



FAITH, FAMILY & FRIENDS MINISTRY GUIDELINES





CELL-GROUP COVENANT GUIDELINES

Guiding Verse

The Lord's Prayer

This, then, is how you should pray:

'Our Father in heaven:

May your holy name be honored;

may your Kingdom come;

*may your will be done on earth as it
is in heaven.*

Give us today the food we need.

Forgive us the wrongs we have done,

as we forgive the wrongs that others have done to us.

Do not bring us to hard testing,

but keep us safe from the Evil One.'



Matthew 6:9-13 (GNT)

Prayer & Confession Verse

Confess your faults to one another and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man accomplishes much.

James 5:16 (MEV)

Confession leads to forgiveness and the healing of our lives.

Encouragement Verse

Let us firmly hold the profession of our faith without wavering, for He who promised is faithful. And let us consider how to spur one another to love and to good works.

Let us not forsake the assembling of ourselves together, as is the manner of some, but let us exhort one another, especially as you see the Day approaching.

Hebrews 10:23-25 (MEV)

As Christ followers please offer encouraging words of inspiration and strength to your prayer partners as you cope with life's challenges.



THE PILLARS OF OUR FAITH



Our Commitment

To help build up the Faith, Family and Friends Ministry (part of the Body of Christ), as a free-will offering to the Lord, we agree and have decided--by the grace of God and the love of our small fellowship--to follow these Christian values:

1. To develop a healthy Christian lifestyle in spirit, soul and body (1 Thessalonians 5:23) by putting God first in our lives as faithful children of God Almighty and followers of Jesus Christ (Hebrews 11:6; Matthew 6:33)
2. To give our time, talents, and treasures (our first fruits) to help build up the Body of Christ (Malachi 3:10; Luke 6:38; John 3:16)
3. To spread the Gospel (the good news about Christ) and pray daily for the healing of our families--traditional and non traditional--around the world
4. To adhere to the Four Pillars of Christian Accountability (James 5:16, Hebrew 10:23-25) by:
 - ☐ Meeting together
 - ☐ Confessing our sins to one another (brings forgiveness and healing)
 - ☐ Praying for one another
 - ☐ Encouraging one another
5. To continue to grow our healthy Christian lifestyle through cell meetings and prayer-and-worship meetings
6. To continue to grow and develop our individual prayer lives
7. To continue to grow and develop our cell meetings and prayer-and-worship groups
8. To place a high priority on the cell-group meetings and call if we will be absent or late
9. To create a safe place where prayer partners can be heard and feel loved (no quick answers, snap judgments, or simple fixes)



10. To keep anything shared among us strictly confidential within the group
11. To avoid gossip and immediately resolve any concerns by following the principles prescribed by Jesus.

Now if your brother sins against you, go and tell him his fault between you and him alone. If he listens to you, you have gained your brother. But if he does not listen, then take with you one or two others, that by the testimony of two or three witnesses every word may be established. If he refuses to listen to them, tell it to the church. But if he refuses to listen even to the church, let him be to you as a Gentile and a tax collector.

Matthew 18:15-17 (MEV)

12. To give group members permission to speak into our individual lives and help each of us live a healthy, balanced spiritual life that is pleasing to God
13. To limit our freedom by not serving or consuming alcohol during small-group meetings or events so as to avoid causing a weaker brother or sister to stumble
(1 Corinthians 8:1-13; Romans 14:19-21)
14. To invite friends who may benefit from this study and warmly welcome newcomers
15. To get to know the other members of the group and pray for them regularly. This group can be our primary support system, second or in addition to our own families, whether they are traditional or non-traditional families
16. To create a cell-group project on <https://www.gofundme.com/> and:

- ☐ Donate
- ☐ Solicit from friends to support the project we have agreed upon
- ☐ Use our group time, talent, and treasures for special community projects to practice what we learn from Jesus by promoting unconditional love, healing and helping the most disadvantaged of our society.



17. To pray daily for blessings and protection for Faith, Family & Friends Ministry, their cell-group activities and projects, especially its leaders and cell-group members.

A Christian lifestyle is primarily a spiritual warfare. (Ephesians 6:12) Whenever the people of God speak out in love, there can be an intense spiritual warfare, and the leaders need the highest spiritual covering. We commit to bathe them and all the members in prayer.

18. To develop our hearts as altars for the Lord and have a designated place in our homes to worship God regularly (for example: daily or as often God places it on your heart) (Genesis 12:6-9) [See: <http://www.jackhayford.org/teaching/articles/a-time-of-altars/>]
19. To develop a minimalist lifestyle of *less is more*. This will have a liberating effect on our lives, freeing us in our finances and priority-setting. Eternity is our future home, and we can't take anything with us when we die.
20. To give away what we don't use much and give away more often than not. Verses on giving and generosity: (1 Timothy 6:17–19; Leviticus 25:35–37; 1 John 3:16–18)
21. To develop faithful stewardship of anything entrusted to us. For example : your health, your family, your job and pretty much everything since our life is a gift from God. If you can offer these as your worship offerings to the Lord daily, that would be best for you and pleasing to God. Everything we have is from the Lord.



We are only stewards of His Kingdom.

"The earth is the Lord's, and everything in it, the world, and all who live in it; for he founded it upon the seas and established it upon the waters."

Psalm 24:1-2 (MEV).

Other verses related to this verse include: Romans 8:28; Leviticus 25:23; 1 Matthew 19:26; Chronicles 29:11-18; Ps, 50:10-12; Haggai 2:8; Romans 11:35-36; 1 Cor. 6:19-20.

Since we don't take any material things with us at the end of our lifetimes, building a spiritual legacy that we can leave behind to future generations makes sense. We give back to God, who is the giver of life and everything that is around us.

Frequently Asked Questions

1. Why Faith, Family & Friends Ministry?

Family is the very basic structure of our society. We have to pray daily and make an effort to help heal our family and the families around us. Faith Family & Friends Ministry is a family and community building outreach project of thegoldrose.org



2. How many people are in a cell group?

The cell groups should be comprised of five to seven people including the leader, and should not exceed twelve people. It is harder to keep your bond together if there are more than twelve members. Preferably husband-and-wife couples will attend cell/prayer meetings together.

3. Why is it important for us to develop our spiritual lives?

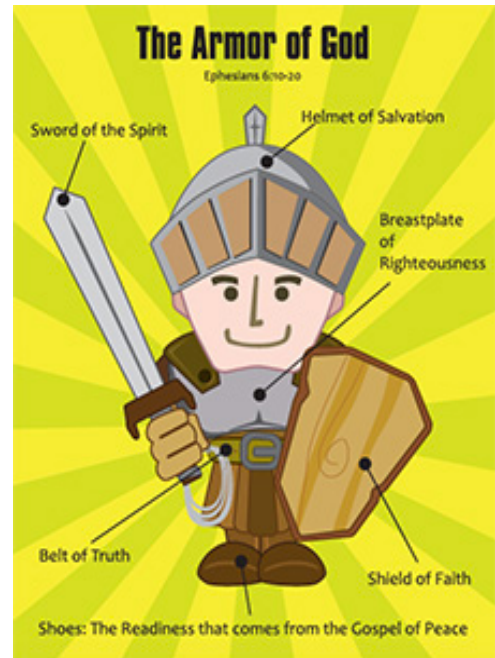
As a human beings, we are tripartite in nature--a spirit, a soul, and a physical body (Galatians 5:23-25). Our physical lives on earth are only a preparation for what we are going to do after we die, which is eternity. The bible clearly indicates that eternity is heaven or hell. Since our final destiny is eternity, it is important for us to take care of our spiritual lives, as important as it is to take care of our minds and our bodies. Our spiritual lives drive the rest of our lives.

A Christian life is spiritual warfare first and foremost. It is therefore of utmost importance to develop a strong prayer life. More information on this at thegoldrose.org



For our fight is not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, and against spiritual forces of evil in the heavenly places.

Ephesians 6:12 (MEV)



4. Why are we using the word *covenant* in these guidelines?

From OxfordDictionary.com, the word *covenant* means *contract, agreement, undertaking, commitment, guarantee, warrant, pledge, promise, or bond*.

A covenant is a contract or agreement between two or more parties. With a covenant, God has chosen to communicate with us, to redeem us, and to guarantee us eternal life in Jesus. God's intention is to have a covenant relationship with us from the Old Testament into the New Testament.

The truths revealed in the Bible are the basis of Christianity. The Bible is a covenant document. The Old and New Testaments are essentially Old and New Covenants. The word *testament* is Latin for *covenant*.



The Bible comprises two covenants:

1. The Old Testament records several covenants between God and man. Many of them require man to do something or to obey something. (Exodus 19:5-6; Leviticus 1-7; Hebrews 9:7-10). It includes laws that were revealed to the prophets in order to maintain our relationship with God. A good example is the Ten Commandments.
2. The New Testament records a covenant with God based on our love relationship with God, made available to us by what Jesus Christ has done for us. (John 3:16-17). It is an act of love.

We are convicted to obey and realign our lives with God's nature. This happens when we receive the Holy Spirit in our hearts through our Lord Jesus Christ, who was God-made-man on earth. Our receiving is a result of our real/authentic spiritual experience of God's unconditional love for us.

The love relationship is mutual; God loves man, and man loves God in return. Sometimes this is manifested in a believer's life through healings and miracles of whatever situation the person is in bondage to.



*For we
are God's
masterpiece.
He has created
us anew in
Christ Jesus, so
we can do the
good things he
planned for us
long ago.*

**Ephesians
2:10
(NLT)**

Eternal God,

*impart to us a vision that can
lead us through these times.*

*Help us to remember
that You are working out*

Your gracious plan.

*The Lion that will triumph
is the same Lamb
that was slain.*

Remind us that,

*In Your purposes,
our suffering will
also be transformed.*

*We give praise to You,
our God of grace and glory.*

Marina B. Cubero has been a Christian Minister for seventeen years, holding various roles as a Servant of God, including: Worship Minister, Church Elder, Co-pastor and Elder of a Catholic Charismatic Ministry in California, USA and in the Philippines. Since 2007, she has led bible studies and eventually founded thegoldrose.org in 2012.

Marina's lifelong desire is to create a network of believers, who are passionate to discover and experience the love of God for humanity and are committed in helping build up the body of Christ in preparation for His glorious second coming. She was born and raised in the Philippines and migrated to California in 1984 with her family. We are a non-denominational Christian Ministry. You can find more information at <http://thegoldrose.org>.



The Gold Rose

*"Whatever we do individually
Affects us all collectively"*



This image shows a full page of blank graph paper. The background is white, and it is covered by a uniform grid of thin, light gray horizontal and vertical lines. These lines intersect to form a series of small, equal-sized squares across the entire surface of the page. There are no margins, text, or other markings present.