

← MARCH →

Birthdays

- 4 Clarice Cobey
- 8 Carolyn Davis
- 14 Antonio Lyles
- 15 Kingley Forris
- 15 Gregory Ziegler
- 16 Taris Brown
- 17 Minnie Hightower
- 18 Jasmine Lyles
- 18 Kaela Mathaudhu
- 20 Erika Smith
- 25 Jared Moore
- 26 Elzaida Smith
- 30 Jonét Hughes
- 30 Saquan Pray
- 31 Fay Hutchinson

Anniversaries

- 2 Ronald & Gloria Dorsey
- 9 Ronald & Carolyn Lockard
- 28 Maceo & Lori Hart

On Duty Today

Lead Elder: Clifton Fulwood Clerk: Roberta Edgecombe
 Deacons: M. Hart & R. Green, Jr. Multi-Media: Maceo Hart
 Deaconess: Lori Hart

Rostrum Coordinator: Elder Clifton Fulwood

GUARDING THE EDGES OF THE SABBATH

Sunset: Today, 7:31pm ~ Sunset: Next Friday, 7:36pm

CHURCH IN WORSHIP

March 31, 2018

“HEALTH & TEMPERANCE DAY”

11:00 A.M.

Processional
 Call to Worship Elder Cassie Sheppard
 Opening Prayer Dr. Jim Sharps

Announcements Church Clerk
 Health Spotlight Leola Gilliam
 Welcome Tammy Gilliam & Wesley Latta
 Elder’s Remarks Elder Clifton Fulwood
 Musical Praise
 Young Ladies & Young Men’s Chapel

Praise and Worship Congregation and Praise Team
 Scripture Reading Romans 12: 1-2 Portia Johnson
 Prayer of Intercession Elder William & Jade Johnson
 Offertory Elder William Johnson
 Stewardship Spotlight Susanna Robin
 Musical Praise
 Introduction of Speaker Leola Gilliam

Sermon Dr. Jim Sharps
 President, CEO, and Director
 Integrated and Health Services/AEC

“Diet and Lifestyle Affect
 on the Brain and Spirituality”

Closing Prayer Elder Cassie Sheppard
 Response “Amen, Amen, Amen”

***** Worshipers Enter

SPECIAL PRAYER

Anita Smith and her list of prayer requests, Joshua Purnell, Honesty Currie, Valrica Hutchinson Bothe, Linda Davis, Clarice Cobey, Ballard Family, Connie Dunnington, Cora Walker, Charles Payne (Wisdom), Stevens Family, June Tramell, Doris Ballenger, Lockard/Pray Families, Robert Byrd, Gloria Simmons, Barbara Jackson's Husband, Toccaro Boyd, the Dent Family, Deborah Sanford, Elder John Davis, Donnetta Davis, and the Hutchinson and Alvaranga families.

CALENDAR

March

TODAY ---- HEALTH & TEMPERANCE DAY
---- Guest Speaker: Dr. Jim Sharps,
President, CEO, & Director
Integrated Health Services/AEC
(Lunch & Seminar/3pm)
---- Elder's Meeting/At Sunset

April

1 ---- Board Meeting/10am
---- Pathfinder Meeting/Canceled
---- Master Guide Camporee
---- AEC Townhall Meeting/New Jersey
6 ---- AEC Youth Retreat/Pine Forge
7 ---- Early Morning Worship/8am
---- Guest Speaker: Elder Reginald Alexander
Potluck & Seminar/3pm

ANNOUNCEMENTS

1. **TODAY IS HEALTH & TEMPERANCE SABBATH AT PISGAH!** A special welcome to our guest speaker, Dr. Jim Sharps, President, CEO, & Director, Integrated Health Services. *He will give us the morning "Message" and will present a seminar this afternoon at 3:00 p.m.*
2. **CHURCH TRANSFER:** Frank Garris is transferring from Pisgah SDA Church (Bryans Road, MD) to Mizpah SDA Church (Philadelphia, PA). This will serve as the second reading.

3. **CHURCH TRANSFER:** Hilma Brown-Garris is transferring from Pisgah SDA Church (Bryans Road, MD) to Mizpah SDA Church (Philadelphia, PA). This will serve as the second reading.
4. **SAVE THE DATE!** Sunday, April 15! Women's Ministry is planning a "Get Away" for the ladies and girls as the schedule allows. Stay tuned for details. Plan to relax and be rejuvenated to start your week!
5. **NEW CHURCH CHOIR:** There is a sign-up sheet in the church foyer for all who want to be a part of the Voices of Praise Choir! This choir is for ages 12-49! This is especially for the youth who may not want to be with a Praise Team but would like to sing! Let's bring your voices together to SING PRAISES TO THE LORD! This choir will not be singing every month!
6. **CHOIR PRACTICE:** Please remember there will be a brief Fifty Plus Choir practice today after the church services.
7. **CHURCH MAINTENANCE:** There are months open for cleaning the church from May through December (April and September have already been selected). Please contact Ronald Lockard for a selection of the remaining months. Thank you.
8. **PLEASE FOLLOW US** on our Social Media Accounts:

Twitter: PisgahSDAChurch;
Instagram: @pisgahsdachurch;
Snapchat: pisgahsdachurch;
Google: Pisgah SDA Church

HEALTH NUGGET

Eating healthy is simply learning to like new foods. Finding time to exercise is simply a matter of just saying, "Yes, I will take the time to exercise today." Most importantly, find an exercise you like, so you'll stay with it.