

Life Group Meeting

Lessons on “Anxiety” & “Spiritual Authority”

Presented by Hannah Timbs & Doug Neighbors

QUESTIONS

- 1. In your experience, what have been some of the most damaging consequences of anxiety, worry, or stress — either in your own life or in the lives of loved ones or friends?*
- 2. What has helped you most in managing anxiety? What verse(s) have really made a difference?*
- 3. Read Matthew 6:25-27,33,34. From this teaching by Jesus, what can we see as our part, and what is God’s part in overcoming the problem of anxiety.*
- 4. I Corinthians 6:1ff indicates that Christians should not take their disputes before the courts of unbelievers, but rather should resolve those within the Church of Christ. Discuss how this could actually be done in an effective way if there was a serious dispute between two believers.*
- 5. Read together the Great Commission in Matthew 28:18-20. Discuss how confidence in the absolute authority of Christ should make a dynamic difference in our “going and making disciples”.*
- 6. Paul said that “our struggle is not against flesh and blood, but . . . “against the spiritual forces of wickedness in the heavenly places”. Have you encountered demonic forces? How do we have victory against these powerful forces?*

Life Group Meeting

Lessons on “Anxiety” & “Spiritual Authority”

Presented by Hannah Timbs & Doug Neighbors

QUESTIONS

- 1. In your experience, what have been some of the most damaging consequences of anxiety, worry, or stress — either in your own life or in the lives of loved ones or friends?*
- 2. What has helped you most in managing anxiety? What verse(s) have really made a difference?*
- 3. Read Matthew 6:25-27,33,34. From this teaching by Jesus, what can we see as our part, and what is God’s part in overcoming the problem of anxiety.*
- 4. I Corinthians 6:1ff indicates that Christians should not take their disputes before the courts of unbelievers, but rather should resolve those within the Church of Christ. Discuss how this could actually be done in an effective way if there was a serious dispute between two believers.*
- 5. Read together the Great Commission in Matthew 28:18-20. Discuss how confidence in the absolute authority of Christ should make a dynamic difference in our “going and making disciples”.*
- 6. Paul said that “our struggle is not against flesh and blood, but . . . “against the spiritual forces of wickedness in the heavenly places”. Have you encountered demonic forces? How do we have victory against these powerful forces?*