



Exalting God
Encouraging one another
Equipping people for ministry
Expanding the kingdom

December 23, 2018

Welcome to Woodhaven Reformed Church!

We are glad that you are here to worship with us this morning! If you are visiting, we encourage you to stop by the welcome center to learn more about opportunities at Woodhaven. Please join us after the worship service for fellowship and refreshments.

Worship Today

Welcome and Greeting
Songs of Worship
Advent Reading and Candle Lighting
Christmas Hymn
Family Prayer
Offering
Message: "Coping With Christmas"
 Scripture: Luke 2:8-11 (pg. 992 or 1071)
Song of Response
Parting Blessing

Be sure to pick up your copy of **"The Woodhaven Weekly"** for all the latest Woodhaven happenings. Visitors can find a copy at the welcome center. You can also find a copy on our website under "Weekly News".

Sermon Outline
December 23, 2018

Pastor Dave Brower

"Coping With Christmas" **Luke 2:8-11**

I. CHRISTMAS ANXIETY AND DEPRESSION ARE VERY REAL!

A. It was present at the very first Christmas

B. It persists today

II. PEOPLE TRY TO COPE WITH CHRISTMAS ANXIETY AND DEPRESSION IN DIFFERENT WAYS!

A. Stay busy

B. Buy happiness

C. Parties and drinking

D. Suicide

III. WHAT CAN FOLLOWERS OF JESUS DO TO COPE WITH CHRISTMAS ANXIETY AND DEPRESSION?

A. Those of us who do NOT struggle, we have a responsibility toward those who do

1. Galatians 6:2/ John 13:34

2. Colossians 3:12/ James 1:27

B. Those of us who do struggle, try to stay focused. . .

1. Colossians 3:1-2/Hebrews 12:2-3

2. Matthew 1:23

3. Matthew 11:28-29

4. Isaiah 43:1-5

5. I Thessalonians 5:16-18

6. Some things you can do to help yourself: