | Sunday - 8:00 pm | Open/Speaker |
| Keep It Simple Group* | 3 Dundas St, Dartmouth | Club 24 | | Monday - 12:00 Noon | Open/Discussion |
| Living in the Solution | 2096 Windsor St, (corner of Allen St) | Lutheran Church of the Resurrection | | Monday - 7:30 pm | Closed/Discussion |
| Colby Village Big Book Study Group* | 35 Colby Dr, Dartmouth | Ope John XXIII Church | | Monday - 8:00 pm | Closed/Discussion |
| Downtown Dartmouth Group* | 3 Dundas St, Dartmouth | Club 24 | | Monday - 8:00 pm | Open/Speaker |
| Grateful Group | 51 Farnham Gate Road, Halifax | Halifax Christian Church | | Monday - 8:00 pm | Open/Discussion |
| Live & Let Live Group | 1479 Barrington St, Halifax | St. Matthews Church | | Monday - 8:00 pm | Open/Discussion |
| Primary Purpose Meeting | 1374 Robie St, Halifax | Alcare Place | | Monday - 8:00 pm | Closed/Discussion |
| Keep It Simple Group* | 3 Dundas St, Dartmouth | Club 24 | | Tuesday - 12:00 Noon | Open/Discussion |
| Downtown Dartmouth Group* | 3 Dundas St, Dartmouth | Club 24 | | Tuesday - 7:00 pm | Closed/Discussion |
| Live for Today Group | 51 Farnham Gate Road, Halifax | Christian Church | | Tuesday - 7:30 pm | Open/Discussion |
| Welcome Group | 7171 Clinton Ave, Halifax | Bethany Church Hall | | Tuesday - 8:00 pm | Closed/Discussion |
| Surnise Group* | 54 Woodlawn Rd, Dartmouth | Woodlawn United Church | | Tuesday - 8:00 pm | Closed/Discussion |
| Keep It Simple Group* | 3 Dundas St, Dartmouth | Club 24 | | Wednesday - 12:00 Noon | Open/Discussion |
| Downtown Halifax Group | 1479 Barrington St, Halifax | St. Matthews Church | | Wednesday - 1:00 pm | Closed/Discussion |
| Acceptance Group | 5900 Inglis St, Halifax | Canadian Martyr's Centre | | Wednesday - 7:00 pm | Big Book Study/Closed/Discussion |
| Circle of Friends* | 134 Pinecrest Dr, Dartmouth | North Dartmouth Community Centre | | Wednesday - 7:30 pm | Open/Discussion |
| Albro Lake Group* | 276 Windmill Rd, Dartmouth | Farrell Hall | | Wednesday - 8:30 pm | Closed/Discussion |
| Early Risers Meeting* | 3 Dundas St, Dartmouth | Club 24 | | Thursday - 7:00 am | Open/Discussion |
| Keep It Simple Group* | 3 Dundas St, Dartmouth | Club 24 | | Thursday - 12:00 Noon | Open/Discussion |
| Freedom Group 12 & 12 | 26 Purcell's Cove Rd, Halifax | St. John the Baptist Church | | Thursday - 7:30 pm | Open/Discussion |
| West End Step Group | 6476 Bayers Rd, Halifax | St. Catherine's Church Hall | | Thursday - 8:00 pm | Open/Discussion |
| Trailer Park 12 and 12 Group | 38 Tretonian Lane | Woodlawn Traylor Park | | Thursday - 8:00 pm | Closed/Discussion |
| Highland Park Group | 5406 Roome St, Halifax | Knox Presbyterian Church | | Thursday - 8:30 pm | Open/Speaker |
| Keep It Simple Group* | 3 Dundas St, Dartmouth | Club 24 | | Friday - 12:00 Noon | Open/Speaker |
| New Hope Meeting | 6351 North St, Halifax | St. Theresa's Church | | Friday - 12:15 pm | Open/Discussion |
| Woman to Woman Group* | 7171 Clinton Ave, Halifax | Bethany Church Hall | | Friday - 7:30 pm | Open/Discussion |
| Downtown Dartmouth Group* | 3 Dundas St, Dartmouth | Club 24 | | Friday - 8:03 pm | Closed/Discussion |
| Mutual Group* | Young St at T-junction with Union | United Memorial Church | | Friday - 8:00 pm | Open/Discussion |
| Halifax Young Peoples Meeting* | 1479 Barrington St, Halifax | St. Matthews Church | | Friday - 8:30 pm | Closed/Discussion |
| Acceptance Group* | 5900 Inglis St, Halifax | Canadian Martyr's Centre | | Saturday - 10 00 am | Closed/Discussion |
| Eye Opener Meeting* | 3 Dundas St, Dartmouth | Club 24 | | Saturday - 10:00 am | Open/Discussion |
| Atlantic Group | 6351 North St, Halifax | Rear of St. Theresa's Church | | Saturday - 10:00 am | Closed/Discussion |
| Welcome Group* | 7171 Clinton Ave, Halifax | Bethany Church Hall | | Saturday - 8:00 pm | Open/Discussion |
| GAMBLERS ANONYMOUS | | | 1-888-347-8888 | | |
| NARCOTICS ANONYMOUS | | | 1-800-205-8402 | | |
| SMOKERS HELP-LINE | | | 1-877-513-5333 | | |

BRIDGES OF CANADA - HALIFAX DARTMOUTH RESOURCES

ADDICTION SERVICES

| <i>Name</i> | <i>Address</i> | <i>Contact</i> | <i>Description</i> |
|--|-----------------------------------|---|--|
| Addiction Prevention and Treatment Services - Withdrawal Management | 300 Pleasant St, Dartmouth | 424-8866 www.cdha.nshealth.ca | |
| Al-Alon Alateen Family Services | | 466-7077 | Strength and hope for friends and families with problem drinkers |
| IWK Health Centre | 1464 Tower Road, Halifax | 464-4110 | |

OUTPATIENT GOVERNMENT FUNDED ADDICTION SERVICES

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| Dartmouth | Belmont House 33 Alderney St, Dartmouth | 466-1858 | |
| Dartmouth | Metropolitan Place , Suite 1070 Wyse Road | 424-2252 | Call to make an appointment |
| Halifax | Bayer Road Bedford Row | 424-8866 424-5920 | |

BRIDGES OF CANADA - HALIFAX DARTMOUTH RESOURCES

CHURCHES

| <i>Name</i> | <i>Address</i> | <i>Contact</i> | <i>Day/Time</i> | <i>Description</i> |
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BRIDGES OF CANADA - HALIFAX DARTMOUTH RESOURCES

FOOD AND/OR CLOTHING BANKS

| Name | Address | Contact | Description |
|---|--------------------------------|-------------------|--------------------|
| St. Andrews United Church | 6036 Coburg Road, Halifax | 422-3157 | |
| Brunswick Street United Church | 2107 Brunswick Street, Halifax | 423-4605/423-2107 | |
| Christ Church (Dartmouth) | | 466-4354 | |
| Feed Nova Scotia | 213 Bedford Highway, Halifax | 457-1900 | |
| Feeding Others of Dartmouth | 43 Wentworth Street, Dartmouth | 464-2919 | |
| First Baptist Church (Dartmouth) | | 466-2475 | |
| Holy Trinity Anglican Church (Dartmouth) | | 463-3713 | |
| Hope Cottage | 2435 Brunswick St, Halifax | 429-7968 | |
| Parker Street Food & Furniture Bank | 2415 Maynard St, Halifax | 425-2125 | |
| Saint George's Anglican Church | 222 Brunswick St, Halifax | 423-1059 | |
| Saint Matthew's United Church | 1479 Barrington St, Halifax | 423-9209 | |
| Woodlawn United Church (Dartmouth) | | 434-5819 | |

SHELTER

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|--|------------------------------------|-------------------|---|
| ARK (under age 24) | 2151 Gottingen St, Halifax | 492-2577 | |
| Barry House Shelter for Women | Dartmouth | 422-8234 | |
| Halifax Out of the Cold Shelter | 1479 Barrington St, Halifax | 225-0770 | St. Matthew's United Church (winter shelter only) |
| Metro Non-Profit Housing Support Centre | 2330 Gottingen St, Halifax | 423-5479 | |
| Metro Regional Housing Authority | 2131 Gottingen St, 5th Fl, Halifax | 420-6000/420/6017 | |
| Metro Turning Point | 2170 Barrington St, Halifax | 420-3282 | |
| Pheonix Youth Shelter (under age 24) | 1094 Tower Road, Halifax | 446-4663 | |
| Salvation Army & Halifax Centre of Hope | 2044 Gottingen St, Halifax | 422-2363/422/2065 | |

BRIDGES OF CANADA - HALIFAX DARTMOUTH RESOURCES

COUNSELING/CRISIS CENTRES/MENTAL HEALTH

| <i>Name</i> | <i>Address</i> | <i>Location</i> | <i>Contact</i> | <i>Description</i> |
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| COUNSELING SERVICES | | | | |
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| CRISIS CENTRES | | | | |
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BRIDGES OF CANADA - HALIFAX RESOURCES

GOVERNMENT AGENCIES

| <i>Name</i> | <i>Address</i> | <i>Contact</i> | <i>Description</i> |
|--|-------------------------------------|--|---|
| FEDERAL GOVERNMENT | | | |
| Correctional Services of Canada | | | Provides information concerning parole procedures, statutory release, pardons, and the federal correctional system. |
| Dartmouth Parole Office | 45 Alderney, Suite 209 | 426-4005 | |
| Halifax Parole Office | 2131 Gottingen St, | 426-3408 | |
| Dartmouth Service Canada Centre | 33 Alderney Dr, | 1-800-926-9105 | |
| Halifax Service Canada Centre | Mumford Towers 7001 Mumford Road | 1-800-926-9105 | |
| PROVINCIAL GOVERNMENT | | | |
| Access Centre | | | |
| Dartmouth Office | 650 Portland St. | 1-800-670-4357 | |
| Halifax Office | 300 Horsehold Lake Dr. | 1-800-670-4357 | |
| Birth Certificates | | | |
| Driver's License | | | |
| Vehicle Registration | | | |
| Medicare | | | |
| Department of Labour and Advanced Education - Apprenticeship Training and Skill Development | 2021 Brunswick St. | 424-5651 www.nsapprenticeship.ca | |

BRIDGES OF CANADA - HALIFAX RESOURCES

MEDICAL SERVICES

| <i>Name</i> | <i>Address</i> | <i>Contact</i> | <i>Day/Time</i> | <i>Description</i> |
|---|--|----------------|--|------------------------------------|
| Dartmouth General Hospital | 325 Pleasant Street | 465-8300 | | |
| IWK Health Centre | 5850/5980 University Ave., Halifax | | | |
| The Nova Scotia Hospital | 300 Pleasant St., Dartmouth | 464-3111 | | |
| QEII Health Sciences Centre Halifax Infirmary Site | 1796 Summer St. | 473-2700 | | |
| Halifax Sexual Health Centre | | 455-9656 | | Anonymous HIVS/AIDS Testing |
| Hepatitis Outreach Society | 2973 Oxford St, Halifax | 420-1767 | | |
| WALK-IN CLINICS | | | | |
| Community Link Medical Clinic | 114 Woodlawn Dr, Dartmouth | 462-7138 | Monday and Wednesday 10:am-3:00 pm and 5:30-8:00 pm Tuesday - 10:00am-3:00 pm Thursday: 11:30 am-8:00pm Friday and Sunday - Closed Saturday 10:00am-3:00 pm | Walk in or call for an appointment |
| Montebello Medical | 249 Waverley Rd, Dartmouth | | Monday-Friday 10 am-7:00 pm Closed on weekends | |
| Medicine in Motion | 121 Isley Ave, Unit 5, Dartmouth | 468-2774 | Monday-Friday 8:30 am-5:00 pm Weekends and holidays 11:00 am-5:00 pm | |
| Tacoma Family Medicine and Walk-In | 101-58 Tacoma Dr, Dartmouth | 466-1531 | Monday-Friday 8:30 am-7:30 pm Saturday: 10:00 am-4:30 pm | |
| Woodside Walk-in Clinic | 18 Acadia St, Dartmouth | 444-6600 | Monday-Friday 9:00 am-5:00 pm Closed on weekends | |
| Clayton Park Medical Clinic | 278 Lacewood Dr, Halifax | 445-9600 | Monday-Friday 9:00 am-8:30 pm Weekends and holidays 10:00 am-3:00 pm | |
| Bayers Lake Medical and Walk-In | 210 Chain Lake Dr, Halifax Atlantic Superstore | 407-4012 | Monday-Friday 9:00 am-5:00 pm Closed on weekends | Call for appointment or walk-in |
| The Family Focus Medical Clinic | Joseph Howe Drive Atlantic Superstore | 420-6060 | Monday-Friday 8:30 am-9:00 pm Weekends and holidays 11:00 am-5:00 pm | |
| The Family Focus Medical Clinic | 5991 Spring Garden Road Halifax Professional Centre | 420-6060 | Monday-Friday 8:30 am-9:00 pm Weekends and holidays 11:00 am-5:00 pm | |
| Scotia Square Medical | 5201 Duke Street, Level A (next to Lawtons Drug) | 431-1800 | Monday-Friday 8:00 am-4:00 pm Saturday: 10:00 am-3:00 pm | |
| Solutions Family Medical & Walk-In | 279 Herring Cove Rd, Halifax (next to Sobeys) | 477-7656 | Monday-Wednesday 9:00 am-5:00 pm Thursday-Friday 9:00 am - 5:00 pm Saturday 11:00 am-5:00 pm | |

BRIDGES OF CANADA - HALIFAX RESOURCES

OTHER RESOURCES

| <i>Name</i> | <i>Address</i> | <i>Contact</i> | <i>Description</i> |
|--|--|---|--|
| CULTURAL SUPPORT | | | |
| Atlantic Jewish Council | 5670 Spring Garden Rd, Suite 508, Halifax | 422-7491 | |
| Black Cultural Centre | 1149 Main Street, Halifax | 434-6223 | |
| Islamic Assoc. of NS | 42 Leaman Dr, Halifax | 469-9490 | |
| Mi'kmaq Native Friendship Centre | 2158 Gottingen St, Halifax | 420-1576 | |
| Multicultural Assoc. of NS | 1113 Marginal Rd, Halifax | 423-6534 | |
| EMPLOYMENT | | | |
| CEED Second Chance Program | 7001 Mumford Rd, Suite 107, Halifax | 421-2333 | |
| CORCAN Employment Preparation & Employment Services | Halifax Area Parole Office 2131 Gottingen St, Suite 200 | 426-0301 | |
| Job Junction Employment and Career Resources Centre | 6950 Mumford Road, Halifax | 455-9675 | |
| Lakecity Employment Services Assoc. | 386 Windmill Road, Dartmouth | 465-5000 | |
| LEARNING CENTRES | | | |
| Dartmouth Learning Network | 260 Wyse Road, Suite 203 | 464-3444 | |
| Halifax Community Learning Network | 1657 Barrington St, Suite 523 | 422-7646 | |
| LEGAL SERVICES | | | |
| Dalhousie Legal Aid Services | 2209 Gottingen St, Halifax | 423-8105 | |
| Legal Information Society of NS (LISNS) | 5523B Young St, Halifax | 454-2198 | |
| Nova Scotia Legal Aid | 5457 Spring Garden Rd, Suite 400 | 420-6583 | |
| POLICE | | | |
| Dartmouth Police | 249 Russells Mills Road | 910-1700 | |
| Halifax Regional Police | 1975 Gottingen St. | 490-5016 | |
| PUBLIC LIBRARIES | | | |
| Alderney Gate | 60 Alderney Dr, Dartmouth | 490-5745 | |
| Dartmouth North | 105 Highfield Park Drive | 490-5840 | |
| Halifax North Memorial | 2285 Gottingen St, Halifax | 490-5811 | |
| Keshen Goodman | 330 Lacewood Dr, Halifax | 490-5738 | |
| Spring Garden Road Memorial | 5381 Spring Garden Rd, Halifax | 490-5700 | |
| Woodlawn | 31 Eisener Blvd, Dartmouth | 490-2636 | |
| PUBLIC TRANSIT | | | |
| Halifax Metro Transit | | 311 www.halifax.ca/metrotransit | Contact number for general inquiries, fares and bus schedules. |