

# *The MONARCH*

*A Monthly Archive of Christ the King Church*

*A member Parish of the San Diego Deanery of the Diocese of Western Anglicans  
and the Anglican Church in North America*

CTK MAILING ADDRESS  
P.O. Box #721447 San Diego, CA 92172-1447

EMAIL [office@ctksd.org](mailto:office@ctksd.org)

PHONE 858-621-0644

WEBSITE [www.ctksd.org](http://www.ctksd.org)

## MARCH 2018



## Holy Week

### WEBSITES FOR NEWS AND EVENTS

<a href="http://www.sdanglicans.org">www.sdanglicans.org</a>	San Diego Deanery
<a href="http://www.westernanglicans.org">www.westernanglicans.org</a>	Diocese of western Anglicans
<a href="http://www.anglicanchurch.net">www.anglicanchurch.net</a>	Province of Anglican Church in North America

# MARCH 2018 CALENDAR

- 3/1 Ramona DTC, 7-8:30pm, RTH
- 3/2 RCC LENTEN FISH FRY - Serving fish and sides from 5:30-6:30pm, \$10 a plate
- 3/3 ENGAGE DIOCESAN TRAINING, LONG BEACH
- 3/4 THIRD SUNDAY OF LENT  
Service at 10am at CTK-POWAY  
Service at 10am at CTK - RAMONA
- 3/5 Prayers & Squares - Ramona
- 3/6 CTK YOUTH GROUP, 6:30-8pm, Ramona
- 3/7 Daytime DTC, 1:30-3:00pm, Mimi's in Mira Mesa
- 3/8 Ramona DTC, 7-8:30pm, RTH
- 3/9 RCC LENTEN FISH FRY/CTK GAME NIGHT! Dinner 5:30-6:30pm, Games 6:30-8ish!
- 3/10 SOAKING PRAYER AT RBCPC, 7:15-8:30pm      Need info? Ask Cindy or Gail
- 3/11 FOURTH SUNDAY OF LENT    DAYLIGHT SAVINGS TIME BEGINS!    SPRING FORWARD!  
Service at 10am at CTK-POWAY  
Service at 10am at CTK - RAMONA
- 3/12 Prayers & Squares - Ramona
- 3/13 Vestry meeting, 6:30pm, RCC  
CTK YOUTH GROUP, 6:30-8pm, Ramona
- 3/14 Daytime DTC, 1:30-3:00pm, Mimi's in Mira Mesa
- 3/15 COMMUNITY CARE & PRAYER, 4-7PM, RCC  
Ramona Bible Study, 7-8:30pm, RTH
- 3/17 HAPPY ST. PATRICK'S DAY!    🍀
- 3/18 FIFTH SUNDAY OF LENT  
Service at 10am at CTK-POWAY  
Service at 10am at CTK - RAMONA
- 3/19 Prayers & Squares - Ramona
- 3/20 CTK YOUTH GROUP, 6:30-8pm, Ramona
- 3/21 Daytime DTC, 1:30-3:00pm, Mimi's in Mira Mesa
- 3/22 Ramona DTC, 7-8:30pm, RTH  
FR. RUSSELL'S SECOND HIP SURGERY! (HIP HIP HOORAY!)
- 3/25 PALM SUNDAY  
Service at 10am at CTK-POWAY  
Service at 10am at CTK - RAMONA
- 3/26 Prayers & Squares - Ramona
- 3/27 CTK YOUTH GROUP, 6:30-8pm, Ramona
- 3/28 Daytime DTC, 1:30-3:00pm, Mimi's in Mira Mesa
- 3/29 MAUNDY THURSDAY SERVICE WITH FOOT WASHING, 7PM, RCC
- 3/30 GOOD FRIDAY SERVICES - Traditional Fasting Day  
12PM/7PM AT RCC w/Stations of the Cross  
7PM in Ramona at RTH
- 3/31 EASTER VIGIL SERVICE/Baptism of Elijah Jenkins, 7pm, RCC

Fr. Russell gone March 15-20. (short vacay to visit Tallys)

Fr. Larry gone March 21-May 6 (long 50th anniversary trip)

# WORSHIP MINISTERS' SCHEDULE

## CTK @ POWAY (RCC)- SERVICES AT 10AM

	MARCH 4	MARCH 11	MARCH 18	MARCH 25
<b>ALTAR</b>	DCN STEVE	OPEN	FR. JOHN	OPEN
<b>GREETER</b>	HELEN	NANCY MACDONALD	GINA	LINDA HASCH
<b>USHER</b>	LARRY RELLO	TREY	TREY	TREY
<b>1ST READ</b>	JOHN LOWN	ANGUS	JOANIE	JOHN LOWN
<b>PSALM</b>	SUE RELLO	BARBARA	JOANIE	JUDITH
<b>2ND READ</b>	BRIAN	MAC	TOM	TOM
<b>PRAYERS</b>	MARY CAROL	JOANIE	ELAINE	GINA
<b>CHALICE</b>	GAIL	MARY CAROL	ANGUS	MAC
<b>HEALING PRAYER</b>	SUE/TOM	GAIL/MAC	CINDY/ELAINE	SUE/TOM
<b>PREACH/CELEBRATE OR LEAD MP</b>	DCN JASON FR. RUSSELL DCN STEVE	FR. LARRY	MAC NIBBS FR. JOHN	FR. LARRY BAUSCH

## CTK @ RAMONA (RTH) - SERVICES AT 10AM

	MARCH 4	MARCH 11	MARCH 18	MARCH 25
<b>ALTAR</b>	DEB	CRICKET	DEB	DEACON
<b>USHER</b>	WES	JIM H	WES	JIM H
<b>1ST READ</b>	BECKY	LEAH	LENA	NANCY
<b>PSALM</b>	WES	NANCY	WALLY	BOB
<b>2ND READ</b>	WALLY	BOB	RICK	LEAH
<b>PRAYERS</b>	LEAH	RICK	BECKY	WALLY
<b>CHALICE</b>	NANCY	WES	NANCY	NANCY
<b>HEALING PRAYER</b>	CRICKET/LEAH	BECKY/WES	JAN/BECKY	LEAH/OPEN
<b>PREACH/CELEBRATE OR</b>	FR. JOHN FR. LARRY	FR. JOHN	FR. LARRY	FR. JOHN

### SUNDAY READINGS

LECTIONARY READINGS ARE TAKEN FROM THE NEWLY APPROVED FOR USE ACNA LECTIONARY. YOU MAY FIND THIS LECTIONARY UNDER RESOURCES ON THE ACNA WEBSITE ([anglicanchurch.net](http://anglicanchurch.net))

WE ARE CURRENTLY IN YEAR B.

THE BIBLE VERSION USED AT CTK IS THE ENGLISH STANDARD VERSION (ESV).

	1ST READING	PSALM	2ND READING	GOSPEL
MARCH 4 - LENT 3	EXODUS 20:1-21	19:7-14	ROMANS 7:13-25	JOHN 2:13-22
MARCH 11 - LENT 4	2 CHRON 36:14-23	122	EPH 2:4-10	JOHN 6:1-15
MARCH 18 - LENT 5	JER 31:31-34	51:11-16	HEB 5:1-10	JOHN 12:20-33
MARCH 25 - PALM SUNDAY	ISA 52:13-53:12	22:1-11	PHIL 2:5-11	MARK 14:32-15:39

**HOLY WEEK WORSHIP MINSTERS WILL BE ASSIGNED SEPARATELY BASED ON ATTENDANCE.**

# MARCH Prayers & Blessings

## PLEASE PRAY FOR OUR CLERGY AND VESTRY MEMBERS

Fr. Russell Martin                      Fr. Larry Eddingfield  
Deacon Steve Elder                      Fr. John King                      Deacon Jason Waller

### VESTRY MEMBERS

Mary Carol Johnson (Rector's Warden)  
John D. King (Poway People's Warden)                      Wesley Jenkins (Ramona People's Warden)  
Helen Cox                      Jim Heaton                      Pete McCoy

### **THIS MONTH PLEASE PRAY FOR THESE MEMBERS OF OUR CHURCH FAMILY**

Fr. Russell for continued recovery from 1st hip surgery and in preparation for 2nd hip surgery on March 22

Fr. Larry for continued recovery from his shoulder surgery

Bill for healing and strength and peace

Mac for healing and peace

Molly for successful new chemo treatments

Shirley King for continued strength and healing

Doris and Chuck Trout for continued strength and healing

Pete McCoy as he prepares to lead the April Kairos Weekend

### **SPECIAL PRAYERS**

This month in the SAMS (missionaries) prayer calendar, pray especially for Fr. David & MaryBeth Alenskis, our missionaries in Belize, from March 25-31.

### **THIS MONTH WE THANK YOU FOR**

For Fr. Russell's amazing recovery from his hip surgery!

The Ordination of John King to the priesthood! *Now we have our very own Papa John!*

Sue Rello's successful sinus surgery.

The wonderful message and teaching from Pastor Bernard of Uganda on Feb 18 at CTK-Poway.

**LET ME KNOW IF YOU HAVE PRAYERS FOR OUR CHURCH FAMILY OR THANKSGIVINGS TO SHARE!**

### **BIRTHDAYS**

3/3     Sue Rello  
3/13    John Lown  
3/16    Peter McCoy  
3/17    Gail Duffey ♣

### **ANNIVERSARIES**

3/18    Steve & Soon Elder  
3/28    Scott & Mary Brown  
3/21    Wally & Judy Hardison  
3/23    Peter & Nancy McCoy

These dates are taken from the official membership paperwork on file. Please let me know if there are additions or corrections to this list. ~ Cindy

### **MILITARY & FIRST RESPONDERS**

ROBERT - POWAY S.D.  
TYLER - SDPD  
BILLY -ARMY  
CAMERON - USN  
GREGORY - USCG  
KRISTA-USN  
ERIC- USN  
CHIP-ARMY  
ERIC-USAF  
DAVID-ARMY  
JOHN - NAVY  
BLAKE - ARMY  
TIM - USN

# Vestry Report

*The Vestry met on February 6 and what follows are the highlights of the unapproved Minutes from that meeting.*

Meeting was opened in prayer and a time of discussion of Week Zero in the Intervarsity book 'Deeply Rooted', which the Vestry will be working through as their Bible study each month.

Jim Heaton reviewed the January financials. Cindy reported that now that all the Ramona expenses are contained in the budget, all open plate offerings from Ramona will go into the Open Plate rather than the Regional Church Plant fund.

Fr. Larry reported that Fr. Russell was doing well and expecting to be at the Ordination service on February 10. Fr. Larry has been busy with PT, pastoral calls, hospital visits and Kairos training for the April weekend. Deacons Steve and John, and Pete McCoy, have all been busy with Kairos preparations. Dcn John also had his pre-Ordination retreat and the Executive Committee retreat.

The Ramona ministry team is planning Lenten Soup Suppers on Wednesdays in Lent at various homes in the Ramona area, but all CTKers are invited to attend.

A motion was made to allow the Poway and Ramona Ministry Teams to spend up to \$500 (per purchase) from their budget line items and designated funds without prior Vestry approval. The motion was seconded and passed.

Gail Duffey gave a brief presentation on ENGAGE, a youth ministry initiative and upcoming training opportunity for the whole diocese. The diocese has also asked for financial support for this event. A motion was made to allocate \$500 from the Youth designated Fund for either scholarships, or as financial support. The motion was seconded and passed.

The revamped Memorandum of Agreement between Fr. Russell and Vestry was presented by Mary Carol. The original committee who drafted the agreement was able to adjust it as needed to fulfill the wishes of the Bishop. A motion was made to approve the new MOU and have a copy signed by all parties. The motion was seconded and passed.

Dcn John has the new website ready to launch but needs Brendan to disengage it from the old company who had control of the domain and site and pass it on to us.

Cindy reported that the first steps in tackling the storage unit (and other storage issues) have taken place in the form of an inventory list of storage items (as best as could be seen). Further cleaning up/out will be taking place over the next few months. The sacristy and trailer will also be part of this reorganization and realignment of storage areas.

Cindy and Mary Carol brought up some adjustments to the designated funds. For example the Anglican Community Service fund is fed by recycling monies and the change bucket, and used to support the CCP program and Life Choices, but these are all Poway-centric both in terms of funds coming in and going out. Ramona will need to find ways to add to their own funds and also ministry opportunities to support with those funds. Cindy will be creating a new Poway Community Outreach (designated) Fund and a Ramona one as well, as per the new 2018 budget discussion and both funds will be seeded by surplus Operating Fund monies from 2017.

The Stations of the Cross, donated by Helen Cox in memory of Rob, have been hung in the Sanctuary and will be used before each of the Good Friday services for sure.

Fr. Larry reported that our annual Bishop's visit will be on July 22-23 and in order to prepare for our time with the Bishop, he handed out the Vestry Leadership Workshop materials the Bishop used last year for the Vestry to go over and work through before July.

# Rector's Ruminations

Dear Beloved in Christ,

First I would like to express my profound thanks for the gracious outpouring of prayers, get-well cards and calls in the wake of my first, of two, hip replacement surgeries. I had a very successful procedure and by the grace of God, my progress with both Physical Therapy and general recovery has been exceptional. So again, I thank you for this gracious outpouring of love!

Lent is a season in which we follow Jesus as He prepares to make His way to Golgotha and His atoning death on the Cross— even as it sets the stage for us to rejoice in the glory of Christ's Resurrection on Easter. Just as Jesus made Himself ready, we too ought to prepare ourselves through a season of prayer and fasting.

Jesus lays out a wonderful pattern and model for us in Mark, Chapter 8. Mark writes:

*"<sup>34</sup> And calling the crowd to him with his disciples, he said to them, "If anyone would come after me, let him deny himself and take up his cross and follow me. <sup>35</sup> For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel's will save it. <sup>36</sup> For what does it profit a man to gain the whole world and forfeit his soul? <sup>37</sup> For what can a man give in return for his soul? <sup>38</sup> For whoever is ashamed of me and of my words in this adulterous and sinful generation, of him will the Son of Man also be ashamed when he comes in the glory of his Father with the holy angels." (Mark 8:34-38 ESV)*

First take note of the pattern Jesus establishes with this pronouncement. It begins with a person choosing to "come after" Him. Next comes the necessity of denying oneself - we must choose Christ and His Kingdom over all else. I have often said, "If God doesn't come first, He is not likely to come at all". The twin to this act of "self-denial" is taking up of one's cross. It is significant that Jesus does not command us to take up HIS Cross but rather His disciples are each to take up their own individually tailored crosses. The cross is specific to each disciple, and we are to grab hold and embrace our cross, just as Jesus embraced His. It is in the Cross that God is both glorified and vindicated, first in the Cross of Christ and second in the cross of our own lives. The capstone to this pattern is Jesus' invitation to "follow" Him.

So, what does it mean to follow Jesus? To follow is to go after and place our feet onto the path/place that Jesus has trod - to go where Jesus leads us, which is invariably to the Cross and ultimately to glory of Easter! To do what Jesus does is to lay down our life in faithful service of God the Father. To be like Jesus, who chose the Kingdom of Heaven above all else, is the call to be salt and light in a dark and dreary world!

To be what Jesus is means to be a beloved child of the Most High King of Heaven. To be obedient to God no matter the price! To be a disciple of Jesus is to "lose one's life for the sake of Christ and His Gospel" For does not Jesus, Himself make this point when He says in the very next two verses:

*"For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel's will save it. For what does it profit a man to gain the whole world and forfeit his soul?" Mark 8:35-36 (ESV)*

Consequently, Lent is the a season which affords us the wonderful opportunity to lose our life for the sake of Christ even as we enjoy the blessing of being saved through blood, death and resurrection of Jesus Christ.

My prayers are with you for a wonderful and holy Lent!  
Fr. Russell

## POWAY MINISTRY TEAM REPORT

*As each has received a gift, use it to serve one another, as good stewards of God's varied grace..." 1 Peter 4:10 [esv]*

The Poway Ministry Team met on 2-11-18. The **Veterans' Stand Down event at Green Oak Ranch in Vista, January 25<sup>th</sup> through 28<sup>th</sup>** was discussed and by all accounts was a great success. Your donations of towels, socks, underwear and blankets were welcomed, and all of your prayers helped to make the weekend an experience that blessed and met many needs of the over 120 homeless veterans that participated. I attended one of the after-event volunteer gatherings and was assured that the event will be held again next year. We are hoping for an even larger cadre of CTKers!

Did you know that "there is an **invisible homelessness right here in Poway.**" I didn't either until I came across an article in the **Poway Chieftain** by contributor Barry Cronin. He learned that there are many homeless students "throughout the **Poway Unified School District**...while some of them do camp out (in tents or under highway over passes), most of these homeless kids live in cars, stairwells or temporarily crash on someone else's couch." These kids have rights to education the same as their classmates and the article included contact information for the **Youth in Transition Program (YIT)** which provides assistance to these kids such as transportation and subsidized meals. I contacted the YIT point person and learned of ways in which we can help. Stay tuned for further information.

The **Poway Ministry** core team reviews plans for the future on an ongoing basis.

Moving forward we want to:

- ❖ continue to focus on the life-affirming work that **Life Choices** is doing with donations of diapers, wipes, gently used baby clothes. They are also very happy to receive baby and child blankets.
- ❖ continue to support the **Community Care and Prayer** food distribution program right here at RCC.
- ❖ consider planning for a "trick or treating" event in the fall
- ❖ participate once again in the **Wreaths Across America** campaign which is held in December.

**We need you!** If you are interested in being part of the core team, please let me know. Basically this would entail meeting with us and helping to organize/coordinate our various events.

In any event, we definitely need your prayers and ideas on other ways that we can reach out to our community with the love of Christ and his saving Grace. Please don't hesitate to contact me.

Submitted by,  
Elaine Fox  
[Efox92064@yahoo.com](mailto:Efox92064@yahoo.com)

# A DELIVERY FROM PAPA JOHN

Okay, yeah, the title of this article is a little hokey, but it got your attention didn't it? As I've said to many of you, it's going to take a while for me to get used to "Fr. John".

The main thing I've been up to this past month? Ordination and living in to it! Let me take this opportunity to first of all to give all praise and glory to God and his faithfulness, mercy and grace. I also thank God for all of you – Each and every one of you has played a role in my formation. Thank you all for the wonderful gifts, and most of all for your prayers and support over the years. Thanks to my discernment team and prayer support team. I'd also especially like to thank Barbara Eddingfield and all those who helped set up the reception; Cindy for all her work with the bulletins; Brynne for babysitting; Becky and Leah for their beautiful voices. And last but certainly not least, thanks to Fr. Russell and Fr. Larry for mentoring me throughout this time (and still many years to come, God willing!).

I've also attended my first Executive Committee retreat. It was a very inspiring time as the Bishop cast his vision for the year ahead. There is much kingdom-building and discipleship making work ahead of us as a parish, deanery, and diocese!

I am also now the spiritual director for the Cursillo Secretariat. The Cursillo weekend is earlier this year (Men's weekend is 7/12-15 and women's is 7/19-22). If you have not attended a weekend, and are interested, please come and talk to me or Fr. Larry or Fr. Russell. If you have attended a weekend, I have two challenges for you: First and most importantly, take some time this Lent to reflect on how it's going with your "fourth day". Are you grouping? Have you made any new friends? Are you being a good friend? Have you brought a friend to Christ? Second, have you considered working the weekend?

I am looking forward to continuing to serve Christ the King (both the person and the parish!). I am especially looking forward to Elijah Jenkins baptism on Easter Vigil! I hope you'll be able to come and participate.

God bless, Fr. John

## **Ramona Ministry Team Report**

Peace and blessings to you all. This Lenten season seems like it is going by quickly already. Maybe it is because I have a kid now and time seems to move more rapidly. Or it could be a function of growing older. Either way, it is easy to get into the motions of the day and let time get away from you. Lent, is a great time to engage the spiritual disciplines and grow more intentional about our relationship with God and our relationships with others. This Lenten season, our Ramona campus is trying to be more intentional about deepening a sense of community. In the hopes of establishing/maintaining a tradition, we have started a Lenten soup fellowship.

This fellowship is similar to last year's fellowship. Gracious families open up their homes to host the event each Wednesday night during Lent. They prepare soups and bread for us to eat, and we get to enjoy each other's company. It is also a casual time to invite friends into our community and help them feel welcome. I appreciate your continued prayers for Ramona. I hope as we move deeper into Lent and towards Easter, we will be more intentional about our relationships with God and with other people.

Blessings, Wesley Jenkins



# The "D" Word

Happy Lent! While we often think of Lent as a season of "giving things up" that is only part of it. Lent is also a season of self-examination and a season of action. If we wanted to choose one word for all of this, it would be "discipline" – as in spiritual disciplines. That word is sometimes not one we want to hear; however, it shares the same root as "disciple". So, if we want to be disciples and disciple-makers, we probably need some discipline in our lives. So let's take each thing in step:

First, self-examination. Many people "take stock" of the past year around January 1<sup>st</sup>. We may look at a range of things – how our budget is doing, how we did in terms of meeting our personal goals, travel goals, work goals. We may consider our health over the past year. We identify those areas where we may not have met our goals. In Lent, we also enter a period of "taking stock" – but of our spiritual lives. There are many different ways to engage in this discipline. One way to do this is to review the 10 commandments – but deeply. One example of this can be found at [http://www.anglicanprayer.org/resources/P-11\\_Self\\_Examination-10\\_Commandments.pdf](http://www.anglicanprayer.org/resources/P-11_Self_Examination-10_Commandments.pdf)

Next, giving things up. Now, you may have identified some things you SHOULD give up during your self-examination. The good news is, that's a good thing to do (see "action" down below). The bad news is, that's not the "giving up things" we're talking about for lent. I like the guidelines that The Rev. Goebel outlines at [www.AnglicanPastor.com](http://www.AnglicanPastor.com) :

"Give up something reasonable. I don't mean easy. I mean reasonable. Give up something that you will notice. You will want it, but it won't be there. Something you will probably regret giving up about two weeks in. Give up something that you don't have to give up. Lent is not a diet."

Finally, take action. This may entail several things. First, you remember all those sins you came up with during self-examination? It's time to get rid of them! This may involve the rite of reconciliation (or as many know it, "confession"). Now, this is not something you "must" do – we can confess our sins directly to God, and we know that we are forgiven through the blood of Christ, shed for us for the forgiveness of sins. BUT, it is something you "may" do (and honestly I think most of us "should" do). As Anglicans we are sacramental people – we recognize that a sacrament is something that we can hear, taste, smell, touch, and/or see, that reveals God's grace to us in a meaningful and life-changing way. The rite of reconciliation is one of those sacraments. Sometimes we need to hear our sins as we confess them aloud, and we need to hear the words that our sins are forgiven. Next, you know that "thing" you gave up for lent? What can you replace it with? Maybe you gave up Starbucks. How about taking the money you would have spent on coffee and donating it to the poor? Maybe you gave up Facebook. How about replacing all that time with reading Scripture, or praying for each of your Facebook friends, or serving at the food distribution at RCC on Thursday nights?

You can take these "disciplines" and make them into a "plan for living" for this year. That's called a "rule of life" and we'll talk about that next time.

God bless, Fr. John