

## Freshstart Nicotine Cessation Group

Is nicotine effecting your health and well-being? Have you tried to stop before and been unsuccessful? There is a solution. If you are thinking about stopping, sign up below for a Living Water Community Clinic, **Freshstart\*** group dedicated to interrupting this damaging habit.

### Registration:

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Mailing  
Address: \_\_\_\_\_  
\_\_\_\_\_

Day Phone ( ) \_\_\_\_\_ Evening Phone ( ) \_\_\_\_\_

This is a 6-week **Freshstart\*** group at 5:30 p.m. offered on Mondays beginning June 25, 2018 and ending July 30, 2018. Group leaders are Betty Collins, LPC and Ruth Zweck. Feel free to call Betty at 540-661-2174 if you have questions.

Please return this registration form to Living Water Community Clinic, 32345 Constitution Highway, Suite H, Locust Grove, VA 22508. Website: [www.LivingWaterClinic.LIFE](http://www.LivingWaterClinic.LIFE). You may also email it to [livingwaterclinic@lowchurch.org](mailto:livingwaterclinic@lowchurch.org).

The group will be held in the RISE Center, Suite 0 behind the Clinic.

Thank you.

\***Freshstart** is a program provided through the American Cancer Society.