

# The Eight Life Domains Needs Areas 03182026

## Now Enhanced with Belief Diagnosis + Truth

Beliefs 1, 2, 3, 4 are the big 4 that impact most people most of the time

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## 1. Spiritual Life

Needs related to a person's relationship with God.

Examples include:

- Salvation / new birth
- Spiritual formation and maturity
- Prayer and Bible study
- Worship
- Obedience to God
- Faith and trust in God
- Spiritual disciplines

### **Common False Belief:**

“God is distant, unreliable, or unnecessary — I have to manage life on my own.”

### **Biblical Truth:**

**God is present, trustworthy, and the source of life — I am designed to live in relationship with Him.**

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## 2. Self-Image

Needs related to identity, self-worth, and internal belief systems.

Examples include:

- Identity in Christ
- Self-worth and dignity
- Confidence and courage
- Freedom from shame or condemnation
- Renewing the mind
- Emotional health

### **Common False Belief:**

“My value is based on my past, my performance, or what others think about me.”

### **Biblical Truth:**

**My identity and worth are established by God — I am created in His image and redeemed in Christ.**

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## 3. Healthy Relationships

Needs related to interpersonal life.

Examples include:

- Marriage and family health
- Parenting
- Friendship and community
- Conflict resolution
- Forgiveness and reconciliation
- Communication skills

### **Common False Belief:**

“I must protect myself, control others, or withdraw to avoid being hurt.”

### **Biblical Truth:**

**God designed relationships to thrive through love, forgiveness, truth, and mutual care.**

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## 4. Work & Vocation

Needs related to productivity and purpose in the marketplace.

Examples include:

- Career success
- Business development
- Job performance
- Education and learning
- Retirement productivity and purpose
- Theology of work
- Serving through vocation

### **Common False Belief:**

“My work is just a job, or my worth is defined by my success and achievements.”

### **Biblical Truth:**

**Work is a calling from God — I am created to contribute, serve, and reflect Him through what I do.**

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## 5. Personal Finances

Needs related to stewardship and provision.

Examples include:

- Budgeting
- Debt management
- Saving and investing
- Generosity and giving
- Financial planning
- Contentment and stewardship

### **Common False Belief:**

“Money is my security — I must accumulate, control, or fear losing it.”

### **Biblical Truth:**

**God is my provider — money is a tool for stewardship, generosity, and wise management.**

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## 6. Health & Wellness

Needs related to physical and mental health.

Examples include:

- Physical fitness
- Nutrition and healthy eating
- Rest and sleep
- Stress management
- Mental health
- Emotional resilience

### **Common False Belief:**

“My body and mind are either unimportant or completely self-managed without God.”

### **Biblical Truth:**

**My body and mind are gifts from God — I am called to steward them with wisdom, discipline, and care.**

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## 7. Community Care & Social Impact

Needs related to serving and improving the community.

Examples include:

- Compassion ministries
- Helping the poor and vulnerable
- Social service partnerships
- Justice and mercy
- Volunteer service
- Community development

### **Common False Belief:**

“Helping others is optional, someone else’s responsibility, or too overwhelming to matter.”

### **Biblical Truth:**

**I am called to love and serve others — meeting needs is central to living out God’s purpose.**

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## 8. Civic Engagement & Responsible Citizenship

Needs related to responsible participation in society.

Examples include:

- Voting and civic participation
- Public policy awareness
- Justice systems
- Advocacy for righteousness and justice
- Responsible citizenship
- Moral influence in society

### **Common False Belief:**

“My role in society doesn’t matter, or I must conform to the culture rather than influence it.”

### **Biblical Truth:**

**I am called to be a responsible and righteous influence in society — representing God’s values in the world.**