

ADDICTION/RECOVERY**ALCOHOLICS ANONYMOUS MEETING LIST - DISTRICT 5 1-800-340-4966****ALL MEETINGS SMOKE FREE - *WHEELCHAIR ACCESSIBLE**

Name	Address	Location	Contact	Day/Time	Description
Open Heart Group*	65 Woodstock Rd., Fredericton	Victoria Health Centre		Sunday - 10:30 am	Open/Discussion
Twilight Group	25 Loisville St. Oromocto	St. Vincent de Paul Catholic Church		Sunday - 8:00 pm	
Friendship Group*	106 Edgewood Drive, Fredericton	Nashwaaksis Baptist Church Hall		Sunday - 8:00 pm	Closed/Step Study
Minto Group	1100 Pleasant Dr. Minto	W.G. Bishop Nursing Home		Sunday - 8:00 pm	Speaker or Open/Discussion
You're # One 2 Us*	Upper River Valley Hospital	Conference Room # 2		Sunday - 7:00 pm	Open/Discussion
Lunch Bunch*	224 York St., Fredericton	St. Paul's United Church		Monday - 12:00 Noon	Open/Big Book
Marysville Group	111 Canada St., Fredericton	All Saints Anglican Church		Monday - 8:00 pm	Open/Speaker
Twelve by Twelve Meeting	222 Crockett St., Fredericton	Our Lady of Fatima Parish Church		Monday - 8:00 pm	Discussion
Living Free Group*	100 Eastwood Dr., Woodstock	Salvation Army Building		Monday - 8:00 pm	Open/Discussion
Open Door Group*	224 York St., Fredericton	St. Paul's United Church		Tuesday - 12:00 Noon	Closed/Discussion
Helping Hand*	224 York St., Fredericton	St. Paul's United Church		Tuesday - 8:00 pm	Big Book
Lincoln Group*	2275 Lincoln Rd, Fredericton	United Baptist Church Hall		Tuesday - 8:00 pm	Open/Discussion
Unity Group*	Woodstock, NB	St. Gertrude's Hall		Tuesday - 8:00 pm	Open/Discussion
Lunch Bunch*	224 York St., Fredericton	St. Paul's United Church		Wednesday - 12:00 Noon	Open/Discussion
Pyramid Group*	St. Lawrence St., Oromocto	Military Family Resource Centre		Wednesday - 8:00 pm	Closed/Discussion
Victoria Group*	65 Woodstock Rd., Fredericton	Victoria Health Centre		Wednesday - 8:00 pm	Open/Discussion
Living Free Group*	100 Eastwood Dr., Woodstock	Salvation Army Building		Wednesday - 8:00 pm	Big Book
Remember When Group*	75 Main Street, Fredericton	St. John Anglican Church Hall		Wednesday - 8:30 pm	Open/Discussion
Lunch Bunch*	224 York St., Fredericton	St. Paul's United Church		Thursday - 12:00 Noon	Open/Step Study
A Way of Life Group*	55 Corbett Ave, Fredericton	Corbett Aveune Wesleyan Church		Thursday - 7:00 pm	
Florenceville Group*	Florenceville, NB	St. Leo's Catholic Church		Thursday - 8:00 pm	Open/Speaker
Friendship Group*	106 Edgewood Drive, Fredericton	Nashwaaksis Baptist Church Hall		Thursday - 8:00 pm	Open/Discussion
Oromocto Group*	137 MacDonald St, Oromocto	Oromocto Old Town Hall		Thursday - 8:00 pm	Open/Discussion
Healing Together Group*	Woodstock First Nations	Woodstock First Nations Health Centre		Thursday - 7:00 pm	Open/Big Book
Open Door Group*	224 York St., Fredericton	St. Paul's United Church		Friday - 12:00 Noon	Closed/Discussion
Serenity Group*	245 Westmorland St., Fredericton	Anglican Church Hall		Friday - 7:30 pm	Speaker
Harvey Station Group*	2412 Hwy 3, Harvey Station	Knox Presbyterian Church		Friday - 8:00 pm	Open/Speaker
Living Sober Group*	St. Thomas University, Fredericton	George Martin Hall, Room 207		Friday - 8:00 pm	Open/Discussion
Steps to Freedom Group*	Woodstock	St. Gertrude's Hall		Friday - 8:00 pm	Open/Step Study
Open Door Group*	65 Woodstock Rd., Fredericton	Victoria Health Centre		Saturday - 12: 30 pm	Open/Discussion
Nashwaak Valley Group*	Durham, NB	Durham Community Hall		Saturday - 8:00 pm	Open/Speaker/Discussion
Living Free Group*	100 Eastwood Dr., Woodstock	Salvation Army Building		Saturday - 8:00 pm	Speaker
Joe & Charlie BB Study*	224 York St., Fredericton	St. Paul's United Church		Saturday - 8:00 pm	Big Book/Discussion
GAMBLERS ANONYMOUS			1-800-461-1234		
NARCOTICS ANONYMOUS			1-800-436-2929		

CHURCHES

Name	Address	Contact	Day/Time	Description
Brunswick Street Baptist	161 York Street Fredericton	458-8348 www.bsbc.nb.ca	Sunday Morning: 10:30 am	
Cornerstone	Route 10, Richibucto Road Fredericton	453-9464	Sunday Morning: 10:30 am	
Christian Reformed	121 McAdam Ave Fredericton	472-6450 www.frederictoncrc.com	Sunday Morning: 10:00 am , Evening: 7:00 pm	
Grace Memorial United Baptist	536 Northumberland Street Fredericton	458-8527 www.grace.nb.ca	Sunday Morning: 10:30 am	
Journey Wesleyan	131 Duncan Lane Fredericton	458-9232 www.journeyonline.ca	Sunday Morning: 10:30 am	
Lincoln Baptist	2275 Route 102 Lincoln	459-1920 www.lincolnbaptistchurch.ca		
Nashwaaksis United	46 Main Street Fredericton	458-9452 www.nashwaaksisunited.ca	Sunday Morning: 10:00 am	
Rusagonis United Baptist	4 Whittaker Road Rusagonis	357-7822	Sunday Morning: 10:45 am	
Smythe Street Cathedral	913 Smythe Street Fredericton	458-8206 www.smythestreetcathedral.com	Sunday Morning: 9 and 11:00 am Summer: One morning service at 10:30 am Evening: 6:00 pm	
Sunset	429 Clements Drive Fredericton	458-9255 www.sunsetchurch.com	Sunday Morning: 10:30 am Evening: 6:00 pm	
Word of Faith	1005 Riverside Dr. Fredericton	455-9673 www.wofchurch.com	Sunday Morning: 10:30 am Evening: 6:30 pm	

CLOTHING/HOUSEHOLD				
Name	Address	Contact	Day/Time	Description
Bibles for Missions Thrift Store	387 Sunset Dr. Fredericton	454-9662	Monday - Saturday 10:00 am - 5:00 pm	Books, clothing, furniture and household items sold for reasonable prices.
Fredericton Anti-Poverty	242 Gibson Street Fredericton	458-9102 www.antipoverty.com	Monday - Friday 10:00 am - 5:00 pm	Distributes used furniture, household items and clothing to needy people and offers a resource library.
Fredericton Food Bank	686 Riverside Drive Fredericton	459-7461 www.frederictonfoodbank.com	Monday - Wednesday. 10:00 am - 6:00 pm Thursday 10:00 am - 8:00 pm Friday - 10:00 - 4:00 pm	Non-profit organization that provides clothing and household items at low cost.
Salvation Army Thrift Store	170 Main Street Fredericton	472-5458	Monday - Saturday 9:30 am - 5:00 pm	Books, clothing, furniture and household items sold at low cost.
Value Village	371 Bishop Drive Fredericton	455-7676 www.valuevillage.com	Monday - Saturday 9:00 am - 9:00 pm Sunday 10:00 am - 6:00 pm	Books, clothing, furniture and household items sold for reasonable prices.
FOOD				
Fredericton Community Kitchen	65 Brunswick Street Fredericton	457-1788 www.frederictoncommunitykitchen.ca	Monday - Friday 7:45 am - 8:15 am 11:30 am - 12:30 pm 5:00 pm - 5:30 pm Saturday - Sunday	Provides well-balanced, nutritional meals to the less fortunate. Breakfast Lunch Supper Only lunch and supper provided. Provides emergency food box when needed.
Fredericton Food Bank	686 Riverside Drive Fredericton	459-7461 www.frederictonfoodbank.com	Monday - Thursday 10:00 am - 2:30 pm Friday 10:00 am - 2:30 pm	Non-profit organization that provides food to those in need. No food hampers on Wednesdays.
Salvation Army Family Services	531 St. Mary's Street Fredericton	455-3243 www.salvationarmy.ca		Salvation Army provides emergency family welfare, food and Christmas hampers.
SHELTER				
Fredericton Emergency Shelter (Men)	65 Brunswick Street, F	450-1102 www.theshelter.ca		A safe clean environment for homeless men over the age of 16. Offers telephone, laundry, transportation to work, doctors or hospital referrals to professional services, breakfast and clothing.
Fredericton Emergency Shelter (Grace House for Women)	273 Brunswick Street Fredericton	450-3001 www.theshelter.ca		A safe clean temporary shelter for homeless women over the age of 16. Offers telephone, laundry, transportation to work, doctors or hospital referrals to professional services, breakfast. Serves all of province.
Fredericton Non-Profit Housing Corporation	618 Queen Street, 3rd Fredericton	452-8171		Operates affordable subsidized residential units throughout city for low-income families and persons with disabilities. Also has units for non-elderly singles and seniors.
Women in Transition House	Not publicly available	459-2300	Sunday - Saturday 24 hours a day	The Transition House is a safe confidential shelter for abused women and and their children. Emotional support, counselling and referral to community resources is provided at no cost to the woman. The same confidential services is provided to women who do not leave their homes.

COUNSELLING/CRISIS CENTRES/MENTAL HEALTH

Name	Address	Location	Contact	Description
COUNSELLING SERVICES				
Canadian Mental Health and Addictions	65 Brunswick St. Fredericton, NB	Victoria Health Centre Suite 292	458-1803	
Credit Counselling Services of Atlantic Canada	535 Beaverbrook Court Fredericton, NB	Suite 115	1-888-753-2227	Provides a charitable community service dedicated to assisting consumers in financial distress. Offers financial counselling budget help, and debt-management re-payment program.
Family Enrichment and Counselling Services	356 Queen Street Fredericton, NB	Unit 1	458-8211 www.familyenrichment.ca	Offers counselling services, fee charged based on a sliding scale according to the person/family's income.
Free Legal Counselling	473 King Street Fredericton, NB	Wilmont United Church	458-1066	Free legal advice is available for low-income clients, students, those on employment insurance and anyone needing free legal advice. Clinics held 1st and 3rd Monday of each month except for July and August. Clinic opened from 6:15 pm - 7:45 pm on a first come first serve basis.
Regional Addiction Services	15 Woodstock Road Fredericton, NB	Victoria Health Centre	452-5558	Centre provides broad array of community-based services ranging from education and prevention to treatment and counselling for individuals, family members and the community coping with alcohol, drug and gambling addictions.
CRISIS CENTRES				
Chimo Helpline	Not publicly available		450-2937	
Fredericton Sexual Assault Crisis Centre Inc.	Not publicly available		454-0460	

FIRST NATIONS

Name	Address	Contact	Description
Kingsclear First Nations	77 French Village Road Kingsclear, NB	363-3028	
Oromocto First Nations	4 Hiawatha Venue Oromocto, NB	357-2803 www.ofnb.com	
St. Mary's First Nations	150 Cliff Street Fredericton, NB	458-9511 459-2200	

ADDICTION SERVICES

St. Mary's Substance Abuse Program	440 Highland Avenue Fredericton, NB	452-2757, Ext. 102	Supports prevention and awareness program to help build healthy lifestyles. Programs offers assessment and referral, detoxification, outpatient counselling residential treatment, substance abuse education and other services.
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COUNSELLING/CRISIS CENTRES

First Nations Suicide Prevention Task Force		1-506-523-0000	
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HOUSING

Skigin Elnoog Housing Corporation	120 Cliff Street Fredericton, NB	459-1289	Loans to assist low-income natives upgrade their homes to improve living, conditions or standards. Subsidies considered for rental accommodations.
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MEDICAL CENTRES

Kingsclear First Nations Medical Centre	77 French Village Road Kingsclear, NB	363-4001	
St. Mary's Veterans' Memorial Health Centre	440 Highland Ave. Fredericton, NB	452-2750, Ext. 108	
Wel-a-mook-took Health Centre	5 Nikia Drive Oromocto, NB	357-1027	Provides a variety of medical services. Child and Family Services is also located at this Centre.

SOCIAL ASSISTANCE

St. Mary's Social Assistance Program	150 Cliff Street Fredericton, NB	458-9811/459-2200	Program helps First Nations individuals and families living on-reserve meet their basic needs for food, clothing and shelter.
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SOCIAL CENTRE

Fredericton Native Friendship Centre	210 Brunswick Street Fredericton, NB	459-5283	A native-oriented organization dedicated to assisting native people who are either residing or moving to Fredericton.
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WOMENS' SHELTER

Gignoo Aboriginal Transition House	Address not publicly provided	458-1224	
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GOVERNMENT AGENCIES

Name	Address	Contact	Description
FEDERAL GOVERNMENT			
Correctional Services of Canada - Parole	364 York Street Fredericton, NB	452-3275	Provides information concerning parole procedures, statutory release, pardons, and the federal correctional system.
Human Resources and Social Development	633 Queen Street Fredericton, NB	452-3823	HRDC is committed to the principle of equity employment. Provides a variety of services such as Training and Employment Options and Job Placement
PROVINCIAL GOVERNMENT			
Post Secondary Education Training and Labour General Educational Development (GED)	470 York St Fredericton, NB	453-8251	Testing program for adult school equivalency. Runs from September to June. To be eligible to take GED tests, individuals must not have graduated from high school, must be over 19 years of age and no longer enrolled in the public school system. GED preparation classes are also available.
Service NB Birth Certificates Driver's License Vehicle Registration Medicare	432 Queen Street Fredericton, NB	458-2834 www.snb.ca	A full range of what is provided through Service NB can be found on the website. Service NB is open Monday - Friday 8:15 am - 5:00 pm Saturday 9:00 am -12:00 pm
Public Safety Probation Services	300 St. Mary St., Fredericton, NB	453-2367	Provides a range of support services and programs for individuals who have committed a crime and are placed on probation by the criminal justice system.
Victim Services	300 St. Mary St., Fredericton, NB	453-2368	Provides a range of support services and programs for victims of crime to ensure they are treated fairly through the criminal justice system including court preparation, victim impact statements, referral for counselling, information and other services.

MEDICAL SERVICES

Name	Address	Contact	Day/Time	Description
Brookside Mall Walk-in Clinic	435 Brookside Mall Fredericton, NB		Monday - Friday - 7:30 am - 1:30 pm First come first served basis.	Walk-in clinics provide care for patients with non-urgent medical problems who don't have a family doctor are unable to obtain an appointment with their family doctor.
Community Health Clinic	275 Brunswick Street Fredericton, NB	452-6383	Monday - Wednesday & Friday 8:30 am - 4:30 pm Thursday 12:00pm - 7:00 pm Saturday & Sunday (Closed)	Provides accessibility to health care services for the homeless, drug addicted; the transient population who have difficulty accessing health care through normal channels, and individuals without a family physician. Provides emergency and primary care to residents of Fredericton and surrounding areas.
Dr. Everett Chalmers Hospital	700 Priestman Street Fredericton, NB	452-5400		Provides primary and emergency care to residents of Fredericton and surrounding areas.
Gibson Street Clinic	231 Canada Street Fredericton, NB	447-4444	Monday - Thursday 9:00 am - 9:00 pm Friday 9 a.m. to 5 p.m. Saturday - 12:00 pm - 5:00 pm Closed Sunday and holidays	Provide primary health-care services to families in this region. Also offers educational sessions and wellness lifestyle change programs and promotes overall better health.
New Maryland Walk-in Clinic	636 New Maryland Hwy New Maryland, NB	458-8927	Monday - Friday 6:00 pm until full First come first served basis.	Walk-in clinics provide care for patients with non-urgent medical problems who don't have a family doctor are unable to obtain an appointment with their family doctor.
Oromocto Public Hospital	103 Winnebago Street Oromocto	357-4700	Emergency hours: 8:00 am - 10:00 pm	Serves the residents of the Town of Oromocto and surrounding communities.
Regent Street Medical Centre and Walk-In Clinic	1015 Regent Street Fredericton, NB	458-0200	Walk in: Monday - Friday 6:00 pm until full Weekends and holidays 1:00 pm until full First come first served basis	Walk-in clinics provide care for patients with non-urgent medical problems who don't have a family doctor are unable to obtain an appointment with their family doctor.

OTHER RESOURCES

Name	Address	Contact	Description
Families Doing Time (through John Howard Soc.)	108 Smythe Street, 2nd Floor Fredericton, NB	450-2750	Transportation provided to families and girlfriends of offenders at Dorchester, Springhill and Westmorland federal institutions once per month.
Fredericton Public Library	12 Carleton Street Fredericton, NB	460-2800	
John Howard Society of Fredericton Inc.	294 Main Street Fredericton, NB	450-2750	Assists offenders, ex-offenders and people at risk through direct service, reform and community education and development.
Literacy Coalition of NB	931 College Hill Road Fredericton, NB	457-1227	Helps individuals upgrade their reading, writing and math skills by referring them to tutors/teachers based on the individual's needs. Applicants must be over 17 and not attending school.
PUBLIC LIBRARIES			
Fredericton Public Library	12 Carleton Street	460-2800	
Nashwaaksis Public-School Library	324 Fulton Avenue	453-3241	
POLICE			
Fredericton City Police	311 Queen Street	460-2300	
Fredericton RCMP	1445 Regent Street	452-3400	
Oromocto RCMP	4 Doyle Drive	357-4300	
PROVINCIAL RESOURCE			
Saint John Human Development Council		www.sjhdc.ca	Provides resources for the Saint John community with a link to resources in other parts of the province.